

**RULES AND REGULATIONS
GOVERNING ATHLETIC CONTESTS SPONSORED BY
THE SOUTH CAROLINA HIGH SCHOOL LEAGUE
FOR 2016-17**

HELPFUL INTERPRETATIONS

1. A transfer student should always be checked very closely. Many will not be eligible under the transfer rule.
2. Never submit a student on a Certificate of Eligibility without having all necessary paperwork on file.
3. Always check the records for the courses and units passed by a student.
4. Certificates of Eligibility must be submitted seven days prior to the first contest in that sport.
5. All varsity sports schedules must be filed in the League Office. Forms can be found in the Athletic Directors Notebook. The Coaches Calendar is a great reference. Use it.
6. Never allow a student to practice without having a Parents' Permission Form, Physical Examination Form and insurance coverage.
7. A player has the same restrictions as a team on number of games played, etc. Anyone other than junior high or middle school players may move up or down.
8. Teachers' children have the same restrictions as other students.
9. If you have any doubt, check with the League Office.

IMPORTANT DATES

Sport	Schedule Due	First Practice	First Scrimmage	First Playing Date
Football	May 1	July 29	August 4	August 19 (varsity only)
Volleyball	May 1	July 29	August 5	August 22
Swimming	August 8	July 29	August 5	August 15
Girls Golf	September 1	July 29	August 5	August 22
Girls Tennis	September 1	July 29	August 5	August 22
Cross Country	September 1	July 29	August 5	August 29
Competitive Cheer		July 29	August 5	August 29
Basketball	October 3	October 31	November 7	November 28
Wrestling	October 3	October 31	November 7	November 28
Lacrosse	January 16	January 23	January 30	February 20
Soccer	February 1	January 30	February 6	February 27
Baseball	February 1	January 30	February 6	March 6
Softball	February 1	January 30	February 6	March 6
Boys Golf	March 1	January 30	February 6	March 6
Boys Tennis	March 1	January 30	February 6	March 6
Track/Field	March 1	January 30	February 6	March 6

GENERAL RULES

1. National Federation Rules will be used in all games. There will be no variation unless approved by the Executive Committee or the Legislative Assembly.
2. There will be five classifications: AAAAA, AAAA, AAA, AA and A.
3. Before September 15th of each year, each region coordinator will call a meeting of all high schools in the region for the purpose of:
 - a. Checking football, volleyball, girls' golf, girls' tennis, swimming, competitive cheer and cross country schedules and the method of determining region champions.
 - b. Discussing basketball and wrestling schedules and the method of declaring the champions.
 - c. Discussing any League or region business.
 - d. Electing Legislative Delegates and alternates and submitting their names to the Commissioner before November 15th.
4. Before December 15th, each region coordinator will call a meeting of all schools in the region for:
 - a. Checking basketball and wrestling schedules and method of determining region champions.
 - b. Requesting basketball officials for the region basketball tournament.
 - c. Discussing baseball, softball, soccer, lacrosse, boys' tennis, boys' golf and track and field schedules and method of declaring champions.
 - d. Other League or region business.
5. Before March 15th, each region coordinator will call a meeting of all schools in the region for:
 - a. Checking baseball, softball, soccer, boys' tennis, boys' golf and track and field schedules and method of declaring champions.
 - b. Determining track program for qualifying athletes for the State Track Meet.
 - c. Determining football, competitive cheer, volleyball, swimming, girls' golf, girls' tennis, and cross country schedules and the method of declaring region champions.
 - d. Electing new officers.
 - e. Other League or region business
6. Each region coordinator, or the coach of the winning team must notify the League Office immediately after the deciding game or contest has been held.
7. A school will not be allowed to compete in more than one classification except in cases of combination of schools. See By-Laws Article II, Section 2.

RULES AND REGULATIONS GOVERNING INVITATIONALS, TOURNAMENTS AND JAMBOREES

1. Schools will not permit their students to participate in an invitational event or jamboree unless the League approves the event.
 2. All teams competing in an invitational or jamboree must be members of the League or have permission to participate. The League will not sanction any invitational tournaments or jamborees that does not have at least one member school participating or is beyond the regular season.
 3. Responsibility to the League Office must be established by designating a host school that will insure that all League regulations are followed.
 4. A request for permission to hold an invitational or jamboree, signed by the principal of the host school, must be in the League Office at least 30 days prior to the first session of the event or 90 days if out of state teams are to be invited. The request must include the purpose of the event, the sponsoring organization, the exact dates and the schools invited. A form to submit the request for approval can be found in the A. D. Handbook.
 5. For each jamboree, the League will receive 20% of the gross gate receipts in excess of \$1,500.00. The League's share from any jamboree will not exceed \$5,000.00. A financial statement, this 20% and a list of participating teams must be sent to the League within fifteen days.
 6. For each invitational tournament in the sports of basketball, baseball, softball and soccer, the League will charge a \$50.00 sanctioning fee.
 7. Each high school is permitted to participate in one approved varsity preseason jamboree and two invitational tournaments (per sport program). A school may elect to participate in a second or third varsity preseason jamboree instead of one or two of the four allowable scrimmages. Each school is permitted to participate in one subvarsity preseason jamboree and two subvarsity invitational tournaments (per sport program).
 8. A school may not participate for more than ½ of a regulation game in any jamboree type event.
Definition of a tournament:
A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, tennis, lacrosse and soccer. (Maximum: 10 consecutive days for a tournament)
 9. The Executive Committee has instructed the League Office to disapprove an invitational basketball tournament in which more than eight schools are involved if any part of the tournament causes loss of school time or is played on a day preceding a school day. If the tournament is held entirely during the Christmas holidays, more than eight teams may compete. Activities other than basketball are not limited to eight teams.
 10. Schools are allowed invitational tournament(s) **one week** prior to the first legal playing date to include the previous weekend.
 11. Certified officials must be used at the varsity level.
 12. Adequate police protection must be furnished. (See page 12 - Police Protection)
 13. All rules and regulations of the League must be followed. This includes the awards rule and the amateur rule. For an invitational event, symbolic awards may be given. Trophies must be reasonable in size. Scholarships or monetary awards are in violation of this rule.
 14. No trophies or awards of any kind may be given to a player or team for participation in a jamboree. This regulation does not forbid the presentation of a sportsmanship award to a school or awards to individuals for winning a kicking contest or a similar contest held at a jamboree.
 15. Total number of basketball, lacrosse and soccer games a student may play during a invitational tournament is two per day. There must be a minimum one hour rest between games.
- NOTE:** League passes will be honored at all League sponsored events.

DEFINED SPORTS SEASONS

The following terms will be used and will apply to all sports:

IN-SEASON

Begins first day of legal practice and ends with elimination from state play-off competition. Organized practice is left to the discretion of each school.

OPEN SEASON & CLOSED SEASON

Any time except In-Season and Closed Season. During open-season, coaches may conduct organized practice as specified in the Open Season/Closed Season practice schedule on page 7.

Strength and conditioning programs will not be affected by the limitation on the Open Season/Closed Season practice schedule. Conditioning programs are not to include agility drills that enhance specific skills for a given sport, nor may equipment for any sport be used. Agility drills appropriate for all sports will be acceptable.

Practice and weight training must be open to all students. These sessions cannot be mandatory for any student.

School facilities will be open to all students and coaches who may be involved with the planning and monitoring of activities, including organized practice, during the specified periods.

Participation cannot be mandatory for any student.

CLOSED-SEASON

No coach/team may practice during the first five weeks of a sport season if it is not their sport season.

No coach/team may practice two weeks prior to the official start of their season as determined by the League calendar. For fall sports that is only 1 week since it backs up to summer.

No coach/team may practice after their season concludes until after their state championships.

Strength and conditioning programs will not be affected by the limitation on practices. Conditioning programs are not to include agility drills that enhance specific skills for a given sport, nor may equipment for any sport be used. Agility drills appropriate for all sports will be acceptable.

A coach can no longer work with any athletes during closed season.

Open Season/Closed Season Practice Schedule 2016-17

Fall Sports

June 1 - July 23, 2016	Open Season
July 24 - July 28, 2016.....	Closed Season
July 29 - Last Contest.....	In-Season
Last Contest - December 4, 2016	Closed Season
December 5 – January 29, 2017.....	Open Season
January 30 - March 5, 2017	Closed Season
March 6 - May 31, 2017.....	Open Season
April 4 - May 31, 2017.....	Competitive Cheer Try-outs (Any 15 days)
May 1 - May 31, 2017.....	Football (10 days in pads) Max

Winter Sports

June 1 - July 28, 2016	Open Season
July 29 - September 2, 2016.....	Closed Season
September 3 - October 15, 2016	Open Season
October 16 – October 30, 2016	Closed Season
October 31 - Last Contest.....	In-Season
Last Contest – Team Championship.....	Closed Season
Day after Team Championship - May 31, 2017.....	Open Season

Spring Sports

June 1 - July 28, 2016	Open Season
July 29 - September 2, 2016.....	Closed Season
September 3 - October 30, 2016	Open Season
October 31 - December 4, 2016	Closed Season
December 5 - January 14, 2017	Open Season
January 15 - January 29, 2017	Closed Season
January 30 - Last Contest.....	In-Season
Last Contest - Championship.....	Closed Season
Day after Championship – May 31, 2017	Open Season

Lacrosse

June 1 - July 28, 2016	Open Season
July 29 - September 2, 2016.....	Closed Season
September 3 - October 30, 2016	Open (10 days in full gear, Oct. 7 - Oct. 28) Max
October 31 - December 4, 2016	Closed Season
December 5 - January 7, 2017	Open Season
January 8 - January 22, 2017	Closed Season
January 23, 2017 - Last Contest.....	In-Season
Last Contest - April 29, 2017	Closed Season
April 30 - May 31, 2017.....	Open Season

NOTE: Ten days of competition are permitted June 1 - July 22, 2017. Participation at team camps and other outside organizations is included in these 10 days. No school will be permitted to attend or participate in team camps between July 23, 2017 and In-Season.

Any student participating in an illegal practice will be declared ineligible for that sport season. Any school allowing an illegal practice will be subject to League discipline, which may include the placing of the sport on probation.

Football: May 1-31, 2017

- The first three (3) days of practice will be in helmets only.
- During the first three (3) days of “helmets only” practices sleds and ground dummies may be used.
- No hand shields, arm shields, and/or stand up dummies of any kind may be used during the first three (3) days of practice.
- During any practice(s) beyond the first 3 days of practice, a coach may equip his players in any combination of pads that he prefers for a period of **up to ten (10) days. (Ten (10) days is the maximum amount of time in pads.)** Schools are not required to be in helmets only or in full pads only; any combination may be used. During the time of practice in pads (full or combination of pads) the use of all football equipment is permitted.
- Middle school students may **NOT** take part in the high school practices, if players are wearing any equipment other than helmets. If players are equipped with more than helmets, middle school athletes must hold their practices apart from the high school. *(They could be on the same field, but away from the high school practices.)*
- Rising 9th graders, *(8th graders)*, are **NOT** 9th graders until school is out for the year, thus they may **NOT** take part in contact drills of the high school. 6th graders may not participate.
- Schools **MAY NOT** charge admission for a practice (game)

Lacrosse: October 7-28, 2016

Boys Lacrosse Only: The first three days shall be in shorts and helmets. Of the remaining days, a maximum of 10 days may be in full gear. Gloves may be worn on all days during this period, outside of that, helmet & gloves.

Competitive Cheer Tryouts:

- Schools may continue to use up to 15 days between April 5 – May 31 to complete try-outs for the following year.
- 6th graders may not participate in competitive try-outs.

OTHER REGULATIONS

1. Activities that take place during the school day are local matters and are not affected by these regulations. However, any activity involving prospective athletes during the school day must be open to all students.
2. School facilities may not be used after school hours during closed season by students of a school except if they are members of an outside team clearly sponsored by an outside agency. Coaching outside teams during a closed season is permissible provided the 75% rule is not violated. (Refer page 14 for details on the 75% rule.)
3. Outdoor facilities normally available to the public will not be restricted by these regulations on non-school days. In other words, if it is the normal practice of the school to allow the general public to use these facilities on the weekends, there will be no violation if more than two students are present, provided there is no coach present, and there is no attempt to facilitate practice.
4. A coach may accompany prospective team members to a camp or clinic during a closed season, but may not be involved with teaching skills to his or her own players.

Violation(s) of the practice rules orchestrated/initiated by school personnel will subject the school to sanction(s) by the League. Violation(s) of the practice rules orchestrated/initiated by the student athletes will subject the school to a "warning" for first offense and more severe sanctions for repeated offense(s) within one calendar year.

SCHOLAR ATHLETE

Each year the League will recognize student athletes who excel academically. The following criteria will be used for selection:

1. Selections must be seniors who have lettered in two sports for at least one season or in one sport for at least two seasons. Outstanding citizenship and sportsmanship must have been exhibited.
2. Selections must have achieved at least a 3.5 GPR.
3. All selections must be submitted to the League Office by March 15. Grades will be cumulative through the end of first semester.

CHEERLEADERS

SUPPORT CHEERLEADERS

It is necessary to regulate certain activities of cheerleading squads when they are performing at League events. This is to better insure the safety of the athletes and the officials as well as the cheerleaders themselves.

It is the responsibility of the school administration to enforce these regulations.

FOOTBALL

If cheerleaders are allowed along the sidelines, a parallel line five yards from the sidelines must restrict their movement toward the field. Jewelry will not be worn at any time.

BASKETBALL

Cheerleaders must be in the bleachers except during full time-outs, end of quarters and half time. Mascots are considered cheerleaders. Megaphones for vocal cheering will be used only by cheerleaders. Jewelry will not be worn at any time.

ALL SPORTS

When building pyramids, no cheerleader may stand or sit on another cheerleader who does not have at least one foot or knee on the floor. Jewelry will not be worn at any time.

****The following are not allowed:**

- Basket Tosses
- Double-Twist to a cradle
- Single-Twist to a cradle
- Any Twisting Dismounts
- Elevator Tosses or Similar Multi-Base Tosses
- Any Airborne Twisting Tumbling Skills

****It is recommended that cheerleaders and cheerleader coaches/advisors follow the Spirit Rules Book published by the National Federation of State High School Associations.** These guides may be obtained from the League Office.

SPORTSMANSHIP - STATEMENT OF POLICY

The State Athletic Administrators Association has joined with the League's Executive Committee in continuing to emphasize the urgent need for impeccable sportsmanship by our players, coaches, and fans. Good sportsmanship and good conduct go hand in hand with high school athletics. Athletic administrators, coaches, players, and officials have the greatest responsibility to see that conduct and sportsmanship are at the highest level possible.

Athletic Directors are responsible for administration and supervision of local athletic programs, including the conduct of fans at athletic events. The Board of Education should develop a sportsmanship policy and philosophy and direct the administrators to carry it out. Guidelines and policies need to be implemented, and those attending games should be informed through news media, cheerleaders, and others, that poor conduct and poor sportsmanship will not be tolerated.

Coaches must exemplify through their own actions and behavior an acceptable example of good sportsmanship and conduct. Coaches have access to their players on a daily basis and they need to take time to stress the importance of good conduct and sportsmanship by players in interscholastic contests. Allowing players to commit an unsportsmanlike act without a reprimand is really telling the player he has done nothing wrong.

Players must be held accountable for their actions and be taught what is acceptable and what is not. Actions by individuals to call attention to themselves are a distraction to any game and are counterproductive to the high school philosophy of promoting a total team concept.

Fireworks/cannons/other explosive devices – All fireworks/incendiary and explosive devices are prohibited on school facilities at League events. **A \$1,500 fine will be imposed per occurrence for violations of this rule.**

Baiting and taunting must be eliminated totally from all athletic activities. It should be the goal of everyone to have the outcome of each contest determined by athletic skills and hard work and to never let baiting and taunting or other negative actions be a factor. Examples of baiting and taunting are: finger pointing, shooting motions to imply superiority, gestures with obscene connotations, excessive talking to distract or intimidate. This will also include signs or flags used to incite spectators and interfere with the orderly flow of the game.

The above list is not complete but it should give enough direction to coaches and officials to reach agreement on the kinds of conduct that must be eliminated. It will take a concerted effort, but we are convinced that we can keep interscholastic sports as the greatest perpetuator of sportsmanship in athletics today.

The South Carolina High School League expects that all persons representing a member school shall treat their opponents with respect and courtesy and anything less is unacceptable. Personal conduct of athletes, coaches, and other school personnel in which interscholastic athletics are not involved is a matter to be resolved by the member school. This position also gives the host school the authority to determine who may perform as a supplement at an athletic event.

Officials at an interscholastic athletic event are participants in the educational development of high school students. As such, they must exercise a high level of professionalism, self-discipline, independence and responsibility.

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike acts that take place at the site of an interscholastic contest are League matters. All ejections must be reported by the school to the League office by noon of the following day. The League shall discipline violators of the following items:

1. An athlete who is ejected for using abusive language, flagrantly or maliciously contacting another person, making obscene gestures to opponents or spectators, shall be ineligible for a minimum of the next contest to the maximum of one year depending on the seriousness of the violation.
2. Any ejection that warrants game(s) suspension will require the removal of the athlete's eligibility until the suspension has been served at the level of the ejection. Suspensions carry over from sport to sport and/or year to year. The student athlete is eligible for scrimmages and jamborees when the suspension is carried over from a previous sports season.
3. Ejections that subject a player to next game(s) suspension may result in a minimum of two games for all sports except football, cheer, swim and lacrosse depending on the nature of the ejection.
4. Any attempt to verbally abuse, make obscene gesture to, threaten or strike an official or member of the opposing coaching staff, shall be considered a serious violation making the athlete ineligible for a minimum of the next two contests to the maximum of one year. Any action that warrants a maximum penalty will also require that the school be placed on immediate probation in that sport. The League Office will review any other action(s) that result in an ejection with the possibility of additional penalties.
5. Any athlete who leaves the bench area to become involved in an altercation, either physical or verbal, will be disqualified from that game and will be subject to a minimum of a next game suspension depending on his or her involvement. A school whose athletes violate this bench policy will be subject to League discipline.
6. An athlete who is ejected for the second time in the same sport will have his or her athletic eligibility removed for a minimum of two weeks. An athlete who has been ejected from three contests during a school year (all sports) shall become ineligible for the remainder of the school year. Game officials must report all player ejections so that the League Office can officially notify the school of each violation. When an athlete is ejected for the second time in the same sport, the school is required to immediately begin the above prescribed penalty.
7. Any post game unsportsmanlike activities that involve athletes, coaches and/or other school personnel while at the playing area.
8. A coach will be in violation of the standards for good sportsmanship established by the League for:
 - a. making degrading/critical remarks about officials during or after a contest either on the field of play, from the bench or through any public news media or social media;
 - b. arguing with officials or going through motions indicating dislike/disdain for a decision;
 - c. detaining the official following the contest to request a ruling or explanation of actions taken by the official; or
 - d. being ejected from any contest.

9. A coach's action that leads to an ejection will be considered as serious unsportsmanlike conduct. The minimum penalty will be a next game suspension (Must be served at the level of ejection before resuming coaching duties at games) and a \$300.00 fine. The minimum penalty for a second offense will be two games suspension and a \$500.00 fine. If a coach is ejected from the final game of the season, the minimum penalty will be a \$500.00 fine assessed to the school.
 - a. Coaches ejected from a contest must leave the facility/stadium immediately and not return.
 - b. Suspended coaches shall not be present at the venue during any contest(s) while under suspension.
10. A school must control its spectators. In cases where spectators physically assault an official, coach, or athlete, the school shall be given one of two options: (1) To take legal action against the offender(s) that is acceptable to the League or (2) be disciplined by the League.
11. A school shall not allow vulgar chants by its supporters.
12. Violation of any of the above policies will warrant League discipline for the school or individual.

Degrees Of League Discipline Are:

WARNING: An official notice that an inexcusable, unethical, or unsportsmanlike action is a matter of record and must not happen again.

RESTRICTIVE PROBATION: A team may compete in regular region scheduled contests and for a region or state championship, but may be restricted in participation in other events associated with the sport (i.e., scrimmages, jamborees, non-region contests, invitational tournaments, closed season practice, summer competitions, etc.)

PROBATION: A team may compete in regularly scheduled contests but may not play in a jamboree, an invitational event or for a region or state championship.

SUSPENSION: A suspended school may not compete against another member school or a school in another state whose association is a member of the National Federation of State High School Associations.

FINE: May be levied in addition to other disciplines and may range from \$50.00 to \$2,500.00 for each violation.

APPEALS: A school that has been placed on probation or had a program suspended during that sport season, must appeal within 10 working days. If the suspension or probation occurs during the last contest of the season, the appeal must be made prior to the beginning of the sport the next season.

13. **POLICE PROTECTION:** The host team must furnish adequate police protection at all varsity football and basketball games. Police protection may also be required at other contests if so deemed by the home school administration. Police protection must be given to all varsity football and basketball officials. Failure to protect the officials will bring immediate probation, pending an investigation. Failure to have required uniformed protection will result in a \$250.00 fine against the host school.
14. Should there be an altercation caused by players, staff, or fans, only the head coaches, or security, will go on the playing field or court to stop the participants. All assistant coaches are to keep the remaining members of the team off the playing area. Officials are instructed to take all steps possible to prevent an altercation from increasing and to bring it to a stop as quickly as possible. Officials should not be involved in controlling the persons involved once it gets underway. **All cameramen must be instructed to keep the camera running and film all of the altercation. This is vital to our investigation of the responsible parties.**

15. **Altercations during summer league/camp.** Altercations that occur during summer league/camp competition will be handled by the schools.
16. In all situations of unsportsmanlike conduct committed by the school's coaches, bench personnel, and/or players, sanctions should be issued against the individual(s) as opposed to the entire team, if at all possible. It shall be the responsibility of the offending school to investigate and report to the League Office all individuals involved in unsportsmanlike conduct that cannot be detected by video, game officials' report(s), or witness statements. In absence of information (videotape, witness statements) being provided by the school, the League may sanction the school. The League may address the reported individuals of the unsportsmanlike act individually or collectively. The League shall use information obtained through video, game officials reports, law enforcement reports, witness statements, etc., and the offending schools report to determine action(s) to be taken to address the unsportsmanlike conduct.
17. **REPEATED UNSPORTSMANLIKE BEHAVIOR.** Repeated unsportsmanlike behaviors by teams involving multiple student athletes during the same sport season may subject the school's program/team to more severe penalties, to include possible probation and/or suspension.

DRUGS AND ALCOHOL

While at the site of a League sponsored activity, neither a participant, game official nor a coach shall use, be in possession of or be under the influence of alcohol or any other mood altering drug. This restriction will also apply to any form of tobacco (including smokeless varieties).

A student violating this policy will be prohibited from participating in the specific event and the future eligibility status of this student will be subject to review by the South Carolina High School League.

The philosophy of the League should be obvious as it attempts to address some items in our society, which have been proven to be harmful to the physical as well as emotional well-being of our student athletes. In this regard, the League also recognizes the responsibility of coaches and other school personnel in dealing with the problem.

The South Carolina High School League is also adamantly opposed to anabolic androgenic steroid use at the high school level. The issue goes beyond protecting the integrity of a sport. The use of steroids in sports is considered to be cheating. We stand opposed to the use of steroids by athletes and all members of the student body because of health and ethical concerns.

CONTESTS WITH NON-MEMBER NON-PUBLIC SCHOOLS

Member schools may compete with non-member non-public schools provided certified officials are used in varsity contests. If a nonmember non-public school is invited to attend an invitational event, such non-public school may get permission to enter from the Commissioner of the League.

GUIDELINES FOR FINES AND LATE FEES ADOPTED BY EXECUTIVE COMMITTEE

School discipline has always been a great concern to the League Office and to the Executive Committee. Many problems arise during the school year in the enforcement of rules and regulations pertaining to eligibility, eligibility forms, activity schedules and unsportsmanlike conduct. In order to avoid inconsistencies and to assist the League Office in being uniform in its dealings with the membership, the Executive Committee has adopted a set of "Guidelines for Fines." No personal checks will be accepted. These guidelines, as set forth by the Executive Committee, are as follows:

FIFTY-DOLLAR FINES

1. Violation of Article VIII, Section 1 - Failure to submit varsity schedules by designated times.
2. Violation of Article VII, Section 16 - Failure of a school to file a Certificate of Eligibility form prior to the specified deadline in an activity. (No games forfeited.)
3. Failure to pay a fine within 60 days.
4. A school official places the name of an ineligible student on a certificate of eligibility form and the student does not participate in a contest. (No games forfeited)
5. Any student in the uniform of and permitted in the bench area of one of the competing teams is considered as having participated and participation when the student is ineligible is a violation of League rules.

ONE-HUNDRED DOLLAR FINES

1. A school fails to file Certificate of Eligibility or have on file any other required form prior to participation in a contest or omits a student's name that participates. (No games forfeited)
2. Unsportsmanlike actions of players, coaches or spectators. (Minimum)
3. Failing to meet the deadline to enter the play-offs.
4. Non-attendance at mandatory rules clinics.
5. A school permits an ineligible student to participate in a scrimmage or jamboree.
6. Ejection of coach (see Statement of Policy – page 10). If final game of season, \$250.00.

FIVE-HUNDRED DOLLAR FINES

1. A school official removes a team from the playing area before a game is completed.
2. Serious unsportsmanlike actions of players, coaches or spectators.
3. A school permits an ineligible student to participate. **(Games will be forfeited.)**
4. A school fails to file a Certificate of Eligibility form for a student who is ineligible and who is allowed to participate. **(Games will be forfeited.)** (The individual sport may be placed on probation.)

FIFTEEN-HUNDRED DOLLAR FINE

1. Use of fireworks and explosive devices at League events.

TWENTY-FIVE HUNDRED DOLLAR FINES

1. If an ineligible student is permitted to participate and if the participation is permitted with any official (coach, athletics director, administrator, etc.) of the school knowing that the student may possibly be ineligible, the school, program or team may be disciplined by the Commissioner (depending on actions taken by school to address situation), to include fine, and/or warn, probation, or suspension. Upon proper appeal by the school, the Executive Committee may change the suspension to a fine not to exceed \$2,500.00 for each ineligible student and probation on the program or team involved. **(Games will be forfeited.)**
2. Upon appeal or reconsideration by the Executive Committee, the Committee may alter any of the above penalties based on the circumstances of the school, the players, or the coach.

OUTSIDE COMPETITION/CAMPS AND CLINICS

In Season

Participation on an outside team during a sport season is permitted in all sports except football. Professional try-outs during the season in all sports are prohibited. Violation of this policy renders a student ineligible to return to his/her school team.

Out of Season (Competition Rules)

During the out of season period, no school shall allow competition(s) that involve(s) the coach(es) and/or players except:

1. If a coach from a school (including volunteer coaches) is associated with an outside team of an outside League, no more than 75% of the allowable starters for that sport may be on the roster of the outside team. Examples of squad limits are:

Swimming (3)	Football (8)	Girls Lacrosse (9)
Volleyball (4)	Golf (3)	Soccer (8)
Tennis (2)	Basketball (3)	Baseball (7)
Competitive Cheer (15)	Wrestling (11)	Softball (7)
Cross Country (3)	Boys Lacrosse (7)	Track (3)

This restriction applies to all students who were included on the school's certificate of eligibility and dressed for a varsity game during the previous season. Students with no remaining eligibility will not count. There is no limit on the number of students from the same school if there is no coach involved from that school. Also, there is no restriction on baseball or softball during the months of May, June, and July as it pertains to the 75% rule.

2. Each year, member schools will be permitted 10 days of competition in summer leagues, team camps, or outside organizations during the time period of June 1 through the day prior to the South Carolina Athletic Coaches Association annual summer clinic. They may use school facilities and approved playing equipment for the 10 days. The exact 10 days must be documented by date and records of these days supplied to the League Office if requested.
3. Any school violating either of the above may be fined up to \$500.00 and placed on probation in the sport involved.

Camps

1. From June 1 through the day prior to the South Carolina Athletic Coaches Association annual summer clinic schools may attend camps. Participation in these camps will count toward the allotted 10 days of summer competition.
2. For Out of Season sports, attendance at camps; from the beginning of the Fall sports season through May 31st of each year, are governed by the following restrictions:
 - a. The student or the parents must pay all fees and expenses.
 - b. Students may be transported by their coach to camps or clinics at any time.
 - c. A coach may serve as an instructor at the camp, but may not teach skills to students from their own school or feeder school(s) during closed season.
 - d. Attendances at camps during a sports season that are controlled entirely by a school and restricted to its students are exempt from these regulations.
 - e. A violation of any part of this section may result in a fine of up to \$500 and probation on the school.

Clinics

1. The principal of a member school must approve a clinic held on school facilities.
2. A coach may serve as an instructor at the clinic, but may not teach skills to students from their own school or feeder school(s) during closed season.
3. A clinician's fee and expenses should be reasonable. Principals should pay close attention to this item before giving approval.
4. Room and board must not be a part of the clinic.
5. The clinic must not exceed three days.
6. Team competition is prohibited and all physical activity must be restricted to fundamentals.
7. The coach may transport his players to the clinic.
8. A violation of any part of this section may result in a fine of up to \$500 and probation on the school.

BROADCASTS

1. WRITTEN POLICY - Each school (or school district) should have a written policy concerning broadcasting. This does not necessarily mean that restrictions are needed. Broadcasters need to know this policy if they are to serve the public.
2. REGULAR SEASON GAMES - The broadcast rights are the exclusive property of the home school. Applications to broadcast regular season games must be directed to the principal of the host school. APPLICATIONS FOR BROADCASTING RIGHTS - The form to be used by all parties in making application to broadcast high school athletic contests should be made out in triplicate. After signing the application, the host school will keep a copy. The original and the other copy will be returned to the broadcasting party. The broadcasters will keep the original and send a copy to the visiting team. A broadcaster will not go to an athletic contest for the purpose of broadcasting the contest without first receiving written permission from the host school, tournament director or Commissioner. A broadcaster will limit its working personnel to three persons and will accept available facilities.
3. INVITATIONAL EVENTS - Requests to broadcast invitational events will be directed to the invitational event director.
4. REGION TOURNAMENTS – Broadcast rights of region tournaments, that are not part of the playoffs, are the property of the region. Requests to broadcast region games should be directed to the region coordinator or region tournament director.
5. UPPER AND LOWER STATE PLAY-OFFS - Any contest beyond region play is considered a state play-off.
 - Requests for radio and/or internet broadcast beyond region play will be directed to the principal of the host school. **Exception:** Requests to broadcast all football finals and basketball semi-finals and finals should be directed to the League office.
 - Requests for television or internet stream beyond region play will be directed to the principal of the host school. **Exception:** Requests to broadcast all rounds of football and basketball state finals should be directed to the League office.
6. FEES FOR BROADCASTING RIGHTS - All contracts concerning regular season games must be left to the host school and the interested party. State play-off fees are as follows:

Live (Radio and/or Internet)

FOOTBALL

	AAAAA	AAAA	AAA	AA	A
1 st Round	\$200.00	\$200.00	\$75.00	\$50.00	\$50.00
2 nd Round	\$300.00	\$300.00	\$75.00	\$100.00	\$100.00
3 rd Round	\$300.00	\$300.00	\$150.00	\$100.00	\$100.00
4 th Round	\$300.00	\$300.00	\$150.00	\$150.00	\$150.00
5 th Round	\$400.00	\$400.00	\$225.00	\$200.00	\$200.00

No charge for delayed broadcasts over 3 hours delay from game time.

BASKETBALL

Play-offs All Classes - \$50.00 per game

State Finals All Classes - \$100.00 per game

ALL OTHER SPORTS

Play-offs All Classes - \$50.00 per game

State Finals All Classes - \$100.00 per game

Live (Television and/or streaming video)

FOOTBALL

Internet Stream	School or Neutral Site	Championship Site
Live	\$500	\$1,000
Delayed/On-Demand *	\$250	\$500

Television Broadcast	School or Neutral Site	Championship Site
Live	\$1,500	\$3,000
Delayed/VOD *	\$750	\$1,500

BASKETBALL

Internet Stream	School or Neutral Site	Championship Site
Live	\$250	\$750
Delayed/On-Demand *	\$150	\$250

Television Broadcast	School or Neutral Site	Championship Site
Live	\$1,000	\$2,000
Delayed/VOD *	\$500	\$1,000

ALL OTHER SPORTS

Internet Stream	School or Neutral Site	Championship Site
Live	\$150	\$300
Delayed/On-Demand *	\$75	\$150

Television Broadcast	School or Neutral Site	Championship Site
Live	\$500	\$1,500
Delayed/VOD *	\$250	\$750

* Delayed broadcast must be 72 hours or more

SEVENTH, EIGHTH AND NINTH GRADE ACTIVITIES

These regulations apply to all 7th, 8th and 9th grade students participating in Junior High or Middle School programs as well as students participating on exclusively 7th and 8th grade teams under the High School Program. All ninth grade students participating in a high school program will not be restricted by these regulations or the regulations restricting junior high school teams in the National Federation rules books.

- A. General philosophy and aims to be considered in the interscholastic activities program for seventh, eighth and ninth grade students:
1. Since there is a great range in individual differences among boys and girls of this age (age; body build; interest; ability; experience; health, and the stages of physiological, emotional and social maturity), the program planned should be based on the principle of "The greatest good to the greatest number of participants involved."
 2. The interscholastic athletic program for boys and girls in the seventh, eighth, and ninth grades should supplement, rather than serve as a substitute for, an adequate program of required physical education, intramural and physical recreation for all students.
 3. The program must be suited to the needs of boys and girls of this age. It must contribute to desirable growth and development of these participants physically, socially and otherwise. The program must be justified on a basis of contribution to the desirable development of the participants. The welfare of the youth concerned is of greatest importance. All other needs and problems should be secondary.
 4. This interschool competitive program should be operated from as broad a base as possible to offer experience to many boys and girls.
 5. The program should place considerable emphasis on:
 - a. Companionship among the participants on a squad and among squads of different schools
 - b. Sportsmanship
 - c. Physical skills, techniques and training
 - d. Character development
 6. The Executive Committee favors an interscholastic program but feels this program should be carefully controlled, regulated and limited
- B. Rules and Regulations:
1. Students below the seventh grade may not participate in interscholastic athletics. Students in grades 7 and 8 will not be permitted to participate on varsity interscholastic teams in football, wrestling, lacrosse and soccer.
 2. Participation on junior varsity or "B" teams will be left to the local school authorities. These regulations do not forbid an overlapping of the two "graded" groups on such teams. Schools are reminded that a student may not participate on more than one team and participate in more than one football game or two basketball games per week.
 3. It is recommended that athletic contests be played with a start time no later than 4:00 pm.
 4. All sports are allowed one scrimmage, one jamboree and two tournaments. A team may not play more than a half of a regulation contest in a jamboree. No exceptions. Schools may charge admission for one scrimmage.
 5. Sub-varsity teams must complete their schedule prior to the day of the first round of play-offs in that sport.

6. The eligibility requirements will be substantially the same as for high schools with the following variations:
AGE - A student who becomes 15 years of age prior to July 1 of the upcoming school year, will not be able to compete on an 8th grade and under team in any athletic activities. For a 9th grade and under team, substitute 16 years of age for 15. A student who becomes too old for a 7th and 8th grade team may be considered as enrolled in the 9th grade for eligibility purposes.

ADVANCED PARTICIPATION - A junior high or middle school student promoted to a high school varsity, junior varsity, or other interschool squad, may not return to junior high or middle school competition during the current year in the same sport if he has participated in a game played by the advanced squad.

PLAY-OFFS - No play-off beyond region level is permitted between seventh, eighth and ninth grade teams.

TRAVEL - Junior high and middle schools will not permit their athletic teams to travel more than 150 miles round trip for any contest.

OFFICIALS - Certified athletic officials should be provided in all cases possible. When this is not possible, competent adults should be obtained whom the schools concerned mutually agreed upon in advance. High school students shall not be used as game officials.

C. Game Rules and Game Conditions:

FOOTBALL

1. Practice may begin July 29 (helmets)
First practice in pads August 12 (helmets & shoulder pads)
Practice in full gear August 16
First scrimmage August 24
First contest September 7
Last contest November 3
2. Eligibility forms are due at least 7 days before the first regular season game.
3. No practice session shall exceed two hours in length and no more than one practice may be held in any one day. Practice may be held on 6 days in one week during the preseason. After the first legal playing date, schools will be restricted to 5 practice days per week. A school must hold at least fifteen organized practice sessions before playing its first game.
4. No school team, or individual player, may participate in more than eight games, which shall be scheduled with no more than one game per week. In extreme cases, games may be rescheduled. A minimum of three days must elapse between games.
5. 7th and 8th grade teams shall play eight-minute quarters only.
6. Free substitution is encouraged.
7. No game may end in a tie. The Ten Yard Line Overtime Procedure as printed in the National Federation Football Rules Book will be used.
8. Other than the above, National Federation Rules shall apply.

VOLLEYBALL

1. Practice may beginJuly 29
First scrimmageAugust 15
First contestSeptember 6
Last contestOctober 18
2. Eligibility forms are due at least 7 days before the first regular season match.
3. Schools are limited to 14 play dates including invitational tournaments.

COMPETITIVE CHEER

1. Practice may beginJuly 29
First contestSeptember 7
Last contestNovember 7
2. Eligibility forms are due at least 7 days before the competition.
3. Schools are limited to 6 competitions.

BASKETBALL

1. Practice may beginOctober 31
First scrimmageNovember 7
First contestNovember 28
Last contestFebruary 11
2. Eligibility forms are due at least 7 days before the first regular season game.
3. At least 15 organized practice sessions must be conducted before your first preseason tournament or regular season contest is played. Practice sessions shall not exceed 1-½ hours in length and shall not exceed more than one practice per day. At least 5 practices must be held prior to the scrimmage.
4. No junior high team, middle school team, or individual may participate in more than 14 regular season basketball games and enter more than 2 tournaments, provided one of the tournaments is a region tournament at the conclusion of regular season play.
5. A team may not participate in games on more than two school days (Monday through Friday) in any week nor participate in more than three games in any seven-day period. A student has the same limitation on playing as does a team.
6. A student will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one hour's rest between games.
7. The length of quarters shall be 6 minutes and play will be according to National Federation Rules.

WRESTLING

1. Practice may beginOctober 31
First scrimmageNovember 7
First contestNovember 28
Last contestJanuary 28
2. Eligibility forms are due at least 7 days before the first regular season match.

3. The following weight classes will be used: 82, 90, 98, 105, 112, 119, 126, 132, 138, 145, 155, 167, 185 and unlimited. To compete in the unlimited division, a student must weigh a minimum of 185 lbs.
4. Each team is limited to 12 wrestling dates including invitational tournaments.

SOCCER

1. Practice may beginJanuary 30
 First scrimmageFebruary 6
 First contestFebruary 27
 Last contestApril 27
2. Eligibility forms are due at least 7 days before the first regular season match.
3. Schools are limited to 12 matches and two tournaments.
4. A student will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one hour's rest between matches.

TRACK AND FIELD

1. Practice may beginJanuary 30
 First scrimmageFebruary 6
 First contestMarch 5
 Last contestMay 5
2. Eligibility forms are due at least 7 days before the first regular season meet.
3. There is no restriction on the number of track meets a school may enter.

BASEBALL AND SOFTBALL

1. Practice may beginJanuary 30
 First scrimmageFebruary 6
 First contestMarch 5
 Last contestApril 25
2. Eligibility forms are due at least 7 days before the first regular season game
3. Schools are limited to 12 baseball and 12 softball games and two tournaments.
4. Games may be scheduled for 5 innings.
5. All games are limited to 2 hours regardless of score.

BOYS GOLF

1. Practice may beginJanuary 30
 First scrimmageFebruary 6
 First contestMarch 5
 Last contestMay 6
2. Eligibility forms are due at least 7 days before the first match.
3. Schools are limited to play dates.

SWIMMING

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the state meet of the next higher classification.
2. National Federation Rules shall govern all contests and may be obtained from the League Office.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses “Concussion in Sports”, “Heat Illness Prevention” and “Sudden Cardiac Arrest” found at www.nfhslearn.com.
4. **COMPETITIVE SEASON**
 - a. Teams are limited to four preseason scrimmages, one jamboree, and eight meets; the Region Championship Meet is included in the eight-meet limit. All meets must be swum prior to the entry date for submission to the State Championship Meet.
 - b. By state adoption exhibition swim competition is prohibited.
 - c. A swimmer may compete in only one meet (varsity or JV) in a day.
 - d. Unlimited team entries shall be permitted at invitational, triangular and non-varsity meets.
 - e. In varsity dual meets, coaches may mutually agree for additional entries beyond the National Federation maximum in the meet. These swimmers will have the opportunity to score points for their team and swim a qualifying time for state. If the coaches do not mutually agree on the number of additional entries, it is restricted to National Federation rules spelled out in Rule 3, Section 1, Article 2 of the rules book.
 - f. Scoring throughout the state for all meets will follow National Federation rules spelled out in Rule 7, Section 1, Article 2-3 of the rules book. Only NFHS and SCHSL rules will apply at all meets
 - g. In each Region each team will swim every other team in their Region at least once. Teams may swim other teams outside their Region provided the above imitations are met.
 - h. Teams in Regions not having a Region Championship Meet may swim in another Region Championship meet by permission of the host team.
 - i. Only swimmers who have qualified for the State Championship Meet will be allowed to continue practice after State Meet qualifiers have been posted on the SCHSL website.
 - j. Swimmers must compete in at least two SCHSL-sanctioned regular season meets prior to the State Championship Meet.
 - k. Swimmers qualify for the State Championship Meet according to qualifying times and procedures outlined in Sections 9 and 10 of these rules. Qualifying times may be achieved in any SCHSL-sanctioned regular season varsity meet completed in the current high school swim season. Qualifying times achieved after the State Championship Meet entry deadline will not be accepted.

5. ACCEPTANCE INTO THE STATE MEET

Swimmers or relay teams that meet the automatic qualifying time (AQT) specified in Section 10 (and are entered) will be accepted in the State Meet.

NOTE: Swimmers will only be allowed to compete in the event(s) or relay team(s) in which he/she qualifies through AQT or CT.

If there are fewer than 30 swimmers or 20 relays with automatic qualifying times in any event, then swimmers or relays with the fastest consideration times (CT) specified in Section 10 will be accepted up to a maximum of 30 swimmers or 20 relays per event. Swimmers with AQT must be officially entered into the State meet to be accepted. Swimmers with CT must be officially entered into the State meet to be considered. State meet entries submitted for swimmers with Automatic Qualifying or Consideration Times are subject to individual and meet entry limits.

6. 2016-17 STATE MEET QUALIFYING TIMES

Events	Class AAAAA Girls	
	Automatic	Consideration
200-yd Medley Relay	1:59.65	2:09.22
200-yd Freestyle	2:07.05	2:17.21
200-yd Individual Medley	2:23.82	2:35.32
50-yd Freestyle	:26.46	:28.58
100-yd Butterfly	1:04.58	1:09.74
100-yd Freestyle	:58.04	1:02.68
500-yd Freestyle	5:40.45	6:07.69
200-yd Freestyle Relay	1:47.80	1:56.42
100-yd Backstroke	1:05.99	1:11.26
100-yd Breaststroke	1:14.30	1:20.24
400-yd Freestyle Relay	3:55.83	4:14.69

Class AAAAA Boys	
Automatic	Consideration
1:46.22	1:54.72
1:56.23	2:05.52
2:11.40	2:21.91
:23.51	:25.39
:58.62	1:03.31
:52.45	:56.65
5:16.71	5:42.05
1:35.43	1:43.06
1:00.71	1:05.56
1:07.26	1:12.64
3:31.96	3:48.92

Events	Class AAAA Girls	
	Automatic	Consideration
200-yd Medley Relay	2:02.04	2:11.81
200-yd Freestyle	2:09.75	2:20.13
200-yd Individual Medley	2:28.38	2:40.25
50-yd Freestyle	:26.85	:29.00
100-yd Butterfly	1:06.26	1:11.57
100-yd Freestyle	:59.23	1:03.96
500-yd Freestyle	5:48.89	6:16.80
200-yd Freestyle Relay	1:49.83	1:58.61
100-yd Backstroke	1:07.52	1:12.93
100-yd Breaststroke	1:16.69	1:22.83
400-yd Freestyle Relay	4:00.86	4:20.12

Class AAAA Boys	
Automatic	Consideration
1:49.19	1:57.93
2:00.59	2:10.24
2:16.45	2:27.37
:23.94	:25.86
1:00.48	1:05.32
:53.59	:57.87
5:26.79	5:52.94
1:37.95	1:45.79
1:02.32	1:07.30
1:08.99	1:14.51
3:38.37	3:55.84

Events	Class AAA, AA & A Girls	
	Automatic	Consideration
200-yd Medley Relay	2:04.44	2:14.40
200-yd Freestyle	2:12.45	2:23.05
200-yd Individual Medley	2:32.94	2:45.17
50-yd Freestyle	:27.25	:29.42
100-yd Butterfly	1:07.95	1:13.39
100-yd Freestyle	1:00.41	1:05.25
500-yd Freestyle	5:57.33	6:25.91
200-yd Freestyle Relay	1:51.86	2:00.81
100-yd Backstroke	1:09.06	1:14.59
100-yd Breaststroke	1:19.09	1:25.41
400-yd Freestyle Relay	4:05.89	4:25.56

Class AAA, AA & A Boys	
Automatic	Consideration
1:52.16	2:01.13
2:04.96	2:14.96
2:21.51	2:32.83
:24.38	:26.33
1:02.34	1:07.33
:54.72	:59.10
5:36.88	6:03.83
1:40.47	1:48.51
1:03.93	1:09.04
1:10.72	1:16.38
3:44.78	4:02.76

New Individual Automatic Qualifying time (AQT) = [(AQT x 5) + (20th place time - 0.1sec)] / 6

New Relay Automatic Qualifying time (AQT) = [(AQT x 5) + (10th place time - 0.1 sec)] / 6

Consideration time (CT) = AQT x 1.08

If there are not 20 swimmers or 10 relays in an event, then the AQT remains the same for the next year.

7. ORDER AND NUMBERING OF EVENTS

The following order and numbering of events shall be used in all SCHSL sanctioned meets. Breaks may be shortened by mutual agreement of the coaches. All Championship meets will be swum in yards; the 400-meter freestyle event should be swum instead of 500-meter freestyle in meter pools

Girls Event No.	Boys Event No.	Event
1	2	200-yd/200-m Medley Relay
3	4	200-yd/200-m Freestyle
5	6	200-yd/200-m Individual Medley
7	8	50-yd/50-m Freestyle
		(15 minute break)
9	10	100-yd/100-m Butterfly
11	12	100-yd/100-m Freestyle
13	14	500-yd/400-m Freestyle
15	16	200-yd/200-m Free Relay
		(15 minute break)
17	18	100-yd/100-m Backstroke
19	20	100-yd/100-m Breaststroke
21	22	400-yd/400-m Free Relay

8. CERTIFICATION OF OFFICIAL TIMES FOR STATE CHAMPIONSHIP MEET ENTRY

- a. **Manual timing.** Official manual times for entry into the SCHSL State Championship Meet are determined by using three stopwatches per lane. Backup stopwatches may be used in case of watch or timer malfunction. When three watches record different times, the official time is the middle time. When two watches record the same time, that time is the official time. The digits representing thousandths of a second shall be dropped with no rounding.

In the case of watch or timer malfunction, the following procedure should be followed:

- i. All manually-timed meets must be set up with three stopwatches per lane and with the intention to record three watch times per swim. This is the primary timing system for a manually-timed meet. If three good watch times are recorded then the official time is the middle time, not the average of the three. A "good" watch time is defined as a time recorded by a timer properly positioned at the finish end of the lane.
- ii. In case of a malfunction of one of the stopwatches (either through timer error or watch malfunction) then a backup watch from the head timer should be used to time the swim to get three good times.
- iii. In case of a malfunction, and when the head timer with a backup watch is not able to provide a third time for a swim, the following procedure should be followed:
 1. If only two good watch times are available, then the average (NFHS Swimming Rule 6.2.2) of the two watch times should be recorded as the official time.
 2. The only time that two watch times should be used is in case of a malfunction. Two watch times should be the exception, not the rule.

b. Semi Automatic System

A semi automatic timing system consists of a system that is automatically started from a starting system and manually stopped by a person at the finish of the race.
Minimum Requirements.

- i. Two Dolphin Watches or buttons interfaced with the start system per lane.
- ii. A backup system of One Manual watch per lane.

c. **Automatic (Electronic) timing.** Official time is the pad time computed to the hundredth of a second. If there is a malfunction of the automatic system, backup times shall be integrated according to NFHS Rules 6-2-3 and 6-2-4.

- i. Semi-Automatic Backup System shall be used consisting of at least one button per lane.
- ii. Manual Backup system shall be used consisting of at least one manual stop watch per lane.

d. **Meter times.** Meter times will be converted (for posting and State Meet entries) as specified in the current NFHS Swimming and Diving and Water Polo Rules Book conversion chart.

e. **Certified times for State Championship Meet.** Official qualification times for entry into the State Championship Meet are certified yard or converted meter times from regular season meets that appear on the Sports Timing & Software, Inc. Meet results must be verified and signed by the meet referee and a coach from each participating school. Each team must keep copies of certified meet results in case validation of entry times is required. **Raw times must be submitted to Sports Timing & Software, Inc. according to the instructions in Section 10.e by the earlier of the two following deadlines:**

- i. **within 3 days following a regular season meet, or**
- ii. **24 hours before the entry deadline for the State Championship meet**

f. **Submission of Certified Times.** Host team of each meet must submit a **COMPLETE MEET BACKUP** and a Standard Data Interchange export file of the results (SD3 or CL2) within 3 days of the completion of the meet using Swim Meet Management Software. Results should be submitted at www.sportstiming.com/schss.

Corrections to times after the initial submission of results must have a confirmation e-mail submitted from the meet referee.

Teams must be designated using the standard 3-letter high school abbreviations listed in AD Notebook on the League website.

DO NOT CONVERT TIMES before submitting. Times will be converted by Sports Timing & Software, Inc.

Times will be posted in rank order www.sportstiming.com. It is each coach's responsibility to check this site to be sure that the listing is accurate and to promptly report any errors to at www.sportstiming.com/schss

g. **State Meet entries should be submitted by Sunday, October 2 by 9:00 pm by going to www.sportstiming.com/schss.** The times posted on the Sports Timing & Software, Inc website are the official entry times for the State Meet.

9. In the State Championship Meet, each team shall be permitted a maximum of four entries in an individual event and one team in a relay event. Each swimmer may enter a maximum of four events, no more than two of which may be individual events. All teams are required to submit the names of relay swimmers with their entries for the State Championship meet (as many as 8 swimmers per relay may be submitted). Entries should be submitted using a team management software, using a USA Swimming Standard Data Interchange (SD3) or compatible format. For teams that do not have a team management program, Team Manager Lite can be downloaded for free from www.hy-tekltd.com.
10. In the State Championship Meet, points are awarded for 20 places in all events. For relays, points awarded are double the individual points for that place.

11. **STATE MEET INFORMATION**

State Championship Meets will be held on October 7- 8.

	<u>Site</u>	<u>Host School</u>
AAA State Championship Meet	University of South Carolina Natatorium	Brookland-Cayce HS
AAAA State Championship Meet	University of South Carolina Natatorium	Chapin HS
AAAAA State Championship Meet	University of South Carolina Natatorium	Dutch Fork HS

12. **STATE CHAMPIONSHIP MEET ENTRY FEE**

A one-time entry fee (per team) of \$25.00 per swimmer and a maximum of \$100.00 for four or more swimmers will be charged. **Make check payable to SCHSL and remit to the League by October 3, 2016.** Invoice can be found under AD Notebook (If you have a boy's and a girls' team made up of four or more swimmers on each team, the entry fee is \$200.00).

13. **REGULATIONS GOVERNING THE STATE CHAMPIONSHIP MEET**

- a. Responsibility for local arrangements for the State Championship meet will be left to each participating school.
 - b. The meet director will receive an honorarium of \$150.00.
 - c. Proceeds from concessions and heat sheets go to the host school.
 - d. To be eligible to compete for a Team State Championship, a school must have six participants compete in the State Championship meet. The SCHSL will continue to recognize individual champions.
 - e. Admission will be \$8.00.
14. The League will furnish team trophies and medals to the State Champion and Runner-up. Individual medals will be given to the first, second and third-place finishers in each event.
 15. Refer to pages 5 & 6 for additional regulations.

SWIMMING 2016-17

- June 1 - July 23, 2016Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 24 – July 28, 2016Closed Period– dead week
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- July 29, 2016First Practice
- August 5, 2016First Scrimmage
- August 8, 2016Schedules Due
- Seven Days Prior to first meetEligibility Due
- August 15, 2016First Meet
- Certified Swim Times.....to be placed on Sports Timing & Software, Inc.
(www.sportstiming.com) within 3 days after a regular season meet or 24 hours prior to the State Meet entry deadline, whichever comes first
- October 2, 2016.....State Championship Entries Due (by 9:00 pm)
- October 7-8, 2016.....State Championship Meet
- Last Meet - December 4, 2016Closed Season
(when eliminated from playoffs)
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 – January 29, 2017.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 30 - March 5, 2017Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 6 – May 31, 2017Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

GIRLS GOLF

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The Rules of Golf, as approved by the United States Golf Association, shall govern golf competition. Regular season matches shall be limited to nine holes of play.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslern.com.
4. Varsity golf teams are allowed 16 playdates including tournaments, four scrimmages and one jamboree. JV teams are allowed 12 playdates including tournaments and two scrimmages. One invitational may be pre-season and start on August 12. Any tournament entered (regardless of the number of days) counts as one playdate.
5. If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
6. If a female team played nine or more dates, then girls participating on those teams will forfeit their eligibility to play boys golf the following spring.
7. Range finders and GPS devices will be allowed in match and tournament play with the following stipulations:
 - In each pairing if any player uses a range finder/GPS device then all players in the pairing will have access to the device.
 - Any player using a device but does not allow other members of the pairing utilize it when asked will be disqualified for a serious breach of etiquette (USGA rule 33-7) by the tournament committee.
 - GPS devices on cell phones are not permitted. Use of GPS devices on cell phones will result in disqualification.
 - Range finders that calculate slope in addition to yardage are not permitted. Use of range finders that calculate slope will result in disqualification of any player that utilized the device
8. Cell phones and devices that allow texting are not to be used during the course of play. Use of cell phone or texting device for calling or texting during a stipulated round will result in disqualification. Exceptions: If a player or players encounter a dangerous situation (Ex. weather, animal or person) or if there is a medical emergency players may use the cell phone to call a coach, the clubhouse or the proper authorities (911).
9. **One coach is permitted to coach their golfers anywhere on the course.** Any player that receives coaching from anyone other than their designated coach is subject to the following penalties:
1st offense – 2 stroke penalty 2nd offense – disqualification.
10. SCORING:
 - a. Regular Season - A total of the four (4) low players' scores will comprise the team score.
 - b. Tournament - For each eighteen holes or part (see #6) played, the total of the four (4) low players' scores will comprise the team score for that round. The team's score for a tournament will be the sum of all rounds or parts played.
 - c. Scorecards must be totaled, signed, and attested. Each player is responsible for her hole-by-hole score. If she gives a score over what she made on the hole, the score will stand as recorded. If she gives a score lower than she made, she will be disqualified. Under no circumstances should a player keep her own card. The player (competitor) is solely responsible for the correctness of the score recorded for each hole.

11 BREAKING TIES:

- a. Teams tied for a position (champion or runner - up) will be resolved by a sudden death stroke play-off by the four (4) low players on the previous eighteen holes. This will begin on the first tee or on the tee as designated by the committee with all four players teeing in the same group, beginning with the number four (4) players and progressing in order to the number one (1) players
- b. Individuals tied for a position will be resolved in the same manner

12 POSTPONEMENT/CANCELLATION:

Match - In the event a match cannot be completed (nine holes), it must be replayed in its entirety or canceled.

Tournament - In the event play has to be stopped, all players will mark their ball in an appropriate manner where play is suspended. If play cannot continue the same day, the round will begin from the beginning the next day. If play cannot begin again, the score will revert to the one-half (1/2) round that has been completed by all players. All tournaments will be at least eighteen (18) holes.

13 TOURNAMENT RULES - GIRLS:

- a. Players from the same school will not be paired together
- b. Pairings will be determined by player position as designated by her coach when application is submitted to the Tournament Committee.
- c. Unlimited substitutions may be made between rounds. (A round is defined as eighteen (18) holes.) A team may continue to compete as long as it has four (4) players. If a team has fewer than four (4) players, the team will be ineligible for team honors, but the remaining individual team players may compete for individual honors.
- d. Caddies and electric or motorized carts will not be permitted, but "hand carts" may be used. (A request to waive this regulation must be approved by the principals prior to a tournament.)
- e. Practice on the competition course between rounds is prohibited. (USGA - Rule 7-1-B disqualification.)
- f. Practice between holes is prohibited. (Two (2) stroke penalty.)
- g. Club throwing on the competition course is prohibited. (Two (2) stroke penalty.)
- h. If a questionable situation occurs, a player must play a second ball (provisional) and request a ruling from the Committee at the end of the round

REGION TOURNAMENTS: Each region will determine their tournament format.

UPPER/LOWER STATE will be 18 holes events.

STATE TOURNAMENT will be 36 holes events.

14. The League will furnish trophies and medals to the State Champion and Runner-up in each classification. Medals will be awarded to the medalist, second and third place finishers in each classification.
15. Refer to pages 5 & 6 for additional regulations.

GIRLS GOLF 2016-17

- June 1 - July 23, 2016 Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 24 - July 28, 2016..... Closed Period– dead week
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- July 29, 2016 First Practice / Try-outs
- August 5, 2016 First Scrimmage
- August 12, 2016 First Preseason Date
- Seven Days Prior to first meet Eligibility Due
- August 22, 2016 First Contest
- September 1, 2016 Schedule Due
- October 10, 2016..... Report Region Qualifiers
- October 17, 2016..... Upper/Lower Qualifiers
- October 24-25, 2016..... State Championships (All Classes)
- Last Match - December 4, 2016..... Closed Season
(when eliminated from playoffs)
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 - January 29, 2017 Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 30 - March 5, 2017 Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 6 - May 31, 2017..... Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

Class AAAAA Girls Golf

QUALIFIERS:

Each upper state region shall qualify four teams to the upper state tournament. In lower state Region 5 will qualify five teams, Region 6 will qualify 4 teams and Region 7 will qualify 6 teams. Each region will also qualify one individual from a non-qualifying team.

Upper State	Oct. 18	Carolina Country Club	Host School: Dorman
Lower State	Oct. 17	Coosaw Creek CC	Host School: Fort Dorchester

STATE CHAMPIONSHIP:

Oct. 24-25	Wildewood CC	Host School: River Bluff
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Class AAAA Girls Golf

QUALIFIERS:

Each upper state region shall qualify four teams to the upper state tournament and each lower state region shall qualify four teams to the lower state tournament. Each region will also qualify one individual from a non-qualifying team.

Upper State	Oct. 17	Cliffs Valley CC	Host School: Travelers Rest
Lower State	Oct. 17	Barony GC	Host School: Hilton Head Island

STATE CHAMPIONSHIP:

Oct. 24-25	Hackler GC	Host School: North Myrtle Beach
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Class AAA Girls Golf

QUALIFIERS:

The Class AAA Upper/Lower Qualifiers will be open consisting of teams from Classes AAA, AA & A. Entry forms located in the AD Notebook must be submitted to the High School League by October 10.

Any team that shoots 425 or better at either qualifier will advance to the state championship. Any individual not on a qualifying team that shoots 100 or lower will also qualify for the state championship.

Upper State	Oct. 17	Village Green GC	Host School: Chapman
Lower State	Oct. 17	Diamondback GC	Host School: Aynor

STATE CHAMPIONSHIP:

Oct. 24-25	Carolina Springs GC	Host School: St. Joseph's
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VOLLEYBALL FOR GIRLS

1. The League will sponsor championship play-offs in all five classes.
2. The official rules published by the National Federation will be used along with the following adoptions:
 - a. A 3 out of 5 match may be played when only two schools are involved in a single match.
 - b. If a team has not arrived at the tournament site and ready to play at the scheduled time, it will forfeit its initial game in the match. If the team has not arrived within fifteen minutes of the scheduled time, the match will be forfeited. For 3 out of 5 matches, wait an additional 15 minutes.
 - c. If a match is suspended due to power failure or other unforeseen circumstances, it will be resumed from the point of suspension. The score and lineup will be the same when it is resumed as it was at the moment of suspension.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. Varsity volleyball teams are allowed 18 play dates, four scrimmages and one jamboree. JV teams are allowed 16 JV play dates, two scrimmages and one jamboree. Each invitational entered will count as one of these 18/16 dates. One invitational may be pre-season and start on August 12.
5. It is permissible to play a JV & varsity match on the same day. However, it will count as two play dates.
6. Clean and secure dressing facilities must be provided for opponents. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
7. The Executive Committee recommends that spectators not kick or beat bleachers. Signs with the exception of welcome signs will not be permitted beyond region play.
8. A Rawlings volleyball must be used in all play-off matches.
9. The State Finals for all classes will be played on November 5, 2016 at River Buff High School. Each match will be a 3/5 contest. Admission will be \$8.00.
10. The League will furnish trophies and medals for the State Champion and Runner-up in each of the five classifications.
11. Instructions for postponing or canceling matches in which certified officials are booked are on page 152.
12. Refer to pages 5 & 6 for additional regulations.

VOLLEYBALL 2016-17

- June 1 - July 23, 2016Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 24 – July 28, 2016Closed Period– dead week
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- May 1, 2016..... Schedule Due in Arbitrator
- July 29, 2016First Practice
- August 5, 2016First Scrimmage
- August 12, 2016First Preseason Contest Date
- Seven Days Prior to first meetEligibility Due
- August 22, 2016First Contest
- October 17, 2016.....Report Qualifiers Classes A, AA & AAA
- October 18, 2016.....Report Qualifiers Classes AAAA & AAAAA
- November 2, 2016State Finalist Press Conference 10:00 am League Office
- November 5, 2016State Championships River Bluff HS
- Last Match – December 4, 2016Closed Season
(when eliminated from playoffs)
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 – January 29, 2017.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 30 - March 5, 2017Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 6 - May 31, 2017.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

2016 CLASS AAAAA VOLLEYBALL

October 20
6:00 pm

October 25
6:00 pm

October 27
6:00 pm

November 1
6:00 pm

November 5
7:00 pm

UPPER STATE

Region 1	#1	H
Region 2	#4	
Region 3	#3	
Region 4	#2	H
Region 2	#1	H
Region 1	#4	
Region 4	#3	
Region 3	#2	H
Region 3	#1	H
Region 4	#4	
Region 1	#3	
Region 2	#2	H
Region 4	#1	H
Region 3	#4	
Region 2	#3	
Region 1	#2	H

River Bluff HS

LOWER STATE

Region 7	#1	H
At Large	#4	
Region 6	#3	H
Region 5	#3	
Region 6	#2	H
Region 7	#5	
Region 7	#4	
Region 5	#2	H
Region 6	#1	H
Region 5	#5	
Region 7	#2	H
Region 5	#4	
Region 5	#1	H
Region 7	#6	
Region 7	#3	H
Region 6	#4	

State Champion

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAAA VOLLEYBALL

October 20
6:00 pm

October 25
6:00 pm

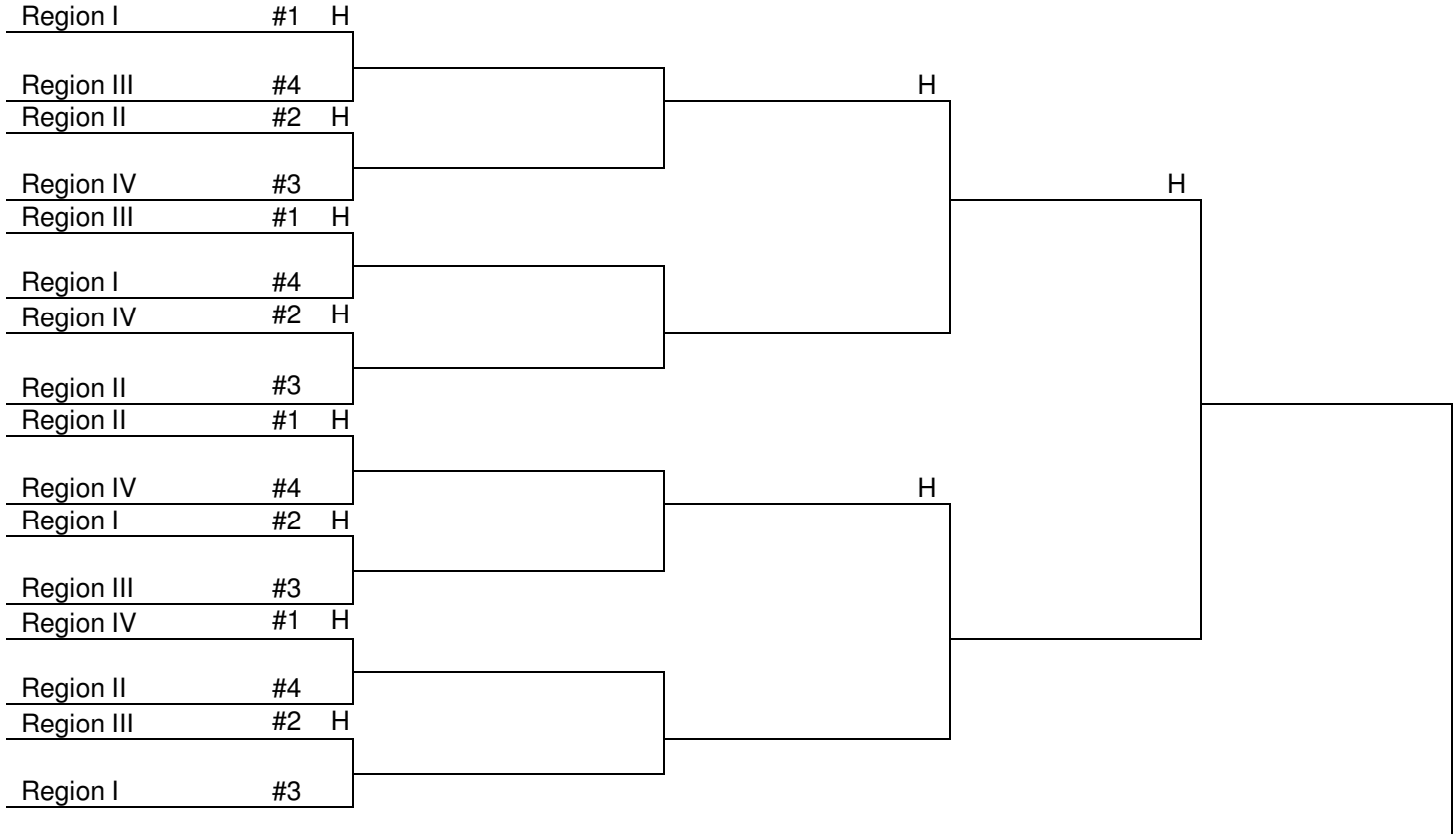
October 27
6:00 pm

November 1
6:00 pm

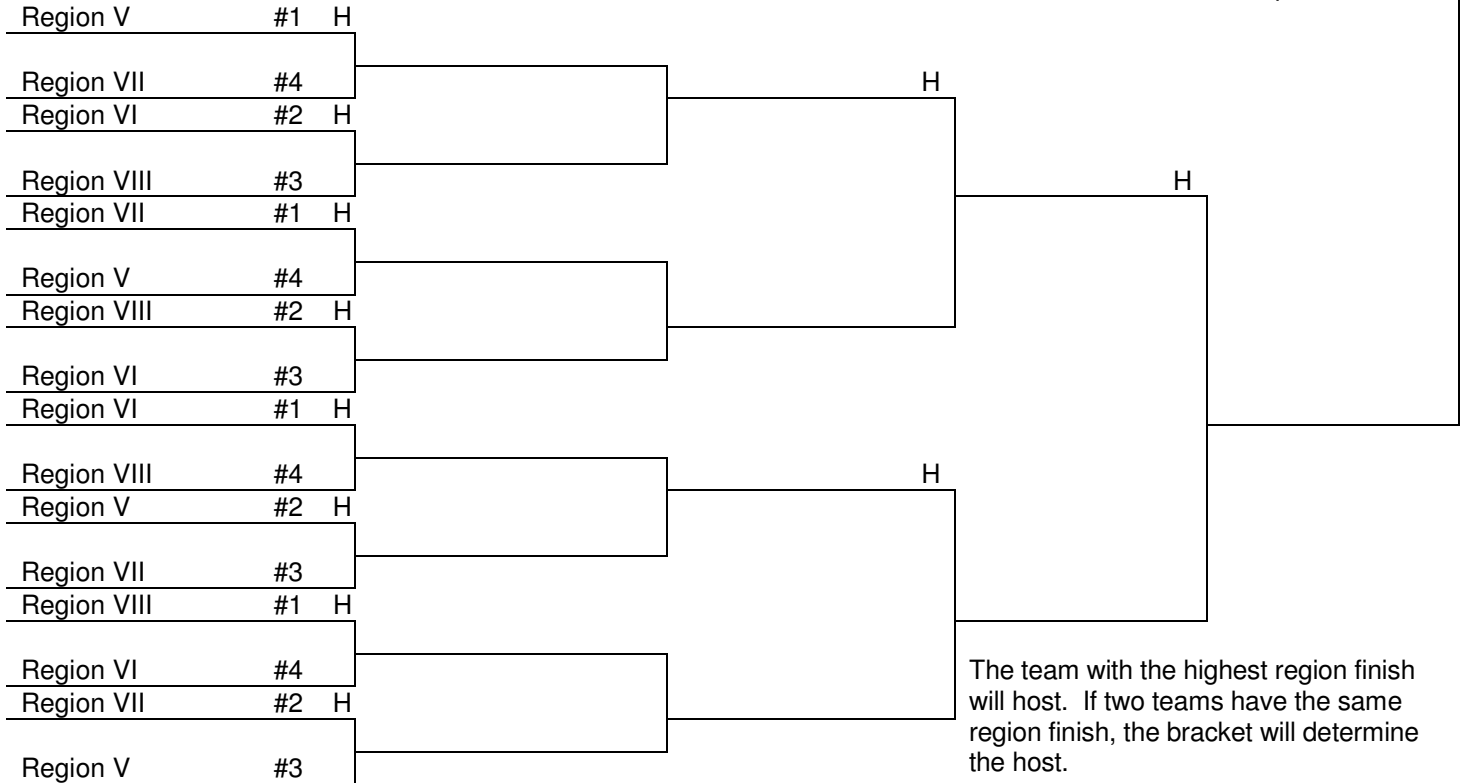
November 5
4:30 pm

River Bluff HS

UPPER STATE



LOWER STATE



2016 CLASS AAA VOLLEYBALL

October 19
6:00 pm

October 24
6:00 pm

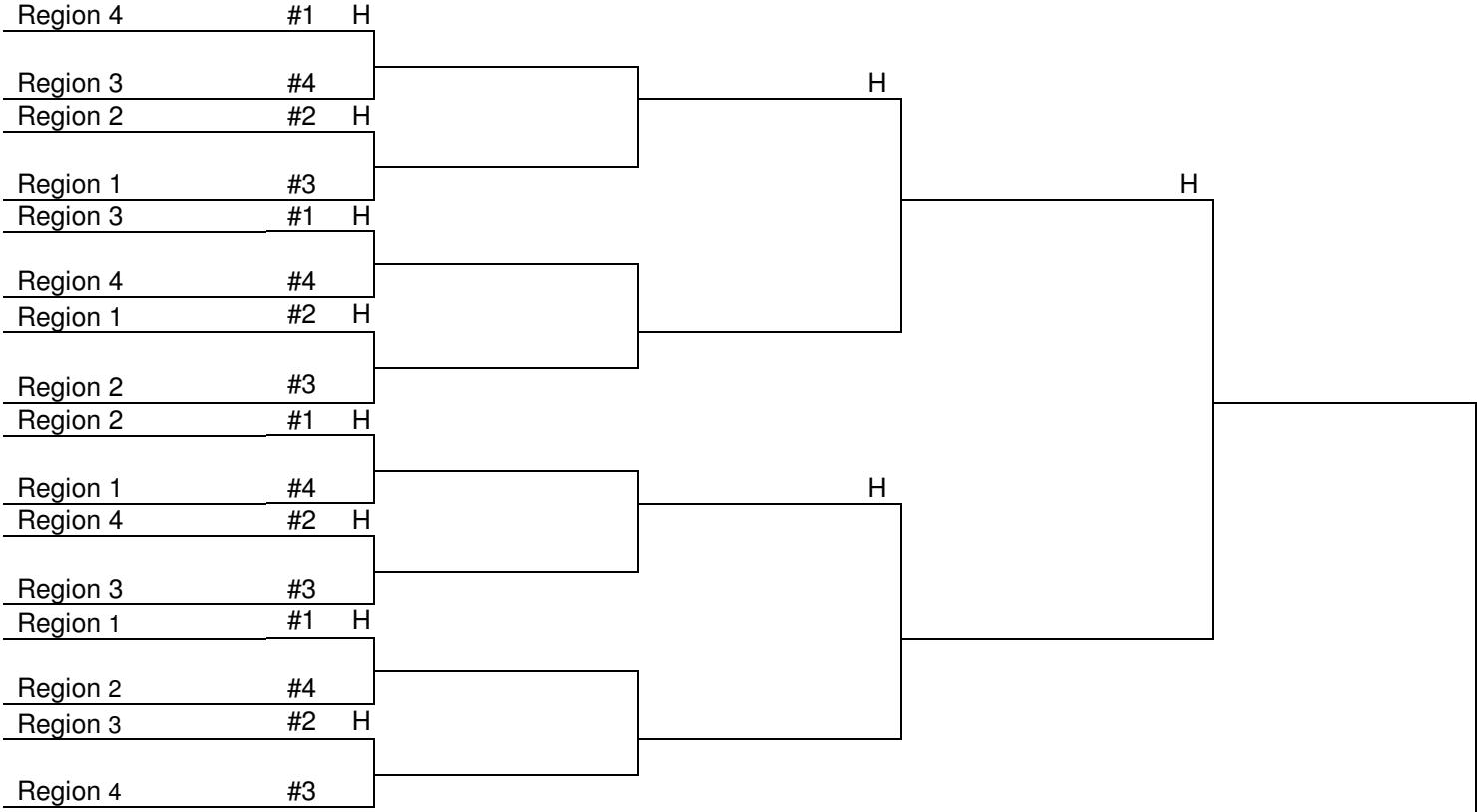
October. 26
6:00 pm

October 31
6:00 pm

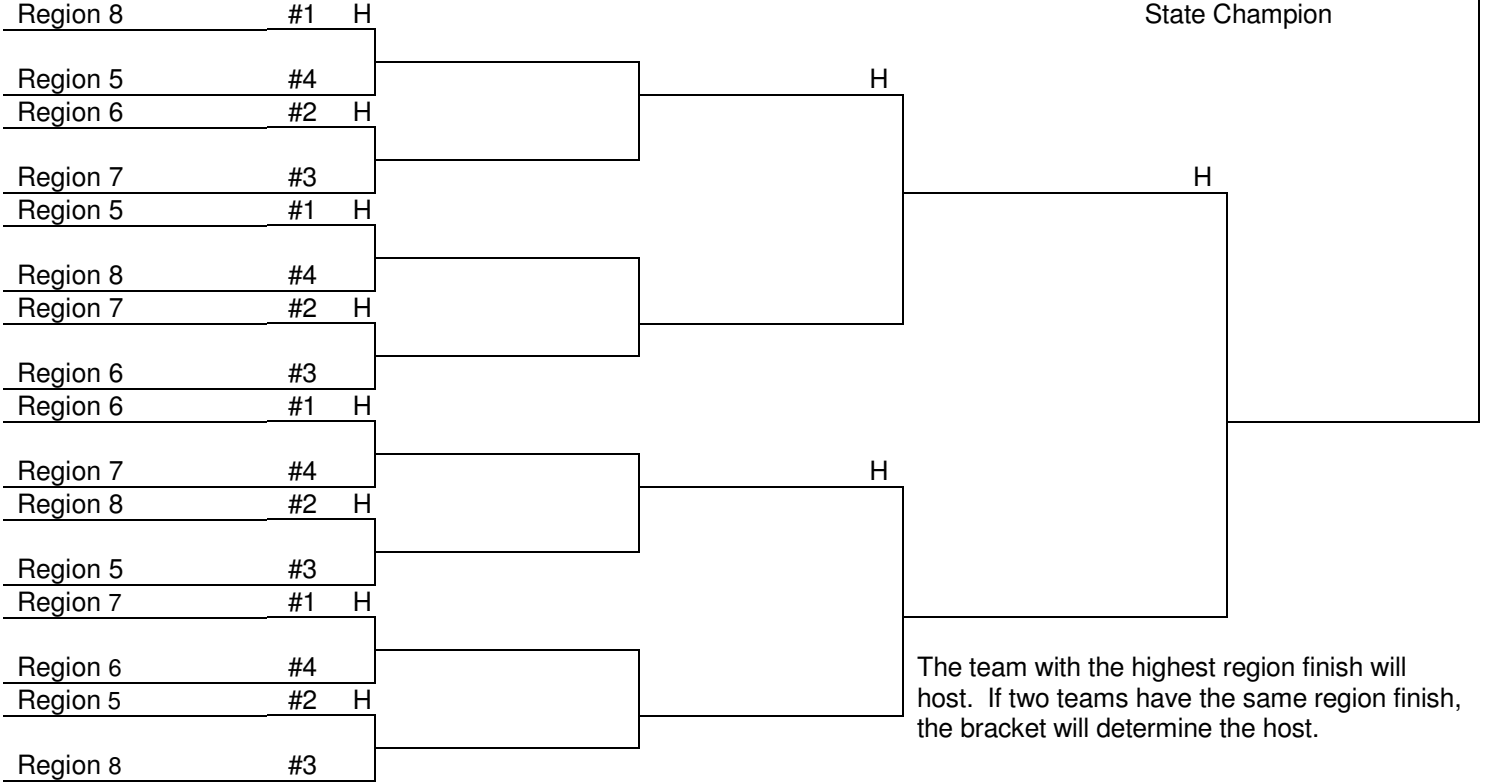
November 5
2:30 pm

River Bluff HS

UPPER STATE

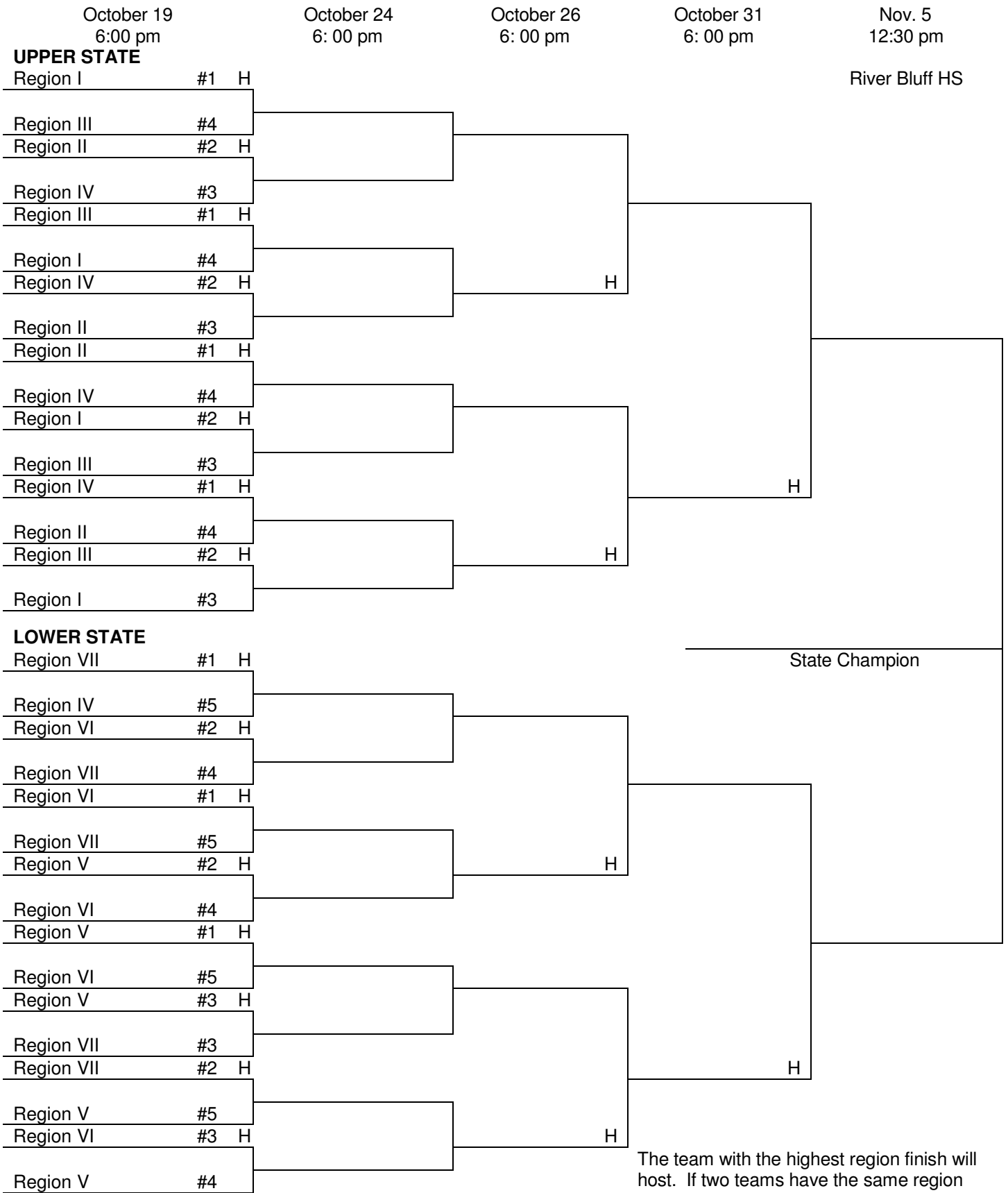


LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AA VOLLEYBALL



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS A VOLLEYBALL

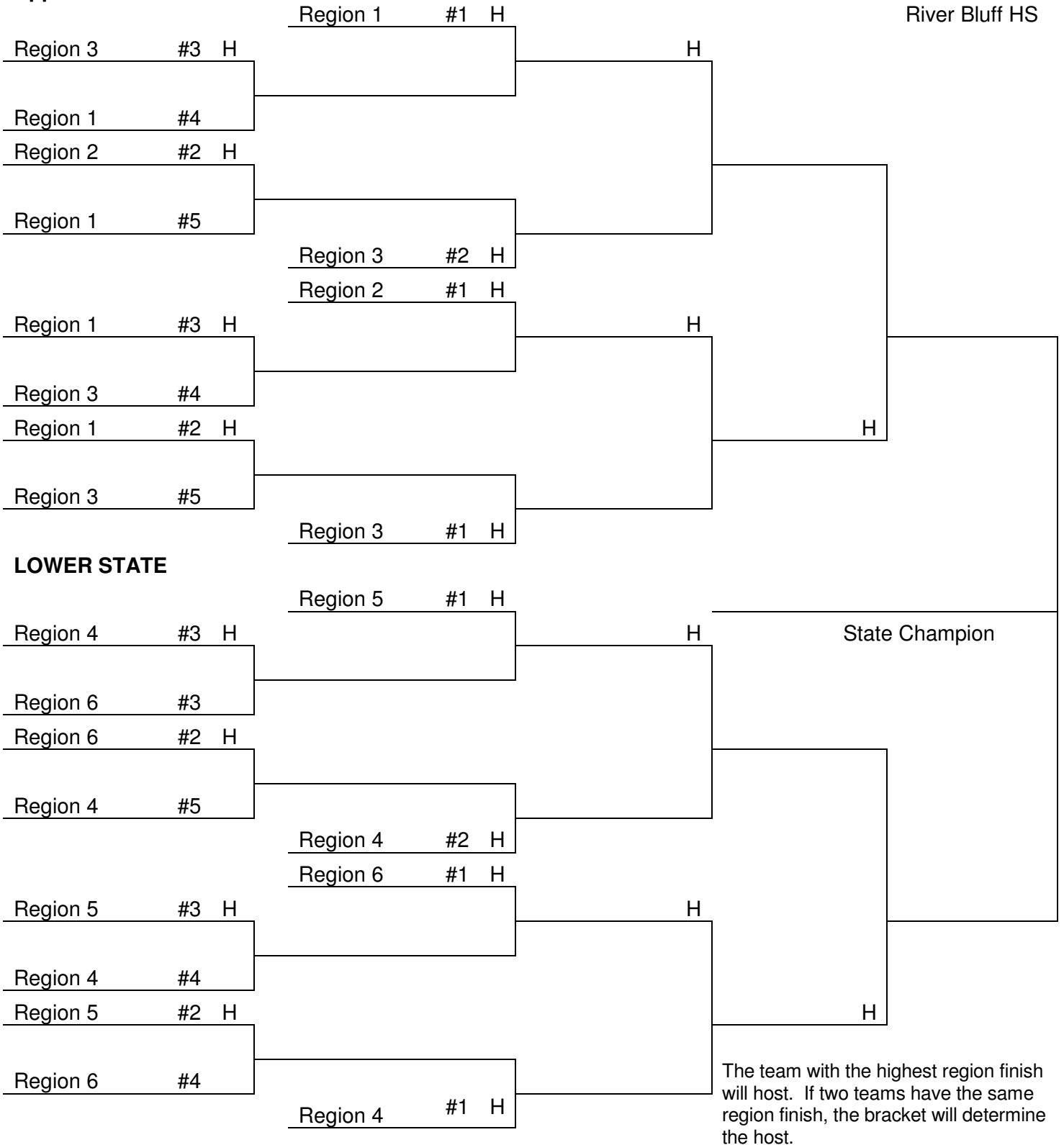
October 19
6:00 pm
Upper State

October 24
6:00 pm

October 26
6:00 pm

October 31
6:00 pm

November 5
10:30 am



CROSS COUNTRY

1. The League will sponsor a boys' and girls' championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. National Federation Rules shall govern all contests and may be obtained from the League Office.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. Cross country teams are allowed 16 varsity meets and 12 junior varsity meets including invitationals. Each invitational entered will count as one of the meets. Varsity teams are also allowed four scrimmages and one jamboree. One invitational may be pre-season and start on August 19.
5. Entries with the names of each runner will be made to the Meet Director on the official entry form. All runners must have completed a minimum of two cross country races prior to entering state competition.
6. **ALL TEAMS MUST QUALIFY FOR THE STATE MEET.**

All State Meets will be held on Saturday, November 5 at Sandhills Research Center. Admission is \$8.00 per car.

The schedule will be:

9:00 am	Class AAAAA Girls
9:30 am	Class AAAA Girls
10:00 am	Class AAAAA Boys
10:30 am	Class AAAA Boys
11:15 am	Presentation of Awards
12:00 noon	Class AAA Girls
12:30 pm	Class AA Girls
1:00 pm	Class AAA Boys
1:30 pm	Class AA Boys
2:15 pm	Presentation of Awards

The course will be closed at 8:15 am on the day of the meet.

7. Regulations for Qualifying and State Meets.
 - a. Individuals or a full team may represent a school.
 - b. A team will consist of not less than five nor more than seven members.
 - c. Starting positions will be determined by draw.
 - d. Team scores will be determined by totaling the numerical position of the first five finishers from each team. The low aggregate scores will determine team winners.
 - e. A non-team runner's place will be omitted when determining team scores and each team runner will advance in the order of their finish.
 - f. If teams tie, the tie shall be resolved in accordance with the rules book.
 - g. The course will be approximately three miles for boys and girls. Flats are the recommended footwear.

- h. Teams are allowed to walk or jog the course the day before the championship.
 - i. Failure to submit the Qualifying Entry form by the deadline will result in a \$25.00 fine. This form is located in the AD Notebook.
8. The League will furnish trophies and medals for the State Champion and the State Runner-up in each Class in the Boys' and Girls' Meets. Medals will be awarded to the first three finishers in each Meet.
 9. Refer to pages 5 & 6 for additional regulations

CROSS COUNTRY 2016-17

- June 1 – July 23, 2016..... Open Season/Open Facility
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 24 – July 28, 2016Closed Period– dead week
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- July 29, 2016 First Practice
- August 5, 2016 First Scrimmages
- August 19, 2016 First Preseason Contest Date
- Seven Days Prior to first meetEligibility Due
- August 29, 201 First Meet
- September 1, 2016 Schedule Due
- October 14, 2016 Deadline to report to SCHSL intention to compete in the state meet (AAA, AA, A)
- October 29, 2016 Qualifying Meets
- November 5, 2016 State Finals (All Classes) at Sandhills Research Center
- Last Meet-December 4, 2016Closed Season/Closed Facility
(when your season ends)
- **Cannot practice—cannot do any skill training**
 - Cannot attend team camp
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 - January 29, 2017 Open Season/Open Facility
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 30 - March 5, 2017 Closed Season/Closed Facility
- **Cannot practice—cannot do any skill training**
 - Cannot attend team camp
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 6 – May 31, 2017 Open Season/Open Facility
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

Class AAAAA Cross Country

Each region will determine their Region Championship by its own predetermined method. A region meet must be held as a qualifying meet for the State Championship.

Upper State: Dorman High School - October 29

Regions 1, 2, 3.

Top 7 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Middle State: Sandhills - October 29

Regions 4, 5 and part of Region 6 (South Florence, Sumter, West Florence).

Top 7 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Lower State: Wannamaker Park - October 26

Region 7 and part of Region 6 (Carolina Forest, Conway, Socastee).

Top 5 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Class AAAA Cross Country

Each region will determine their Region Championship by its own predetermined method. A region meet must be held as a qualifying meet for the State Championship.

Upper State: Regions 1, 2 and part of Region 3 (South Pointe, York).

Top 6 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Middle State: Regions 4, 5 and part of Region 6 (Lugoff-Elgin) and part of Region 3 (Lancaster, Ridge View, Richland Northeast, Westwood).

Top 7 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Lower State: Regions 7, 8 and part of Region 6 (Crestwood, Darlington, Hartsville, Lakewood).

Top 7 teams qualify for the State Meet

Top 5 individuals NOT on a qualifying team will also qualify for the State Meet

Class AAA Cross Country

Each region will determine their Region Championship by its own predetermined method. A region meet must be held as a qualifying meet for the State Championship.

Upper State: Woodmont High School – October 29

Hosted by: Eastside High School

Meet Director: Southside High School

Lower State: Brookgreen Gardens – October 29

Hosted by Waccamaw High School

Class AA Cross Country

Each region will determine their Region Championship by its own predetermined method. A region meet must be held as a qualifying meet for the State Championship.

One-Location Qualifying Meet: Sandhill Research Park, Columbia October 29

Top 18 teams qualify for the State Meet.

Top 15 individuals NOT on a qualifying team will also qualify for the State Meet

Class A Cross Country

Will be included in Class AA regulations for qualifying if not enough teams compete.

GIRLS TENNIS

1. The League will sponsor championships in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification. In addition to the team competition, a 32-draw AAAAA - AAAA and a 32-draw AAA-AA-A Singles Tournament will be held. These tournaments will be exclusive of the team competition
2. The rules of the United States Tennis Association will apply when not covered by High School League rules.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. All classes are allowed 16 varsity regular season matches and two tournaments or 18 regular season matches and one tournament, four scrimmages and one jamboree. JV teams are allowed 14 matches, two tournaments, two scrimmages and one jamboree. Tournaments may be pre-season and start on August 12.
5. Each match will be two no-ad sets with a 10-point tie-breaker played to decide the match if the sets are split. A set tie-breaker will be a 7-point tie-breaker. Pro-Set scoring (8 games, 7-point tie-breaker at 7-7) is permitted once the match has been decided. This includes the regular season and play-offs. (Any exception will result in both teams forfeiting).
6. Team competition will consist of 5 singles and 2 doubles teams. Only two players may play both singles and doubles during the same dual match. A player may play on only one doubles team in a dual match. (Any exception will result in a team forfeit, 7-0).
7. Coaches will exchange line-ups before the match begins, with at least 1-5 singles listed. Coaches have the option to hold off announcing doubles until after singles matches have been completed, but must inform the other coach beforehand. If doubles matches are announced after singles matches are completed, doubles line-ups will be exchanged simultaneously.
8. All players must play in at least four regular season dual matches to be eligible to play in the play-offs. All players will be required to compete in a school issued shirt. Appropriate tennis apparel is expected (cut-offs and jeans are not considered appropriate tennis apparel). Bandanas are not permitted.
9. In team play, there will be a maximum 10 minute break between singles and doubles play if a player is playing both singles and doubles.
10. Suspended matches are to be resumed from the point of interruption.
11. Coaching (by the head coach only) will be permitted during the 90-second changeover between odd numbered games. Coaching will be limited to 45 seconds and the coach must remain outside the fence. Coaching is also allowed during the rest period following split sets. This conference is limited to two minutes. No coaching is allowed during a tie-breaker.
12. Spectators, including players not participating, must stay a minimum of 3 feet away from the fenced area.
13. No cell phones or any electronic equipment is permitted by players or coaches as coaching tools.
14. In all phases of competition, coaches must play their singles participants and doubles teams in descending order of ability. Challenge matches will determine this order. **THE FOLLOWING GUIDELINES MUST BE FOLLOWED:**
 - a. Players shall be ranked according to their head to head competition. Each coach shall maintain a dated copy of all challenge matches. You must use a minimum 6 total game challenge format to establish the initial ladder. Two no-ad sets with a 10-point tiebreaker must be used after the initial ladder is established
 - b. A player may challenge up only one position per challenge match.

15. c. **First doubles team shall always have a combined rank (based on the singles rank), which will be lower than that of the second team by a difference of at least 3 points. If the total ranking number is less than 3 points, a challenge match shall determine which team plays as #2 and which as #1.**
- d. Temporary illness or absence of any player shall not change rules a. and b. When a player is out, all players must move up to fill the space with any forfeits at the bottom of the lineup. When that player returns, he/she must return in their original position.
- e. **NOTE: a, b, c, d - FAILURE TO COMPLY WILL RESULT IN A TEAM FORFEIT (7-0)**
- f. A coach, who questions the relative order of the opponent's lineup, may request to see the challenge records. Coaches must bring all challenge match data, as well as all previous individual and team scores, to every interscholastic match played. This includes the play-offs. Any challenge matches that change the line-up must be documented, dated and signed by the coach. If these records are not made available at the contest in question, the concerned coach may file a written protest with the High School League. The League will then expect the challenged coach to present the records. If records cannot be properly submitted, a forfeit will be imposed.
- g. Once the play-offs begin, the singles ladder may not be changed. **ANY EXCEPTION WILL RESULT IN A TEAM FORFEIT (7-0).**
- h. Once a match has begun, a player may not leave the court except for the following reasons:
1. Bona fide bathroom break.
 2. To replace equipment (shoes, contact lens). If such player exceeds the time allowed (5 minutes), they will be subject to the point penalty system. 25 seconds will be allowed for each delay of game penalty. For example, warning - 25 seconds; point - 25 seconds; game - 25 seconds; match - 25 seconds.
 3. Leaving the court for reasons other than #1 or #2 will result in a forfeit of that match.
- i. **Any serious unsportsmanlike act will result in an immediate disqualification. Examples are, but are not limited to: vulgar or abusive language or gestures, throwing racket, or fighting (should a disqualification occur the recorded score will be what the score was at the time of the disqualification).**
16. A dated challenge ladder must be submitted to the League Office by noon of the first playoff date. Failure to submit the tennis ladder by the deadline will result in a \$25.00 fine. This form is located in the AD Notebook.
17. **SINGLES TOURNAMENT INFORMATION**
 All regions will qualify their best singles player for the Singles Tournaments to be held November 7-8. Regions that have both AA and A teams are reminded that they will have two automatic qualifiers for the singles tournament (one representing AA and one representing A). Regions will also have the opportunity to submit in order of ability additional players for at large consideration. The number chosen will be the number needed to fill a 32-player draw for the AAAAA-AAAA Tournament and a 32-player draw for the AAA-AA-A Tournament. A panel of tennis coaches will use the following criteria for the at large selection process:
- a. Recommendations from regions submitted in writing. Information on season records and opponents should be included.
 - b. USTA rankings in South Carolina.
18. Regular season scoring will be used for the State Singles Tournaments.
- a. A player is entitled to an hour's rest between matches. Warm-up time will be limited to 10 minutes.
 - b. Any changes in the schedule will be left to the discretion of the tournament director.

19. The League will furnish trophies and medals to the State Champion and Runner-up in each competing class. Medals will be awarded to the individuals winning first and second places in the Singles competition and first place in the consolation bracket.
20. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets for approval as part of the sanctioning process in basketball, baseball, softball, lacrosse, tennis and soccer. (Maximum 10 consecutive days for a tournament).

Varsity

- Maximum of 10 games can be played in a combination of the two tournaments.
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament.

JV

- Maximum of 10 games can be played in a combination of the two tournaments.
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament.
- JV level does not have the option to trade in one tournament for additional regular season contests.

21. Refer to pages 5 & 6 for additional regulations.

GIRL'S TENNIS 2016-17

June 1 - July 23, 2016	Open Season	<ul style="list-style-type: none">• Can practice• Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)• Nothing mandatory
July 24 – July 31, 2016	Closed Period– dead week	<ul style="list-style-type: none">• Cannot practice and/or attend team camp(s)• Can continue to condition and strength train
July 29, 2016	First Practice / Try-outs	
August 5, 2016	First Scrimmage	
August 12, 2016	First Preseason Contest Date	
Seven Days Prior to first meet	Eligibility Due	
August 22, 2016	First Playing Date	
October 17, 2016	Report Qualifiers (Classes AAAAA, AAAA & AAA)	
October 18, 2016	Report Qualifiers (Class AA)	
October 28, 2016	Report Singles Entries	
November 2, 2016	State Finalist Press Conference	League Office 10:00 am
November 5, 2016	State Finals at Cayce Tennis & Fitness Center (All Classes)	
Last Match – December 4, 2016	Closed Season	<ul style="list-style-type: none">• Cannot practice – cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply) Can use school facilities and/or equipment if coaching an outside team
December 5 – January 29, 2017	Open Season	<ul style="list-style-type: none">• Can practice as much as you like• Nothing mandatory• No outside scrimmages or competition• No tryouts
January 30 - March 5, 2017	Closed Season	<ul style="list-style-type: none">• Cannot practice – cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
March 6 - May 31, 2017	Open Season	<ul style="list-style-type: none">• Can practice as much as you like• Nothing mandatory• No outside scrimmages or competition• No tryouts

2016 CLASS AAAAA GIRLS TENNIS

October 19

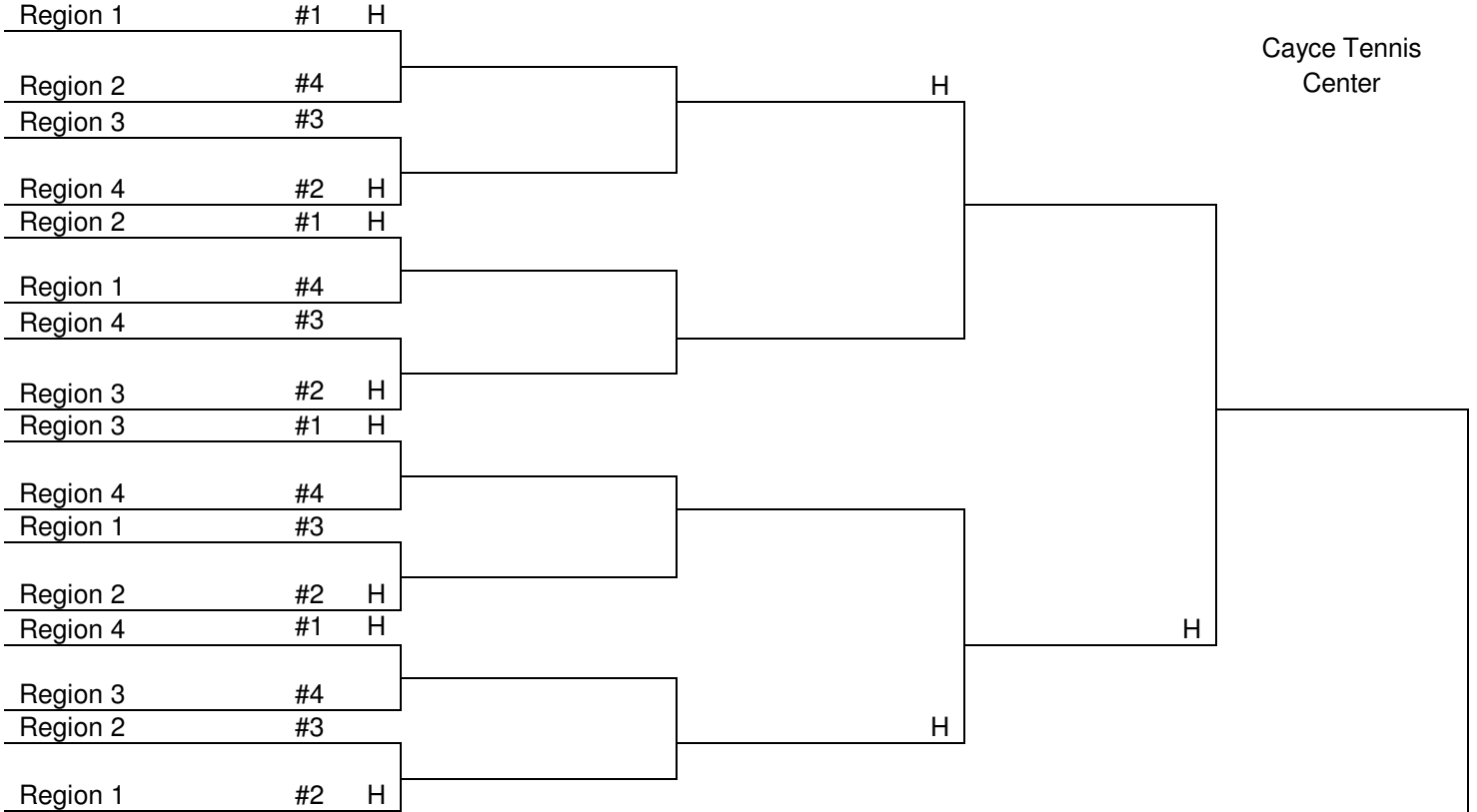
October 24

October 26

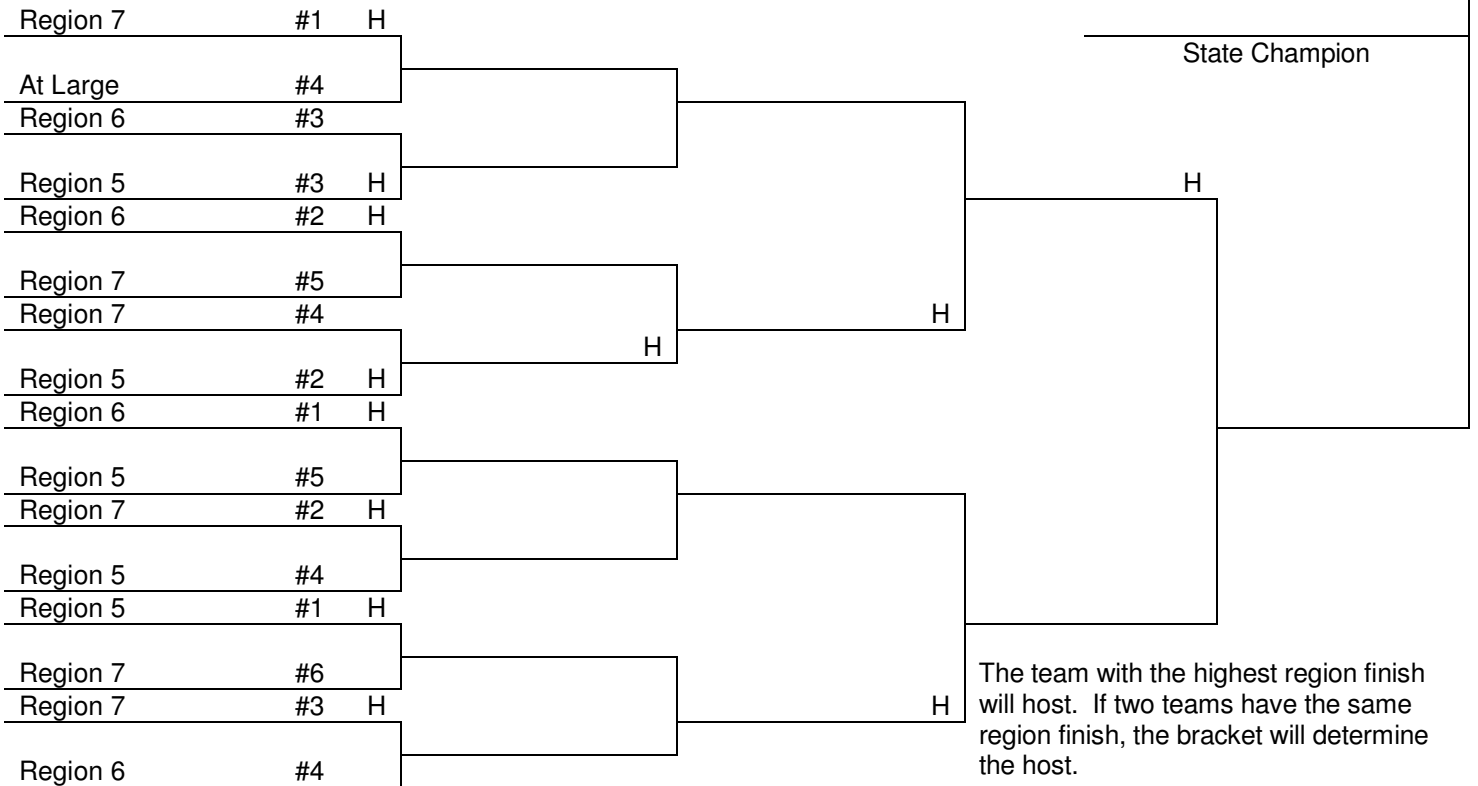
October 31

November 5
10:00 am

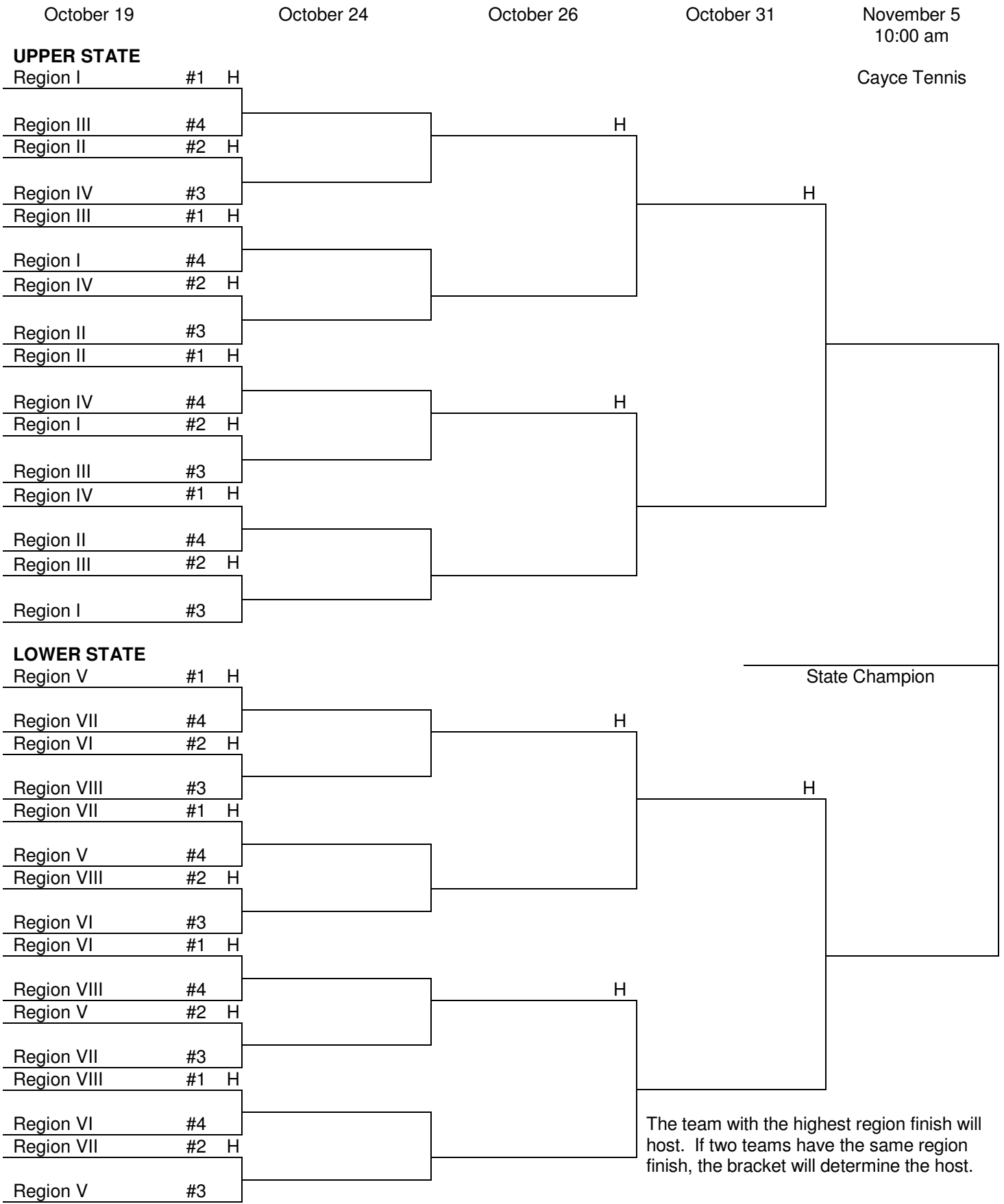
UPPER STATE



LOWER STATE



2016 CLASS AAAA GIRLS TENNIS



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAA GIRLS TENNIS

October 19

October 24

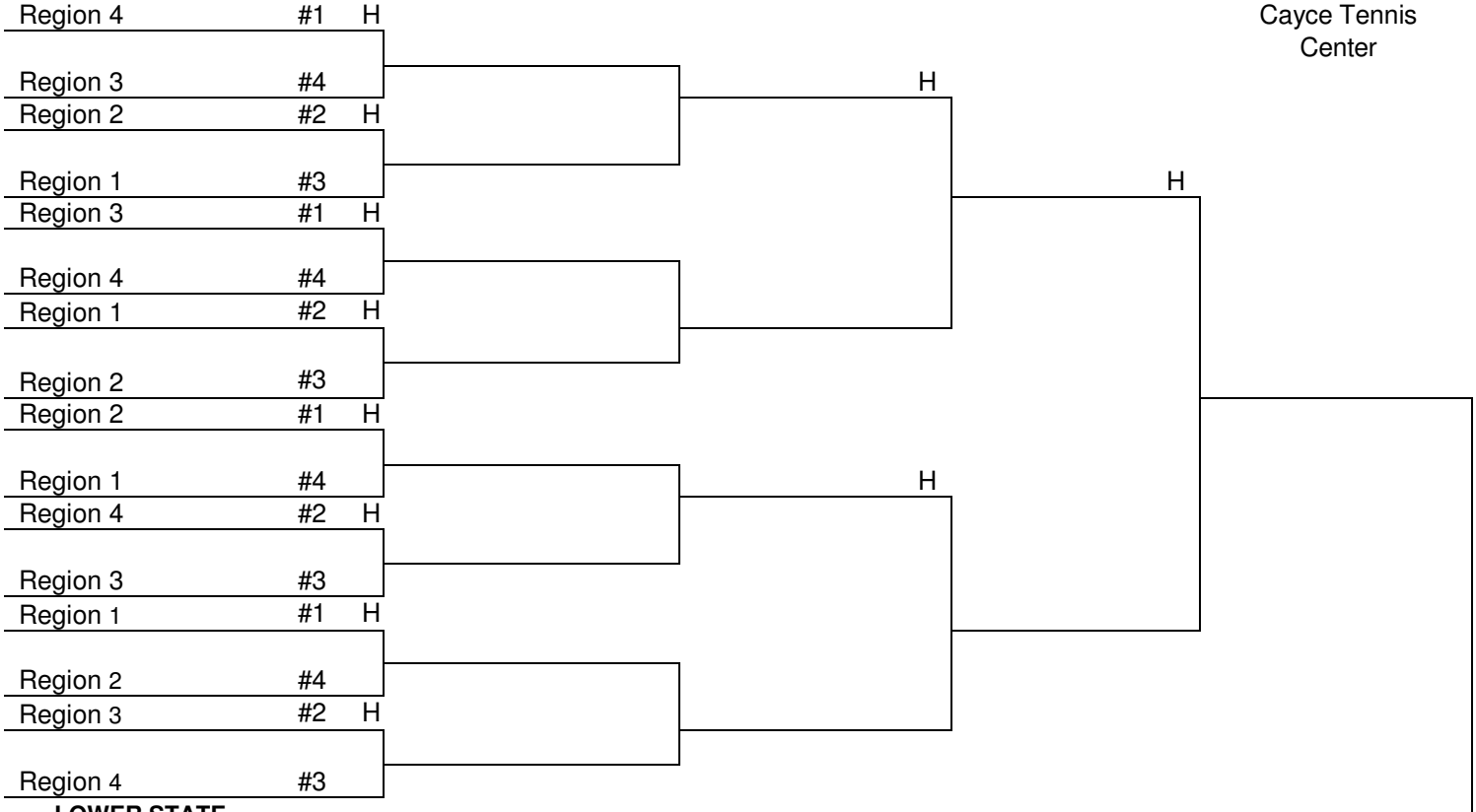
October 26

October 31

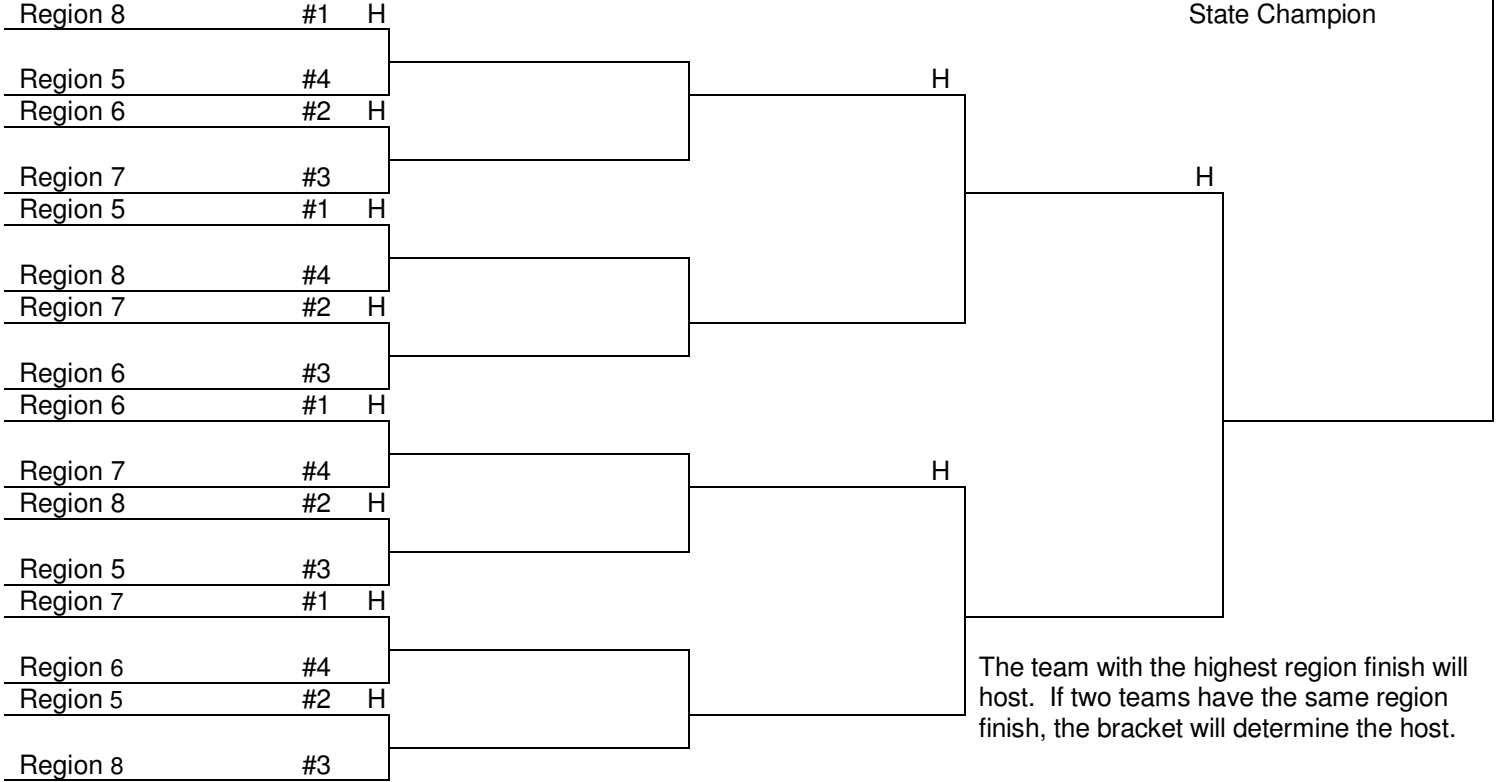
November 5
12:00 noon

Cayce Tennis
Center

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

CLASS AA GIRLS TENNIS

October 24

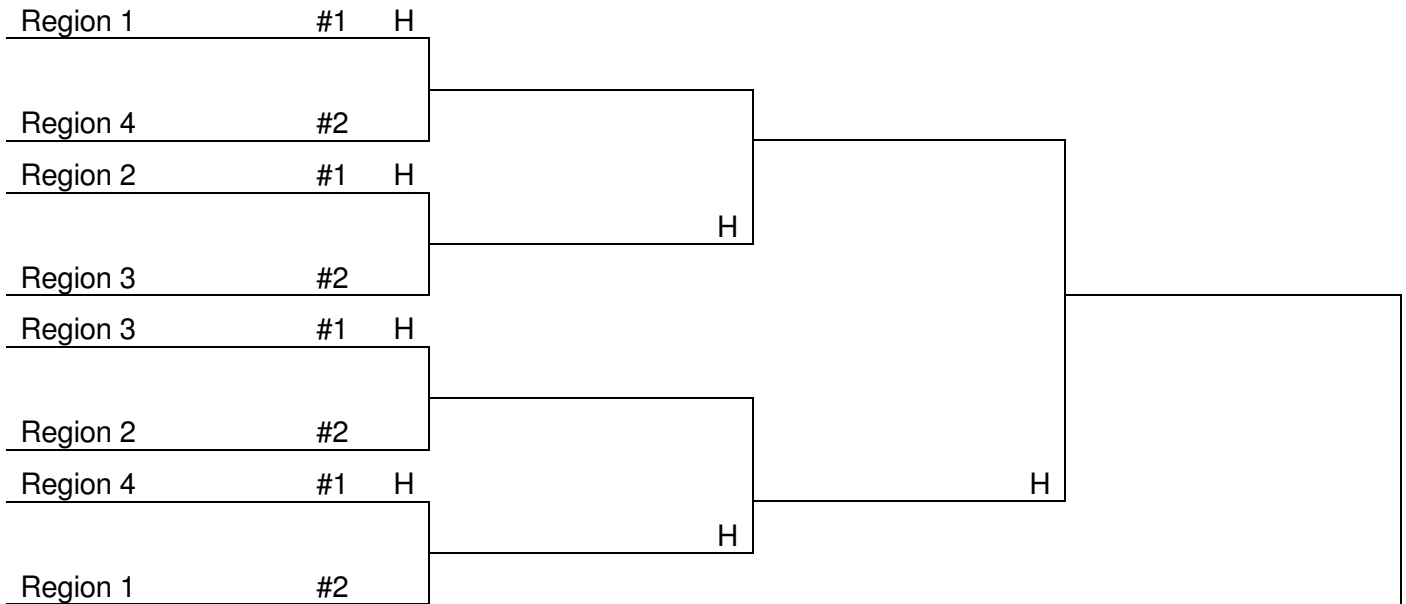
October 26

October 31

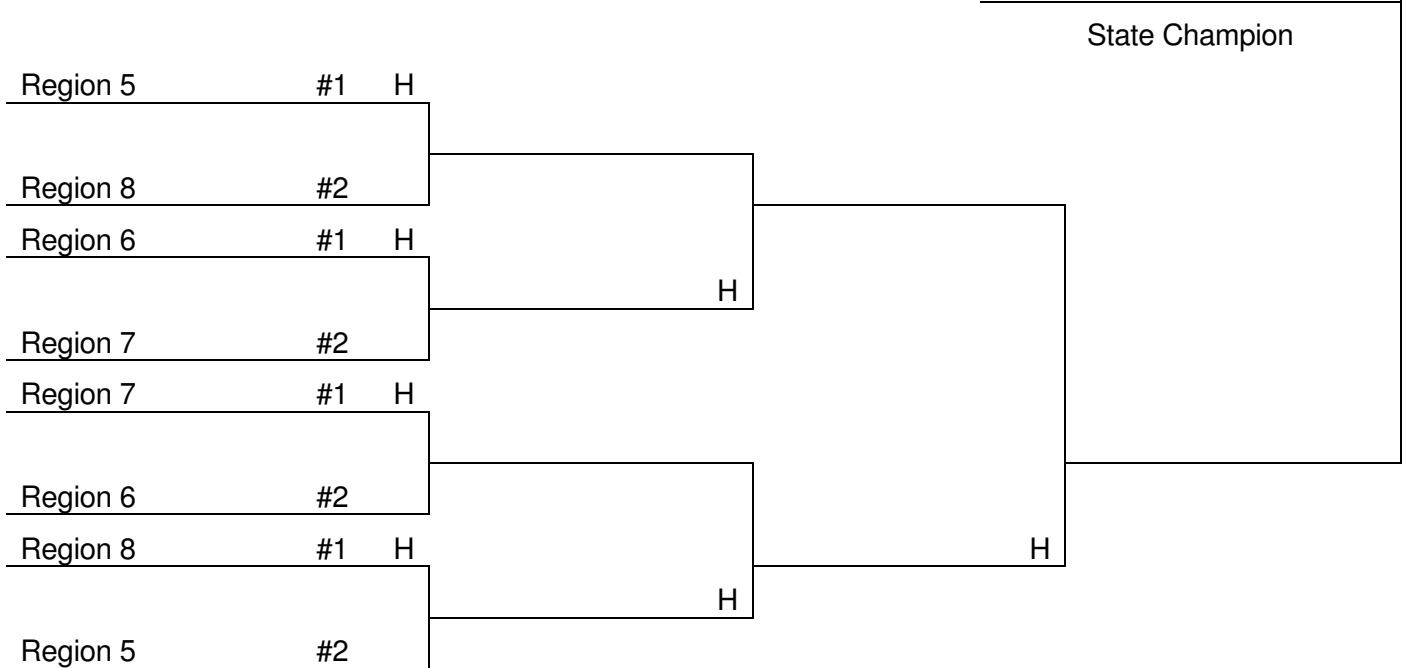
November 5

12:00 noon
Cayce Tennis and
Fitness Center

UPPER STATE



LOWER STATE



State Champion

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host

COMPETITIVE CHEER

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The National Federation Spirit Rule Book and the South Carolina High School League Competitive Cheer Manual will be used for all South Carolina High School League competitions. Please visit www.schsl.org and click on Competitive Cheer for the cheer manual.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhsllearn.com.
4. The South Carolina High School League strongly recommends that all competitive cheer coaches take the American Association of Cheerleading Coaches and Advisors safety certification course.
5. Any team having more than one male will be considered a coed team. A state championship for coed cheer will be provided if 16 or more schools enter state competition.
6. All classes are allowed a maximum of 24 performing cheerleaders.
7. **STATE COMPETITION REGULATIONS**
 - a. **Competitive Area:**
A matted surface with a 42' x 42' minimum will serve as the competitive area. The routine must be performed within the boundaries of the competitive area. Only coaches, competitors, and officials are permitted in the competitive area.
 - b. **Order of Competition:**
The order of competition for the qualifiers and the state finals will be determined by the South Carolina High School League.
 - c. **AAAAA -** The top 16 teams and any ties at 16 will advance to the state finals.

AAAA & AAA - The number of teams who qualify for the state finals will be 3/4 of the total number of teams who actually compete at the statewide qualifier. The number cannot exceed 16 to advance to state.
 - d. Refer to Competitive Cheer manual for additional information.
8. A team must have participated in at least two regular season competitions in order to be eligible to participate in the play-offs.
9. Class AA & A schools will be given the opportunity to participate in a Class AA Invitational Tournament in lieu of attempting to qualify for the Class AAA State Championship.
10. Ticket Prices:

\$8.00	Qualifiers
\$10.00	State Finals
11. Refer to pages 5 & 6 for additional regulations.

COMPETITIVE CHEER 2016-17

- June 1 - July 23, 2016Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 24 – July 28, 2016Closed Period– dead week
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- July 29, 2016First Practice
- Seven Days Prior to first meetEligibility Due
- August 29, 2016First Competition
- Number of Contests PermittedEight (8) per school (6 Sub-varsity)
- October 21, 2016Due: Notification of Entry (all classes)
- November 8, 2016Statewide Qualifiers: A C Flora High School
AAA (12:00 noon)
AAAA (4:00 pm)
- November 12, 2016Statewide Qualifier: AAAAA River Bluff High School 11:00 am
- November 19, 2016State Finals – Colonial Life Arena, USC
- Last Competition – Dec. 4, 2016Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 – January 29, 2017Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 30 - March 5, 2017Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 6 – May 31, 2017 Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- April 4 – May 31, 2017 Practice/Tryouts (15 days for total program)

FOOTBALL

1. The League will sponsor championship play-offs in all classes.
2. National Federation Rules shall govern all contests and may be obtained from the League Office.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses “Concussion in Sports”, “Heat Illness Prevention” and “Sudden Cardiac Arrest” found at www.nfhslearn.com.
4. A school or student shall not play in more than 10 varsity or 10 JV games to be completed prior to the play-offs or take part in any post-season game that is not part of the state championship series.
 - a. See schsl.org for contact limitations in season.
5. A team may not schedule more than one game in any week nor participate in more than one game in any four-day period, except it may play a postponed game on Monday and a pre-season scheduled game on Thursday.
6. Varsity teams are allowed to participate in four pre-season scrimmages and one approved football jamboree. A school may elect to participate in a second or third varsity jamboree instead of one or two of the four allowed scrimmages. Sub-varsity teams are allowed two scrimmages and one approved football jamboree.
7. **Practice Information:**
 - a. A school shall not permit contact practice in pads between its last game and August 1. Pads include padding of any kind on the shoulders, hips or thighs.

NOTE: High schools are permitted three weeks of practice **May 1-31** (when pads may be worn – maximum of 10 days).

 - The first three (3) days of spring practice (For fall practice this is two (2) days) will be in helmets only.
 - No hand shields, arm shields, and/or stand up dummies of any kind may be used during the first three (3) days of spring or two (2) days of fall (*pre-season*) practice.
 - During any practice(s) beyond the first 3 days of spring practice, a coach may equip his players in any combination of pads that he prefers for a period of **up to ten (10) days.** (***Ten (10) days is the maximum amount of time in pads.***) Schools are not required to be in helmets only or in full pads only; any combination may be used. During the time of practice in pads (full or combination of pads) the use of all football equipment is permitted.
 - Middle school students may **NOT** take part in the high school practices, if players are wearing any equipment other than helmets. If players are equipped with more than helmets, middle school athletes must hold their practices apart from the high school. (*They could be on the same field, but away from the high school practices.*) Middle school students may not be equipped in pads or have contact drills during spring practice.
 - Rising 9th graders, (*8th graders*), are **NOT** 9th graders until school is out for the year, thus they may **NOT** take part in contact drills of the high school.
 - Schools **MAY NOT** charge admission for a spring practice (game)
 - b. High school programs may practice in full gear and use all field equipment beginning August 3.
 - c. Air type or foam filled dummies will be permitted during any practice between June 1, 2016 and July 23, 2016.
 - d. Sub-varsity teams must complete their schedule prior to the day of the first round of play-offs in that sport.

e. **Passing Leagues**

Players may not wear padding of any kind during the 7 on 7 passing league competition. (i.e. no girdles, hip, thigh or tailbone protection) Only helmets, pants, jerseys, shoes and socks may be worn. **Middle school teams may not participate in passing leagues.**

f. **Pre-season Football Practice Opportunities**

* See schsl.org for pre-season practice guide.

1. Any practice session over three hours constitutes two practices. (Exception: three way scrimmages)
2. Any scrimmage or jamboree constitutes a practice.
3. Practices on Saturday and Sunday also count
4. A full-contact practice is defined as football pants, pads and shoulder pads
5. This will in no way affect the starting date of fall practice as set by the High School League

8. **Home Team Responsibilities:**

- a. The home team will determine the starting time, within reason.
- b. **Schools must certify to the League Office that its chain crew and ECO have been properly instructed. The crews need to be responsible adults.**
- c. The policing of the sidelines is a home team responsibility. If cheerleaders, statisticians, etc. are allowed along the sidelines, a parallel line five yards from the sidelines must restrict their movement toward the field. News media may move within 2 yards of the sidelines provided a line is placed 2 yards from the sidelines.
- d. **Clean and secure** dressing facilities must be provided for opponents and officials. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
- e. Game management is responsible for clearing the field of play and the end zones at the beginning of each half so play may begin at the scheduled time.

9. **Game Official Responsibilities:**

- a. Officials certified by the League must be used in all varsity games. An ECO will not be assigned unless a school requests one. Instructions for postponing or canceling games in which certified officials are booked are printed on page 152.
- b. Officials are required to be present one and one half hours prior to game time for all varsity games. The Executive Committee strongly advises the host school to furnish hotel or motel accommodations for the officials. If school facilities are used, they must be sanitary and include chairs, showers, hot water and a place that can be locked.
- c. After the game, officials must be met on the field by uniformed policeman and escorted safely from the stadium vicinity.

10. No game at any level may end in a tie. In case of a tie at the end of regulation, the Ten Yard Line Overtime Procedure as printed in the National Federation Football Rules Book shall be used.

11. All football games above the junior high school level and below the senior high school varsity level will be played in four quarters of not more than 10 minutes each. 7th and 8th grade teams will play 8-minute quarters.

12. **Regulations Governing State Play-Offs:**

- a. All games will be played on Friday night at either 7:30 pm or 8:00 pm with the decision being left up to the home team. Both teams will have to agree to any other change.

NOTE: If games are scheduled on Thursdays because of school sharing playing facilities the changes still apply.

- b. The sites of the games mentioned below will be left to the discretion of the host schools, but they will be expected to hold the games in stadiums with adequate facilities and large enough to handle the crowds. Adequate facilities include a restraining fence around the field or a stadium configuration that allows for control of spectator access to the playing area.

MINIMUM SEATING REQUIREMENTS FOR PLAY-OFFS

Class	First and Second Round	Third Round and Semifinals	Finals
A	1,000	1,500	6,000
AA	2,000	3,200	6,000
AAA	3,000	4,500	6,000
AAAA	4,000	5,000	6,000
AAAAA	4,000	5,000	6,000

If the above minimum seating is not available, a stadium with a smaller seating capacity may be used with the approval of the Commissioner provided the stadium has a restraining fence around the playing field.

- c. The host school will obtain pre-numbered tickets for play-off games. The admission price for all classes will be \$7.00. Exception: The admission price for all State Finals will be \$10.00 (presale and at the gate). If state or county law requires a seat tax, it will be added to these admissions, but will not be included in the gross proceeds as mentioned in paragraph e. All seats are general admission except the host school may offer reserved seat tickets to season ticket holders who had reserved seats during the regular season. Seats for the bands may be reserved.
- d. An ECO will be assigned to all play-off games.
- e. If the host team chooses not to host the game, it will be offered to the visitors. If neither team chooses to host the game, the League will set it and the teams will share the expenses equally.
- f. Within 15 days following the play-off, the host school will send copies of the financial statement to the League and the visiting school.
- g. The home team will wear dark jerseys unless other satisfactory arrangements are made in writing with the visiting team and the League Office.
- h. Broadcast fees are a part of the gross gate receipts. Information on broadcast fees is on page 16.
- i. The Ten Yard Line Overtime Procedure as printed in the Football Rules Book (pages 83 - 84) shall be used to break a tie in all elimination games.

- 13. The League will furnish trophies and medals for the State Champion and State Runner-up in each classification.

- 14. Refer to pages 5 & 6 for additional regulations

FOOTBALL 2016-17

June 1 - July 23, 2016	Open Season	<ul style="list-style-type: none"> • Can practice • Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days) • Nothing mandatory
July 24 – July 28, 2016	Closed Period– dead week	<ul style="list-style-type: none"> • Cannot practice and/or attend team camp(s) • Can continue to condition and strength train
July 29, 2016	First Practice (helmets only first 2 days)	
August	Practice helmets and shoulder pads (days 3 & 4)	
August 3, 2016	Full Gear	
August 4, 2016	First Scrimmage	
7 days prior to 1 st game	Eligibility Due	
August 18, 2016	Week 0 (varsity only)	
August 25, 2016	Week 1	
October 29, 2016	Report Region Qualifiers (All Classes)	
November 4, 2016	Playoffs begin	
November 28, 2016	State Finalist Press Conference League Office	
December 2, 2016	Finals Classes A & AA (Benedict College)	
December 3, 2016	Finals Classes AAAAA, AAAA & AAA (USC)	
Last Game - Championship	Closed Season (when eliminated from playoffs)	<ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team • Can use school facilities and/or equipment if coaching an outside team
Day after Championship – January 29, 2017	Open Season	<ul style="list-style-type: none"> • Can practice as much as you like • Nothing mandatory • No outside scrimmages or competition • No tryouts
January 30 - March 5, 2017	Closed Season	<ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team • Can use school facilities and/or equipment if coaching an outside team
March 6 – May 31, 2017	Open Season (See page 47: pad restrictions)	<ul style="list-style-type: none"> • Can practice as much as you like • Nothing mandatory • No outside scrimmages or competition • No tryouts

2016 CLASS AAAAA FOOTBALL

November 4

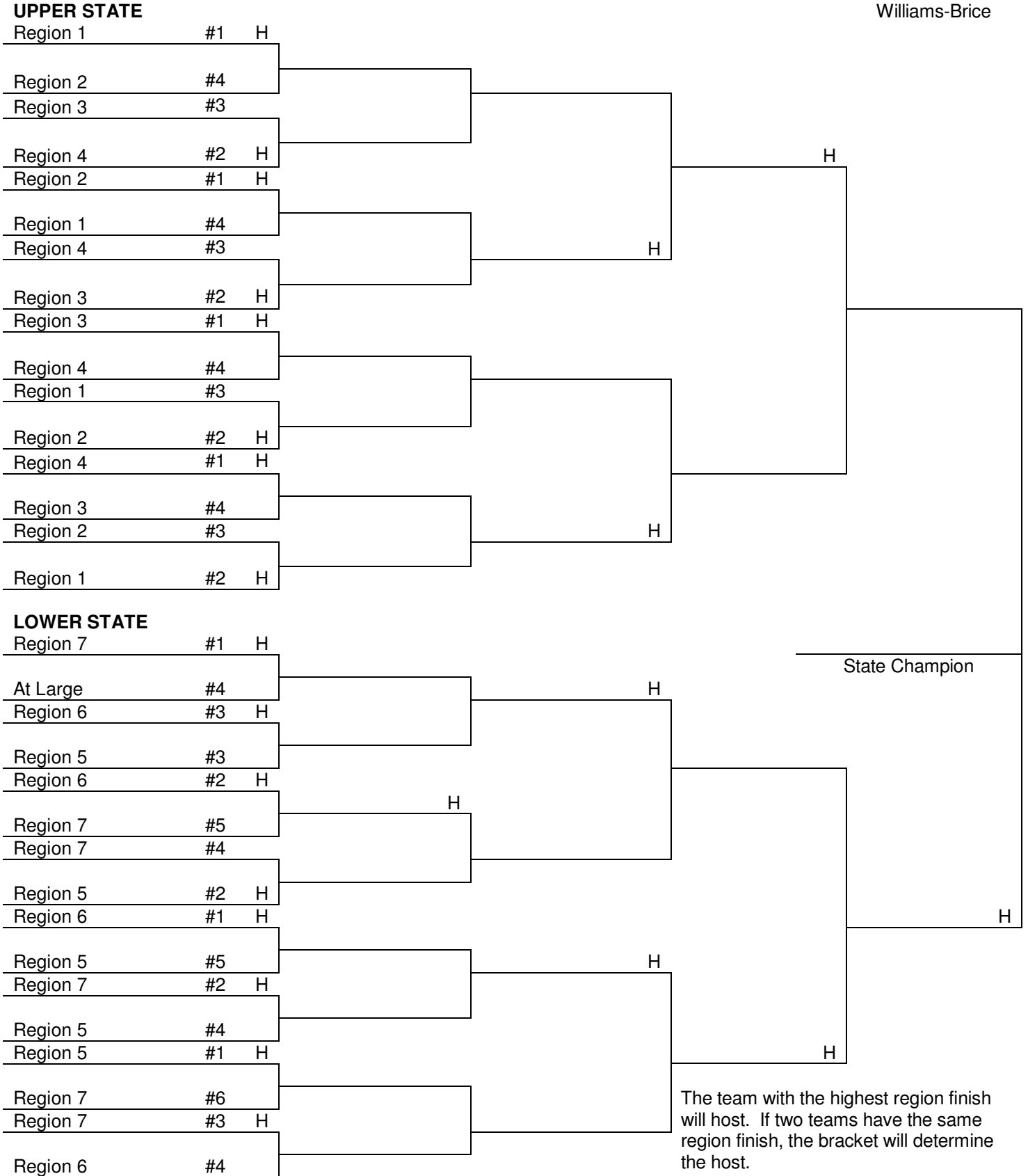
November 11

November 18

November 25

December 3

Williams-Brice



2016 CLASS AAAA FOOTBALL

November 4

November 11

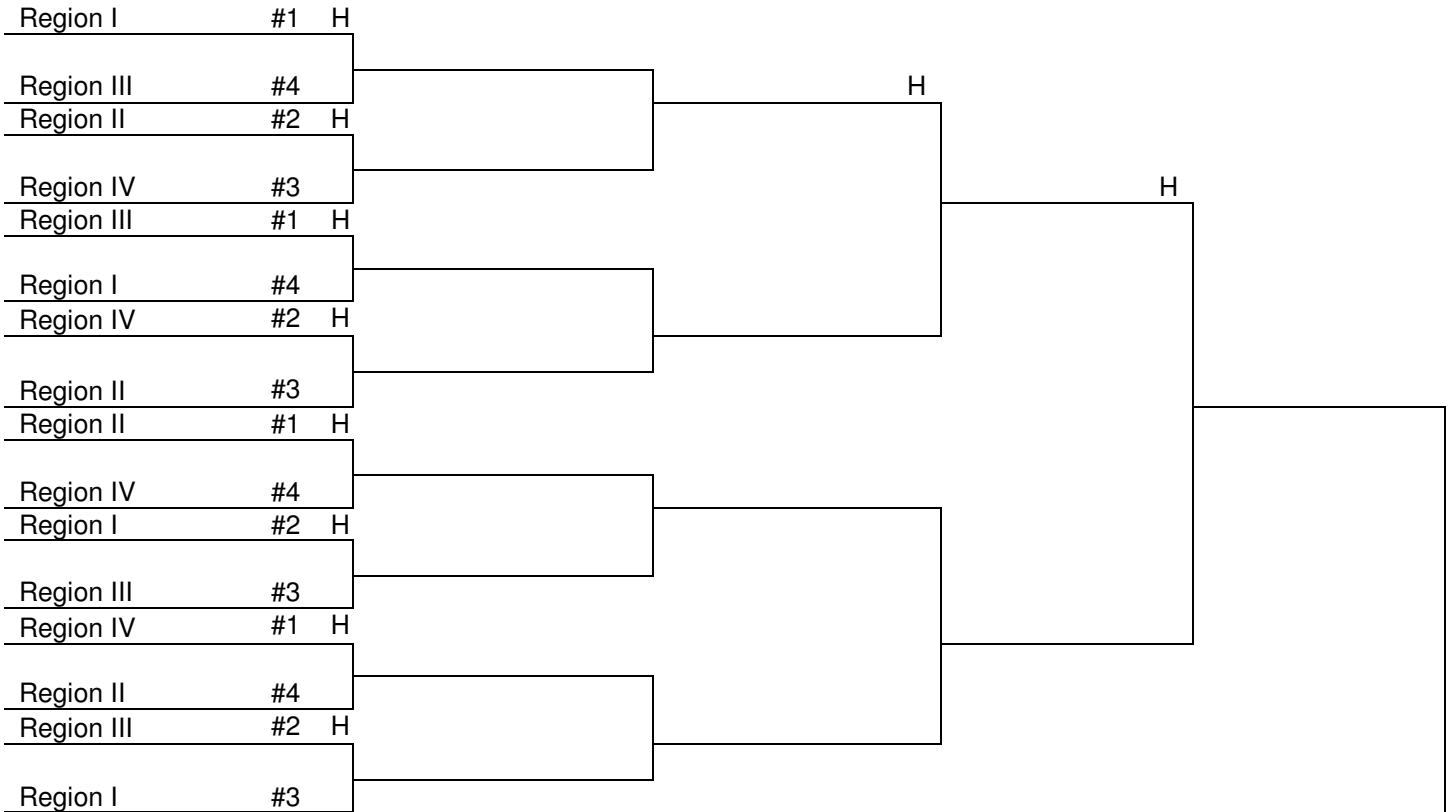
November 18

November 25

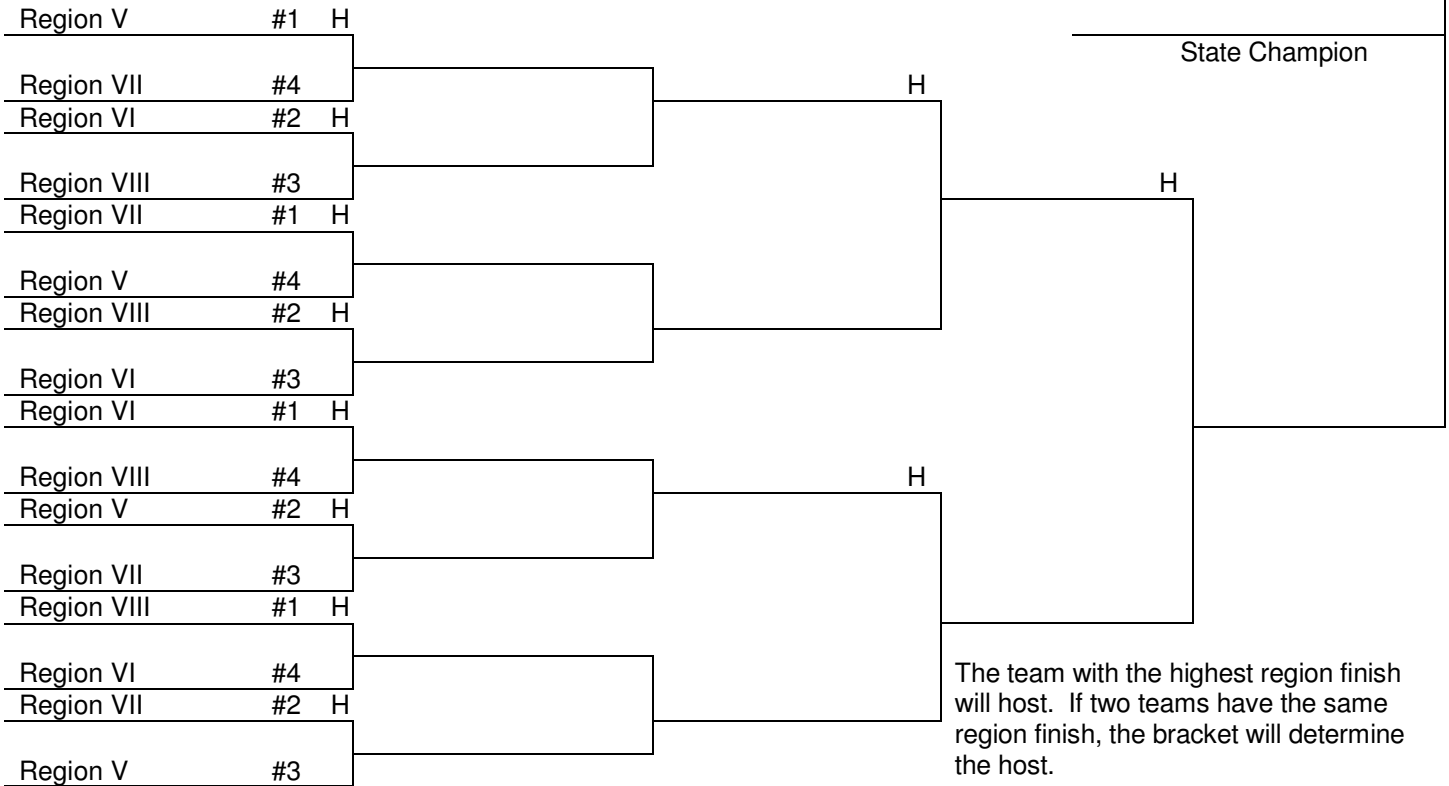
December 3

UPPER STATE

Williams-Brice



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

Coin toss will determine home team in state final game.

2016 CLASS AAA FOOTBALL

November 4

November 11

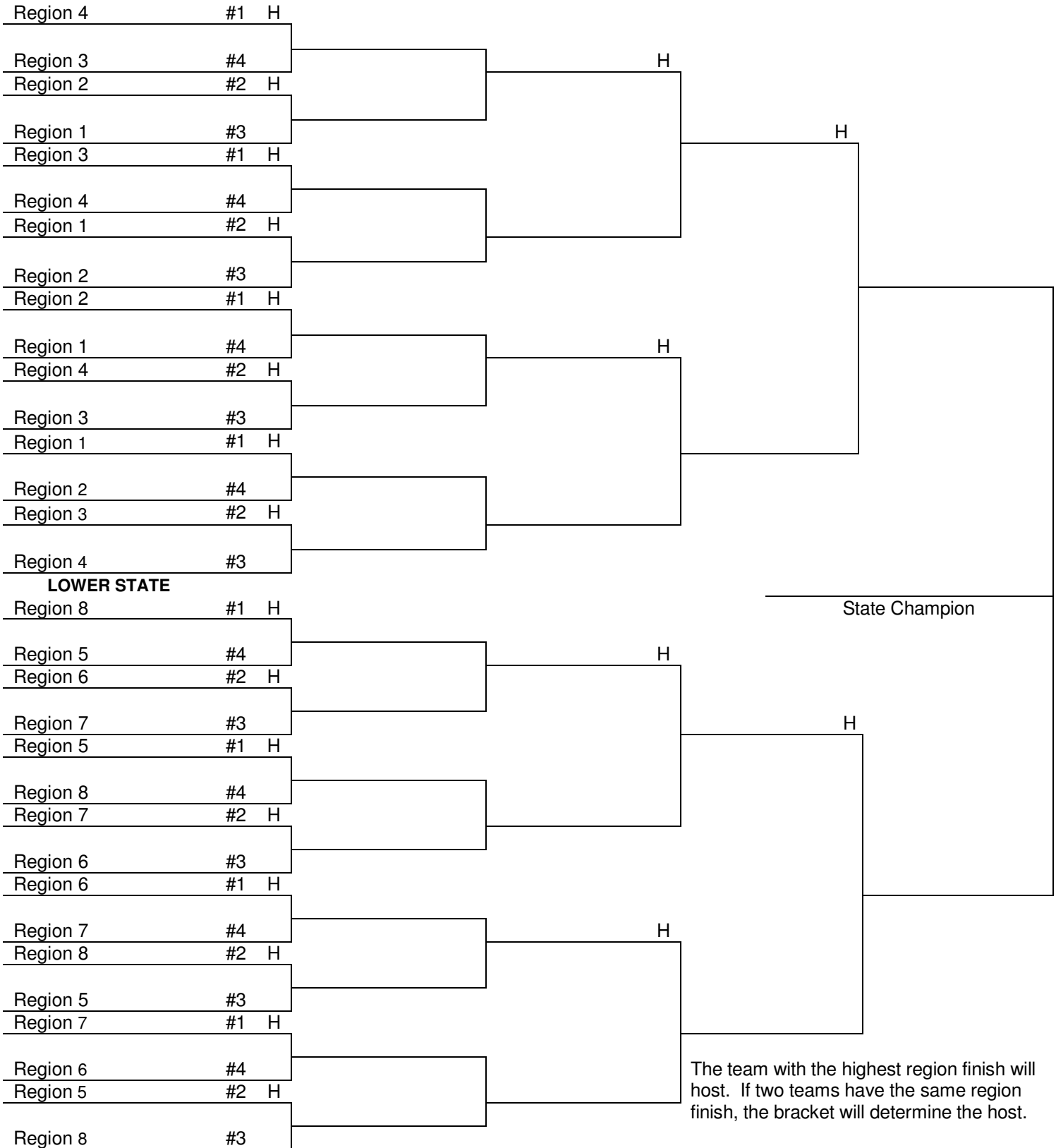
November 18

November 25

December 3

UPPER STATE

Williams-Brice



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

Coin toss will determine home team in state final game.

2016 CLASS AA FOOTBALL

November 4

November 11

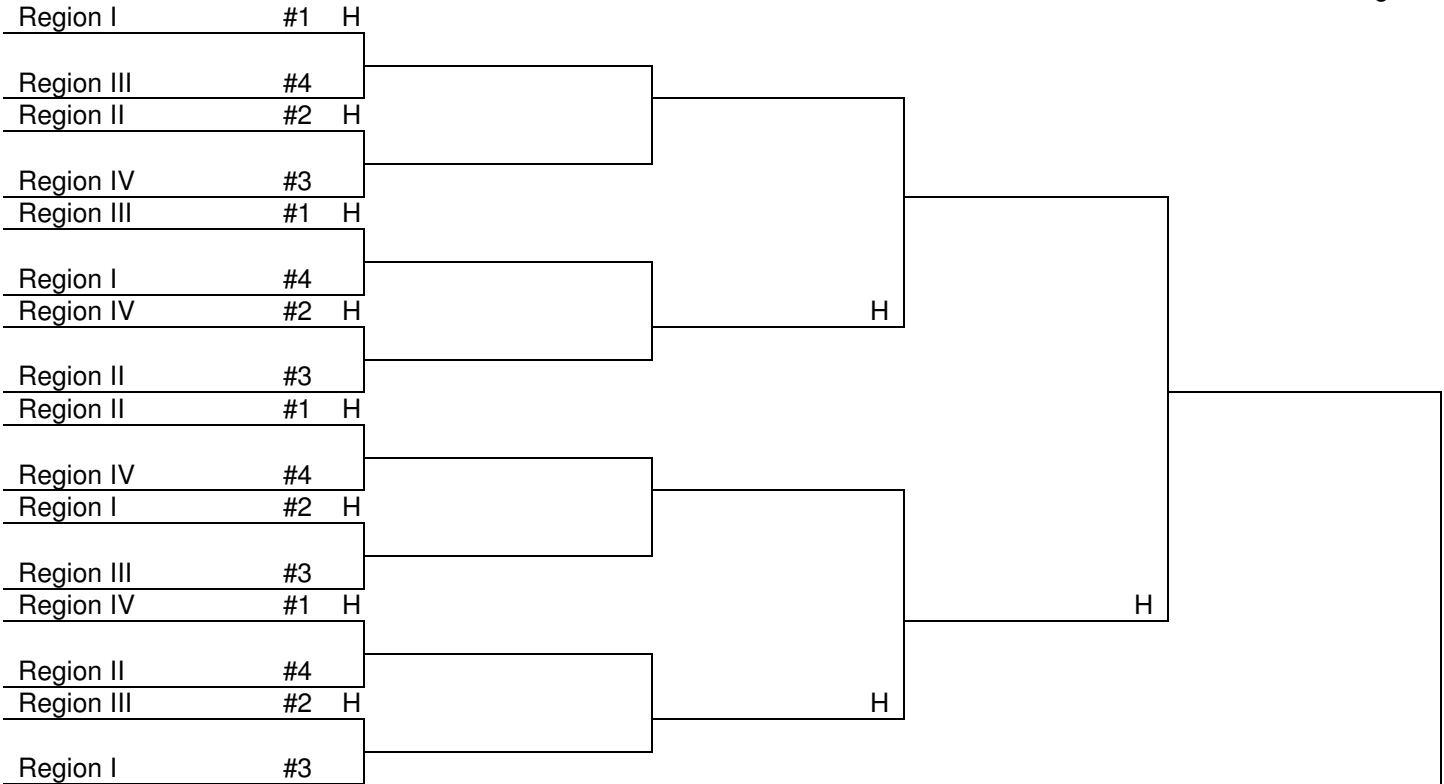
November 18

November 25

December 2

Benedict College

UPPER STATE

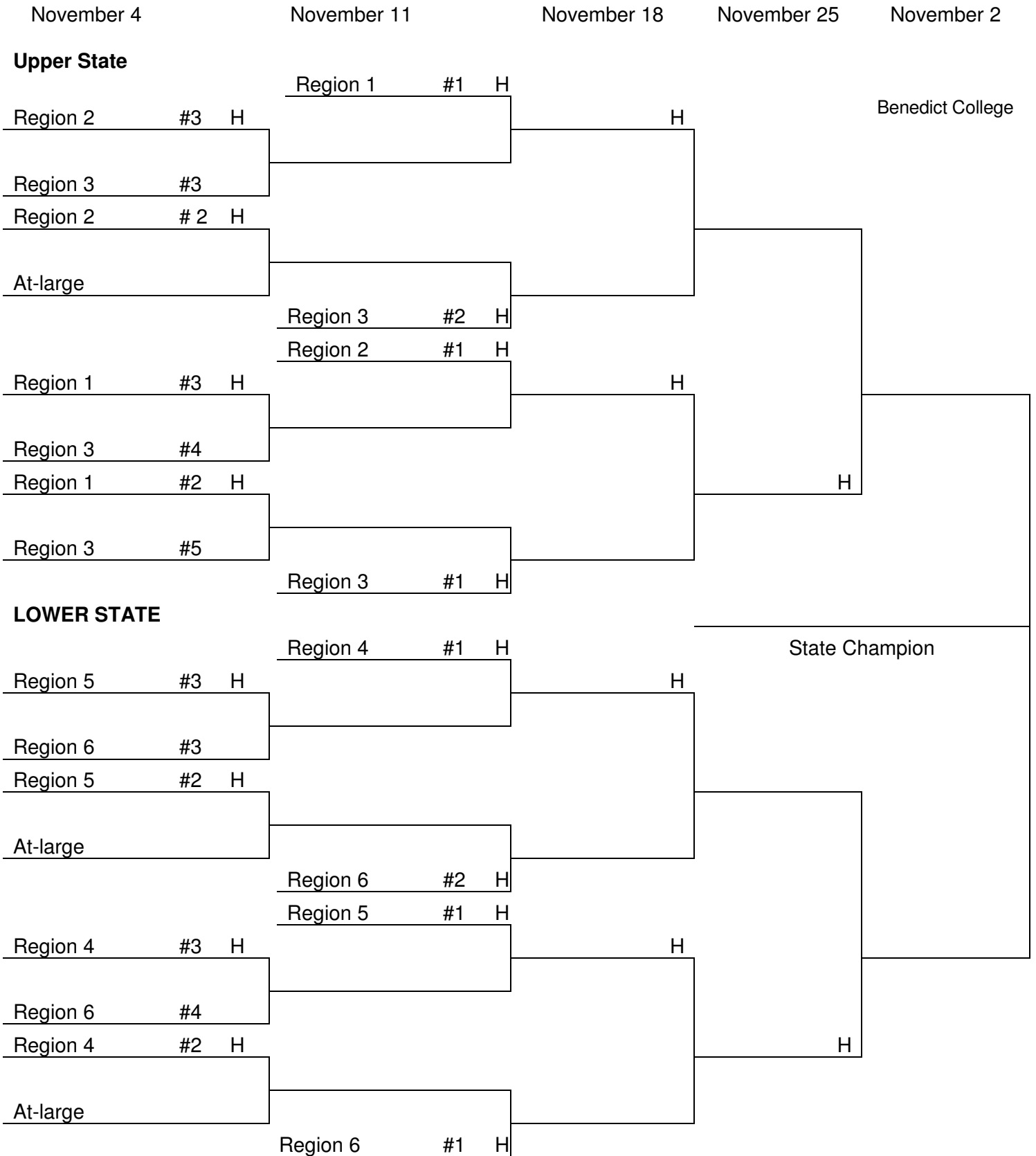


LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host. Coin toss will determine home team in state final game.

2016 CLASS A FOOTBALL



Benedict College

State Champion

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host. Coin toss will determine home team in state final game.

WRESTLING

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. National Federation Wrestling Rules shall govern all wrestling in South Carolina except as modified by League Regulations.
 - NOTE:** Schools are reminded of the uniform requirements specified in the rules.
 - NOTE:** The rules strongly recommend that protective headgear be used in all practices. The headgear will be required in all competition.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses “Concussion in Sports”, “Heat Illness Prevention” and “Sudden Cardiac Arrest” found at www.nfhslearn.com.
4. If a school is participating in a preseason tournament more than seven days prior to its first regular season match, the certificate of eligibility must be submitted before participation in this tournament.
 - NOTE: Second semester eligibility begins when first semester classes are dismissed, grades are final and when the student is added to the certificate of eligibility form signed by the principal.**
5. Wrestling teams are allowed 16 varsity and 12 JV playing dates during the regular season. Each invitational entered will count as one of these 16 dates. One invitational may be pre-season.
 - a. Any wrestler who has received a forfeit during a dual match may not wrestle at any time during the match.
 - b. The SCHSL recommends during any qualifying and State Tournament, at least one adult must be at each scoring table.
 - c. The High School League strongly recommends that contracts be used when scheduling non-region dual matches.
 - d. Weigh-in procedures will not delay the start of a match. Refer to H.
 - e. A school may send more than one team to a varsity event provided that school counts those separate events as two of their 16 dates.
 - f. Weigh-ins: In a dual meet, wrestlers shall weigh-in shoulder-to-shoulder, a maximum of one hour before the scheduled start of the meet. In tournament competition, contestants shall weigh-in at the site a maximum of two hours before the first session begins.
 - g. Sub-varsity matches may not start later than twenty minutes prior to the varsity match.
 - h. Starting Time: If a team is not ready at the scheduled starting time, one team point will be deducted. If neither team is ready, the home team will have two team points deducted and the visitor will have one team point deducted.
 - i. The SCHSL recommends coaches need to communicate the day prior to a match to determine which weight classes will wrestle preliminaries and varsity matches.
 - j. A forfeit shall eliminate a contestant from further competition in any tournament including region or qualifying.
6. Officials certified by the League must be used in all varsity matches. Instructions for postponing or canceling matches in which certified officials are booked are printed on page 152.
7. Weight Classes will be as listed in the rules book.
 - NOTE:** A student may not wrestle more than one class above his actual weight.
 - NOTE:** A school may enter only one contestant in each weight division

8. WEIGHT CONTROL:

Weight Management program for 2016-17 season:

- a. Test Date - June 1st will be the first date that testing may occur for the upcoming wrestling season. A school assessor can test athletes during the summer months and then put the information in the Optimal Performance Calculator on the NWCA website (www.nwcaonline.com).
- b. Testing Athletes - All wrestlers in grades 9-12 will be tested by an assessor and have their data entered into the OPC.
- c. Competition Data Weigh In Sheet - The SCHSL has mandated the use of a competition data Weigh In sheet for all weigh-ins. To access this sheet, login into the OPC through www.nwcaonline.com. Under the Coaches Tab at the top, you can select "Competition Date/Record Sheet". Select that option. On the next page, use the first link that says "Create Pre-Match Weigh-in Sheet". Click on that link. Enter in the date of the competition you want to make a weigh in sheet for and the name and click "NEXT". Print off the list of wrestlers created.
- d. Documentation - Each head coach will be responsible for having an Alpha Master Sheet and Competition Data Weigh In Sheet. The Alpha Master sheet contains a list of all wrestlers who have passed the test and give the minimum weight that they can compete in the season. The Competition Data Weigh In Sheet is a list of the lowest weight class that your wrestlers can be on the day of that competition. These sheets can be printed off the NWCA Website using the coach's username and password that they receive when they register their school with the NWCA.
- e. Competition - No athlete may compete in an event until they have had their minimum weight established on the OPC and their name appears on the Alpha Master *and* Competition Data Weigh in Sheet. To do so, this means that they have passed hydration and had the skin fold test completed.
- f. Assessors and Test administrators- A test administrator is a certified official who does the actual testing. This group includes certified school trainers, nurses, and doctors. An assessor is the person who actually puts the data into the OPC on the NWCA website. This person CAN be the test administrator, or any other school personnel chosen by the athletic director. However, the assessor CANNOT be the actual wrestling coach.
- g. Materials - To complete testing, you must have a refract meter to measure the urine sample and a set of skin calipers. The refractor meter can be either the optical or digital type.
- h. Re-testing - If an athlete fails the hydration, they must wait at least 48 hours before they are tested again. *The Litmus test for urine hydration is not allowed.*
- i. Margin of Error - South Carolina will use a 2% margin of error for determining the minimum weight of a wrestler. This 2% will only be used for athletes who have 7% body fat or higher. The margin of error will be calculated automatically on the OPC for the state of South Carolina.
- j. Athletes below 7% Body Fat- Athletes who measure below 7% body fat will wrestle at the weight class they establish during their hydration and body fat test. There is no exception that will allow athletes below 7% to drop down in weight.
- k. Doctor's Note - Athletes who are below 7% body fat will need a doctor's note to compete. The doctor's note should be taken to every event and the coach should be able to produce it if questioned. There will not be a specific form used by the doctor. All that is needed is the doctor's statement that the athlete is below 7% body fat and is healthy enough to compete in wrestling
- l. Ineligible Wrestlers - Athletes who are ineligible to compete first semester can still have their minimum weight established as early as June 1st.

- m. Growth Allowance - South Carolina will still use a 2-pound growth allowance. Wrestlers will be given a 2-pound growth allowance to their minimum weight classes on January 1st. However, the 2-pound growth allowance cannot help a wrestler establish a minimum weight class.

EXAMPLE- A wrestler's minimum weight on the OPC is 126.3. This athlete cannot wrestle 126 on January 7th after the two pounds have been given and the weight class becomes 132

- n. Establishing Minimum Weight Class - All wrestlers must be at their minimum weight class by February 1, 2017. The OPC must simply allow the wrestler to make that minimum weight by final date
- o. Moving up in Weight Classes - A wrestler may weigh in one weight class above their minimum weight class at the date of competition as indicated on the Competition Date Weigh In Sheet without losing certification at the lower weight class.
- p. Coaches Responsibility - It is the responsibility of the coaches to follow all the procedures and make sure they wrestle their athletes in the appropriate weight classes at the appropriate times. Wrestling an athlete at an improper weight class will subject to team to SCHSL penalties
- q. The Official - The official is being used to record the wrestlers' correct net weight on the Data Competition Weigh In Sheet. The official has no other roll in the weight management system.

NOTE: The use of a sweatbox or similar box device for weight reduction purposes is prohibited. Refer to wrestling rules book for other restrictions.

- 9. **State Championship** - The State Individual Tournament will be held on Feb. 24-25, 2017. The top qualifier in each weight division from the Upper State will be paired against the fourth qualifier from the Lower State and others will be paired accordingly.

10 **Regulations Governing State Tournaments:**

- a. Responsibility for local arrangements for the State Individual Wrestling Tournament will be left to each participating school. An admission of \$6.00 on Friday and \$8.00 on Saturday will be charged.
- b. The tournament director for state individuals will receive \$450.00. The head official and High School League Director will decide any questions not answered in the official wrestling rules or in these regulations
- c. Entry fee for the State Individual Tournament will be \$25.00 per wrestler with a team maximum of \$100.00. **Make check payable to: SC High School League. CHECKS ARE DUE TO THE LEAGUE OFFICE BY FEBRUARY 22.** Invoice can be found in the AD Notebook.
- d. Proceeds from concessions go to the host school. Proceeds from program sales and advertising will be part of the tournament receipts

f. Tournament Regulations:

- A. Uniformed security and certified trainers are required at all state wrestling tournaments (region, upper and lower state, dual team sites and finals).
- B. Require a minimum of 3 mats for 1st and 2nd rounds of individual championship.
- C. Individual Champion: Order of wrestling and suggested number of mats.
 - First Round Championship 3 mats
 - First Round..... Consolation 3 mats
 - Second Round Championship 2 mats
 - Consolation Semi-Finals 2 mats
 - Consolation Finals 2 mats
 - Championship Finals 1 mat

11. Admissions:

- Regular Season Duals:..... Set by school
- Play-offs (Duals): \$6.00
- State Finals (Duals) \$10.00
- Upper & Lower State Individuals:..... \$6.00 / per day
- State Individual Finals: \$6.00 / Friday
\$8.00 / Saturday

12. The League will furnish trophies and medals to the State Champion and State Runner-up in each competing class. Medals will be awarded to individuals winning first, second, and third places in each weight class.

13. Refer to pages 5 & 6 for additional regulations

WRESTLING 2016-17

- June 1 - July 28, 2016 Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 29 - September 2, 2016.....Closed Season
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- September 3 – October 15, 2016.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- October 3, 2016..... Schedule Due
- October 16 – 30, 2016.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- October 31, 2016..... First Practice
- November 7, 2016 First Scrimmage
- 7 Days prior to first regular season match Eligibility Due
- November 28, 2016 First Contest
- January 31, 2017 Report Region Qualifiers (Classes AAAAA, AAAA & AAA)
Class AA Seeding Meeting - League Office 10:00 am
- February 11, 2017 Duals Championships
- February 17-18, 2017 Individual Qualifying: Upper/Lower State
- February 22, 2017 Individual Entry Fee due to SCHSL
- February 24-25, 2017 Individual State Finals – Anderson Civic Center
- Last Contest – Championship.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- Day after Championship –
May 31, 2017..... Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

Class AAAAA Wrestling

DUALS:

Class AAAAA Dual Championship Dreher High School February 11

Declaring Play-off Participants

- Each team must play each member of the region. In the event a school refuses to play another school in the same region, that school becomes ineligible for any play-off berth and forfeits to all teams for the purpose of declaring champions, and other region qualifiers.
- Regions 1, 2, 3, 4 and 6 will qualify four teams for the playoffs. Region 5 will qualify 5 teams and Region 7 will qualify 6 teams. The Lower State will select one at-large team for the lower state bracket.
- Each region will declare their play-off participants by their own method.
- If a school withdraws from a dual match, it counts as one loss by forfeit and one win for the receiving team.
- If a school withdraws from a dual tournament, this counts as two losses by forfeit. Schools will lose entry fees, as well. No team can claim a win by forfeit.
- No out-of-state dual or individual matches may count in the team or individual's record for state play-off qualifications.

INDIVIDUALS:

Upper State Individual Qualifying	Laurens High School	February 17-18
Lower State Individual Qualifying	River Bluff High School	February 17-18
Individual State Finals	Anderson Civic Center	February 24-25

The AAAAA Conference shall sponsor Upper and Lower State Qualifying Tournaments, which will provide entrants for the State Individual Tournament. The tournaments will be set up as follows:

- a. **NOTE:** A wrestler MAY NOT carry record up, but MUST take record down
- b. The seeding for the Upper and Lower State Tournaments will be accomplished as follows:
 - 1.. A committee for each tournament will be formed and consists of the Upper and Lower State Tournament Directors and at least two (2) representatives from each region (to include the Region Tournament Directors and/or the region seeding committee chairman).

Seeding Criteria

 - a. Overall In-state record (must have a minimum of 10 matches). Dual playoff match results will count on an individual's record.
 - b. Head to head within 10% winning percentage.
 2. Wrestlers who wrestle at different weights during the season MUST include their record at the higher weight for seeding purposes.
- c. The top four (4) wrestlers in each weight class will be entered in the State Individual Tournament. The Upper and Lower State Tournament Directors will forward the appropriate information (as defined in Paragraph IV-A) to the State Individual Tournament Director no later than Tuesday, February 21st. Seeding will be as indicated in the State Tournament brackets.

In Upper, Lower and State Individual Tournaments, only (2) two coaches will be allowed on the floor from each school. A trainer may be present on the floor to handle injuries and blood problems.

- a. Regions will determine their own entry fee requirements.
- b. Entry fees for the Upper and Lower State Individual Tournaments will be \$25.00 for one (1) wrestler and \$50.00 for two (2) or more wrestlers. **Make checks payable to:** River Bluff High School (lower host) and Laurens High School (upper host).

Tournament Expenses and Proceeds Distribution:

- a. Region tournament (if applicable), as defined by the respective regions.
- b. Upper and Lower and State Individual Tournaments:
 1. Allowable expenses:
 - a. Director's Fee - \$150.00
 - b. Officials' Fees and Travel
 2. Host school must provide security for the tournament and be responsible for all expenses.
- c. Expenses will come from gate receipts and entry fees.
- d. 20% of the gross admission proceeds to the High School League.

Class AAAA Wrestling

DUALS:

Class AAAA Dual Championship Dreher High School February 11

Declaring Play-off Participants

- Each team must play each member of the region. In the event a school refuses to play another school in the same region, that school becomes ineligible for any play-off berth and forfeits to all teams for the purpose of declaring champions, and other region qualifiers.
- Each region will declare their play-off participants by their own method.

INDIVIDUALS:

Upper State Individual Qualifying Eastside High School February 17-18

Lower State Individual Qualifying Chapin High School February 17-18

Individual State Finals Anderson Civic Center February 24-25

The AAAA Conference shall sponsor Upper and Lower State Qualifying Tournaments, which will provide entrants for the State Individual Tournament. The tournaments will be set up as follows:

- a. The AAAA Conference shall sponsor Upper and Lower State Individual Qualifying Tournaments. These tournaments will qualify the entrants for the State Individual Championship Tournament. Each region will qualify four competitors in each weight class or will determine their method of selecting qualifiers for the upper and lower state tournament. The top qualifier in each weight division from the upper state will be paired against the fourth qualifier from the lower state and others will be paired accordingly.
- b. The top four (4) wrestlers in each weight class at the qualifying tournaments will advance to the State Tournament.
- c. The seeding for the Upper and Lower State Tournaments will be accomplished as follows:
 - 1.. A committee for each tournament will be formed and consists of the Upper and Lower State Tournament Directors and at least two (2) representatives from each region (to include the Region Tournament Directors and/or the region seeding committee chairman).

Seeding Criteria

 - a. Overall In-state record (must have a minimum of 10 matches). Dual playoff match results will count on an individual's record.
 - b. Head to head within 10% winning percentage.
 2. Wrestlers who wrestle at different weights during the season MUST include their record at the higher weight for seeding purposes.
- d. The top four (4) wrestlers in each weight class will be entered in the State Individual Tournament. The Upper and Lower State Tournament Directors will forward the appropriate information (as defined in Paragraph IV-A) to the State Individual Tournament Director no later than Tuesday, February 21. Seeding will be as indicated in the State Tournament brackets and submit by February 26.

In Upper, Lower and State Individual Tournaments, only (2) two coaches will be allowed on the floor from each school. A trainer may be present on the floor to handle injuries and blood problems.

- a. Regions will determine their own entry fee requirements.

Class AAA Wrestling

DUALS:

Class AAA Dual Championship Dreher High School February 11

Declaring Play-off Participants

- Each team must wrestle each member of the region. If a team refuses to wrestle a region member, then that school will become ineligible for a play-off berth
- Each region is responsible for selecting its top four finishers.
- If two or more teams tie at the end of the season, then the teams will use the AAA Tie-Breaking System for breaking the tie or ties.

INDIVIDUALS:

Upper State Individual Qualifying	Camden High School	February 17-18
Lower State Individual Qualifying	Swansea High School	February 17-18
Individual State Finals	Anderson Civic Center	February 24-25

The AAA Conference shall sponsor Upper and Lower State Qualifying Tournaments, which will provide entrants for the State Individual Tournament. The tournaments will be set up as follows:

- a. Each region will qualify four competitors in each weight class or will determine their method of selecting qualifiers for the upper and lower state tournament. A 16-man double elimination bracket will be used and 4 wrestlers will advance to the State Tournament. The top qualifier in each weight division from the upper state will be paired against the fourth qualifier from the lower state and others will be paired accordingly.
 - b. The top four (4) wrestlers in each weight class at the qualifying tournaments will advance to the State Tournament.
 - c. Only two (2) coaches will be allowed in the corner of the mat during an individual tournament.
 - d. Entry fees for the tournament.
 - Regions will determine their own entry fee.
 - Entry fee for the Upper and Lower State Individual Tournaments will be \$100.00 per team.
 - e. Disbursement of Proceeds
 1. Twenty percent of gross ticket sales proceeds will go the High School League
 2. Expense of officials. The following expenses may be taken but not to exceed the amounts listed below:
 - Tournament Director - \$100.00
 - Security (not to exceed \$200.00)
 - Certified Athletic Trainer - \$200.00
 - Ticket personnel - \$8.00 per hour
 - Clean-up (not to exceed \$200.00)
 - Head table workers (not to exceed \$150.00)
 3. Excess monies will be forwarded to the AAA Conference.
- NOTE: Proceeds from concessions will go to the host school

Class AA Wrestling

DUALS:

Upper State Duals	North Central High School	February 4
Upper State Duals	Marion High School	February 4
Class AA Dual Championship	Dreher High School	February 11

Declaring Play-off Participants

- Class AA seeding meeting for dual team championships will be February 2, 2016 at 10:00 am at the league office.
- All entry forms for the Class AA duals must be received by the league office by 9:00 am February 2, 2016 for the school to be eligible for the Class AA Dual Team Championships

Upper and Lower State Duals Tournament Seeding Criteria

Initial Seeding will be based on Overall Winning Percentage Head to Head trumps Overall Winning Percentage.

In the event of a tie, the criteria will be as follows:

1. Common Opponent Margin of Victory.
2. Overall Consensus of Seed Committee.

*If it is within the power of the Seed Committee, there will be no Region match-ups in the first round of the tournament

INDIVIDUALS:

Upper State Individual Qualifying	Liberty High School	February 17-18
Lower State Individual Qualifying	Marion High School	February 17-18
Individual State Finals	Anderson Civic Center	February 24-25

1. All AA schools will be permitted to enter one competitor in each weight class at the Upper or Lower State Qualifying Tournament.
2. It will be a 16 man double elimination bracket using single elimination wrestle-in matches to set the 16 man bracket.
3. Seeding meetings for the Upper and Lower State Individual Qualifiers will be held on February 16. Time to be determined by host teams. All wrestler records and information needs to be submitted to the host school by 9:00 am on February 15.
4. Individual Tournament Seeding Criteria
All wrestlers will need a 10 match minimum to be seeded.
Wrestlers without a 10 match minimum will be a random draw.
A wrestler MAY NOT carry record up, but MUST take record down.

Initial Seeding will be based on Overall Winning Percentage.

Head to Head trumps Overall Winning Percentage

In the event of a tie, the criteria will be as follows:

Previous State Placer
Previous State Qualifier
Overall Consensus of Seed Committee

2016 CLASS AAAAA WRESTLING

February 4

February 4

February 6

February 8

February 11

UPPER STATE

Region 1 #1 H

Dreher HS

Region 2 #4

Region 3 #3

Region 4 #2 H

Region 2 #1 H

Region 1 #4

Region 4 #3

Region 3 #2 H

Region 3 #1 H

Region 4 #4

Region 1 #3

Region 2 #2 H

Region 4 #1 H

Region 3 #4

Region 2 #3

Region 1 #2 H

LOWER STATE

Region 7 #1 H

At Large #4

Region 6 #3 H

Region 5 #3

Region 6 #2 H

Region 7 #5

Region 7 #4

Region 5 #2 H

Region 6 #1 H

Region 5 #5

Region 7 #2 H

Region 5 #4

Region 5 #1 H

Region 7 #6

Region 7 #3 H

Region 6 #4

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAAA WRESTLING

February 4

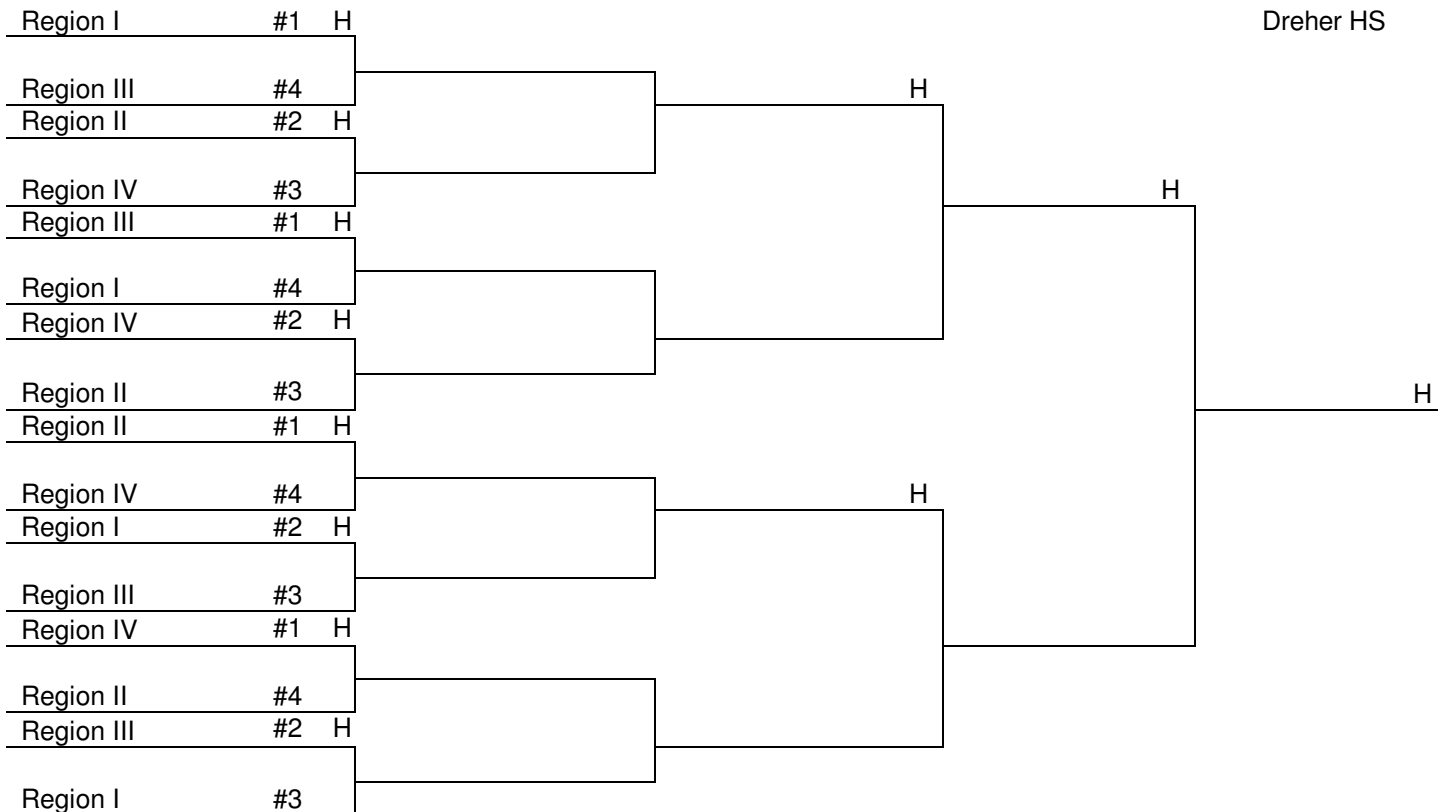
February 4

February 6

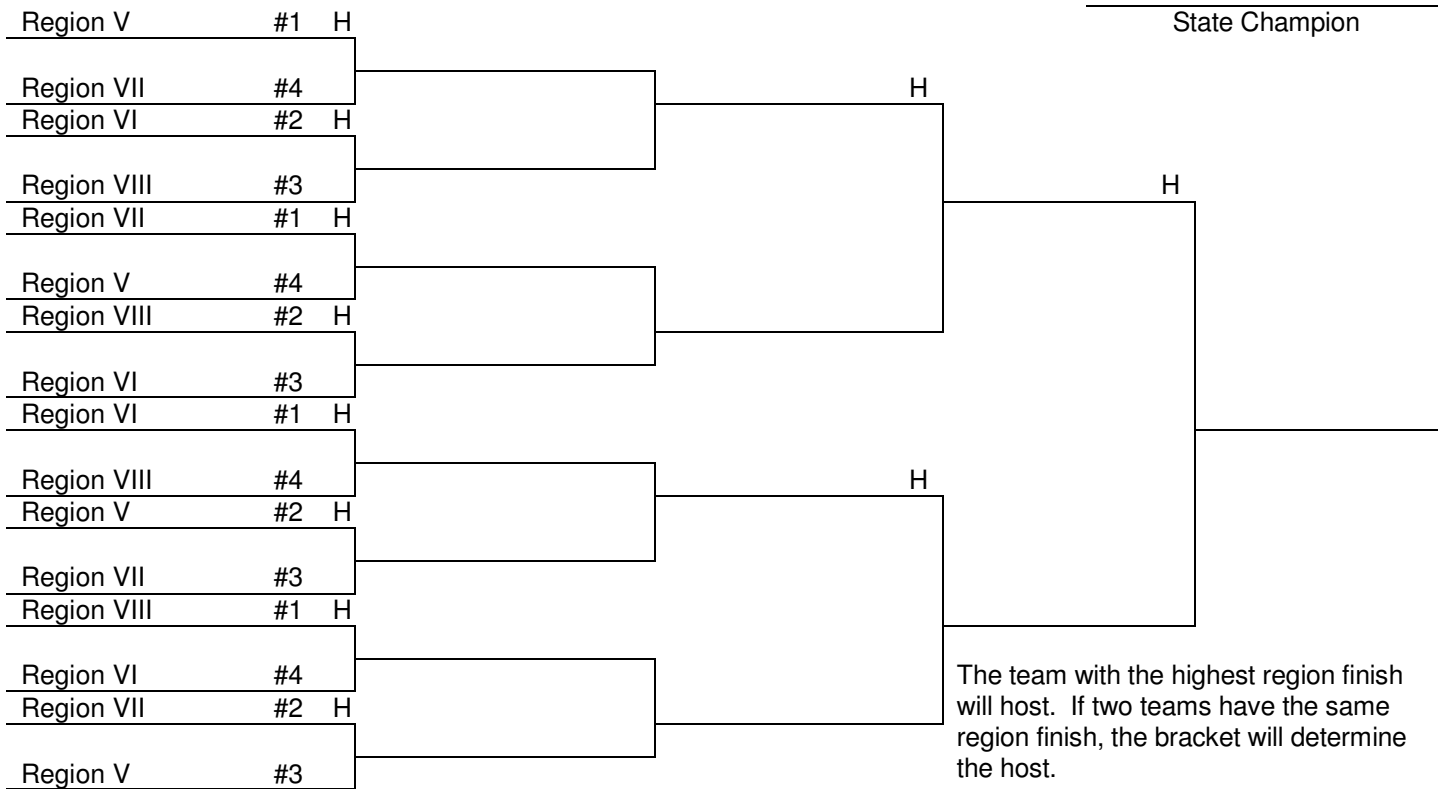
February 8

February 11

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAA WRESTLING

February 4

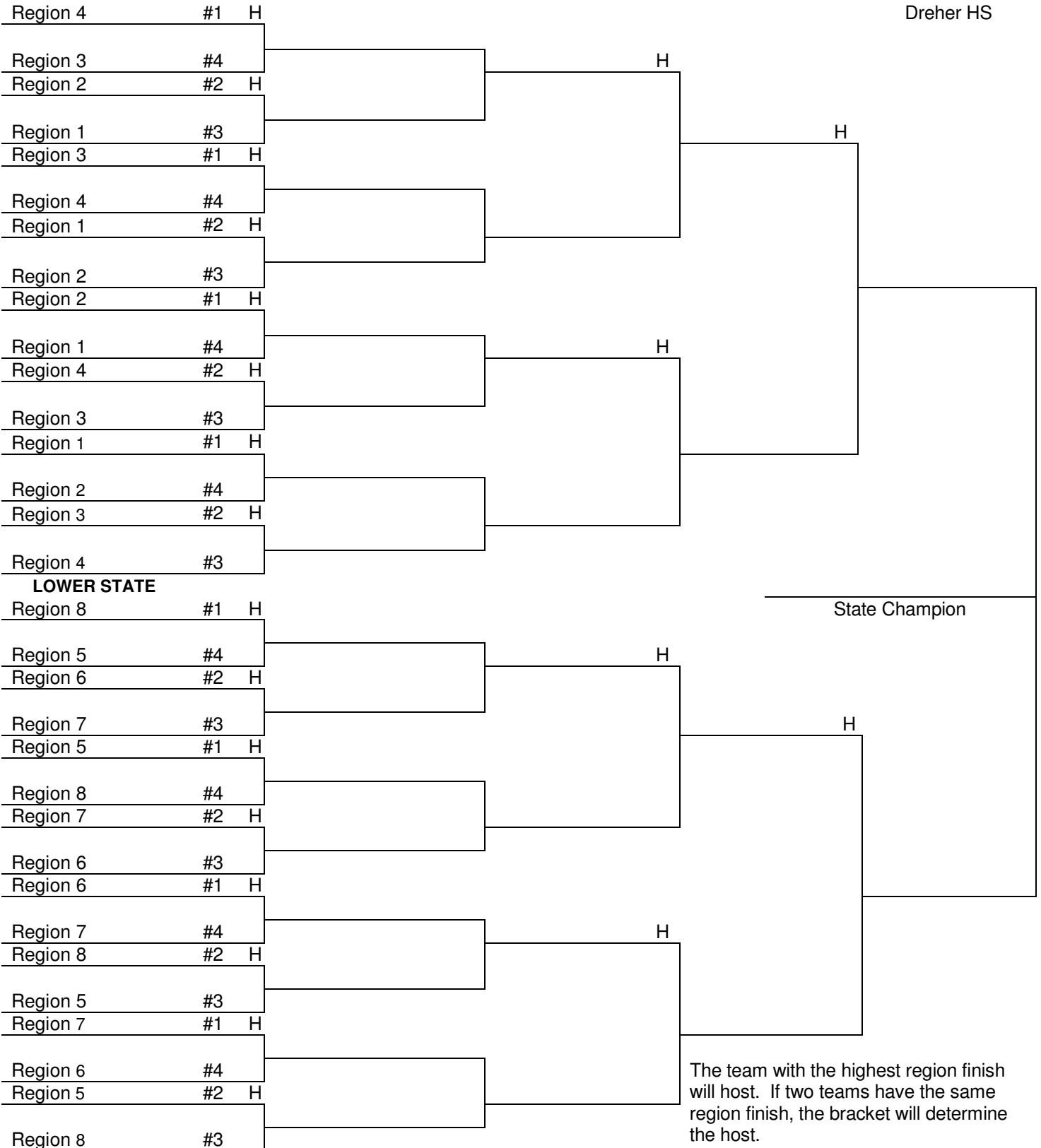
February 4

February 6

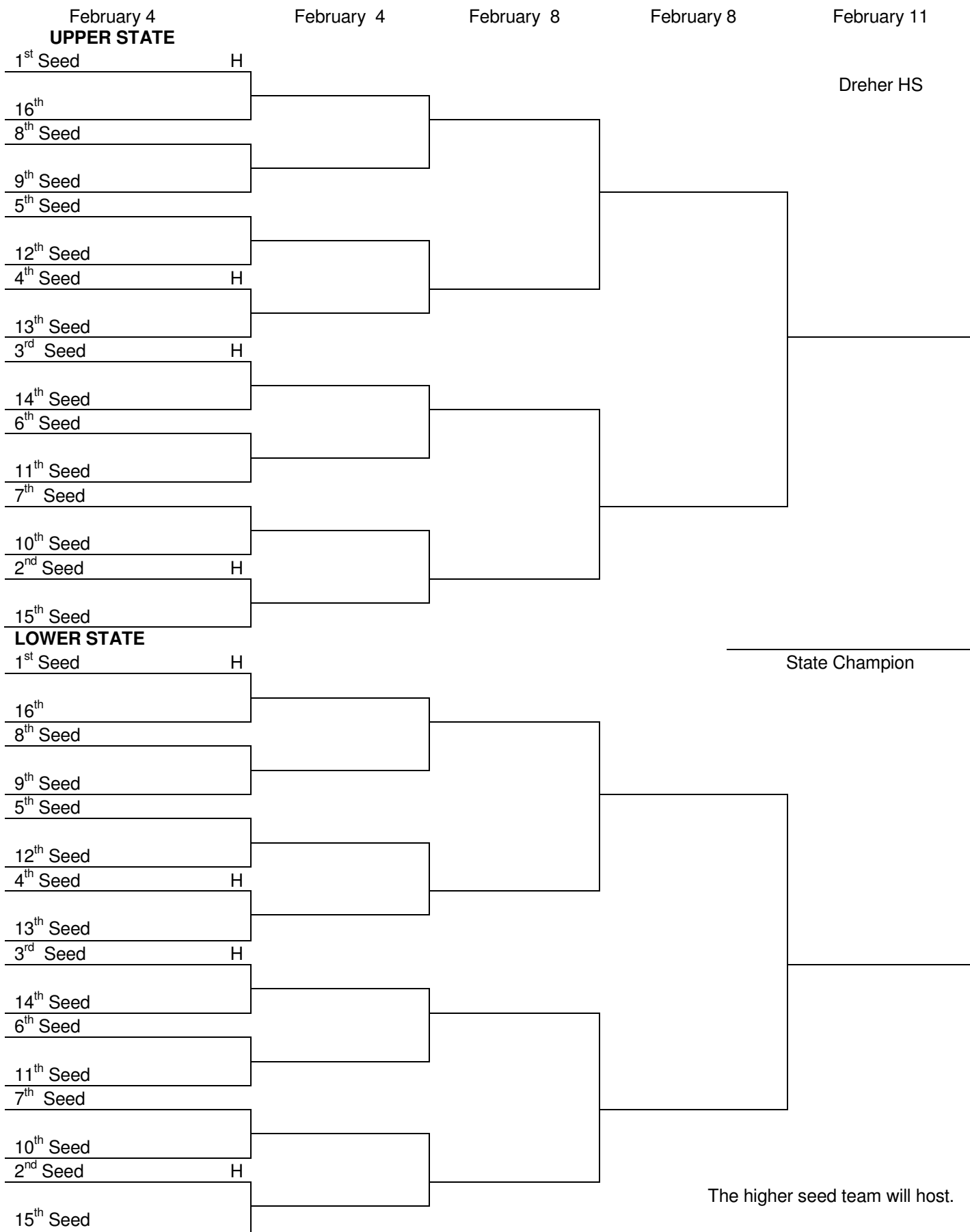
February 8

February 11

UPPER STATE



2016 CLASS AA WRESTLING



The higher seed team will host.

BASKETBALL

1. The League will sponsor state basketball play-offs for boys and girls in each of the five classes.
2. Official rules published by the National Federation may be obtained from the League. By state adoption "the head coach may rise in front of his or her seat within the confines of a designated coaches box to give instructions to his or her players and/or substitutes."
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslern.com.
4. If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
5. Contest Restrictions:
 - a. Each school is permitted to participate in one approved varsity pre-season basketball jamboree. A school may elect to participate in a second or third jamboree instead of one or two of the four allowable scrimmages. If a school does not participate in a Christmas Invitational Tournament, one of the four allowable scrimmages may be held during the Christmas Holidays.
 - b. All classes are allowed 18 regular season games and two tournaments or 20 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 16 games, two tournaments, two scrimmages and one jamboree. Tournaments may be played beginning November 20 for each level of participation.
 - c. A team may not participate in games on more than two school nights (Monday through Thursday) except in tournament play leading to the State Championship. A student has the same limitation on playing, as does a team.
 - d. Students will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one hour's rest between games.
 - e. All teams must be accompanied by an adult who must be present at all times that dressing rooms are in use.
 - f. Any team member who leaves the bench and approaches/engages in a fracas shall be disqualified from the game

NOTE: Students seeking second semester eligibility are eligible to participate the second semester when first semester classes are dismissed, grades are final and when the student is added to the certificate of eligibility form signed by the principal

6. Home Team Responsibilities:
 - a. The principal of the host school will prohibit the use of loud noisemakers, i.e. cowbell, air horns, radios and musical instruments. The tournament director will forbid noisemakers during tournament play
 - b. Cheerleaders must be in the bleachers except during full time-outs, end of quarters and half time. Mascots are considered cheerleaders. Megaphones for cheering purposes will be used only by cheerleaders. Jewelry will not be worn at any time. **Each school is responsible for enforcement of these regulations**
 - c. Pep bands or musical entertainment may be permitted prior to the game, during halftime or following the game. Under no circumstances will any musical instruments be used at any other time.

- d. Clean and secure dressing facilities must be provided for opponents and officials. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
 - e. A uniformed policeman shall meet the officials at the scorer's table after the game and escort them to their dressing room or car and see them safely on their way.
7. If a region has a duly constituted basketball regulation automatically giving the regular season winner a position in the State Play-Offs, the region may order teams that are tied for first place to break the tie by a sudden death plan provided the tied teams split during the regular season. This play-off will be considered part of the State Play-offs and a financial statement must be submitted to the League Office.
8. Scheduled Game Times
- a. All games must start at their scheduled times. If two varsity games are being played, the first game must start no later than 7:00 P.M. The second game will begin within 20 minutes after the conclusion of the first game.
 - b. Overtime periods for all games played in quarters of less than eight minutes will be three minutes each
 - c. All JV, "B", junior high school or middle school games will be played in four quarters of six minutes each with intermissions of one minute after first and third quarters and eight minutes between halves.

NOTE: Basketball games postponed because of inclement weather must be rescheduled on the next available date. In case of an emergency that causes postponement of a basketball game and the game cannot be made up under our present rules, the Commissioner will have authority to grant permission to reschedule the game:

9. The High School League strongly recommends the use of contracts for non-region games.
10. The region will select the site for any play leading toward the region championship. Region trophies must not exceed 21 inches in height.
11. Officials, certified by the League, must be used in all varsity games. The League Office will not book sub-varsity games. Instructions for postponing or canceling games for which certified officials are booked are on page 152.
12. **STATE PLAY-OFF REGULATIONS**
- a. Twenty-five school personnel and varsity cheerleaders in uniform will be admitted without charge. All other persons must have tickets.
 - b. No school may practice at the site of a state play-off game unless the site is on its campus.
 - c. Bands, musical instruments, radios, tape players, cowbells, air horns, megaphones (other than those used by cheerleaders) or other offensive noisemakers will not be permitted. Signs, banners or flags will not be permitted.
 - d. Advertising tobacco, alcoholic beverages and related products will not be authorized.
 - e. If uniforms do not contrast, the home team will change unless their uniform is white. Teams must bring two sets of jerseys.
 - f. An admission of \$10.00 will be charged for the fourth round and the State Finals in all classes. All other sessions will be \$6.00. A seat tax required by state or county law may be added but will not be included in the gross receipts as mentioned in item one below.
 - g. Gate receipts will be distributed according to the financial statements in the Athletics Director's notebook.

13. MINIMUM SEATING REQUIREMENTS FOR PLAY-OFFS

<u>Class</u>	<u>Third Round</u>	<u>Semifinals</u>
All Classes	1,500	(1,500) Neutral Site

* There will be no minimum seating for girls. Host schools will be expected to hold the games in gymnasiums with adequate facilities and large enough to handle the crowds. Any exceptions to the above minimum seating requirements will be left to the discretion of the Commissioner.

12. The League will furnish trophies and medals for the State Champion and Runner-up teams in each of the five classifications.

13. Refer to pages 5 & 6 for additional regulations

14. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets for approval as part of the sanctioning process in basketball, baseball, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)

Varsity Basketball

- Maximum of eight games can be played in a combination of the two tournaments
- If you choose to play more than four games in any one tournament this will constitute having played a second tournament.

JV Basketball

- Maximum of eight games can be played in a combination of the two tournaments
- If you choose to play more than four games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

BASKETBALL 2016-17

- June 1 – July 28, 2016..... Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 29 – September 2, 2016Closed Season
- Cannot practice and/or attend team camp(s)
 - Can continue to condition and strength train
- September 3 – October 15, 2016Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- October 16 – 30, 2015.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- October 3, 2016Schedule Due
- October 31, 2016.....First Practice
- November 7, 2016.....First Scrimmage
- November 18, 2016.....First Pre-season Date
- 7 Days prior to first regular season
contest Eligibility Due
- November 28, 2016.....First Contest
- February 11, 2017Deadline - Report Qualifiers
- February 13, 2017Playoffs Begin - Girls (All Classes)
- February 14, 2017Playoffs Begin - Boys (All Classes)
- March 3-4, 2017State Finals at Colonial Life Arena
- Last Contest - ChampionshipClosed Season
(When Eliminated From Playoffs)
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- March 5 – May 31, 2017.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

2016 CLASS AAAAA GIRLS BASKETBALL

February 14

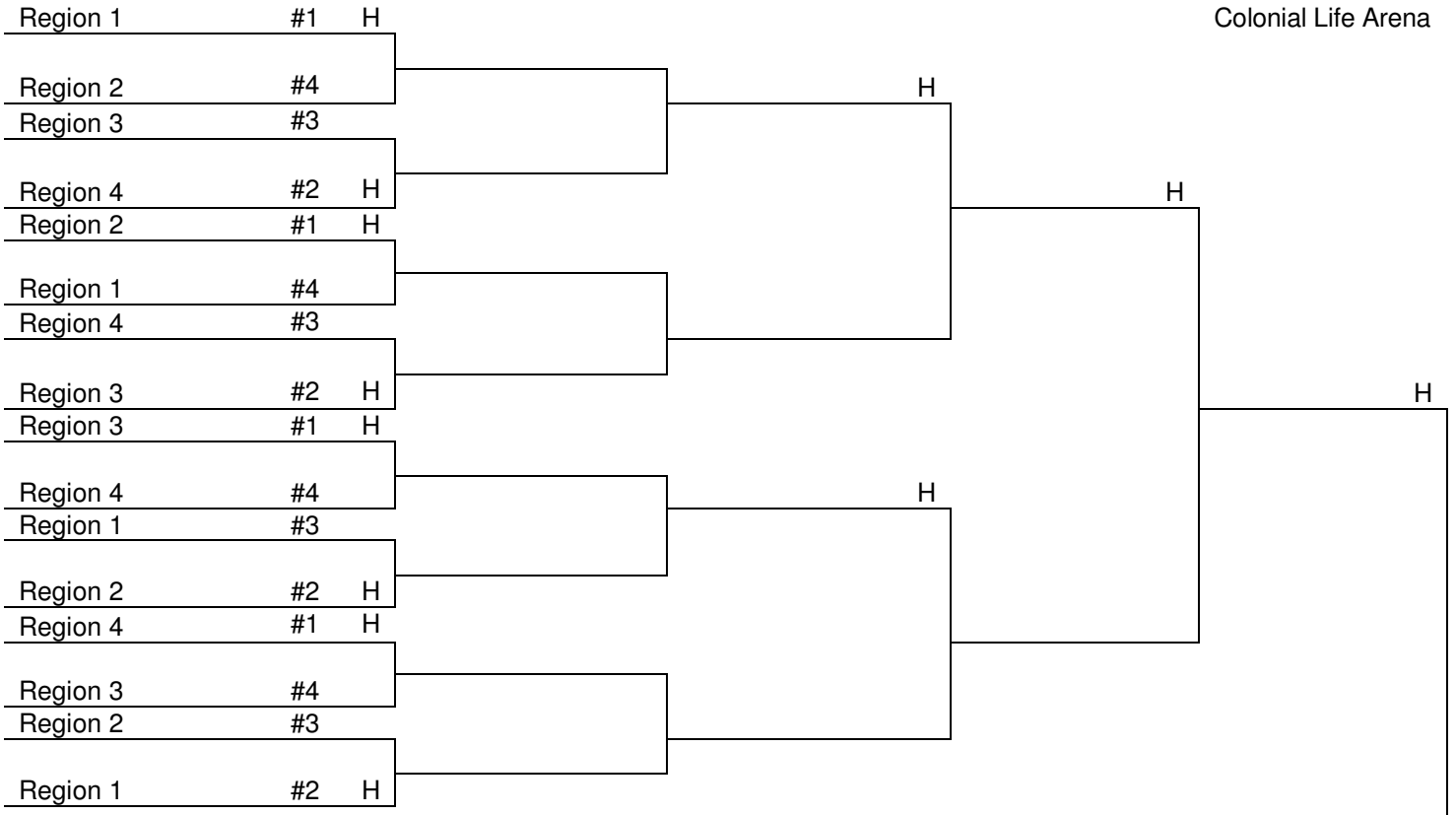
February 17

February 20

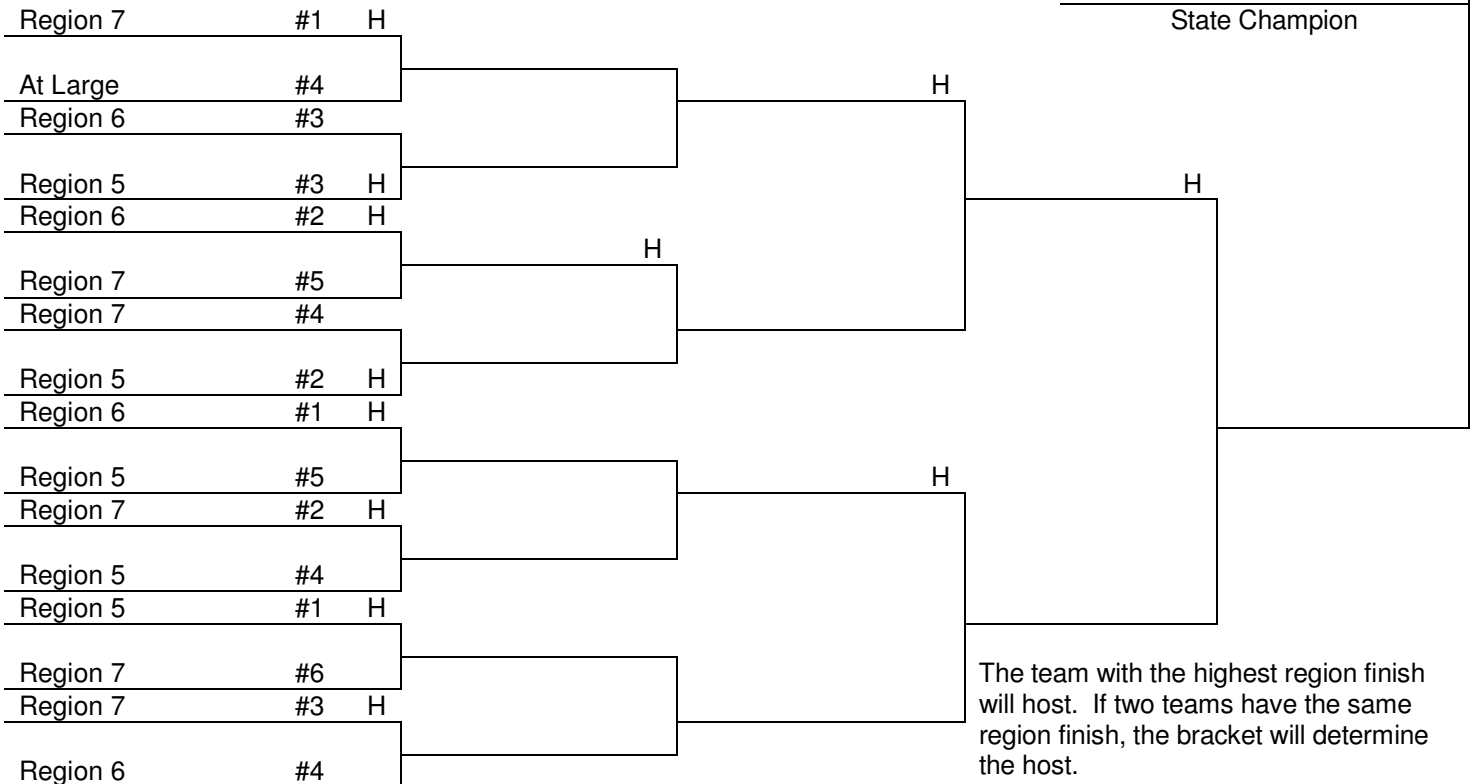
February 25

March 3

UPPER STATE



LOWER STATE



2016 CLASS AAAAA BOYS BASKETBALL

February 15

February 18

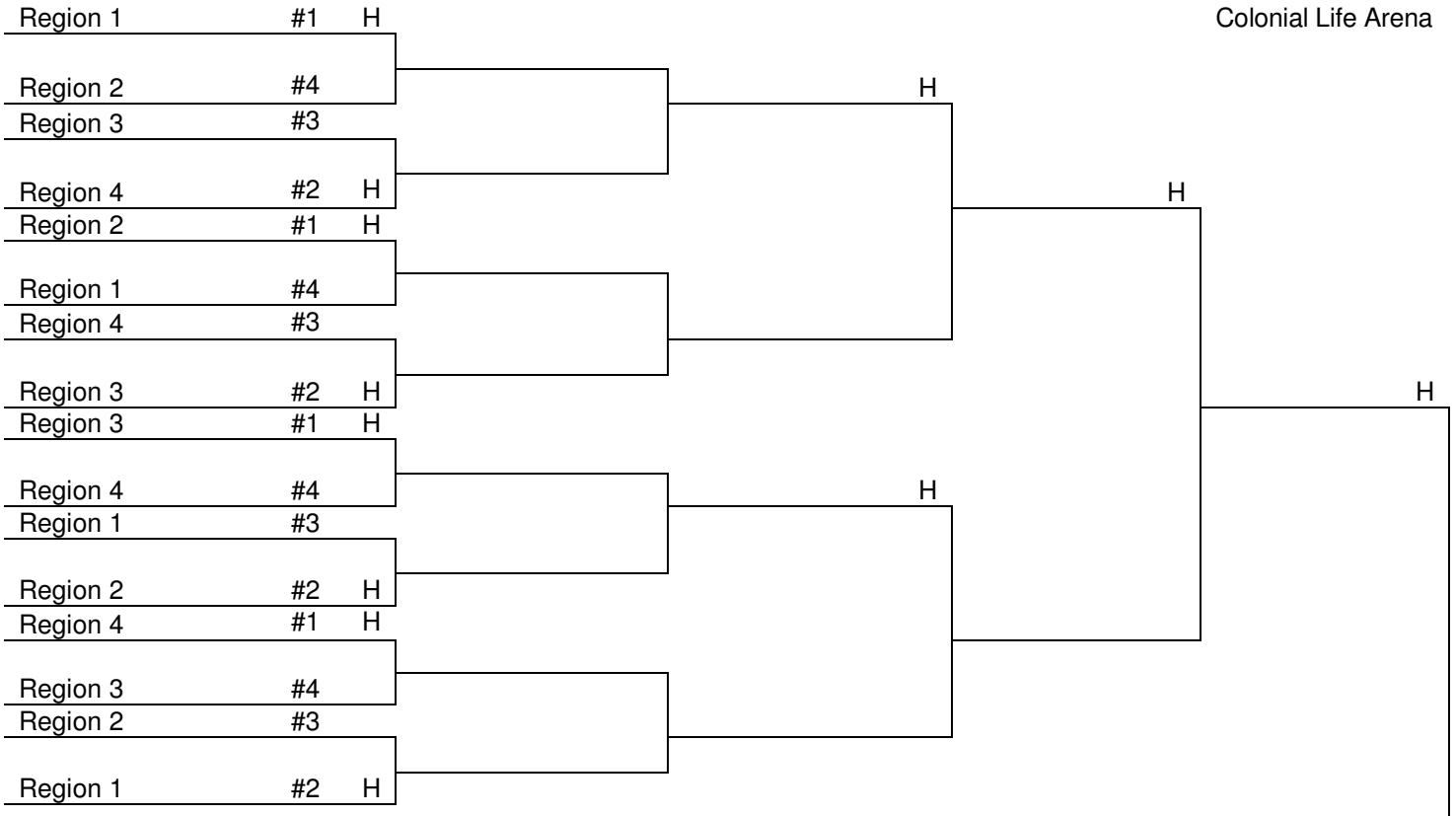
February 21

February 25

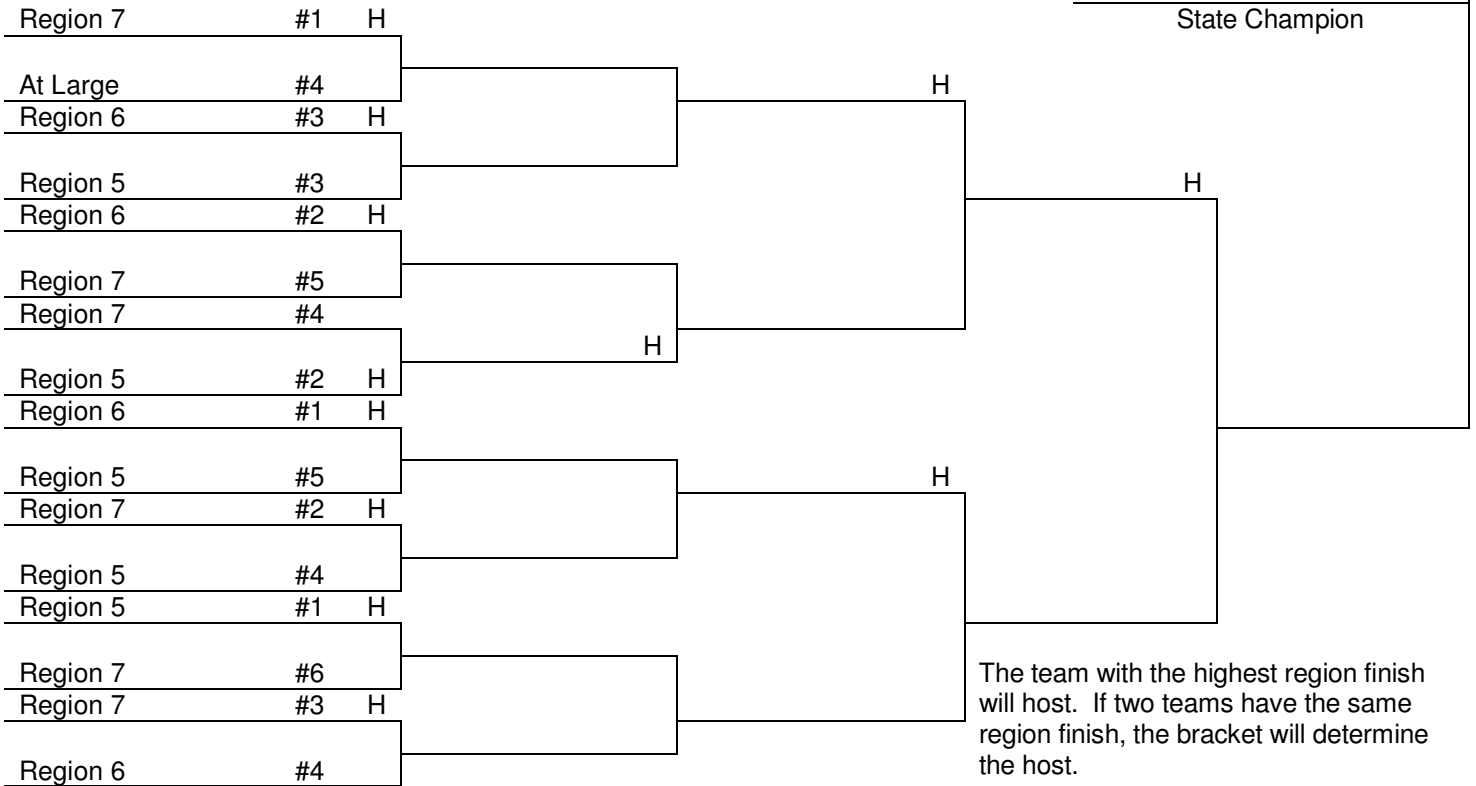
March 3

UPPER STATE

Colonial Life Arena



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAAA BASKETBALL

G - February 14
B - February 15

G - February 17
B - February 18

G - February 20
B - February 21

G - February 24
B - February 24

G - March 4
B - March 4

UPPER STATE

Region I #1 H

Colonial Life Arena

Region III #4

H

Region II #2 H

Region IV #3

H

Region III #1 H

Region I #4

Region IV #2 H

Region II #3

H

Region II #1 H

Region IV #4

H

Region I #2 H

Region III #3

Region IV #1 H

Region II #4

Region III #2 H

Region I #3

LOWER STATE

Region V #1 H

State Champion

Region VII #4

H

Region VI #2 H

Region VIII #3

H

Region VII #1 H

Region V #4

Region VIII #2 H

Region VI #3

Region VI #1 H

Region VIII #4

H

Region V #2 H

Region VII #3

Region VIII #1 H

Region VI #4

Region VII #2 H

Region V #3

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AAA BASKETBALL

G - February 13
B - February 14

G - February 16
B - February 17

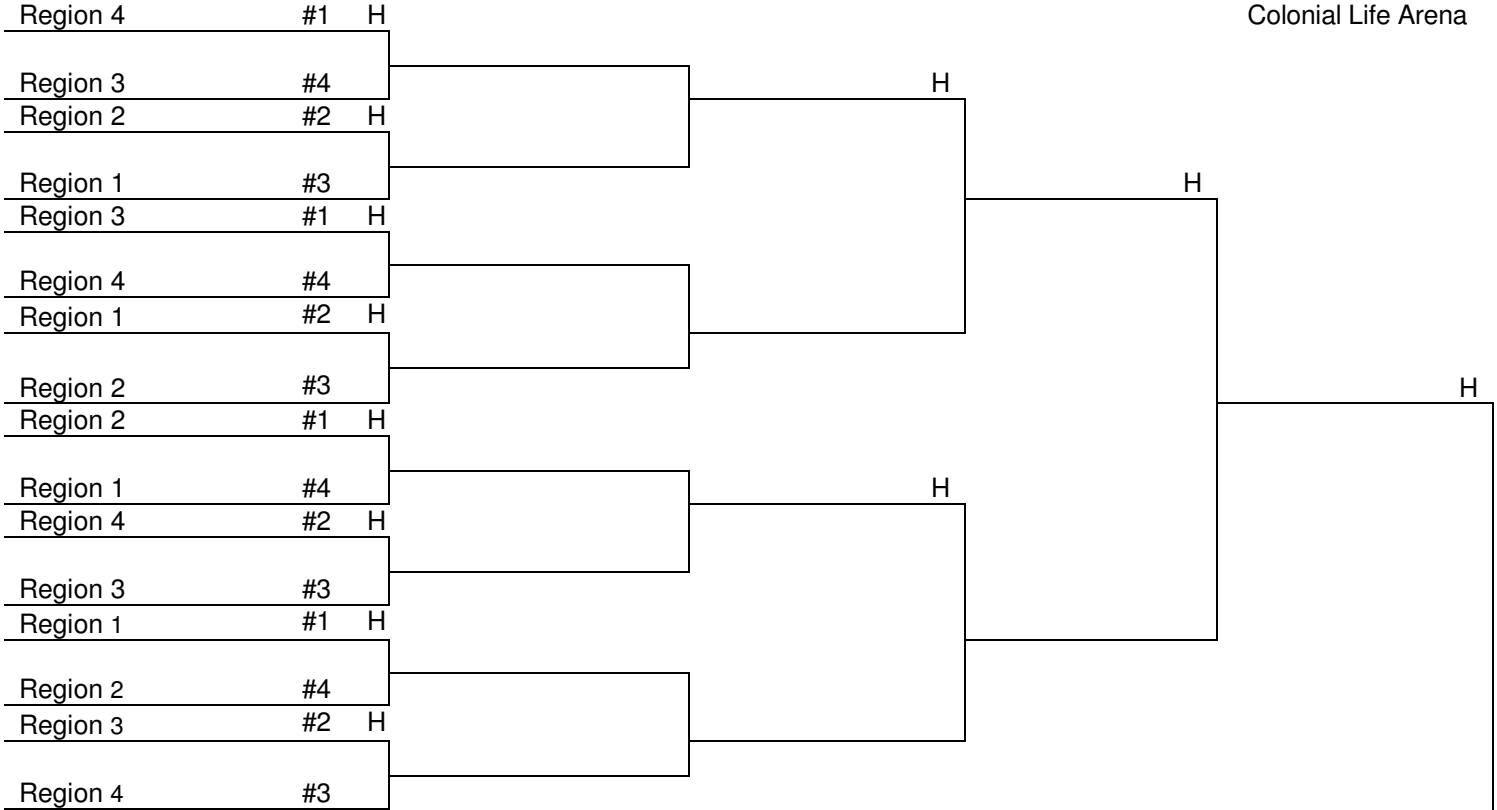
G - February 20
B - February 21

G - February 25
B - February 25

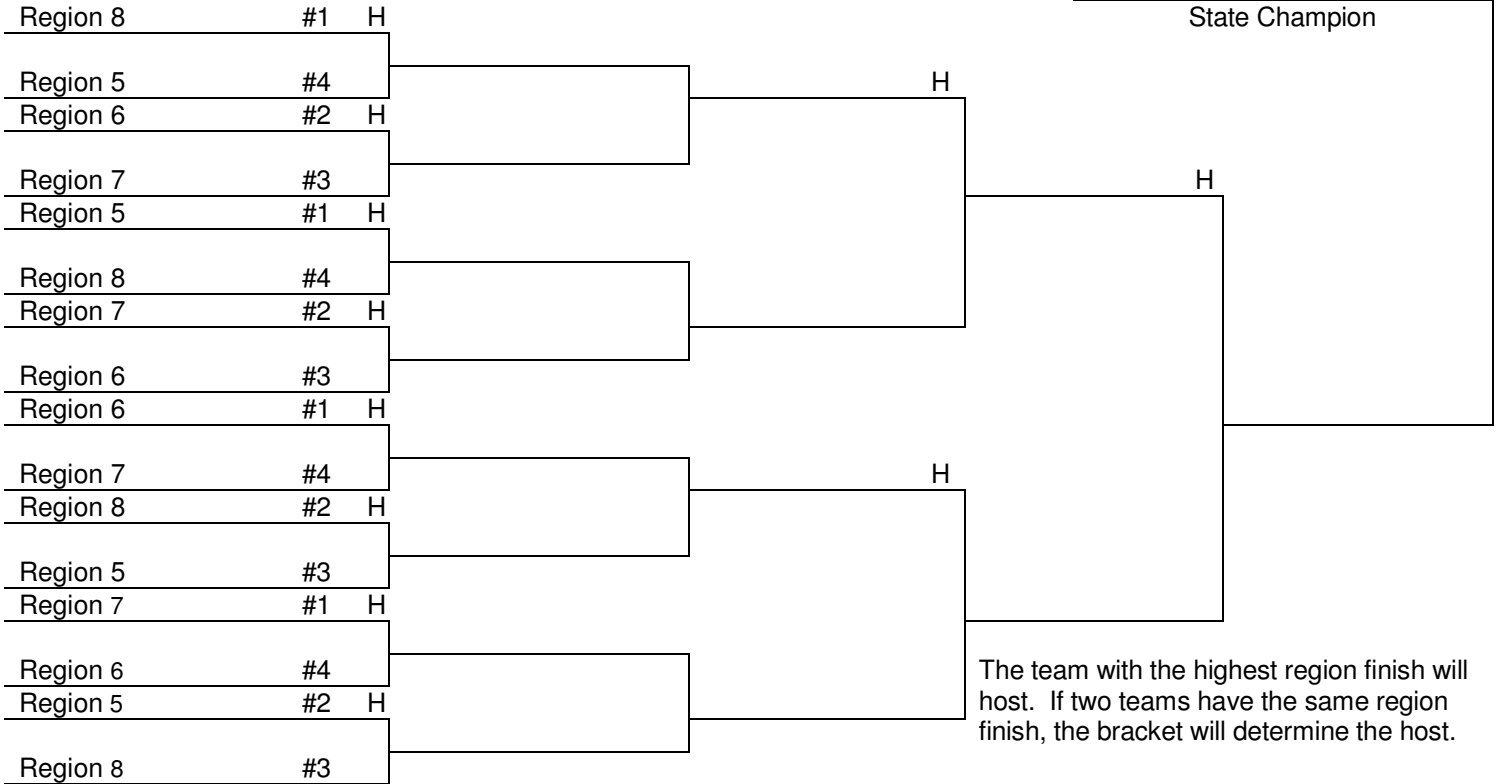
G - March 4
B - March 4

UPPER STATE

Colonial Life Arena



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2016 CLASS AA BASKETBALL

G - February 14
B - February 15

G - February 17
B - February 18

G - February 20
B - February 21

G - February 25
B - February 25

G - March 3
B - March 3

UPPER STATE

Region I #1 H

Colonial Life Arena

Region III #4

Region II #2 H

Region IV #3

Region III #1 H

Region I #4

Region IV #2 H

Region II #3

Region II #1 H

Region IV #4

Region I #2 H

Region III #3

Region IV #1 H

Region II #4

Region III #2 H

Region I #3

LOWER STATE

Region VII #1 H

Region IV #5

Region VI #2 H

Region VII #4

Region VI #1 H

Region VII #5

Region V #2 H

Region VI #4

Region V #1 H

Region VI #5

Region V #3 H

Region VII #3

Region VII #2 H

Region V #5

Region VI #3 H

Region V #4

The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host

2016 CLASS A BASKETBALL

G - February 13
B - February 14

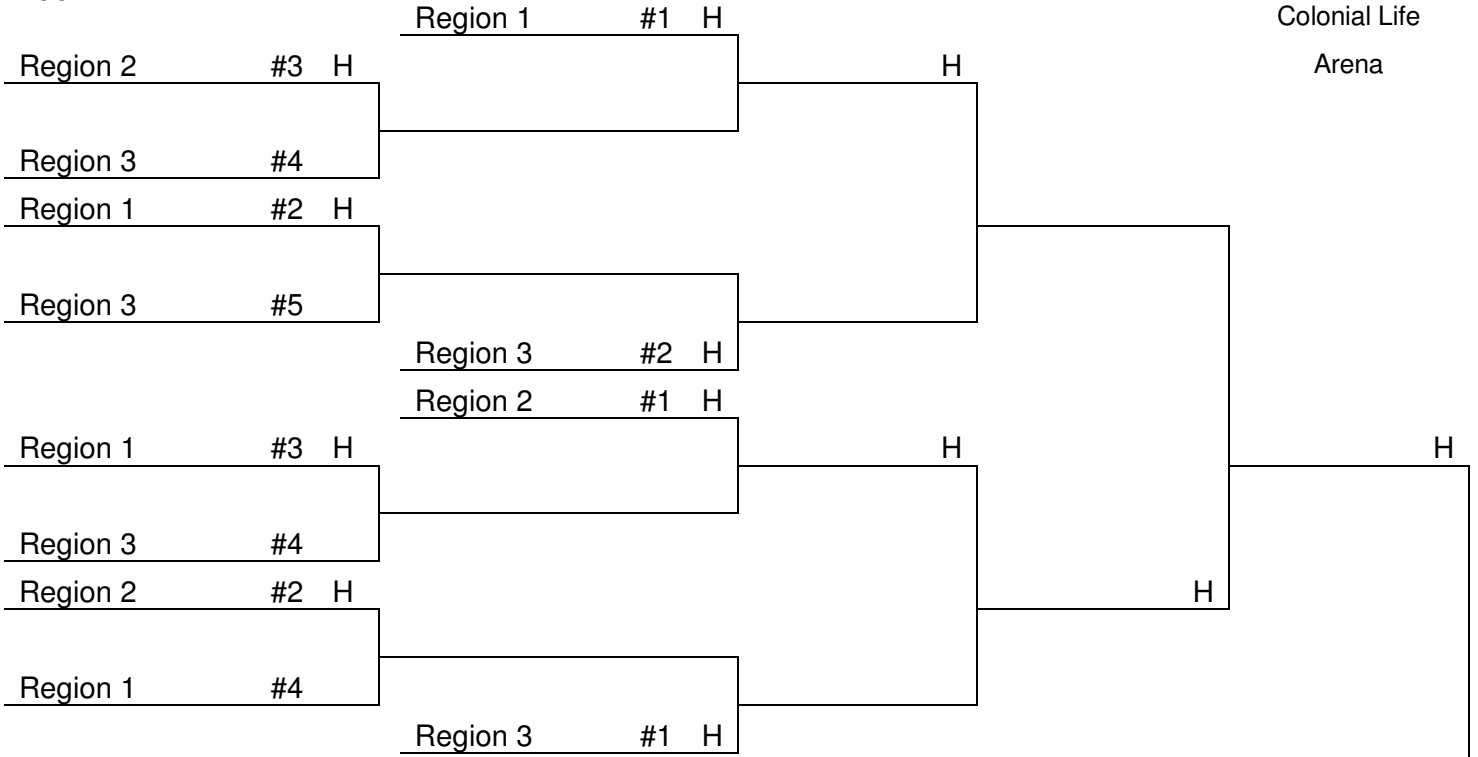
G - February 16
B - February 17

G - February 20
B - February 21

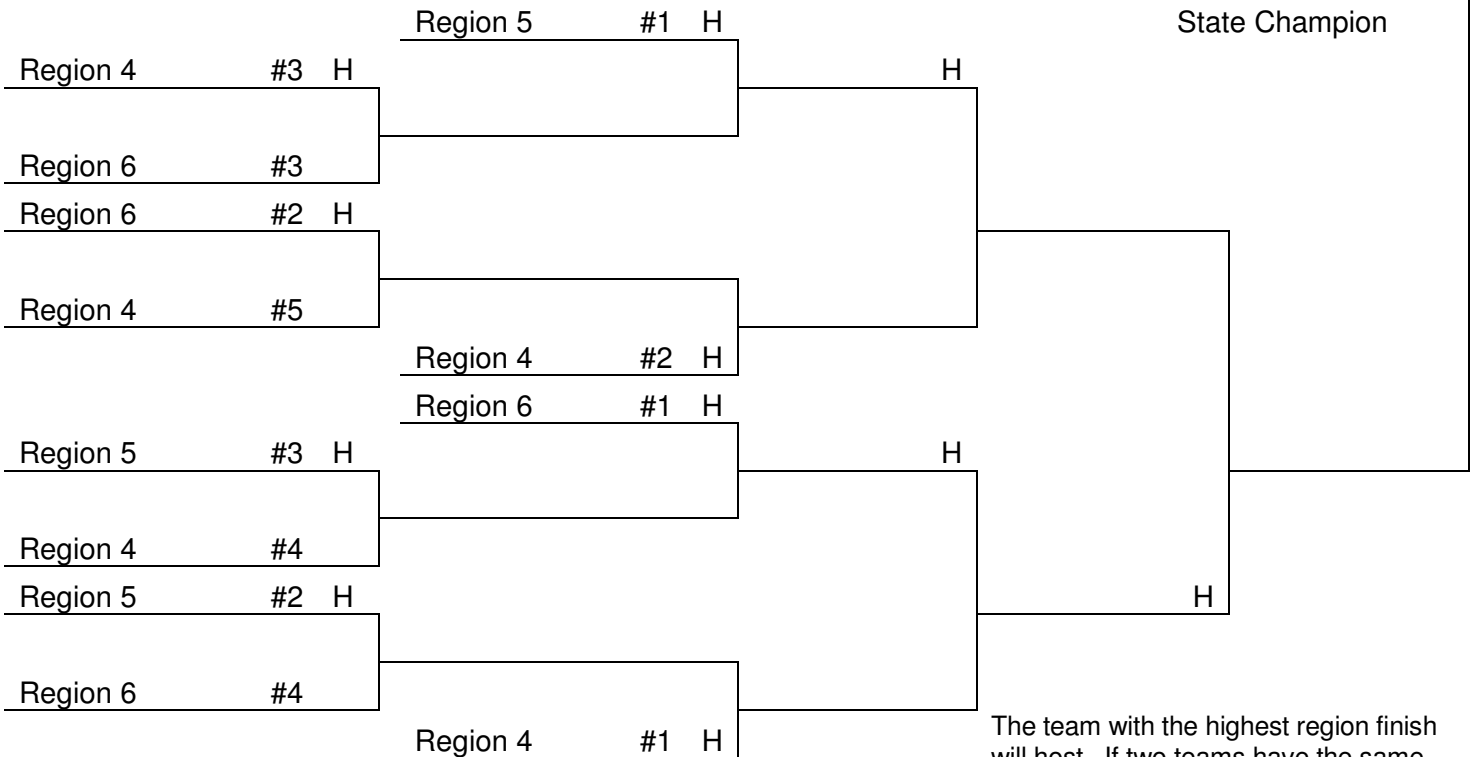
G - February 24
B - February 24

G - March 4
B - March 4

Upper State



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

BOYS & GIRLS LACROSSE

1. The League will sponsor a girls' and boys' open championship.
2. National Federation Rules for Boys Lacrosse and the official Rules for Girls & Women's Lacrosse endorsed by the National Federation shall govern lacrosse games when not covered by the SCHSL rules. The rules books may be obtained from the League office.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhsllearn.com.
4. If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
5. Varsity lacrosse teams are allowed 12 regular season games and two tournaments or 14 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 8 games, two tournaments, two scrimmages and one jamboree. Tournament(s) may be pre-season and start on February 10.
6. Girls and boys lacrosse are considered contact sports by the SCHSL.
7. Certified officials are required for all varsity contests. Instructions for postponing or canceling games for which certified officials are booked are printed on page 152.
8. The girls and boys semi-finals will be played at home sites. **Three officials will be required for semi-finals.** Play-off admission will be \$5.00. State Finals will be \$8.00
9. Student athletes will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one-hour rest between games.
10. **Boys Lacrosse Only: (October 7-28, 2016)--The first three days shall be in shorts and helmets. Of the remaining days, a maximum of 10 days may be in full gear. Gloves may be worn on all days during this period. Outside of that, helmets and gloves.**
11. **The only time music will be allowed is prior to the game, at 2-minute timeouts and during halftime. Under no circumstances will any music be used at any other time**
12. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, tennis, lacrosse and soccer. (Maximum 10 consecutive days for a tournament)

Varsity Lacrosse

- Maximum of ten games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament. (Reference #6 for limitations)

JV Lacrosse

- Maximum of ten games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament (Reference #6 for limitations)
- JV level does not have the option to trade in one tournament for additional regular season contests

13. Refer to pages 5 & 6 for additional regulations.

GIRLS/BOYS LACROSSE 2016 - 17

June 1 – July 28, 2016..... Open Season

- Can practice as much as you like
- Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
- Nothing is mandatory

July 29 –September 2, 2016 Closed Season

- **Cannot practice—cannot do any skill training**
- Can continue to condition and strength train
- Can coach an outside team (75% rule must apply)
- Can use school facilities and/or equipment if coaching an outside team

September 3 – October 30, 2016..... Open Season (**Boys Only**-10 days in full gear, Oct. 7-Oct. 28)

- Can practice as much as you like
- Nothing is mandatory
- No outside scrimmages or competition
- No tryouts

October 31 – December 4, 2016..... Closed Season

December 5 – January 7, 2017..... Open Season (Boys- Helmets & Gloves Only)

January 8 – January 22, 2017 Closed Season

January 16, 2017 Schedule due in Arbiter

January 23, 2017 First Practice

January 27, 2017 – Last Contest In-Season

January 30, 2017 First Scrimmages

February 10, 2017 First Date for Preseason Tournament

7 Days prior to first regular season
match Eligibility Due

February 20, 2017 First Contest

April 13, 2017 Last day for regular season games (including sub-varsity)

April 14, 2017 Lacrosse Seeding Meeting

April 14, 2017 Brackets posted for play-offs

April 26, 2017 Press Conference for State Finalists

April 29, 2017 State Finals

Last Contest – April 29, 2017..... Closed Season

April 30 – May 31, 2017..... Open Season

CLASS AAAAA LACROSSE

April 18

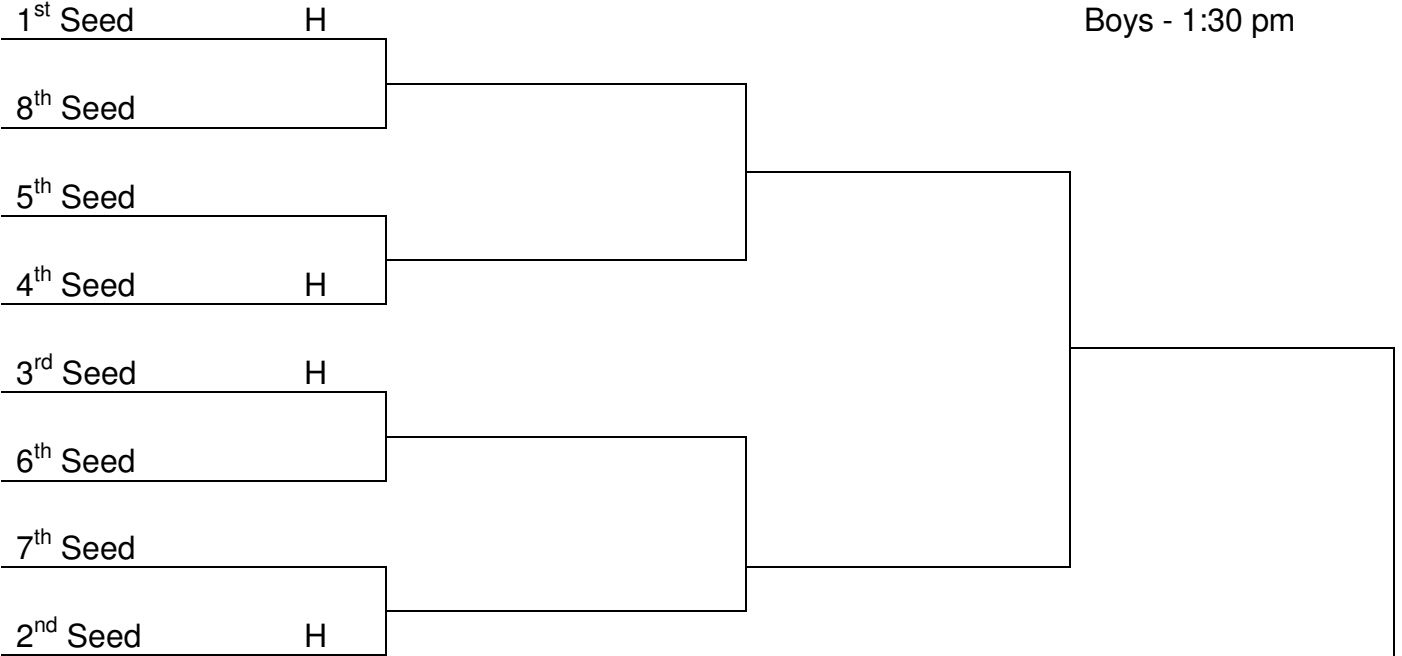
April 20

April 25

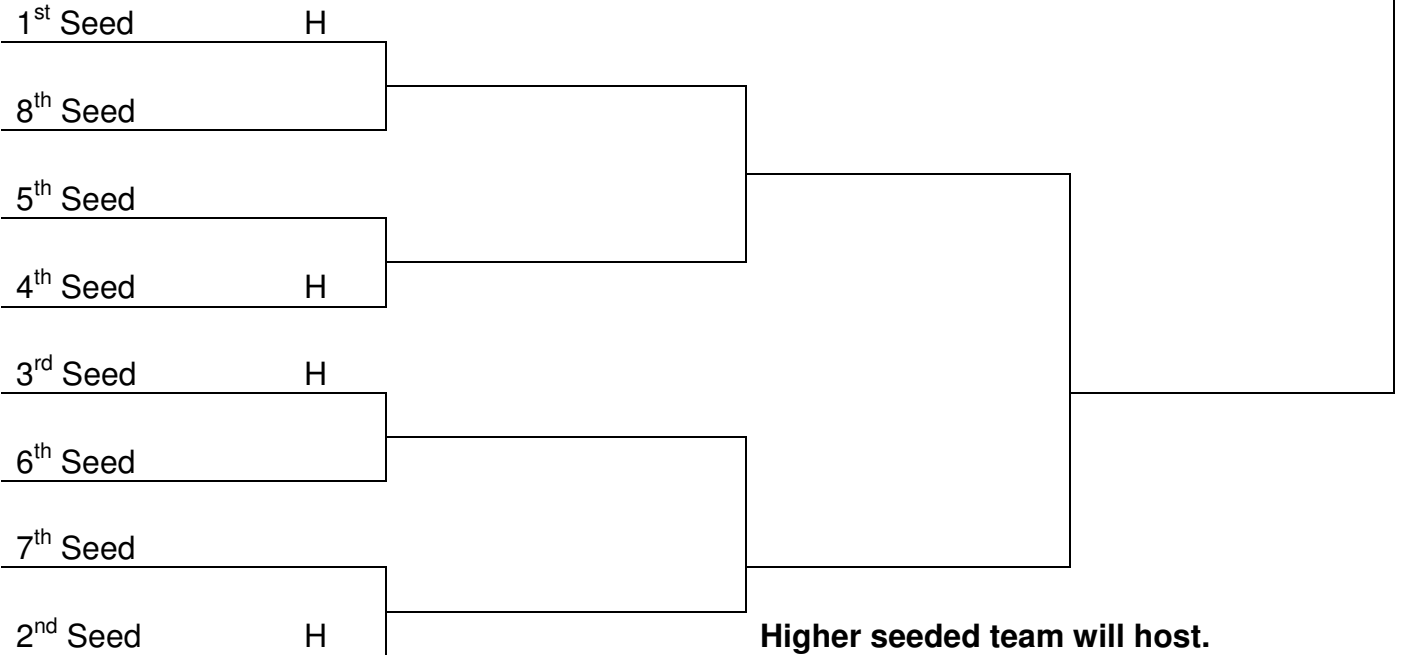
April 29

UPPER STATE

Girls - 11:00 am
Boys - 1:30 pm



LOWER STATE



CLASS AAAA LACROSSE

April 18

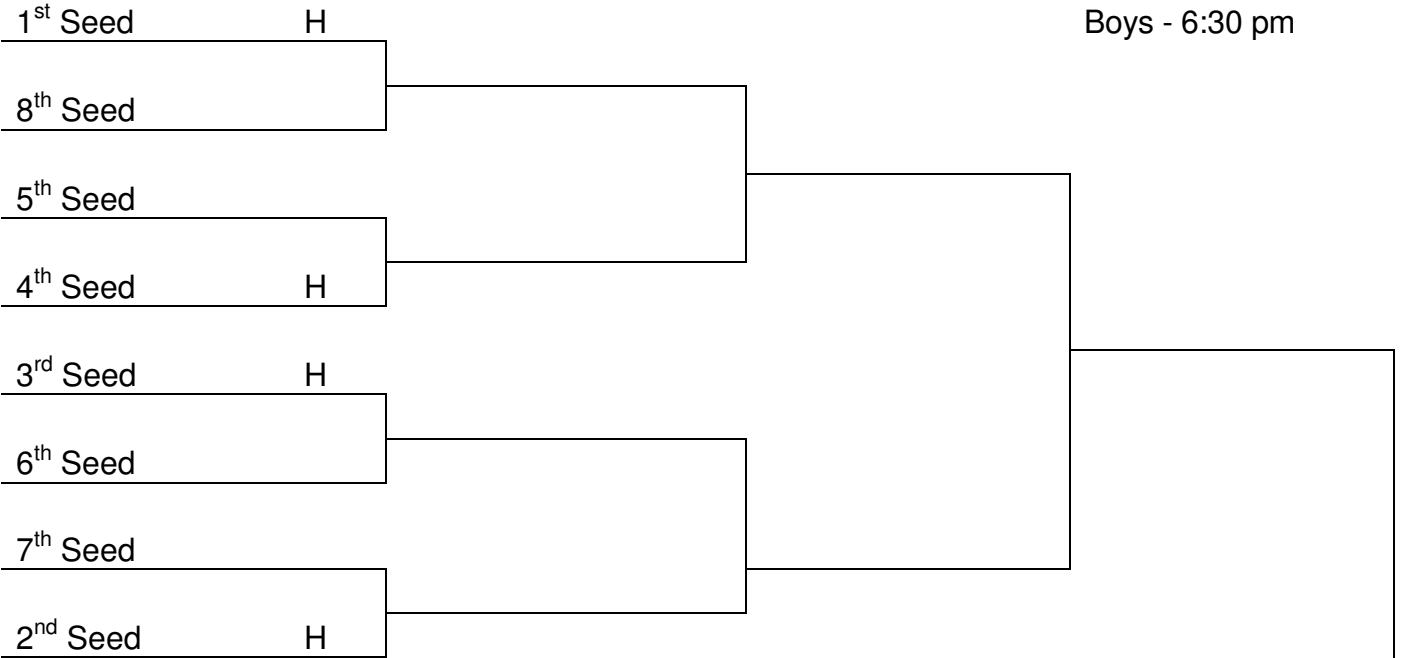
April 20

April 25

April 29

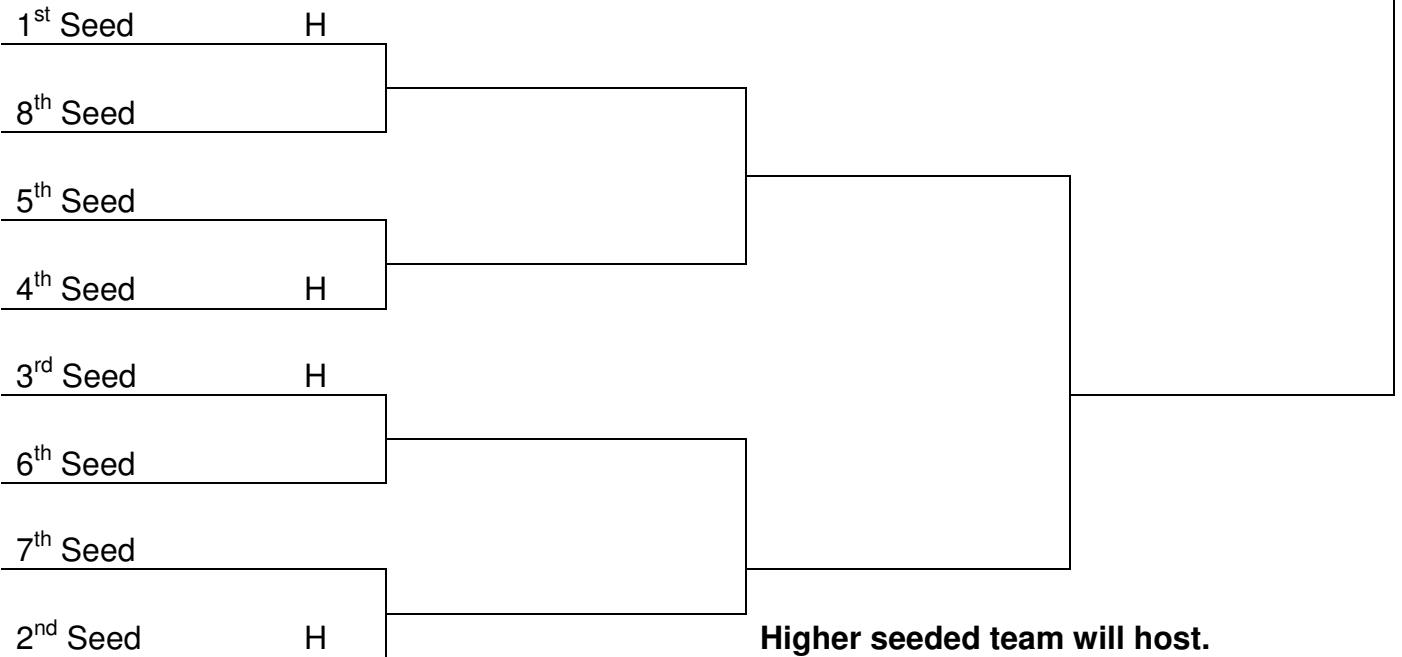
UPPER STATE

Girls - 4:00 pm
Boys - 6:30 pm



LOWER STATE

State Champion



BOYS TENNIS

1. The League will sponsor championships in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification. In addition to the team competition, a 32-draw AAAAA - AAAA and a 32-draw AAA-AA-A Singles Tournament will be held. These tournaments will be exclusive of the team competition
2. The rules of the United States Tennis Association will apply when not covered by High School League rules.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. All classes are allowed 16 varsity regular season matches and two tournaments or 18 regular season matches and one tournament, four scrimmages and one jamboree. JV teams are allowed 14 matches, two tournaments, two scrimmages and one jamboree. Tournaments may be pre-season and start on February 24.
5. Each match will be two no-ad sets with a 10-point tie-breaker played to decide the match if the sets are split. A set tie-breaker will be a 7-point tie-breaker. Pro-Set scoring (8 games, 7-point tie-breaker at 7-7) is permitted once the match has been decided. This includes the regular season and play-offs. (Any exception will result in both teams forfeiting).
6. Team competition will consist of 5 singles and 2 doubles teams. Only two players may play both singles and doubles during the same dual match. A player may play on only one doubles team in a dual match. (Any exception will result in a team forfeit, 7-0).
7. Coaches will exchange line-ups before the match begins, with at least 1-5 singles listed. Coaches have the option to hold off announcing doubles until after singles matches have been completed, but must inform the other coach beforehand. If doubles matches are announced after singles matches are completed, doubles line-ups will be exchanged simultaneously.
8. All players must play in at least four regular season dual matches to be eligible to play in the play-offs. All players will be required to compete in a school issued shirt. Appropriate tennis apparel is expected (cut-offs and jeans are not considered appropriate tennis apparel). Bandanas are not permitted.
9. In team play, there will be a maximum 10 minute break between singles and doubles play if a player is playing both singles and doubles.
10. Suspended matches are to be resumed from the point of interruption.
11. Coaching (by the head coach only) will be permitted during the 90-second changeover between odd numbered games. Coaching will be limited to 45 seconds and the coach must remain outside the fence. Coaching is also allowed during the rest period following split sets. This conference is limited to two minutes. No coaching is allowed during a tie-breaker.
12. Spectators, including players not participating, must stay a minimum of 3 feet away from the fenced area.
13. No cell phones or any electronic equipment is permitted by players or coaches as coaching tools.

14. In all phases of competition, coaches must play their singles participants and doubles teams in descending order of ability. Challenge matches will determine this order. **THE FOLLOWING GUIDELINES MUST BE FOLLOWED:**
- a. Players shall be ranked according to their head to head competition. Each coach shall maintain a dated copy of all challenge matches. You must use a minimum 6 total game challenge format to establish the initial ladder. Two no-ad sets with a 10-point tiebreaker must be used after the initial ladder is established
 - b. A player may challenge up only one position per challenge match.
 - c. **First doubles team shall always have a combined rank (based on the singles rank), which will be lower than that of the second team by a difference of at least 3 points. If the total ranking number is less than 3 points, a challenge match shall determine which team plays as #2 and which as #1.**
 - d. Temporary illness or absence of any player shall not change rules a. and b. When a player is out, all players must move up to fill the space with any forfeits at the bottom of the lineup. When that player returns, he/she must return in their original position.
 - e. **NOTE: a, b, c, d - FAILURE TO COMPLY WILL RESULT IN A TEAM FORFEIT (7-0)**
 - f. A coach, who questions the relative order of the opponent's lineup, may request to see the challenge records. Coaches must bring all challenge match data, as well as all previous individual and team scores, to every interscholastic match played. This includes the play-offs. Any challenge matches that change the line-up must be documented, dated and signed by the coach. If these records are not made available at the contest in question, the concerned coach may file a written protest with the High School League. The League will then expect the challenged coach to present the records. If records cannot be properly submitted, a forfeit will be imposed.
 - g. Once the play-offs begin, the singles ladder may not be changed. **ANY EXCEPTION WILL RESULT IN A TEAM FORFEIT (7-0).**
 - h. Once a match has begun, a player may not leave the court except for the following reasons:
 1. Bona fide bathroom break.
 2. To replace equipment (shoes, contact lens). If such player exceeds the time allowed (5 minutes), they will be subject to the point penalty system. 25 seconds will be allowed for each delay of game penalty. For example, warning - 25 seconds; point - 25 seconds; game - 25 seconds; match - 25 seconds.
 3. Leaving the court for reasons other than #1 or #2 will result in a forfeit of that match.
 - i. **Any serious unsportsmanlike act will result in an immediate disqualification. Examples are, but are not limited to: vulgar or abusive language or gestures, throwing racket, or fighting (should a disqualification occur the recorded score will be what the score was at the time of the disqualification).**
15. A dated challenge ladder must be submitted to the League Office by noon of the first playoff date. Failure to submit the tennis ladder by the deadline will result in a \$25.00 fine. This form is located in the AD Notebook.

16. **SINGLES TOURNAMENT INFORMATION**

All regions will qualify their best singles player for the Singles Tournaments to be held May 15-16. Regions that have both AA and A teams are reminded that they will have two automatic qualifiers for the singles tournament (One representing AA and one representing A). Regions will also have the opportunity to submit in order of ability additional players for at large consideration. The number chosen will be the number needed to fill a 32-player draw for the AAAAAA-AAAA Tournament and a 32-player draw for the AAA-AA-A Tournament. A panel of tennis coaches will use the following criteria for the at large selection process:

- a. Recommendations from regions submitted in writing. Information on season records and opponents should be included.
- b. USTA rankings in South Carolina.

17. Regular season scoring will be used for the State Singles Tournaments.

- a. A player is entitled to an hour's rest between matches. Warm-up time will be limited to 10 minutes.
- b. Any changes in the schedule will be left to the discretion of the tournament director.

18. The League will furnish trophies and medals to the State Champion and Runner-up in each competing class. Medals will be awarded to the individuals winning first and second places in the Singles competition and first place in the consolation bracket.

19. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets for approval as part of the sanctioning process in basketball, baseball, softball, lacrosse, tennis and soccer. (Maximum 10 consecutive days for a tournament).

Varsity

- Maximum of 10 games can be played in a combination of the two tournaments.
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament.

JV

- Maximum of 10 games can be played in a combination of the two tournaments.
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament.
- JV level does not have the option to trade in one tournament for additional regular season contests.

20. Refer to pages 5 & 6 for additional regulations.

BOY'S TENNIS 2016-17

June 1 - July 28, 2016	Open Season
	<ul style="list-style-type: none"> • Can practice • Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days) • Nothing mandatory
July 29 - September 2, 2016	Closed Season
	<ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team (75% rule must apply) • Can use school facilities and/or equipment if coaching an outside team
September 3 – October 30, 2016.....	Open Season
	<ul style="list-style-type: none"> • Can practice as much as you like • Nothing mandatory • No outside scrimmages or competition • No tryouts
October 31 - December 4, 2016	Closed Season
	<ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team (75% rule must apply) • Can use school facilities and/or equipment if coaching an outside team
December 5 - January 14, 2017	Open Season
	<ul style="list-style-type: none"> • Can practice as much as you like • Nothing mandatory • No outside scrimmages or competition • No tryouts
January 15 – January 29, 2017	Closed Season
	<ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team (75% rule must apply) • Can use school facilities and/or equipment if coaching an outside team
January 30, 2017	First Practice / Tryouts
February 6, 2017	First Scrimmage
February 24, 2017	First Preseason Contest Date
7 Days prior to first regular season contest	Eligibility Due
March 6, 2017.....	First Playing Date
April 25, 2017	Report Qualifiers - Classes AAAAA & AAAA
April 28, 2017	Report Qualifiers - Class AAA
May 2, 2017.....	Report Qualifiers - Class AA
May 5, 2017.....	Deadline to Report Singles Entries
May 10, 2017.....	Press Conference for State Finalists
May 13, 2017.....	State Finals (All Classes) Cayce Tennis Center
May 15 – 16, 2017.....	State Single Tournament Cayce Tennis Center
Last Contest - Championship.....	Closed Season
Day after championship –	
May 31, 2017.....	Open Season

2016 CLASS AAAAA BOYS TENNIS

April 27

May 2

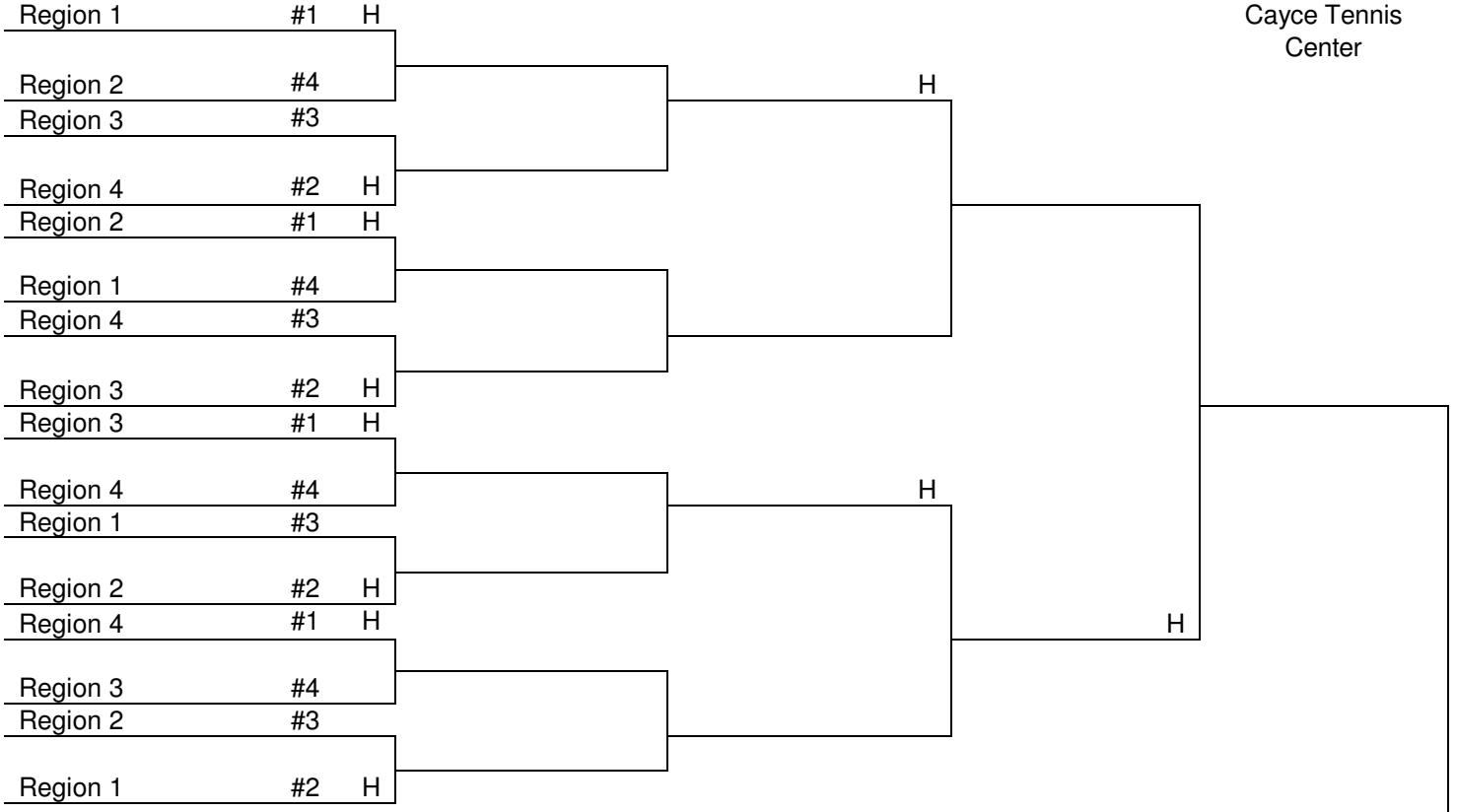
May 4

May 8

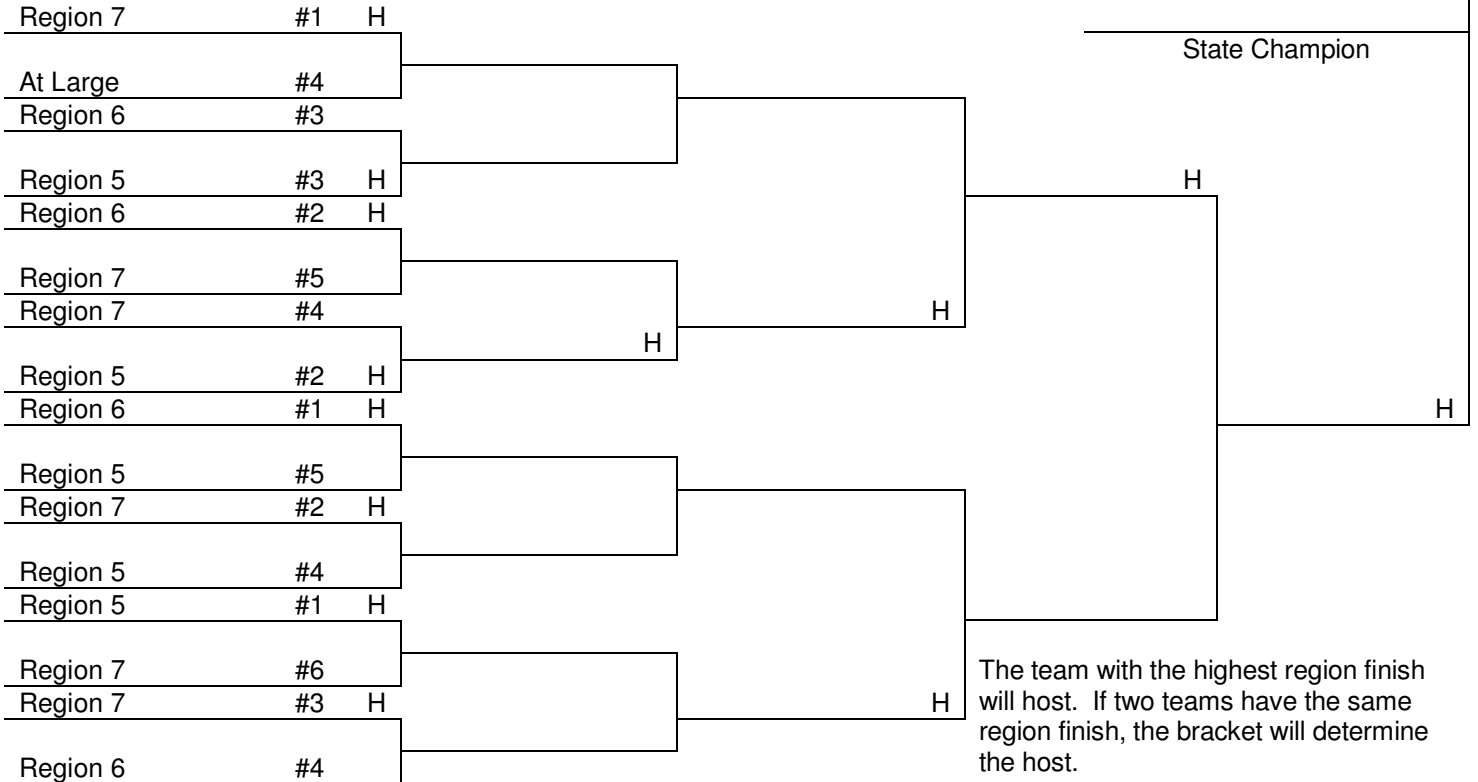
May 13
10:00 am

Cayce Tennis
Center

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2017 CLASS AAAA BOYS TENNIS

April 27

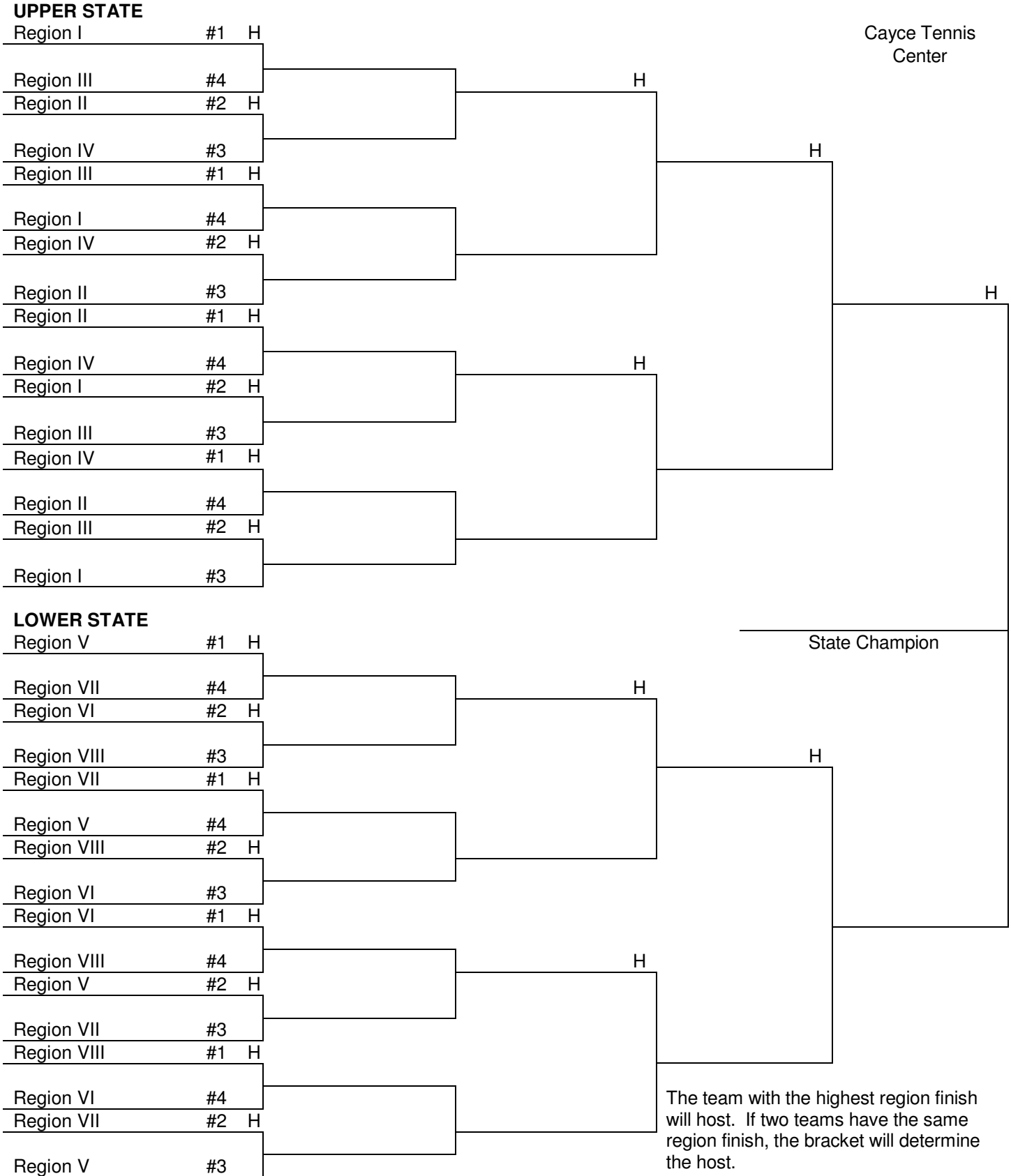
May 2

May 4

May 8

May 13
10:00 am

Cayce Tennis
Center



2017 CLASS AAA BOYS TENNIS

May 2

May 4

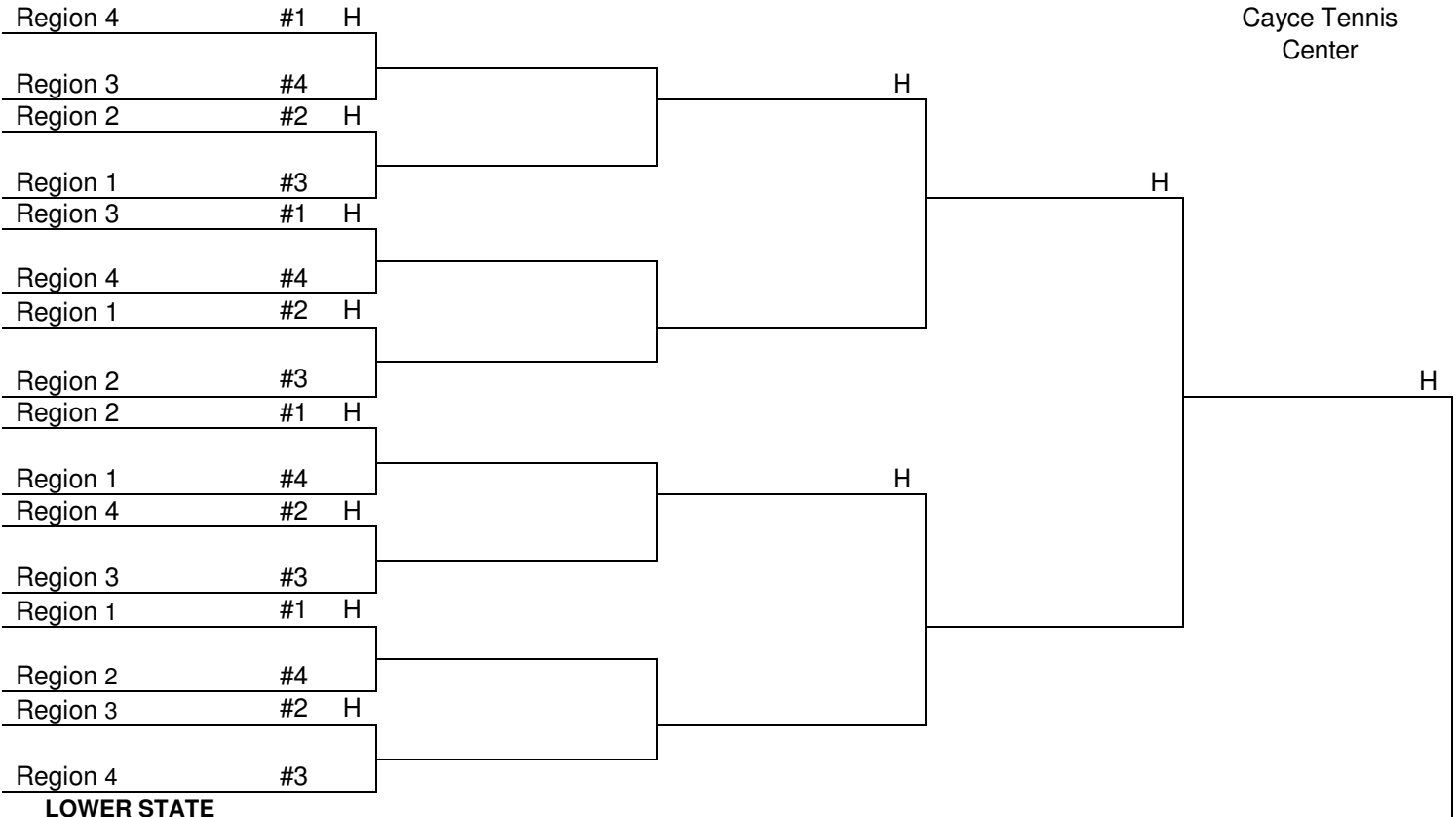
May 8

May 10

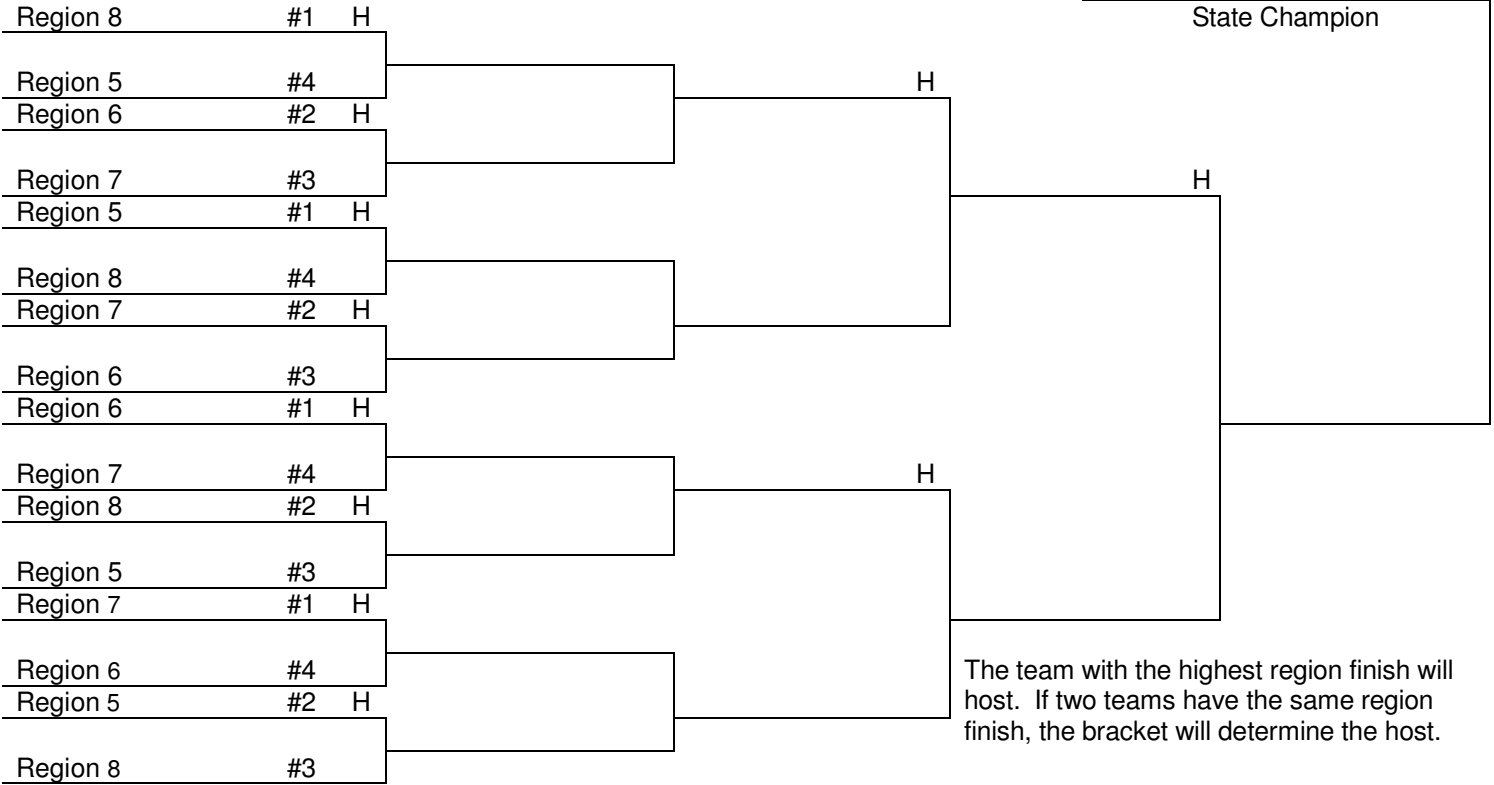
May 13
12:00 noon

Cayce Tennis
Center

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

CLASS AA BOYS TENNIS

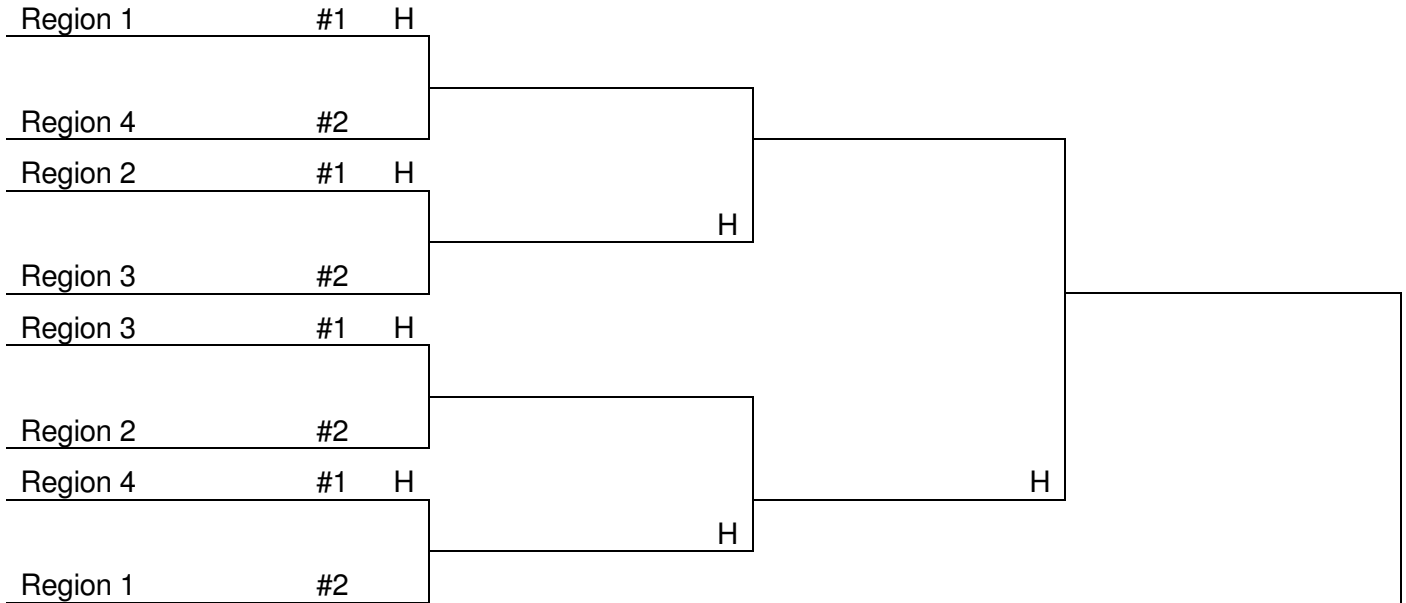
May 4

May 8

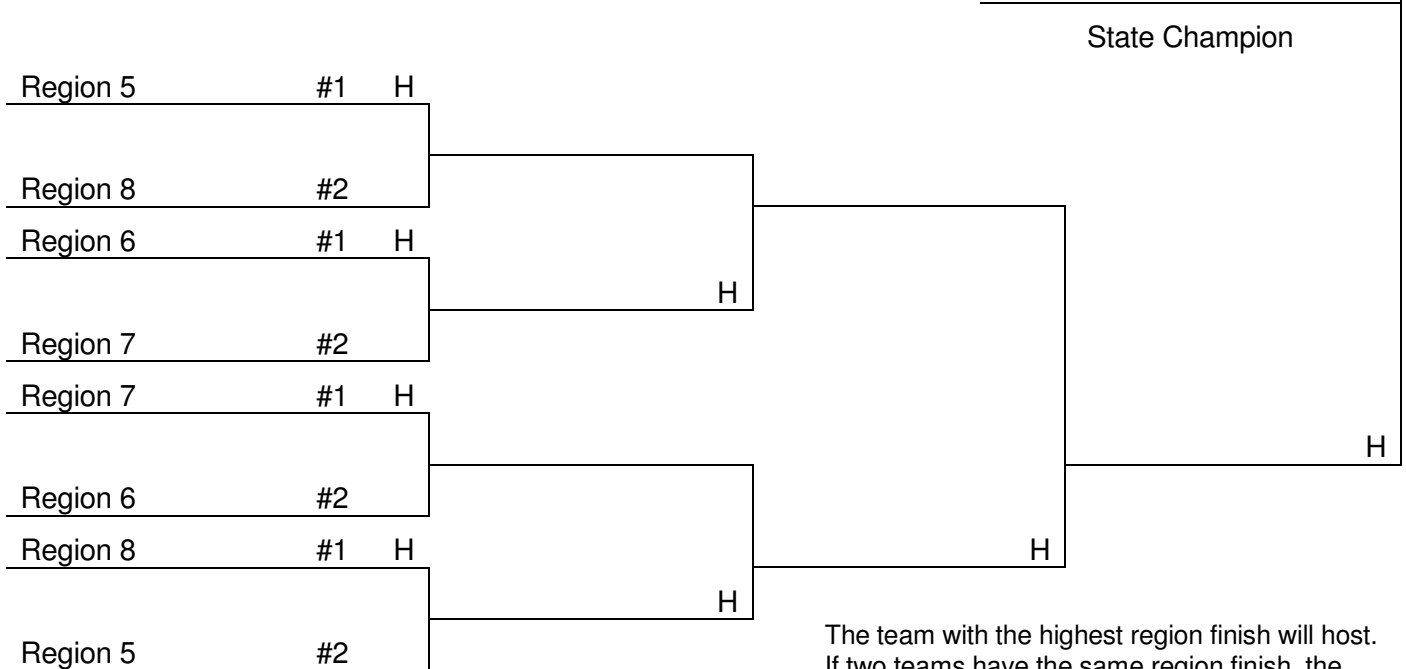
May 10

May 13
12:00 noon
Cayce Tennis and
Fitness Center

UPPER STATE



LOWER STATE



The team with the highest region finish will host.
If two teams have the same region finish, the
bracket will determine the host.

BOYS GOLF

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The Rules of Golf, as approved by the United States Golf Association, shall govern golf competition. Regular season matches shall be limited to nine holes of play.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslern.com.
4. Varsity golf teams are allowed 16 playdates including tournaments, four scrimmages and one jamboree. JV teams are allowed 12 playdates including tournaments and two scrimmages. One invitational may be pre-season and start on February 24. Any tournament entered (regardless of the number of days) counts as one playdate.
5. If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
6. If a female team played nine or more dates, then girls participating on those teams will forfeit their eligibility to play boys golf the following spring.
7. Range finders and GPS devices will be allowed in match and tournament play with the following stipulations:
 - In each pairing if any player uses a range finder/GPS device then all players in the pairing will have access to the device.
 - Any player using a device but does not allow other members of the pairing utilize it when asked will be disqualified for a serious breach of etiquette (USGA rule 33-7) by the tournament committee.
 - GPS devices on cell phones are not permitted. Use of GPS devices on cell phones will result in disqualification.
 - Range finders that calculate slope in addition to yardage are not permitted. Use of range finders that calculate slope will result in disqualification of any player that utilized the device.
8. Cell phones and devices that allow texting are not to be used during the course of play. Use of cell phone or texting device for calling or texting during a stipulated round will result in disqualification. Exceptions: If a player or players encounter a dangerous situation (Ex. weather, animal or person) or if there is a medical emergency players may use the cell phone to call a coach, the clubhouse or the proper authorities (911).
9. **One coach is permitted to coach their golfers anywhere on the course.** Any player that receives coaching from anyone other than their designated coach is subject to the following penalties:
1st offense – 2 stroke penalty 2nd offense – disqualification.
10. SCORING:
 - a. Regular Season - A total of the four (4) low players' scores will comprise the team score.
 - b. Tournament - For each eighteen holes or part (see #6) played, the total of the four (4) low players' scores will comprise the team score for that round. The team's score for a tournament will be the sum of all rounds or parts played.
 - c. Scorecards must be totaled, signed, and attested. Each player is responsible for his hole-by-hole score. If he gives a score over what he made on the hole, the score will stand as recorded. If he gives a score lower than he made, he will be disqualified. Under no circumstances should a player keep his own card. The player (competitor) is solely responsible for the correctness of the score recorded for each hole.

11 BREAKING TIES:

- a. Teams tied for a position (champion or runner - up) will be resolved by a sudden death stroke play-off by the four (4) low players on the previous eighteen holes. This will begin on the first tee or on the tee as designated by the committee with all four players teeing in the same group, beginning with the number four (4) players and progressing in order to the number one (1) players.
- b. Individuals tied for a position will be resolved in the same manner.

12 POSTPONEMENT/CANCELLATION:

Match - In the event a match cannot be completed (nine holes), it must be replayed in its entirety or canceled.

Tournament - In the event play has to be stopped, all players will mark their ball in an appropriate manner where play is suspended. If play cannot continue the same day, the round will begin from the beginning the next day. If play cannot begin again, the score will revert to the one-half ($\frac{1}{2}$) round that has been completed by all players. All tournaments will be at least eighteen (18) holes.

13 TOURNAMENT RULES - BOYS:

- a. Players from the same school will not be paired together.
- b. Pairings will be determined by player position as designated by his coach when application is submitted to the Tournament Committee.
- c. Unlimited substitutions may be made between rounds. (A round is defined as eighteen (18) holes.) A team may continue to compete as long as it has four (4) players. If a team has fewer than four (4) players, the team will be ineligible for team honors, but the remaining individual team players may compete for individual honors.
- d. Caddies and electric or motorized carts will not be permitted, but "hand carts" may be used. (A request to waive this regulation must be approved by the principals prior to a tournament.)
- e. Practice on the competition course between rounds is prohibited. (USGA - Rule 7-1-B disqualification.)
- f. Practice between holes is prohibited. (Two (2) stroke penalty.)
- g. Club throwing on the competition course is prohibited. (Two (2) stroke penalty.)
- h. If a questionable situation occurs, a player must play a second ball (provisional) and request a ruling from the Committee at the end of the round.

REGION TOURNAMENTS: Each region will determine their tournament format.

UPPER/LOWER STATE will be 18 holes events.

STATE TOURNAMENT will be 36 holes events.

14. The League will furnish trophies and medals to the State Champion and Runner-up in each classification. Medals will be awarded to the medalist, second and third place finishers in each classification.
15. Refer to pages 5 & 6 for additional regulations.

BOYS GOLF 2016-17

June 1 – July 28, 2016.....	Open Season	<ul style="list-style-type: none">• Can practice• Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)• Nothing mandatory
July 29 - September 2, 2016.....	Closed Season	<ul style="list-style-type: none">• Cannot practice – cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
September 3 – October 30, 2016.....	Open Season	<ul style="list-style-type: none">• Can practice as much as you like• Nothing mandatory• No outside scrimmages or competition• No tryouts
October 31 - December 4, 2016	Closed Season	<ul style="list-style-type: none">• Cannot practice – cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
December 5 - January 7, 2017	Open Season	<ul style="list-style-type: none">• Can practice as much as you like• Nothing mandatory• No outside scrimmages or competition• No tryouts
January 8 – January 22, 2017	Closed Season	<ul style="list-style-type: none">• Cannot practice – cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
January 30, 2017	First Practice / Try-outs	
February 6, 2017	First Scrimmage	
February 24, 2017	First Preseason Contest Date	
March 1, 2017.....	Schedules Due	
7 Days prior to first regular season contest	Eligibility Due	
March 6, 2017.....	First Contest	
May 1, 2017.....	Report Qualifiers (All Classes)	
May 8-9, 2017.....	Upper & Lower State Qualifiers	
May 15-16, 2017.....	State Finals	
Last Contest – Championship.....	Closed Season	
Day after Championship – May 31, 2017.....	Open Season	

Class AAAAA Boys Golf

QUALIFIERS:

Each upper state region shall qualify four teams to the upper state tournament. In lower state Region 5 will qualify five teams, Region 6 will qualify 4 teams and Region 7 will qualify 6 teams. Each region will also qualify one individual from a non-qualifying team.

Upper State	May 8	TBA	Host School: TBA
Lower State	May 8	TBA	Host School: TBA

STATE CHAMPIONSHIP:

May 15-16	Furman University	Host School: TBA
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Class AAAA Boys Golf

QUALIFIERS:

Each upper state region shall qualify four teams to the upper state tournament and each lower state region shall qualify four teams to the lower state tournament. Each region will also qualify one individual from a non-qualifying team.

Upper State	May 8	TBA	Host School: TBA
Lower State	May 8	Hackler GC	Host School: North Myrtle Beach

STATE CHAMPIONSHIP:

May 15-16	TBA	Host School: Hilton Head Island
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Class AAA Boys Golf

QUALIFIERS:

Top four teams from each region and 1 individual.

Upper State	May 8	TBA	Host School: Chester HS
Lower State	May 8	TBA	Host School: TBA

STATE CHAMPIONSHIP:

Top eight teams from Upper state and 3 individuals

Top eight teams from Lower state and 3 individuals

May 15-16	TBA	Host School: Waccamaw
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Class AA Boys Golf

QUALIFIERS:

Any team that shoots 425 or better at either qualifier will advance to the state championship. Any individual not on a qualifying team that shoots 100 or better will also qualify for the state championship.

Upper State	May 8	TBA	Host School: TBA
Lower State	May 8	TBA	Host School: TBA

STATE CHAMPIONSHIP:

May 15-16	TBA	Host School: TBA
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TRACK AND FIELD

1. The League will sponsor a girls' and boys' championship in each class.
2. National Federation Rules shall govern all track and field meets.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. Track teams are limited to 16 varsity and 12 JV meets, including invitationals. One invitational may be pre-season and start on February 24.
5. The League considers the qualifying meets (region and upper/lower state or qualifying) to be part of the State Final Series.
 - a. All throwing implements will be chosen/designated by the Meet Director and/or event judge for competition.
 - b. The Meet Directors will secure knowledgeable officials. Meets must have a referee, exchange zone judges and turn judges. The decision of the judges will be final. No protest will be allowed unless violation of track or eligibility rules occurs.
 - c. The forty-eight hour appeal limitation does not apply until after the finals. However, region-qualifying appeals will not be heard after the start of the upper/lower state or qualifying meet.
 - d. Contestants must be ready at the scheduled time of their events. If not, the Meet Director will scratch them.
6. **REGION MEET REGULATIONS:**
 - a. A student must have participated in at least two regular season track meets prior to entering region qualifying leading to the State Meet. The High School League Executive Committee must make any exceptions.
 - b. Be sure that everyone clearly understands Rule 5-10-2. Being listed as one of the six members of a relay team does not count as an event unless the competitor actually participates. Remind them that an athlete may not participate in more than **four** events. He or she may be listed in **two** individual events and as a member of **three** relay teams. However, once **this** athlete participates in **two** of these relays he/she is not eligible for the other relay. Once he/she has been listed in any individual event(s), the athlete is locked in.
 - c. Schools must register their contestants (using both first and last names) with the region track chairperson by a date set by the chairperson. The best performances of each event in region meets must be sent to the director of the Upper or Lower State Meet. This information is requested in order that contestants may be placed in heats.
 - d. A region may qualify four contestants in each event for the Upper / Lower State Meet or Qualifying Meet, and four contestants in each event will be qualified from these meets for the State Finals. No more than four contestants from any school may be entered in any event in the region meet. A school may enter one team in each relay.
7. **UPPER AND LOWER STATE MEET:**
 - a. These meets will be held on May 6. Sites for upper and lower state qualifying will be determined by each classification. An admission of \$5.00 will be charged for Upper and Lower State Meets. The meet director must submit a financial statement to the League Office.
 - b. In all meets that qualify contestants for the State Track Meet, these rules will be followed in the shot put, discus, triple jump and long jump. Each competitor shall be allowed three preliminary trials. The six competitors credited with the best performances will be given three final trials. The four competitors with the best performances will qualify for the State Meet.

c. RECOMMENDED TIME SCHEDULE FOR UPPER AND LOWER STATE QUALIFYING:

11:00 am	Field Events	12:40 pm	400 Meter Relay
	Boys Long Jump followed by Triple Jump	12:55 pm	3200 Meter Relay
	Girls Long Jump followed by Triple Jump	1:45 pm	100 Meter Hurdle Finals
	Boys Shot followed by Girls Shot	1:55 pm	110 Meter Hurdle Finals
	Girls Pole Vault followed by Boys Pole Vault	2:05 pm	100 Meter Dash Finals
	Boys High Jump followed by Girls High Jump	2:15 pm	1600 Meter Run
	Girls Discus followed by Boys Discus	2:30 pm	400 Meter Run
11:15 am	100 Meter Hurdle Trials	2:50 pm	400 Meter Hurdle
11:25 am	110 Meter Hurdle Trials	3:10 pm	800 Meter Run
11:35 am	100 Meter Dash Trials	3:20 pm	200 Meter Run Finals
12:20 pm	200 Meter Dash Trials	3:30 pm	3200 Meter Run
		4:00 pm	1600 Meter Relay

- f. Qualifiers for the Upper and Lower State Meets will be reported to the directors of these meets. The Upper and Lower State Meet Directors will report their qualifiers directly to the League Office. **FIRST AND LAST NAMES AND GRADE LEVELS** will be used in reporting all qualifiers.

8. STATE TRACK MEET REGULATIONS:

- a. The State Meet will be held on May 12 & 13.
- b. An admission of \$5.00 on Friday and \$8.00 on Saturday will be charged to everyone except those participating in the State Finals.
- c. Eight places will score in the State Meet as follows:

First place	10 points	Fifth Place	4 points
Second place	8 points	Sixth Place	3 points
Third place	6 points	Seventh Place	2 points
Fourth place	5 points	Eighth Place	1 point

NOTE: The high jump will begin 2 heights (4 inches) below the lowest qualifying height of the contestants entered in the event.

NOTE: The bar for the high jump will be raised 2 inches until a winner is determined.

NOTE: The pole vault will begin two heights (one foot) below the lowest qualifying height.

NOTE: The maximum starting height in the pole vault event for girls is 9' 6" and for boys 12' 6".

NOTE: The bar for the pole vault will be raised 6 inches until a winner is determined

- d. Only rubber-soled shoes may be used for the shot put and discus. Track flats or spikes that do not exceed ¼" spikes may be used for the pole vault, high jump, long jump and all running events.
- e. **NO ONE WILL BE ALLOWED IN THE TRACK AREA EXCEPT CONTESTANTS IN UNIFORM AND OFFICIALS.**
- f. In the shot put, discus, triple jump and long jump, each competitor will be allowed six trials.
- g. During the week of the state meet no school may practice at the site of this meet unless the site is on its campus.
NOTE: All throwing implements & relay batons will be chosen/designated by the Meet Director and/or event judge for competition.

9. Because of differences in starting procedures, jumping pits, throwing circles, tracks, watches, etc. the following regulations govern State Track Records:
 - a. Records may be broken only in the State Meet.
 - b. Metal or fiberglass tapes will be used and all records will be measured and certified by the meet director or referee, the head field judge and the person running the event.
 - c. A record must meet the requirements of National Federation Edition of the Track and Field Rules.
10. The League will furnish trophies and medals for the State Champion and Runner-up in each classification. Medals will be given to first, second and third place finishers in each event.
11. Refer to pages 5 & 6 for additional regulations.

TRACK & FIELD 2016-17

June 1 - July 28, 2016	Open Season	<ul style="list-style-type: none">• Can practice• Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)• Nothing mandatory
July 29 - September 2, 2016.....	Closed Season	<ul style="list-style-type: none">• Cannot practice-cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
September 3 – October 30, 2016.....	Open Season	<ul style="list-style-type: none">• Can practice as much as you like• Nothing mandatory• No outside scrimmages or competition• No tryouts
October 31 - December 4, 2016	Closed Season	<ul style="list-style-type: none">• Cannot practice-cannot do any skill training• Can continue to condition and strength train• Can coach an outside team (75% rule must apply)• Can use school facilities and/or equipment if coaching an outside team
December 5 - January 14, 2017	Open Season	
January 15-January 29, 2017	Closed Season	
January 30, 2017.....	First Practice	
February 1, 2017	Schedule Due	
February 6, 2017	First Scrimmage	
7 Days prior to first regular season contest	Eligibility Due	
March 6, 2017.....	First Meet	
April 8, 2017	Region Track Directors Meeting	
May 6, 2017.....	Upper & Lower and Qualifying State Meets (All Classes)	
May 12-13, 2017.....	State Finals (All Classes)	
Last Meet – April 29, 2017.....	Closed Season	
April 30 – May 31, 2017.....	Open Season	

Class AAAAA Track & Field

Region Qualifiers Due: November ??

AAAAA Qualifying Meet Spring Valley High School

Class AAAA Track & Field

AAAA Qualifying Meet Lower Richland High School (Dreher High School)

Class AAA Track & Field

AAA - UPPER Seneca High School
AAA - LOWER Bishop England High School

Class AA Track & Field

AA - UPPER Keenan High School
AA - LOWER Woodland High School

Class A Track & Field

A - UPPER TBA
A - LOWER TBA

BASEBALL

1. The League will sponsor championship play-offs in all five classes.
2. National Federation Baseball Rules will be used in all games. The following speed-up rules may be used.
 - a. The pitcher and/or catcher may have a courtesy runner if indicated at the pre-game conference. This change can be made any time after they reach base. Refer to the National Federation Baseball Rules book or regulations
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses “Concussion in Sports”, “Heat Illness Prevention” and “Sudden Cardiac Arrest” found at www.nfhslearn.com.
4. If a school is participating in a preseason tournament, the certificate of eligibility must be submitted before participation in this tournament.
5. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree. One tournament may be pre-season and start on February 24.
 - a. Individual players who are 7th through 10th grades will be allowed to play in 20 regular season contests and two tournaments. Once a player has played in any combination of 14 regular season games, games 15-20 must be at the varsity level.
6. Certified umpires must be used in all varsity games. Games will be played even though only one umpire is present. Instructions for postponing or canceling games are printed on page 152.
7. Pitchers are limited to the pitch restriction guidelines are on the front page of the SCHSL website. If this rule is violated, the pitcher is considered an ineligible player and the game will be forfeited and the school fined.
8. Varsity games must be scheduled for 7 innings. If a double header is played, the games may be scheduled for 5 innings.
9. The game will end any time after 3 innings, or after 2 ½ innings when a team is 15 or more runs behind and has completed its term at bat. The game will end any time after 5 innings, or after 4 ½ innings when a team is 10 or more runs behind and has completed its term at bat
10. Games that are called prior to completion will be considered suspended games under the following circumstances: **Suspended games will be resumed from the point of interruption.**
 - a. it is not a regulation game
 - b. it is a regulation game with a tied score.
 - c. a game will be declared a forfeit after a 30-minute waiting period for opponent, unless other arrangements have been made.
11. If the game is called (ended) by the umpire, it is a regulation game:
 - a. if five full innings have been played or if the home team has scored an equal or greater number of runs in four or four and a fraction turns at bat than the visiting team has scored in five turns at bat; or
 - b. if play has gone beyond five full innings. If the game is called when the teams have not had an equal number of completed turns at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent’s score the final score shall be record when the game is called.

12. When a protest is filed, the offended team must enter it at the time of the play and before the next pitch. The umpire-in-chief shall report the protest to the League Office along with all related conditions at the time of the protested play. If a protest is upheld the game will be replayed from the time of the protest.
13. Region schedules will be arranged so that the last region game will be played one week before the deadline for declaring champions and runners-up. This way, postponed games may be played without hardship on any team.
14. Postponed games during the regular season will be made up on the next available playing date unless one team has a scheduled game.
15. **A Rawlings ball must be used in all state play-off games.**
16. The League will sponsor a state championship series in all classes.
 - a. Gate receipts will be distributed according to the financial statement on the League website.
 - b. Admission is \$5.00 for playoffs. Admission is \$6.00 for State Championship games
 - c. The host school is responsible for securing umpires through the local booking secretary
17. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, lacrosse, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)
 - Varsity
 - Maximum of 10 games can be played in a combination of the two tournaments
 - If you choose to play more than five games in any one tournament this will constitute having played a second tournament
 - JV
 - Maximum of 10 games can be played in a combination of the two tournaments
 - If you choose to play more than five games in any one tournament this will constitute having played a second tournament
 - JV level does not have the option to trade in one tournament for additional regular season contests
18. When games are played on neutral fields (outside of tournaments), game security is the responsibility of both schools and each school must control its own fans.
19. The League will furnish trophies and medals for the State Champion and the Runner-up in each classification.
20. Refer to pages 5 & 6 for additional regulations.

BASEBALL 2016-17

June 1 - July 28, 2016Open Season

- Can practice
- Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
- Nothing mandatory

July 29 - September 2, 2016.....Closed Season

- **Cannot practice – cannot do any skill training**
- Can continue to condition and strength train
- Can coach an outside team **(75% rule must apply)**
- Can use school facilities and/or equipment if coaching an outside team

September 3 – October 30, 2016.....Open Season

- Can practice as much as you like
- Nothing mandatory
- No outside scrimmages or competition
- No tryouts

October 31 – December 4, 2016.....Closed Season

- **Cannot practice – cannot do any skill training**
- Can continue to condition and strength train
- Can coach an outside team **(75% rule must apply)**
- Can use school facilities and/or equipment if coaching an outside team

December 5 – January 14, 2017.....Open Season

- Can practice as much as you like
- Nothing mandatory
- No outside scrimmages or competition
- No tryouts

January 15 – January 29, 2017Closed

- **Cannot practice – cannot do any skill training**
- Can continue to condition and strength train
- Can coach an outside team **(75% rule must apply)**
- Can use school facilities and/or equipment if coaching an outside team

January 30, 2017 First practice/tryouts

February 6, 2017 First Scrimmage

February 24, 2017 First Preseason Contest Date

7 Days prior to first regular season
contest..... Eligibility Due

March 6, 2017..... First Contest

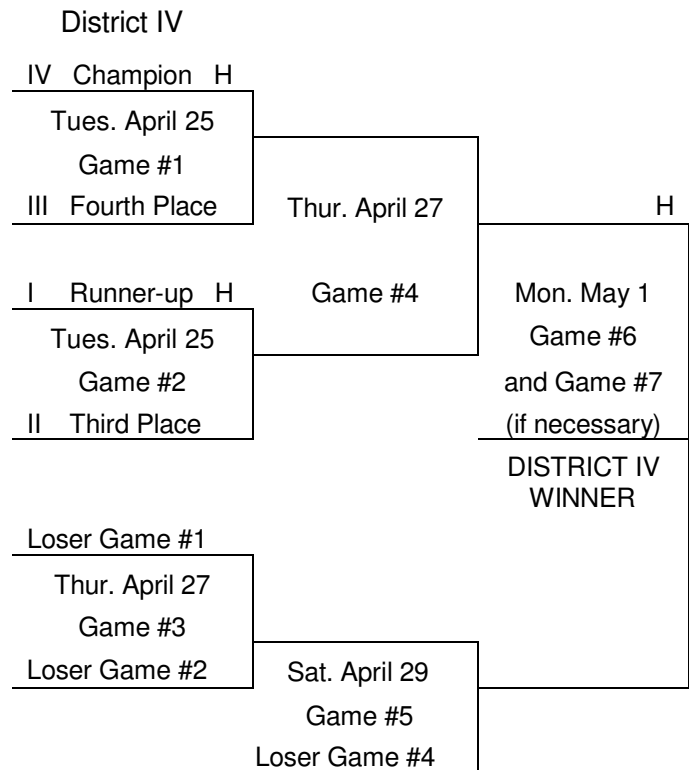
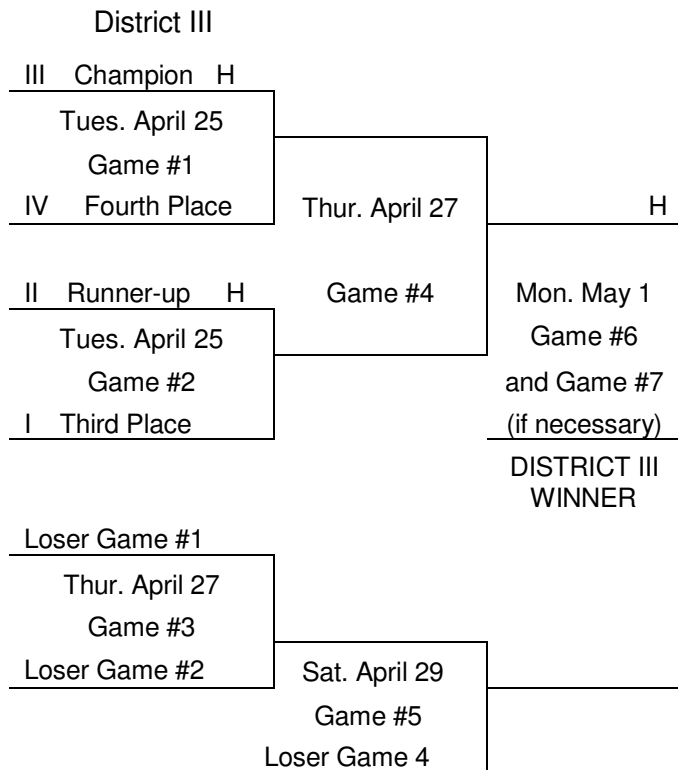
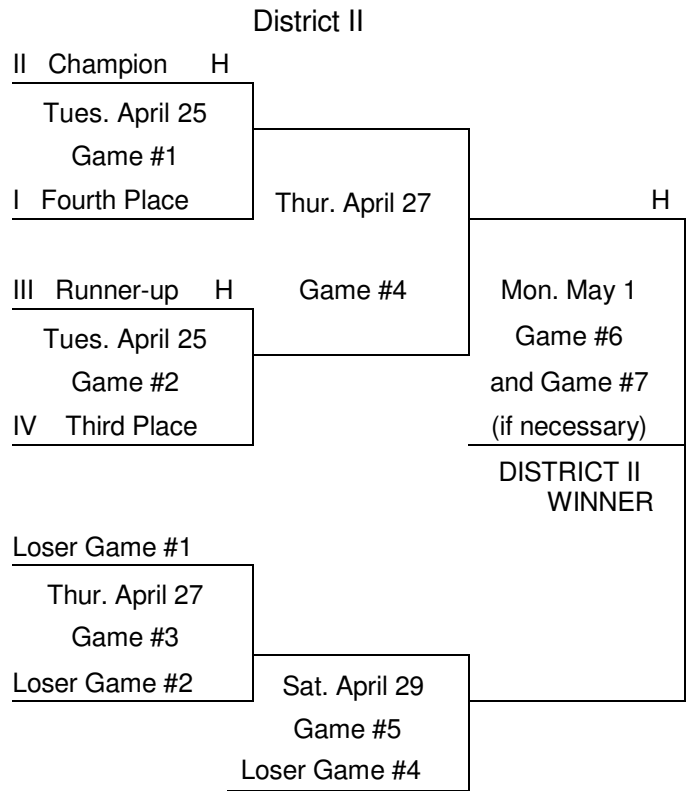
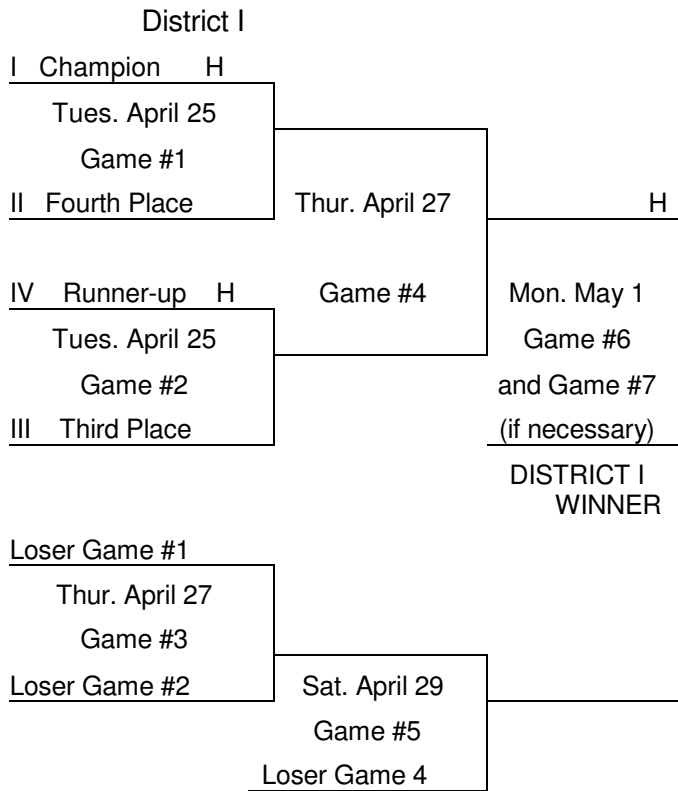
April 22,2017 Report Qualifiers (all classes)

April 25, 2017 Playoffs begin – (all classes)

May 13-20 State Finals (all classes)

Last Contest - May 31, 2017.....Closed Season

2017 DISTRICT BASEBALL TOURNAMENTS - CLASS AAAAA



NOTES:

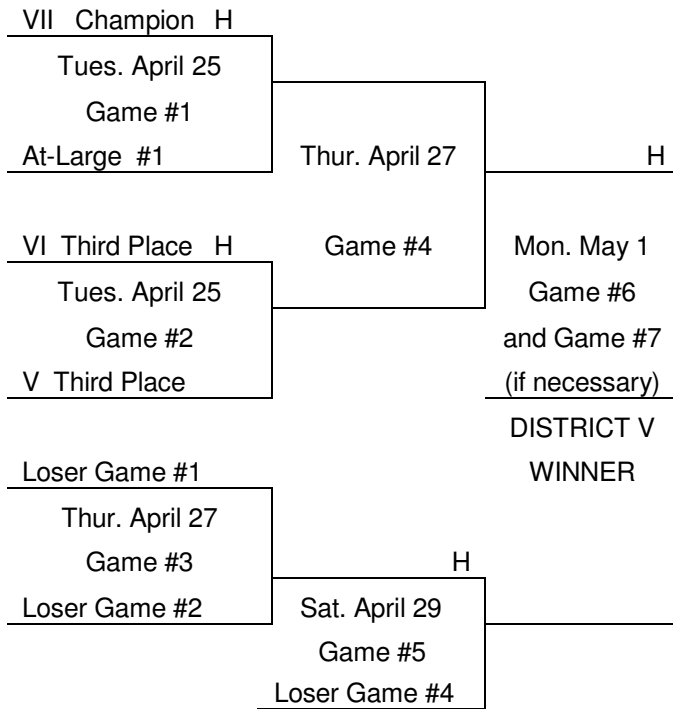
The Higher Region Finish Team will host in game 1, 2, 3, 4, 5.

If two teams finish in the same position in the region, the bracket will determine the host.

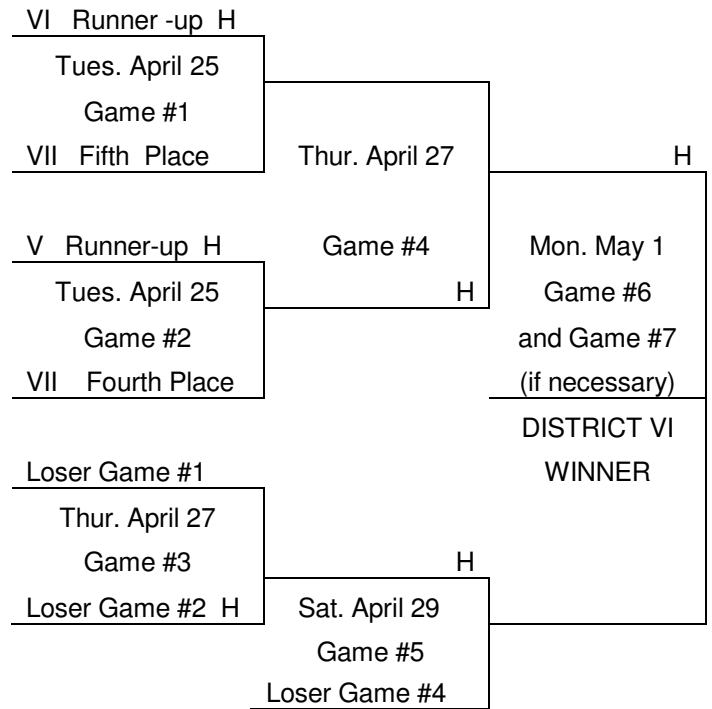
Game 6 will be hosted by the undefeated team. If Game 7 is played, it will be at the site of Game 6, but a coin toss will determine the home team

2017 DISTRICT BASEBALL TOURNAMENTS – CLASS AAAAA

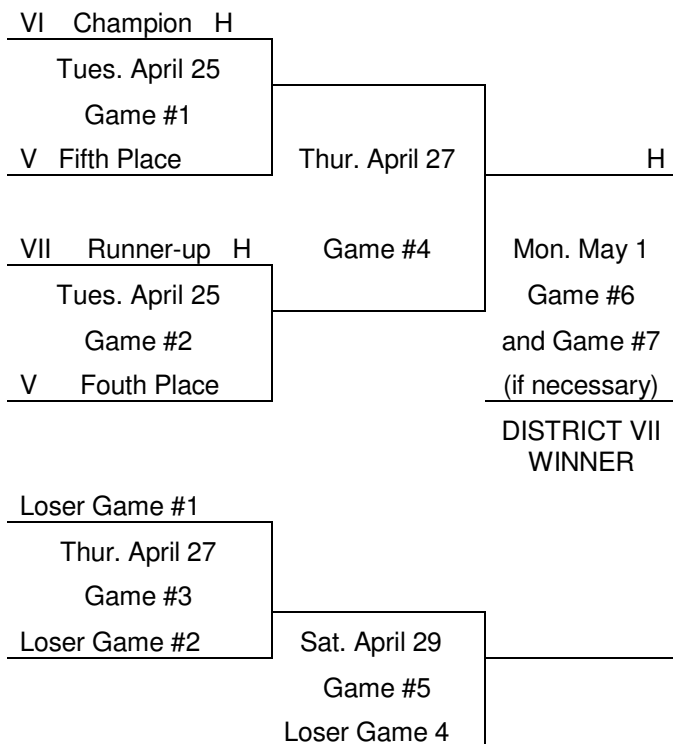
District V



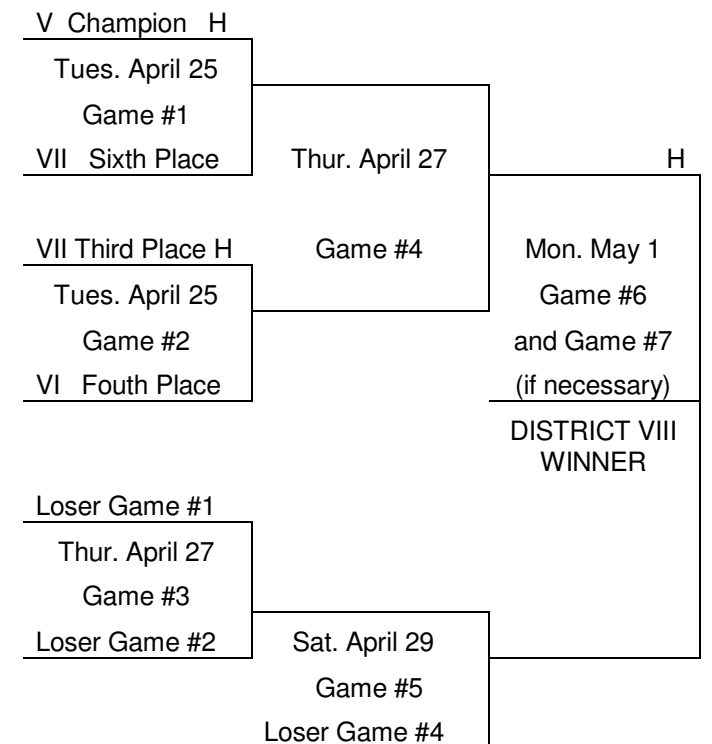
District VI



District VII



District VIII



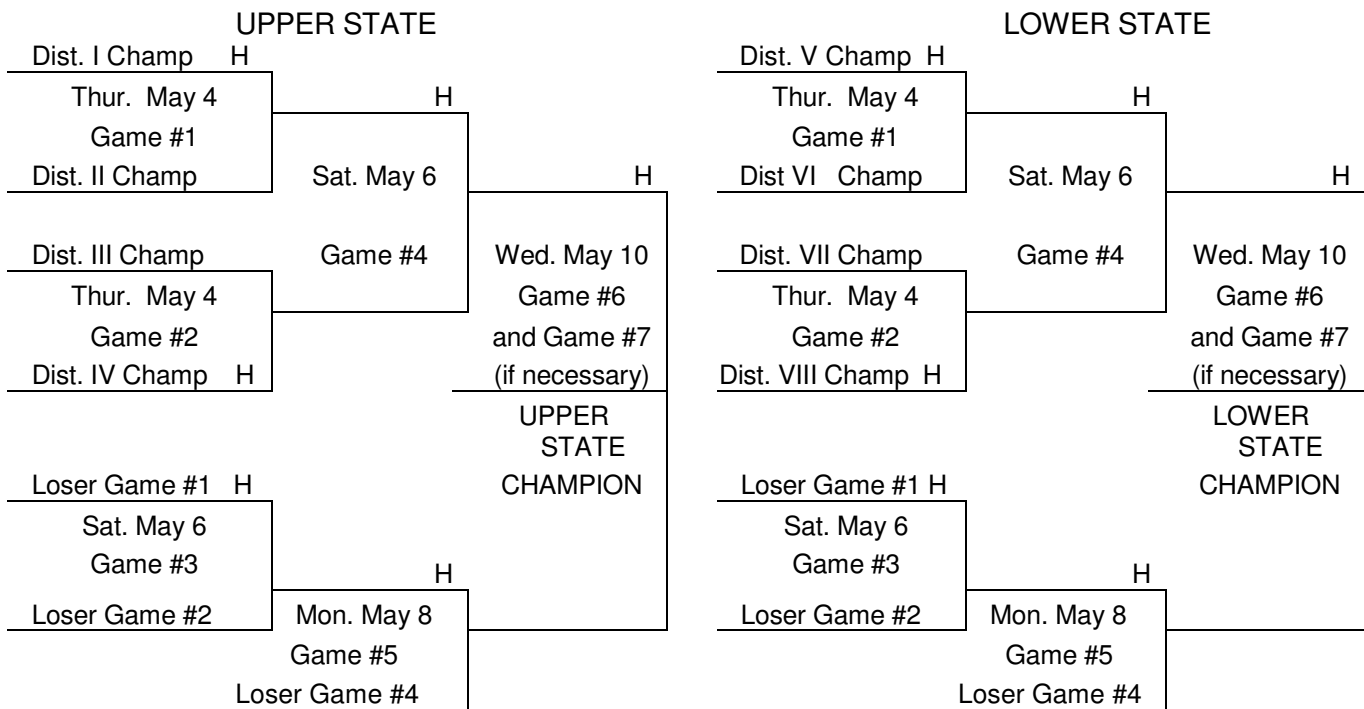
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The Higher Region Finish Team will host in game 1, 2, 3, 4, 5.

If two teams finish in the same position in the region, the bracket will determine the host.

Game 6 will be hosted by the undefeated team. If Game 7 is played, it will be at the site of Game 6, but a coin toss will determine the home team

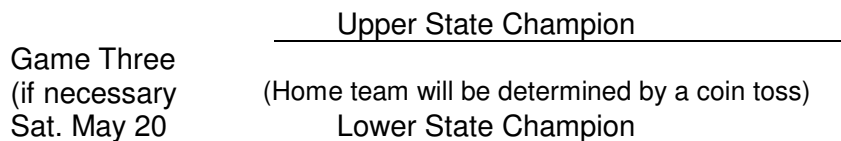
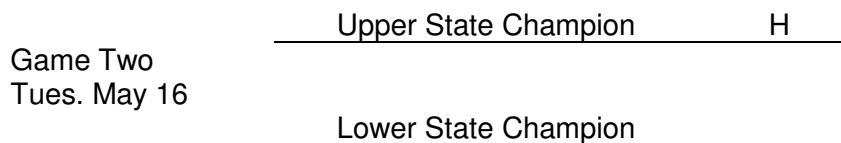
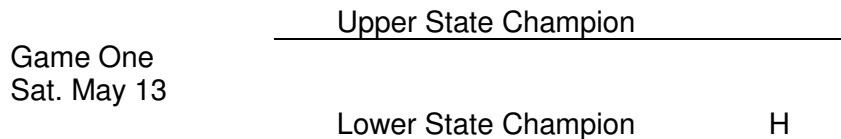
2017 UPPER AND LOWER STATE BASEBALL TOURNAMENTS CLASS AAAAA



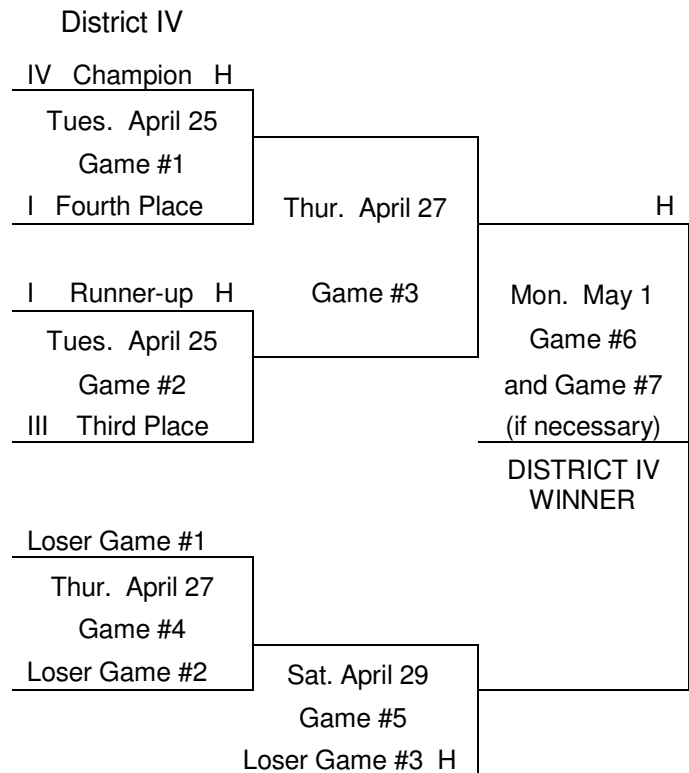
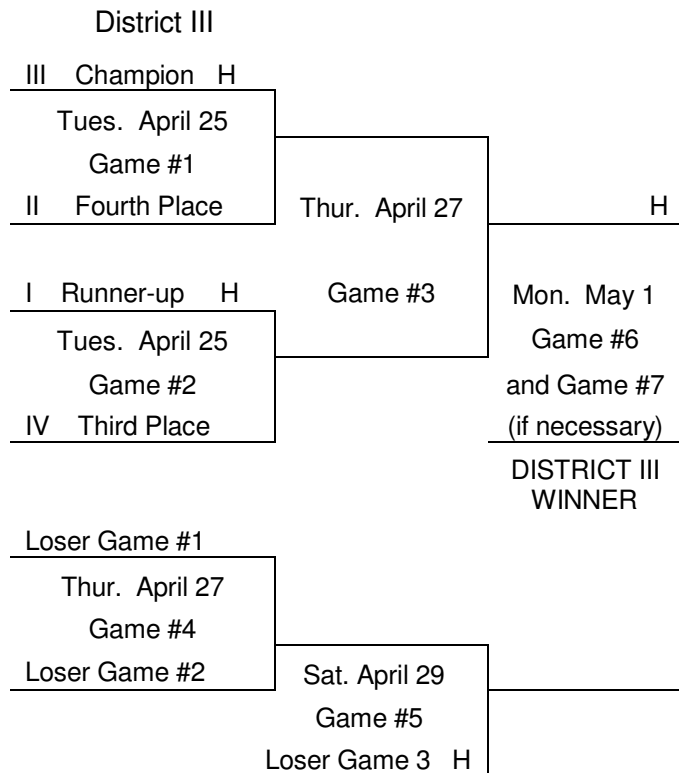
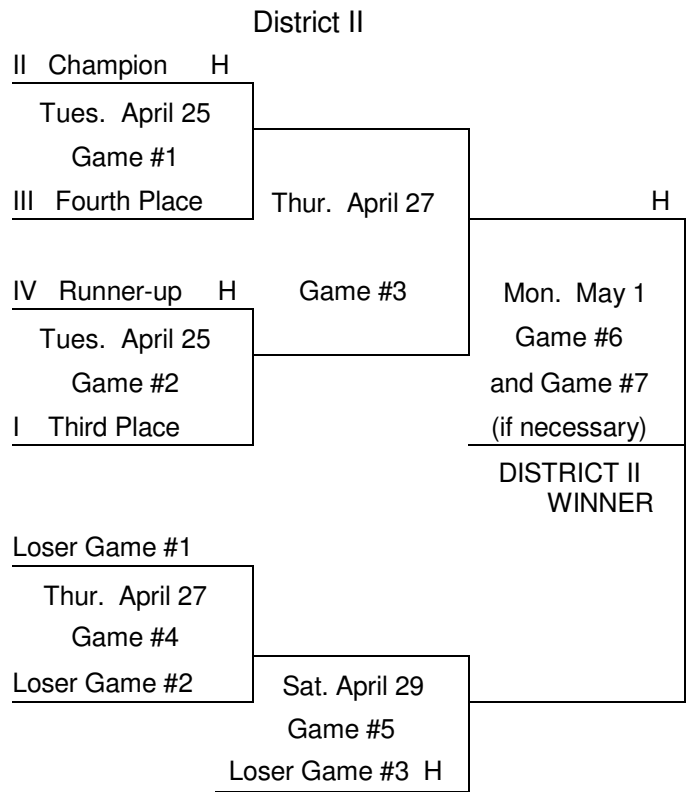
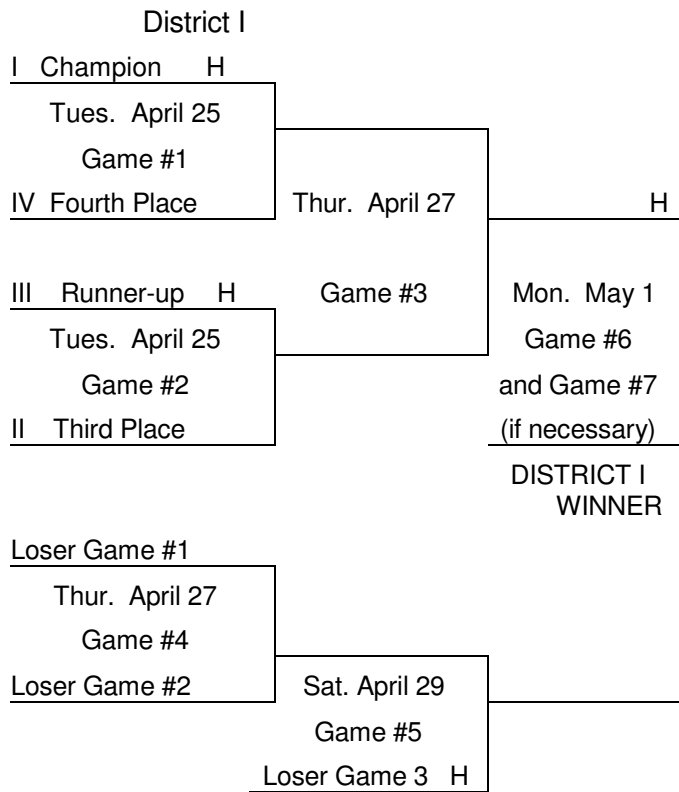
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
 If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AAAAA Baseball State Series



2017 DISTRICT BASEBALL TOURNAMENTS - CLASS AAAA



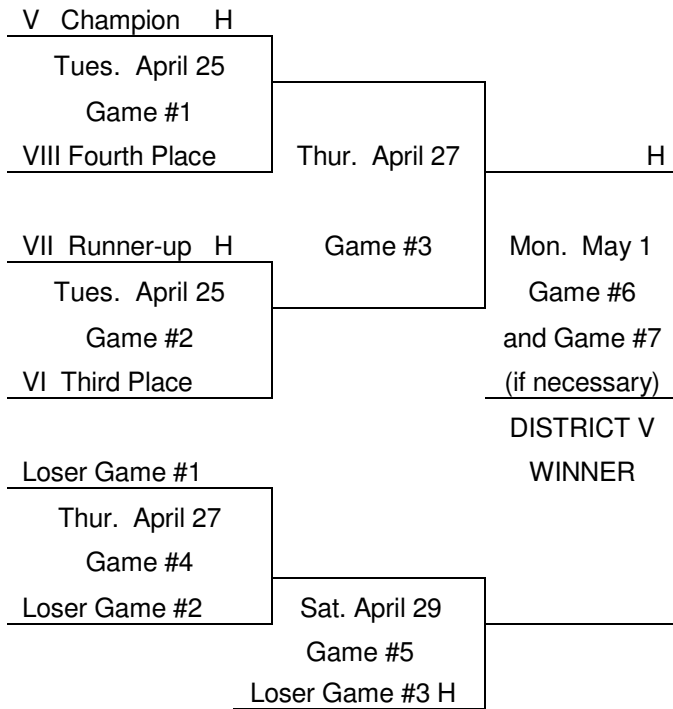
NOTES:

The high seed will host in games 1-4; Game 3 loser hosts Game 5; Game 3 winner hosts Game 6

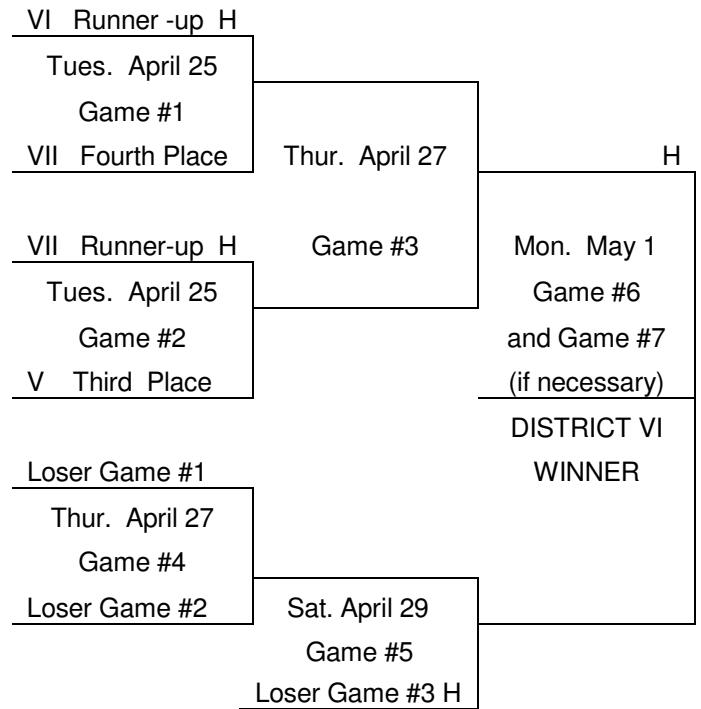
Game 7 will be played if necessary at the site of Game 6. Home team will be determined by coin toss

2017 DISTRICT BASEBALL TOURNAMENTS – CLASS AAAA

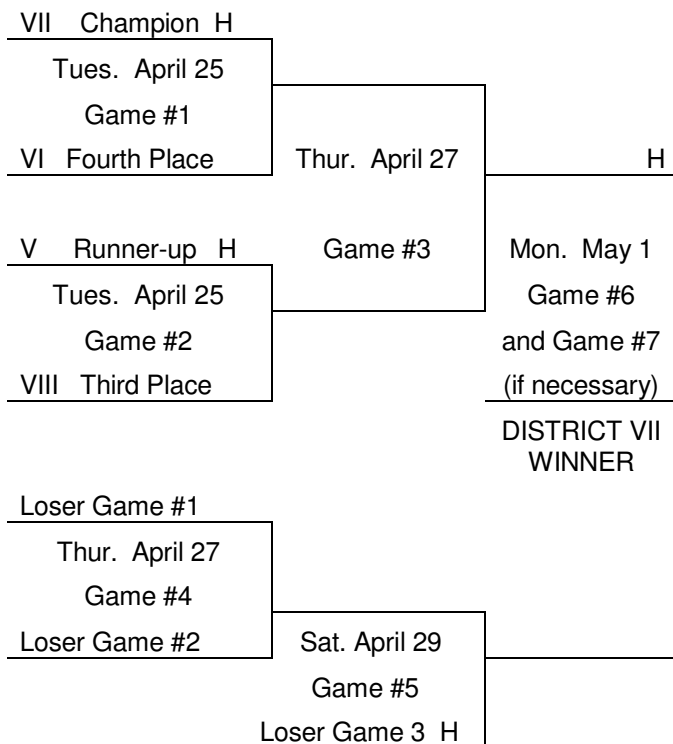
District V



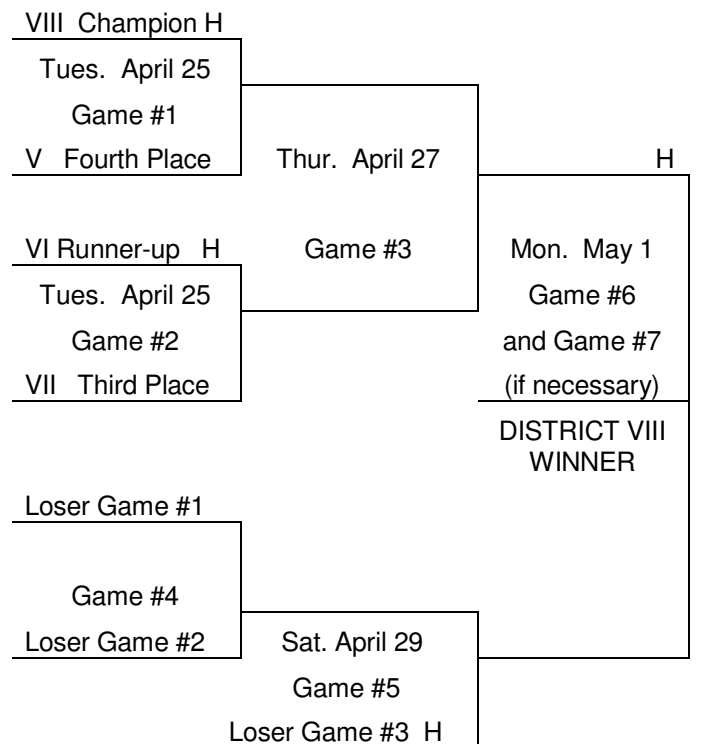
District VI



District VII



District VIII

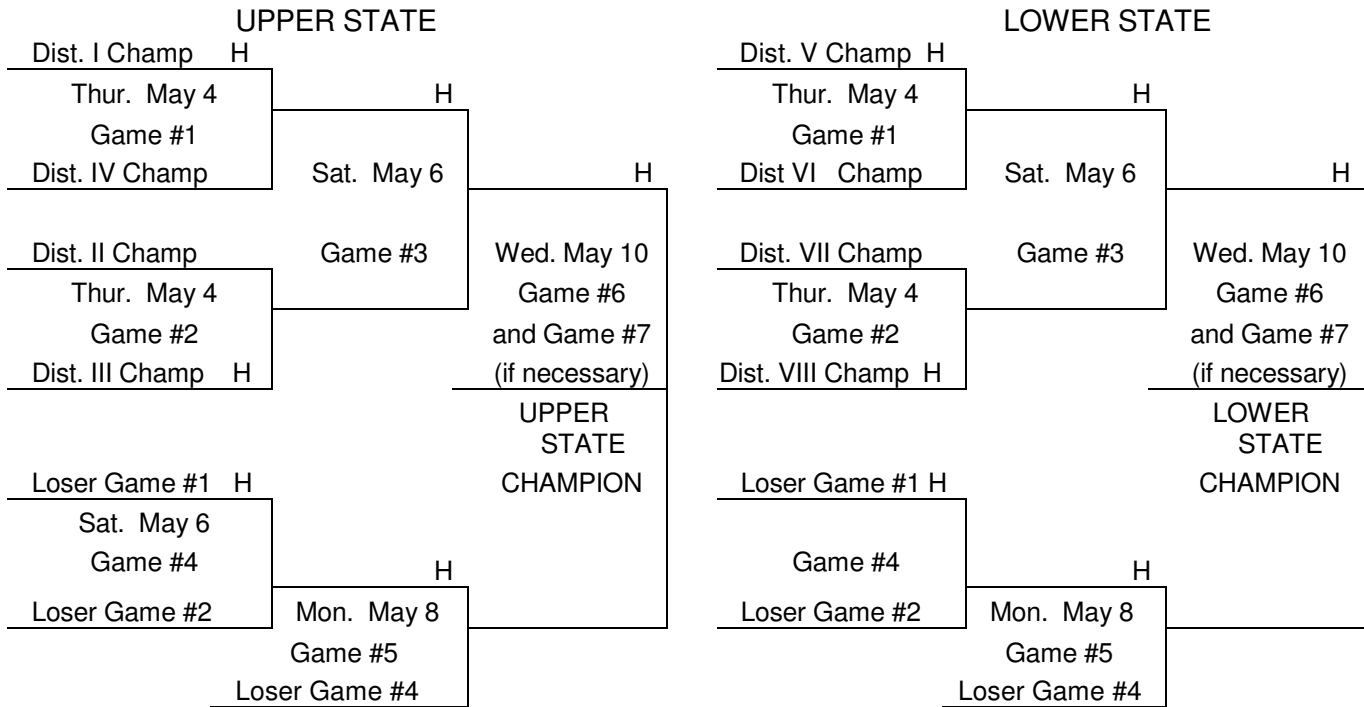


NOTES:

The high seed will host in games 1-4; Game 3 loser hosts Game 5; Game 3 winner hosts Game 6

Game 7 will be played if necessary at the site of Game 6. Home team will be determined by coin toss

2017 UPPER AND LOWER STATE BASEBALL TOURNAMENTS CLASS AAAA



Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
 If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

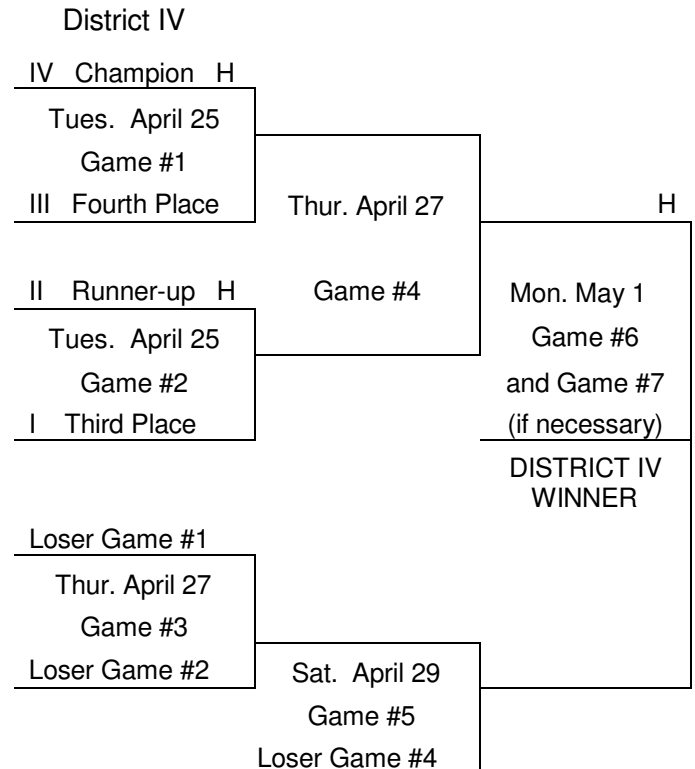
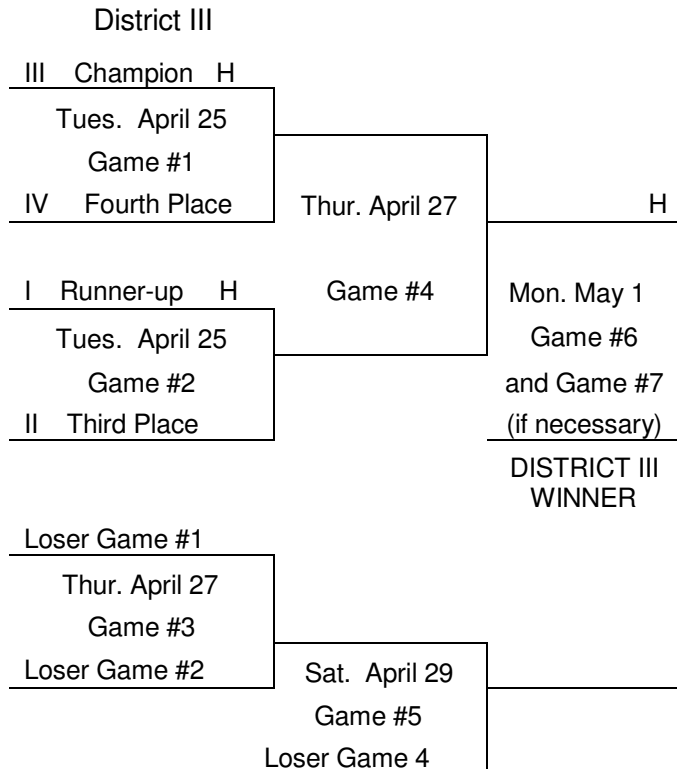
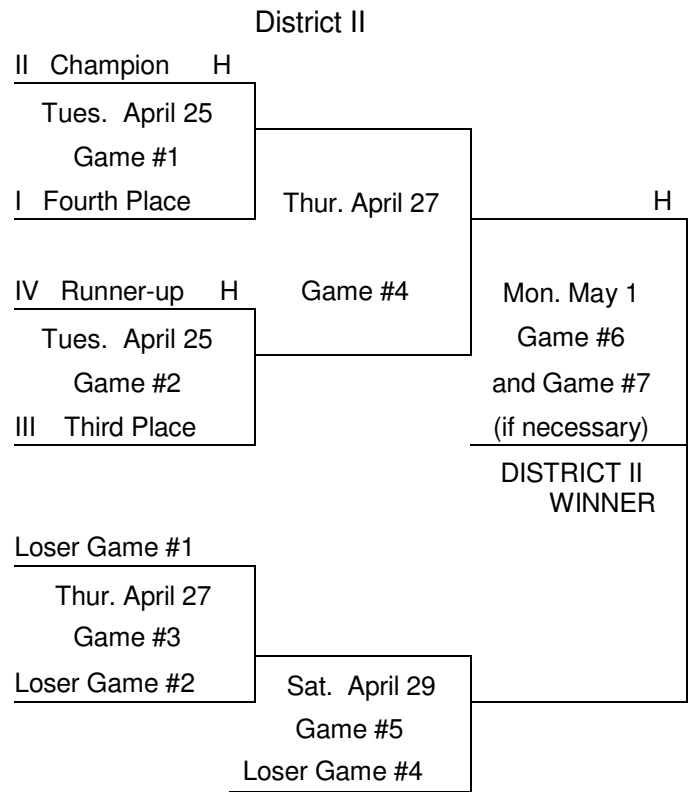
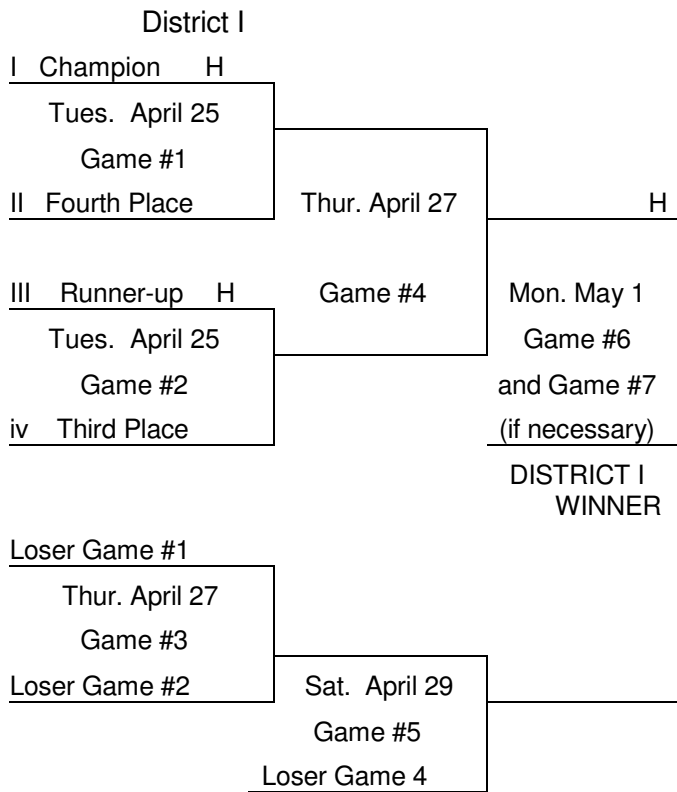
Class AAAA Baseball State Series

Game One Sat. May 13	Upper State Champion
	Lower State Champion H

Game Two Tues. May 16	Upper State Champion H
	Lower State Champion

Game Three (if necessary) Sat. May 20	Upper State Champion
	(Home team will be determined by a coin toss)
	Lower State Champion

2017 DISTRICT BASEBALL TOURNAMENTS - CLASS AAA



NOTES:

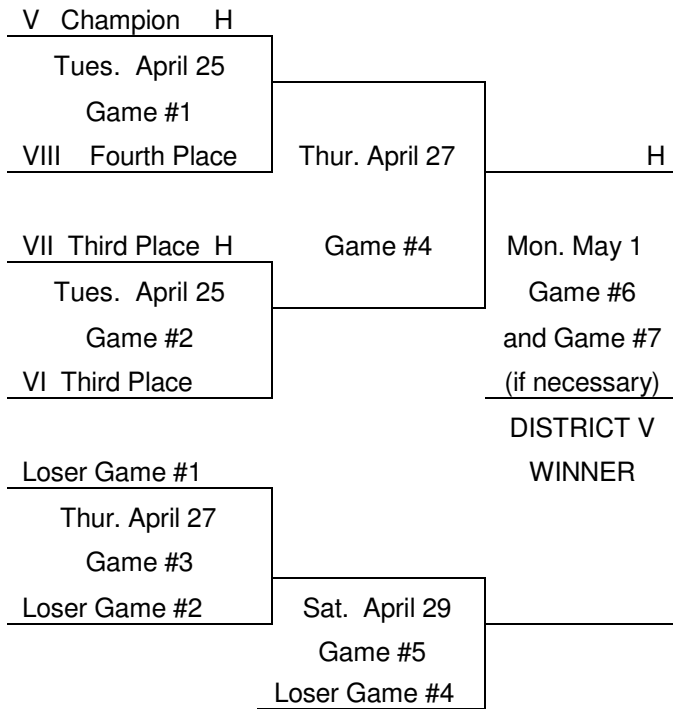
First priority for Home Site is Higher Region finish in Games 1, 2, 3, & 4.

If both teams have the same Region finish, then the predetermined bracket will determine Home Site in Games 1, 2, 3, & 4.

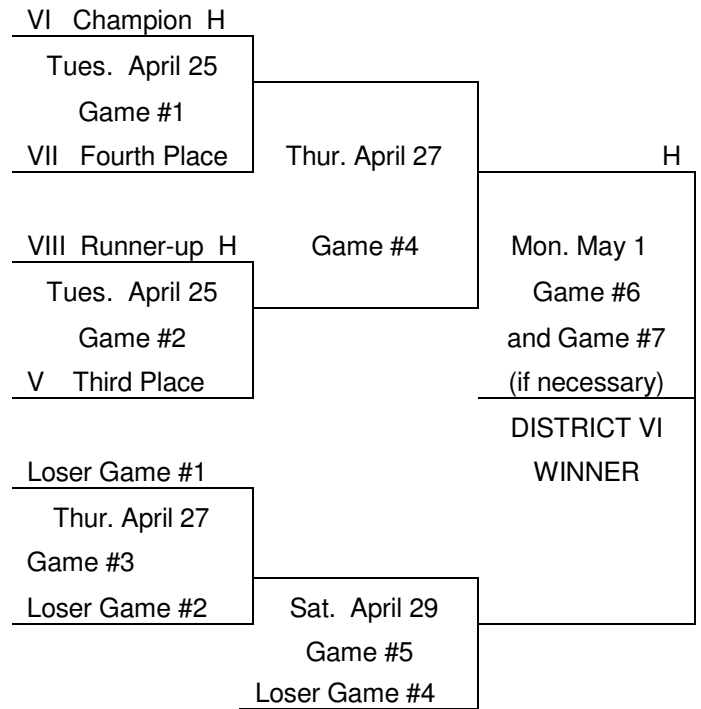
Games 5, 6, & 7 will follow the predetermined bracket regardless of Region Finish.

2017 DISTRICT BASEBALL TOURNAMENTS – CLASS AAA

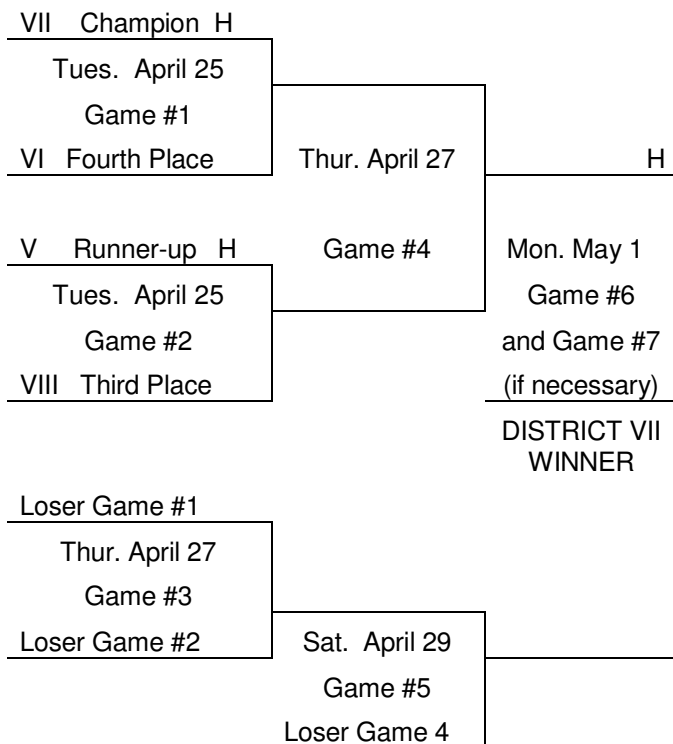
District V



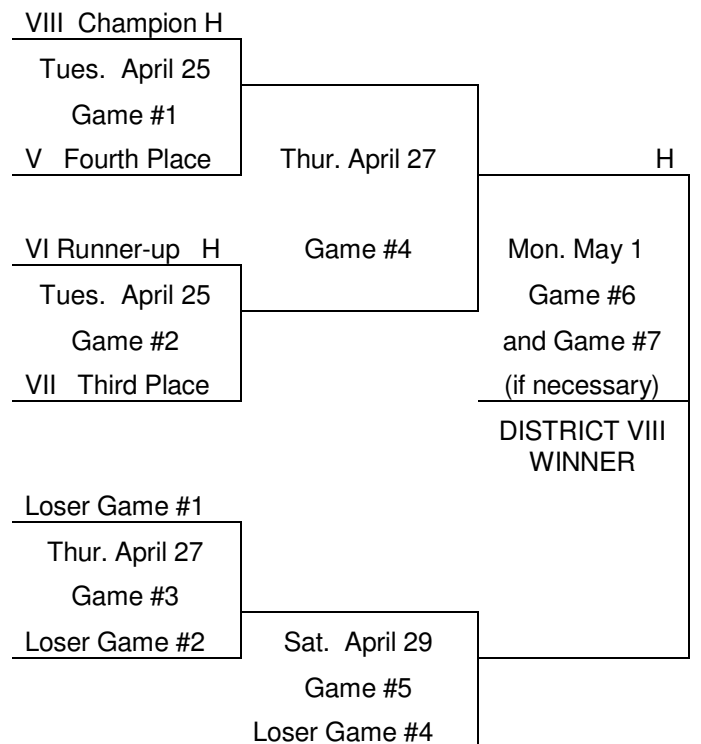
District VI



District VII



District VIII



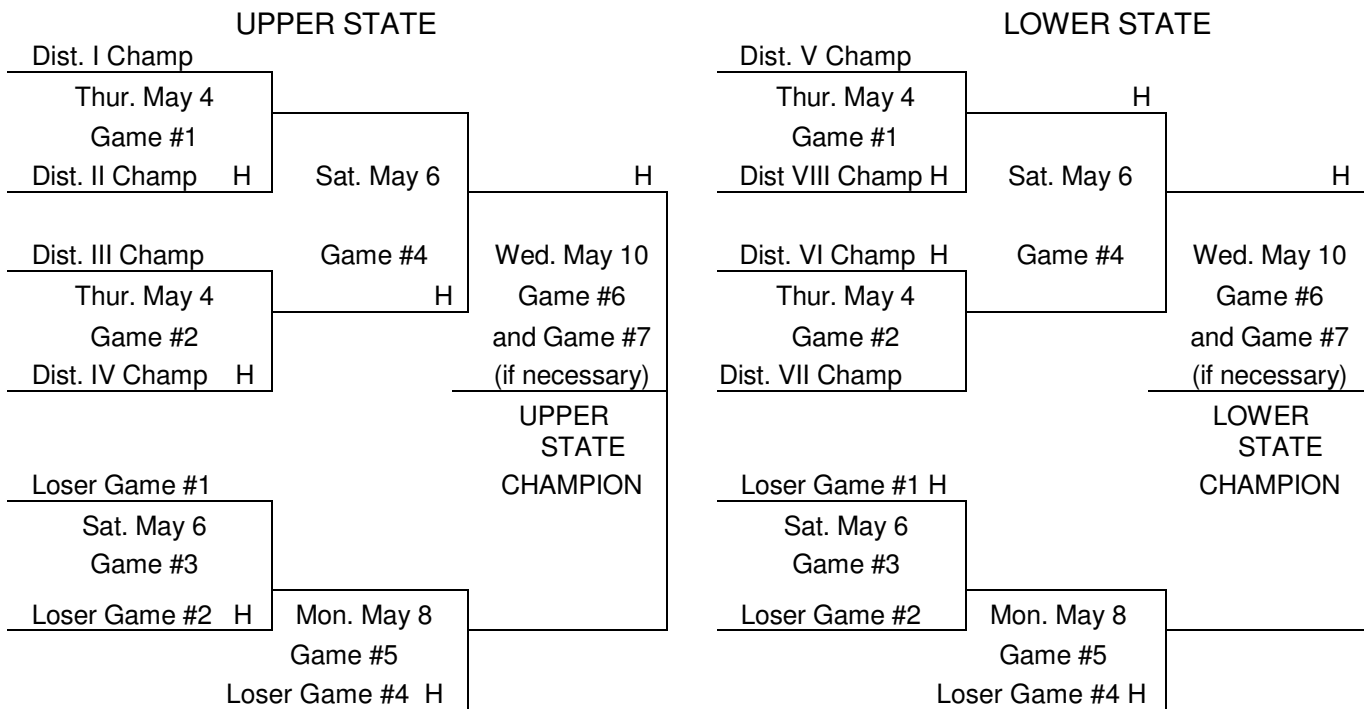
NOTES:

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Games 5, 6, & 7 will follow the predetermined bracket regardless of Region Finish.

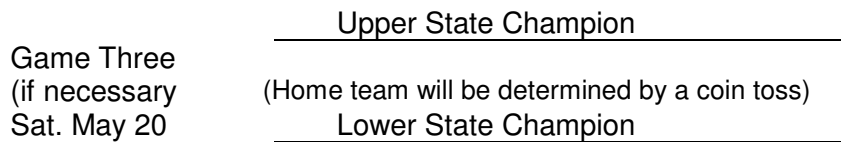
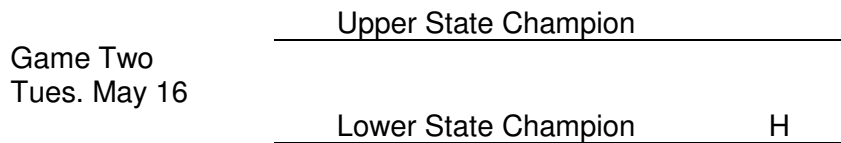
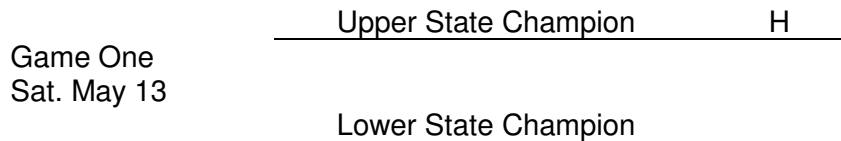
2017 UPPER AND LOWER STATE BASEBALL TOURNAMENTS CLASS AAA



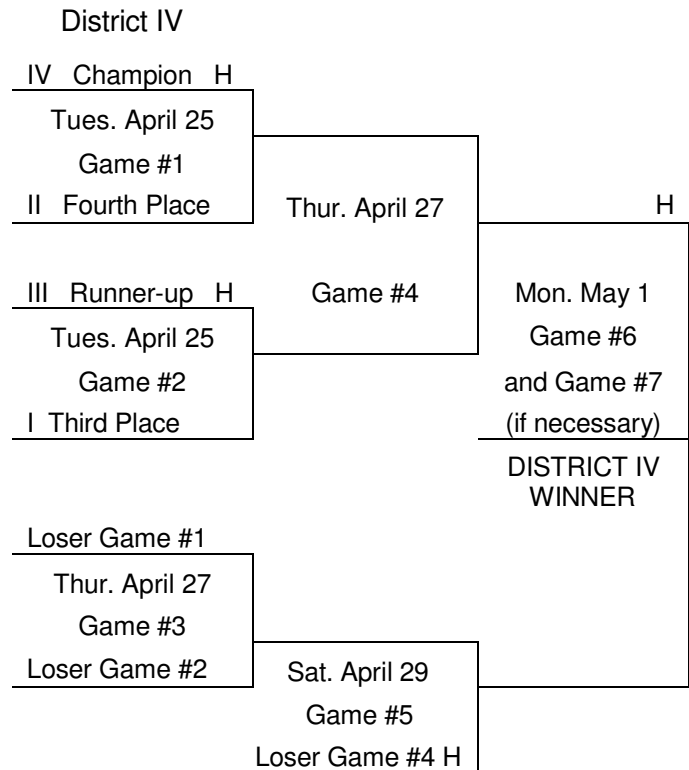
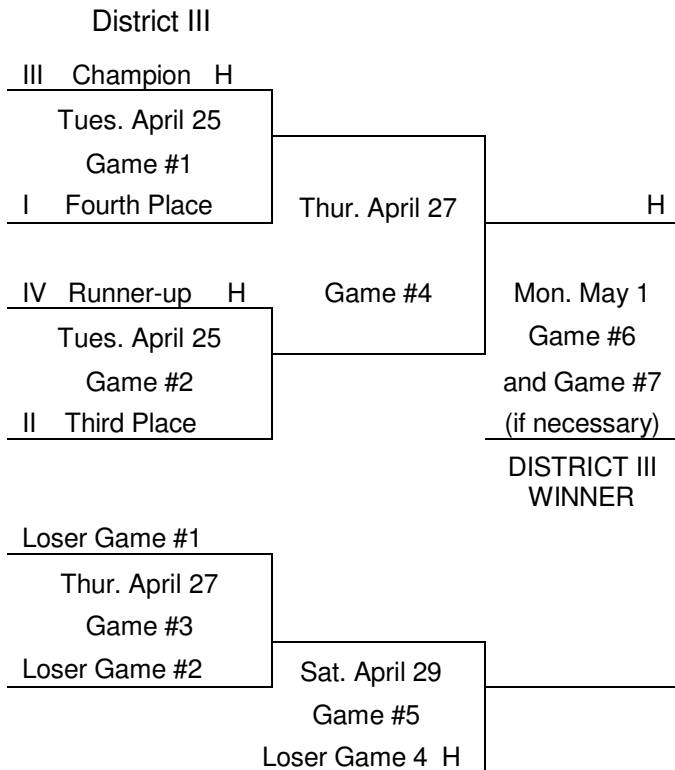
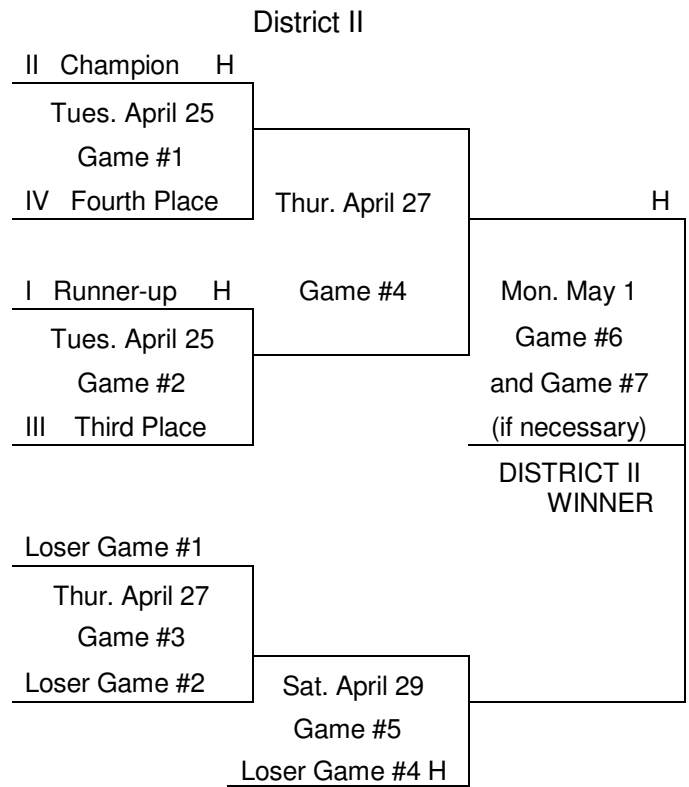
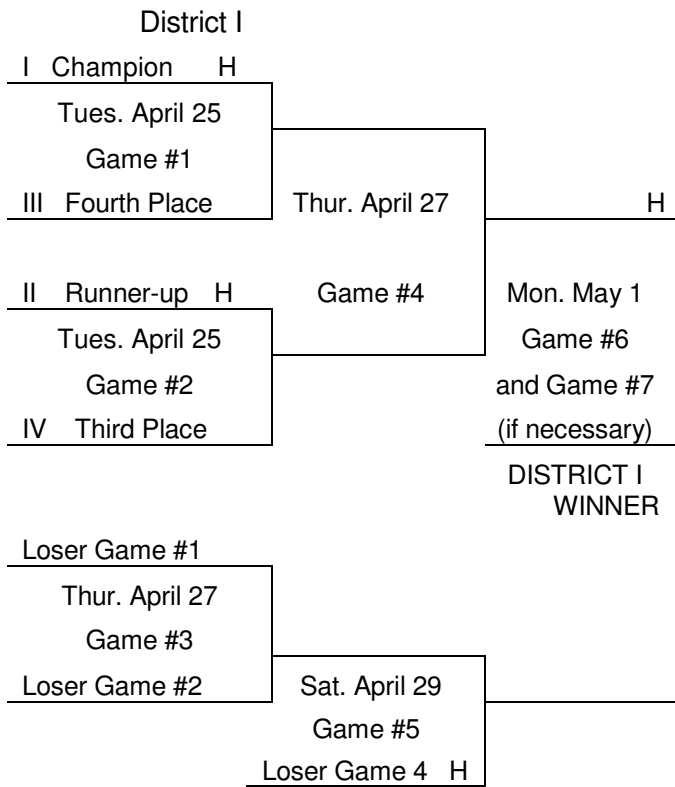
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AAA Baseball State Series



2017 DISTRICT BASEBALL TOURNAMENTS - CLASS AA



NOTES:

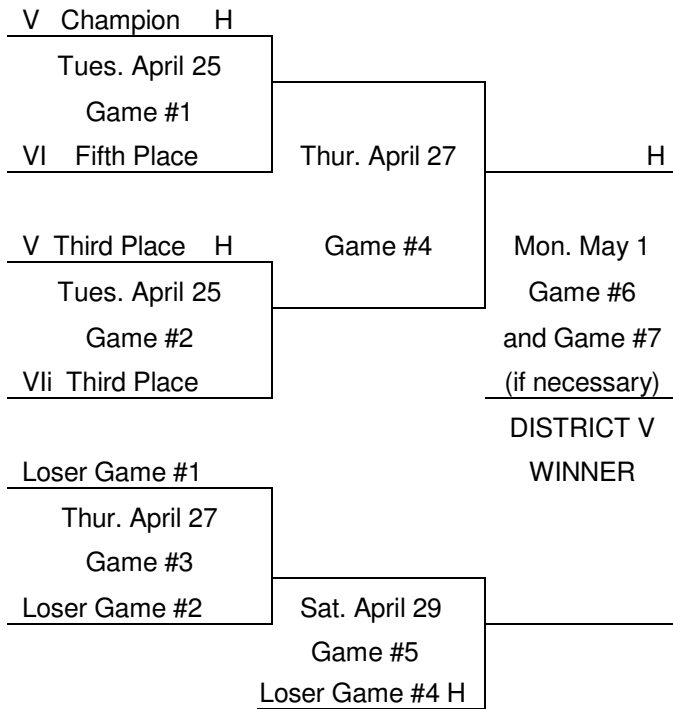
The Higher Region Finish Team will host in game 1, 2, 3, 4.

If two teams finish in the same position in the region, the bracket will determine the host.

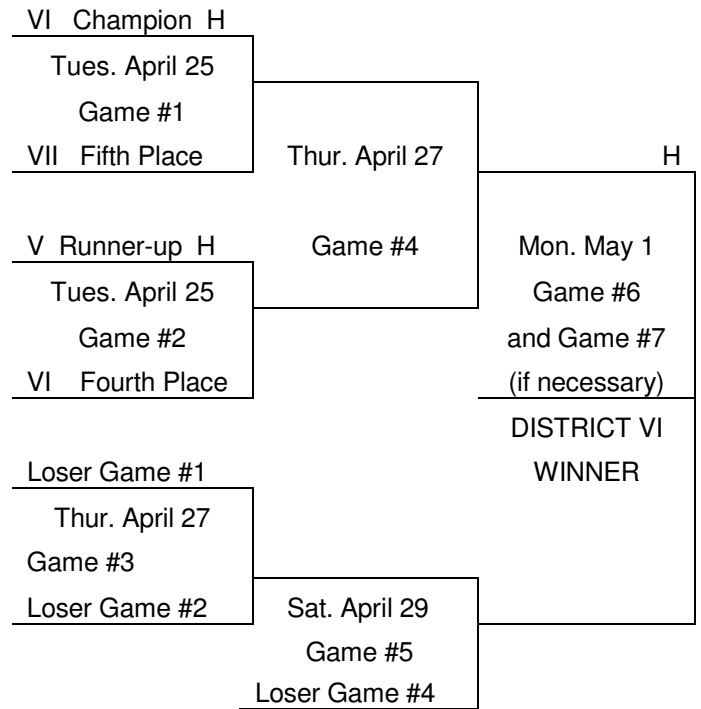
Game 6 will be hosted by the undefeated team. If Game 7 is played, it will be at the site of Game 6, but a coin toss will determine the home team

2017 DISTRICT BASEBALL TOURNAMENTS – CLASS AA

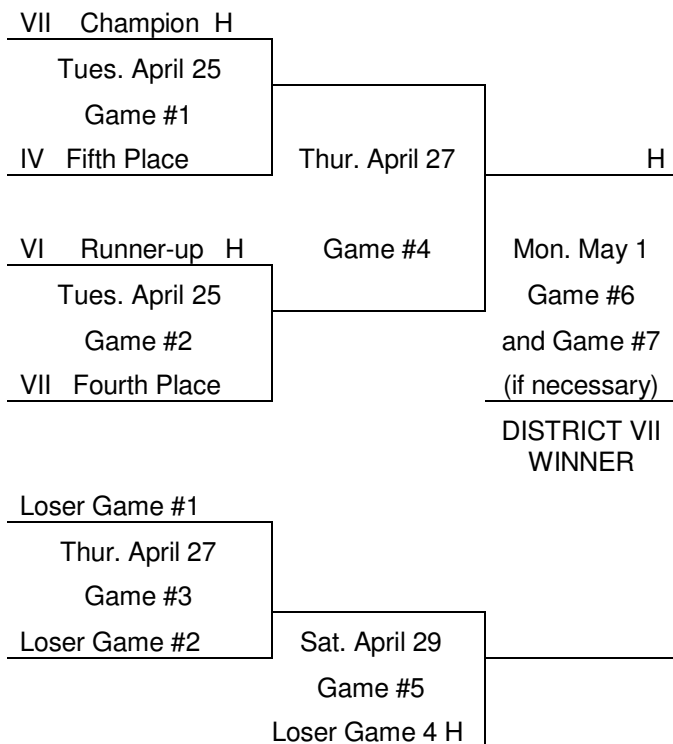
District V



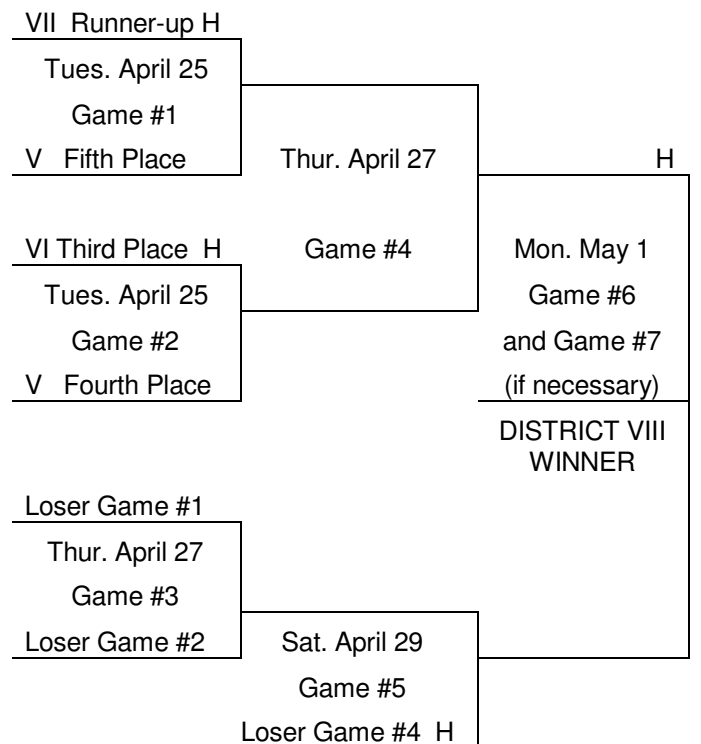
District VI



District VII



District VIII



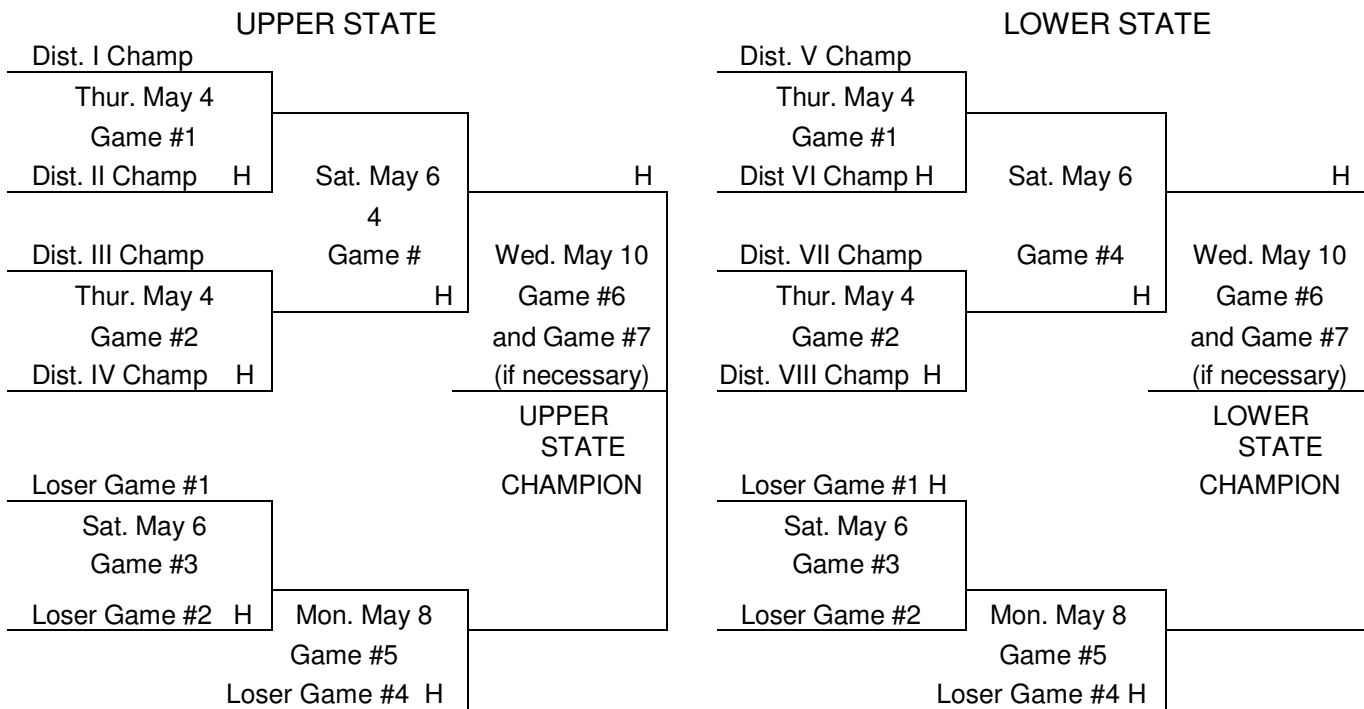
NOTES:

The Higher Region Finish Team will host in game 1, 2, 3, 4.

If two teams finish in the same position in the region, the bracket will determine the host.

Game 6 will be hosted by the undefeated team. If Game 7 is played, it will be at the site of Game 6, but a coin toss will determine the home team

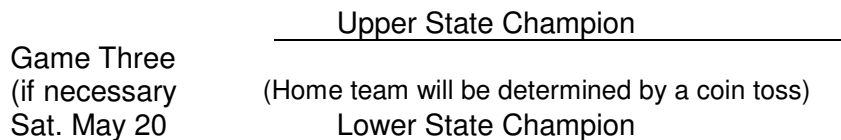
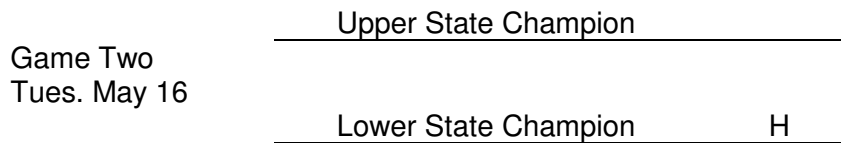
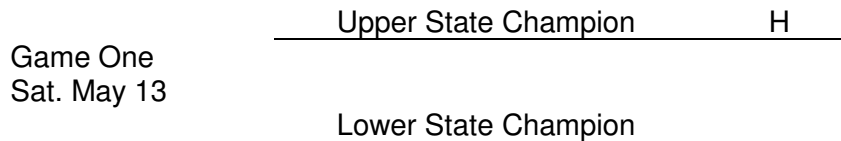
2017 UPPER AND LOWER STATE BASEBALL TOURNAMENTS CLASS AA



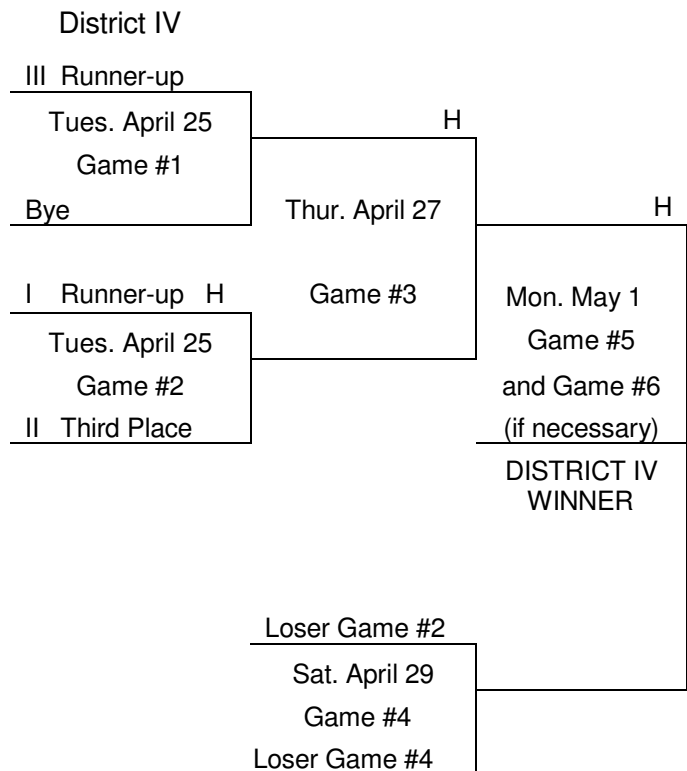
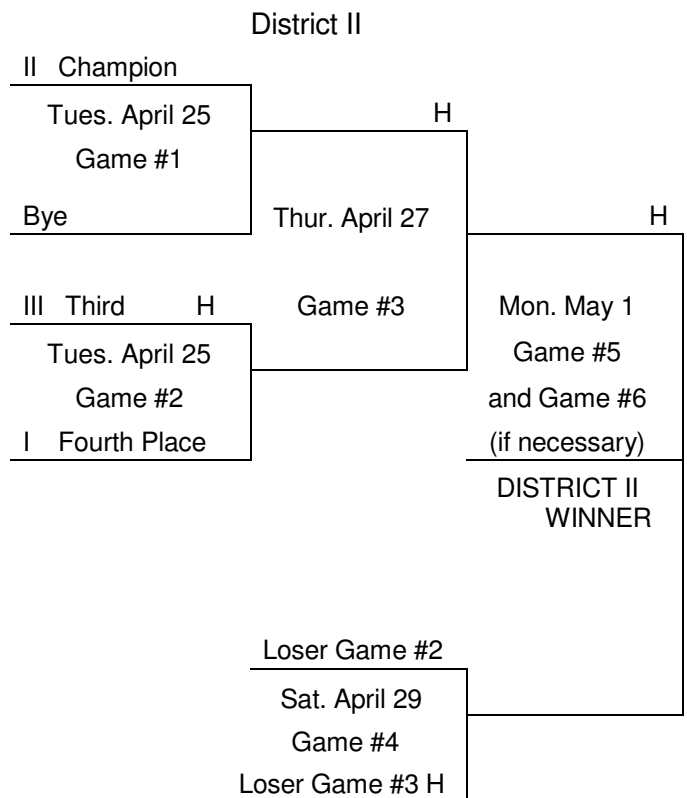
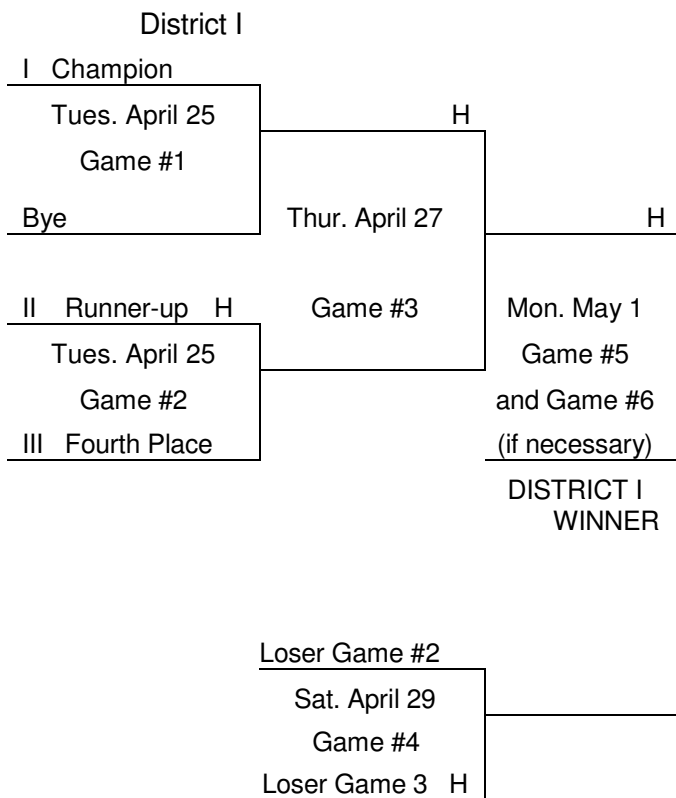
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
 If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AA Baseball State Series



2017 DISTRICT BASEBALL TOURNAMENTS - CLASS A



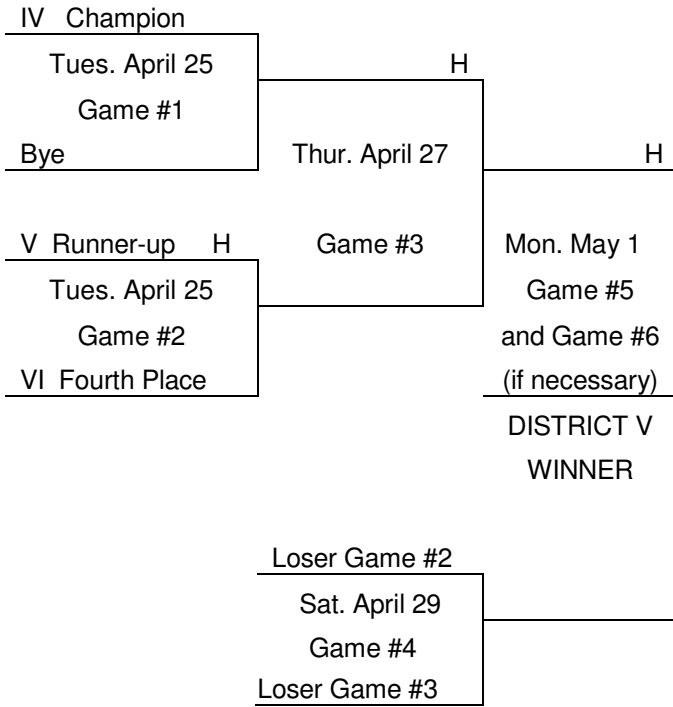
NOTES:

** Game 4 the higher seeded team will host

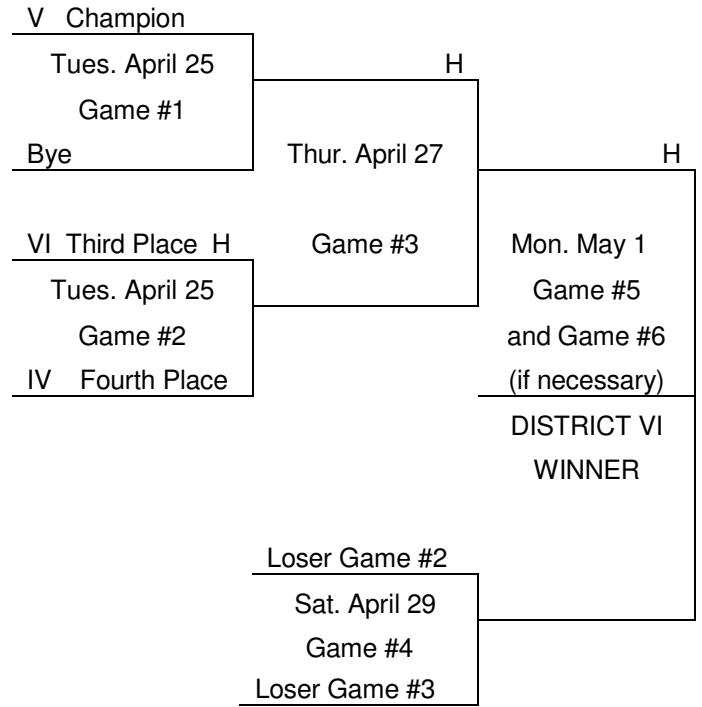
** Game 6 will be played if necessary immediately following game 5 (Flip for Home Team)

2017 DISTRICT BASEBALL TOURNAMENTS – CLASS A

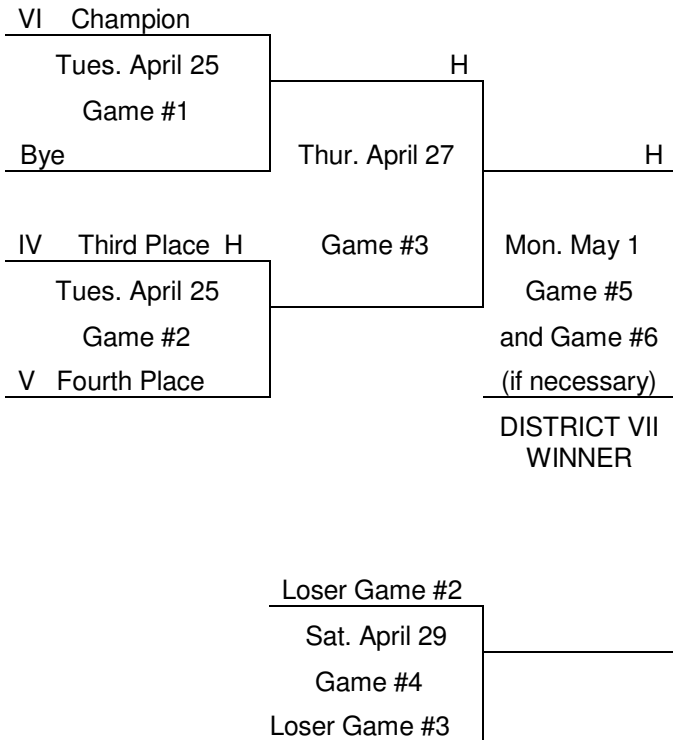
District V



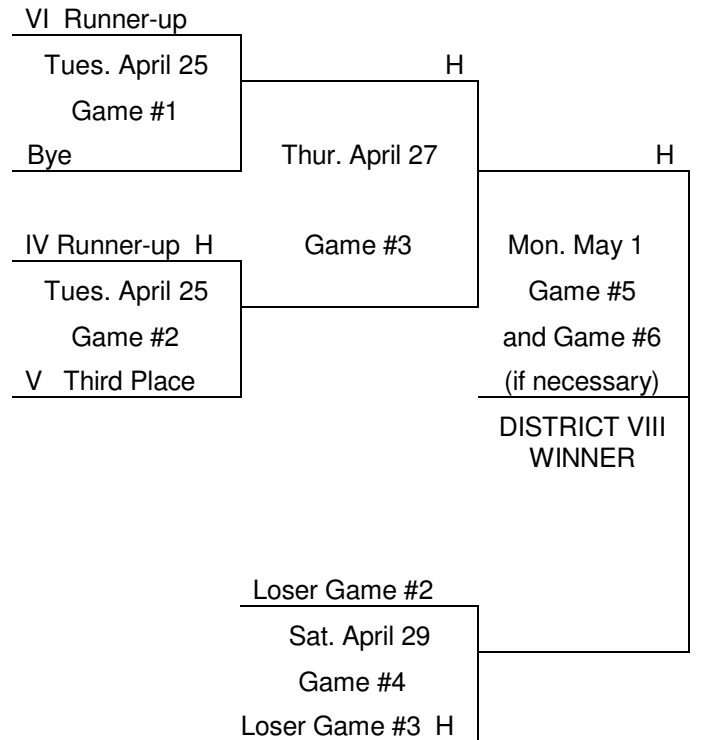
District VI



District VII



District VIII

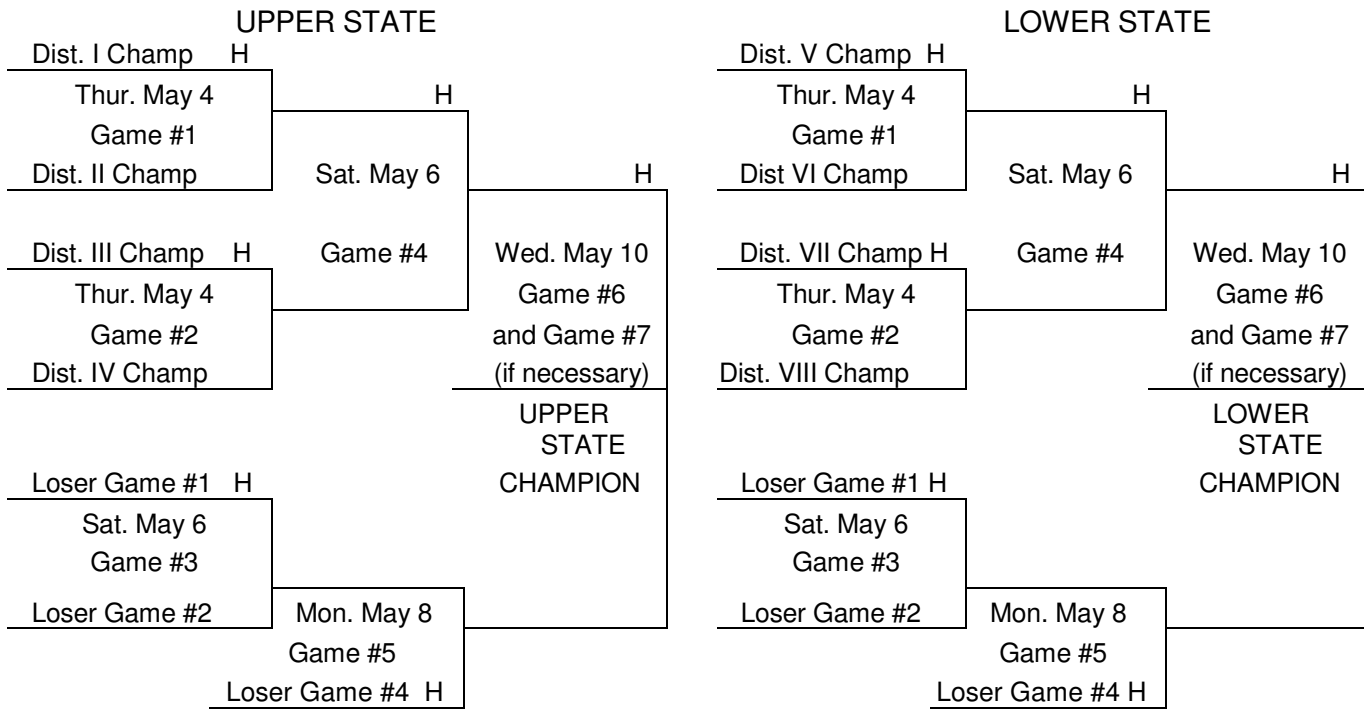


NOTES:

** Game 4 the higher seeded team will host

** Game 6 will be played if necessary immediately following game 5 (Flip for Home Team)

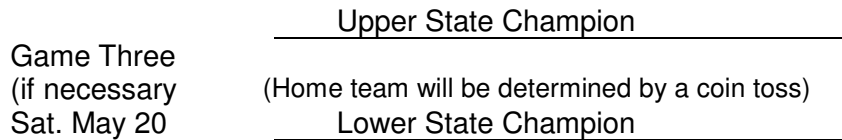
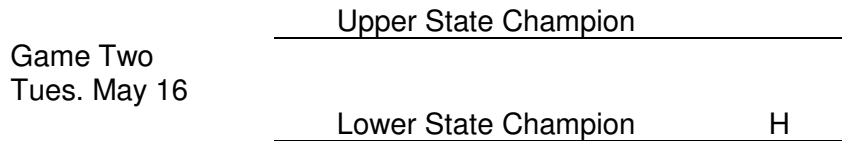
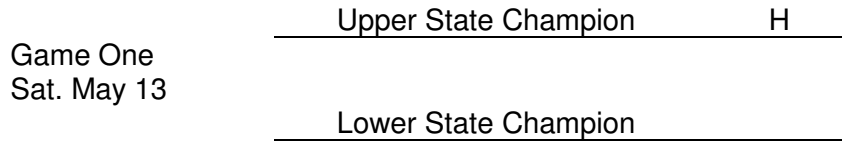
2017 UPPER AND LOWER STATE BASEBALL TOURNAMENTS CLASS A



Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
 If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AA Baseball State Series



SOFTBALL

1. The League will sponsor championship play-offs in all four classes.
2. National Federation Fast Pitch Rules will be used in all games.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses “Concussion in Sports”, “Heat Illness Prevention” and “Sudden Cardiac Arrest” found at www.nfhslearn.com.
4. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are also allowed four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree. Tournament(s) may be pre-season and start on February 24.
 - a. Individual players who are 7th through 10th grades will be allowed to play in 20 regular season contests and two tournaments. Once a player has played in any combination of 14 regular season games, games 15-20 must be at the varsity level.
5. Certified umpires must be used in all varsity games. Games will be played even though only one umpire is present. Instructions for postponing or canceling games for which certified officials are booked are printed on page 152.
6. Varsity games must be scheduled for 7 innings. If a double header is played, the games may be scheduled for 5 innings.
7. The game will end any time after 5 innings, or after 4 ½ innings when a team is 10 or more runs behind and has completed its term at bat. **The game may also be terminated earlier by mutual consent if a greater than 10 run differential exists.**
8. If a tie exists after 8 innings, the International Tie-Breaker Rule will be used beginning in the 9th inning. Under this rule, each team starts the inning with the player who completed the last official at bat, as a base runner on second base. Each subsequent inning will start the same until a winner has been determined.
9. Games that are called prior to completion in regular season and post season will be considered suspended games under the following circumstances: **Suspended games will be resumed from the point of interruption.**
 - a. It is not a regulation game
 - b. It is a regulation game with a tied score..
 - c. A game will be declared a forfeit after a 30-minute waiting period for opponent, unless other arrangements have been made
10. If the game is called (ended) by the umpire, it is a regulation game (regular & post season):
 - a. if five full innings have been played or if the home team has scored an equal or greater number of runs in four or four and a fraction turns at bat than the visiting team has scored in five turns at bat; or
 - b. if play has gone beyond five full innings. If the game is called when the teams have not had an equal number of completed turns at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent’s score the final score shall be record when the game is called.
11. An optic yellow ball must be used. A red or black stitched ball may be used. A double first base is permitted. The maximum core is .47. The maximum compression shall not exceed 375 pounds. **A Rawlings ball must be used in all state finals games.**

12. When a protest is filed, the offended team must enter it at the time of the play and before the next pitch. The umpire-in-chief shall report the protest to the League Office along with all related conditions at the time of the protested play. If a protest is upheld the game will be replayed from the time of the protest.
13. Region schedules will be arranged so that the last region game will be played one week before the deadline for declaring champions and runners-up. This way, postponed games may be played without hardship on any team.
14. Postponed games during the regular season and playoffs will be made up on the next available playing date.
15. The League will sponsor a state championship series in all classes.
 - a. Gate receipts will be distributed according to the financial statement on the League website.
 - b. Admission is \$5.00 for playoffs. Admission is \$6.00 for State Championship games.
 - c. The host school is responsible for securing umpires through the local booking secretary.
16. When games are played on neutral fields (outside of tournaments), game security is the responsibility of both schools and each school must control its own fans.
17. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, lacrosse, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)

Varsity

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

JV

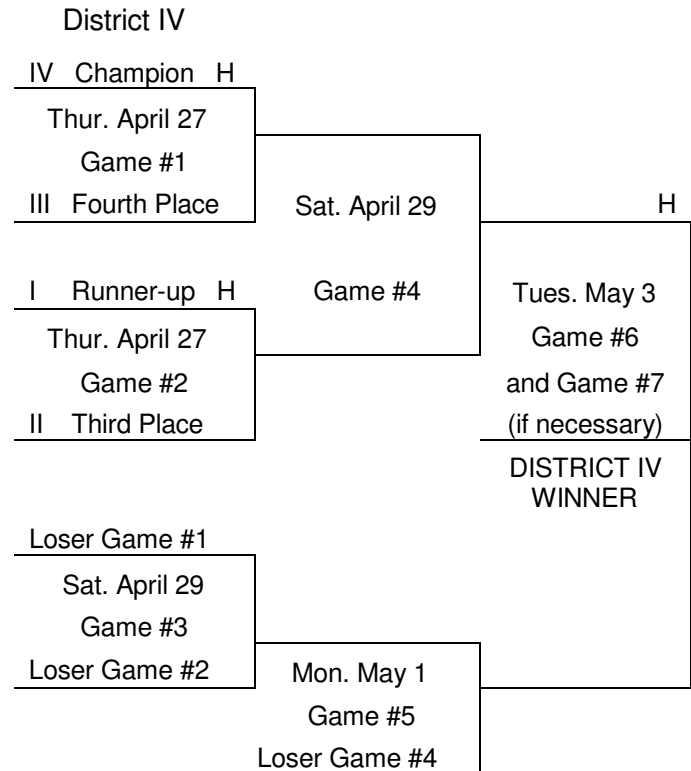
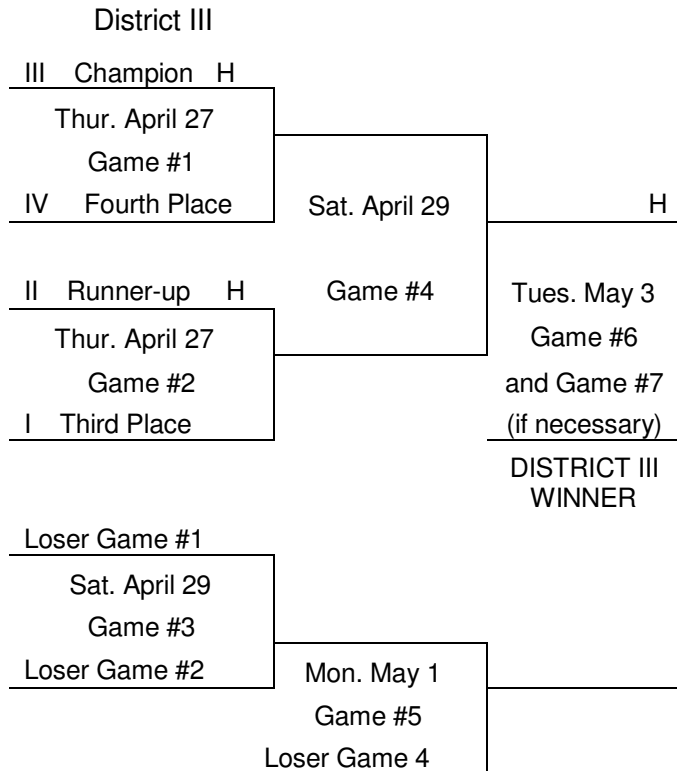
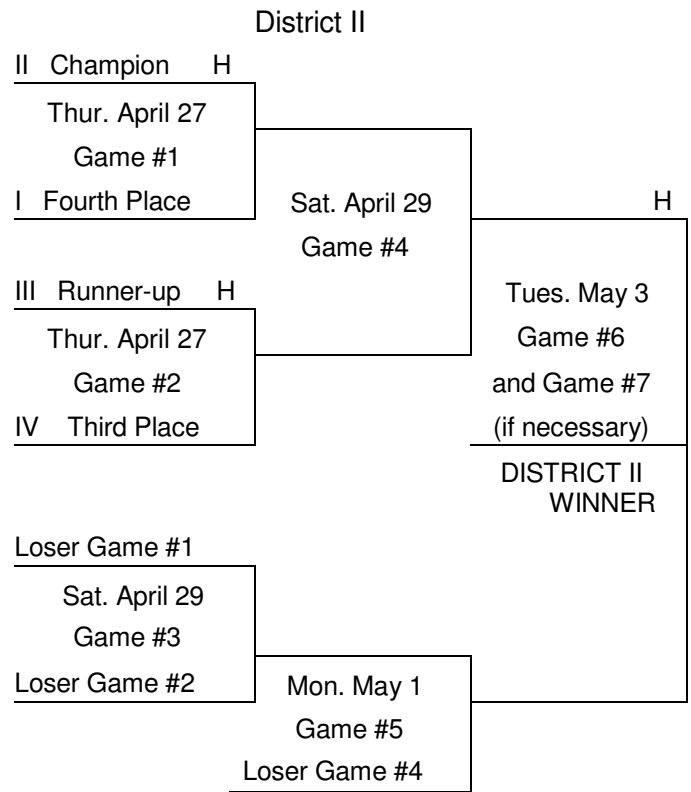
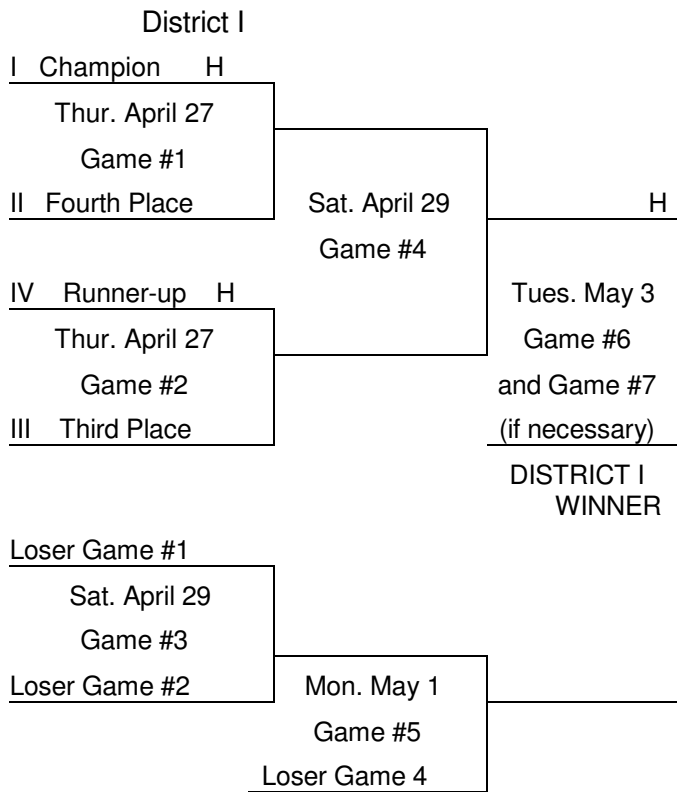
- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

18. The League will furnish trophies and medals for the State Champion and the Runner-up in each classification.
19. Refer to pages 5 & 6 for additional regulations.

SOFTBALL 2016-17

- June 1 – July 28, 2016.....Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 29 – September 2, 2016Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- September 3 – October 30, 2016.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- October 31 – December 4, 2016.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 - January 14, 2017Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 15 – January 29, 2017Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- January 30, 2017..... First practice/tryouts
- February 6, 2017 First Scrimmage
- February 24, 2017 First Preseason Contest Date
- 7 Days prior to first regular season contest Eligibility Due
- March 6, 2017..... First Contest
- April 25, 2017 Report Qualifiers (AAAAA, AAAA, AA & A)
- April 26, 2017Report Qualifiers – Classes AAA
- TBA Playoffs begin – (all classes)
- TBA State Finals (all classes)
- Last Contest - May 31, 2017.....Closed Season

2017 DISTRICT SOFTBALL TOURNAMENTS - CLASS AAAAA



NOTES:

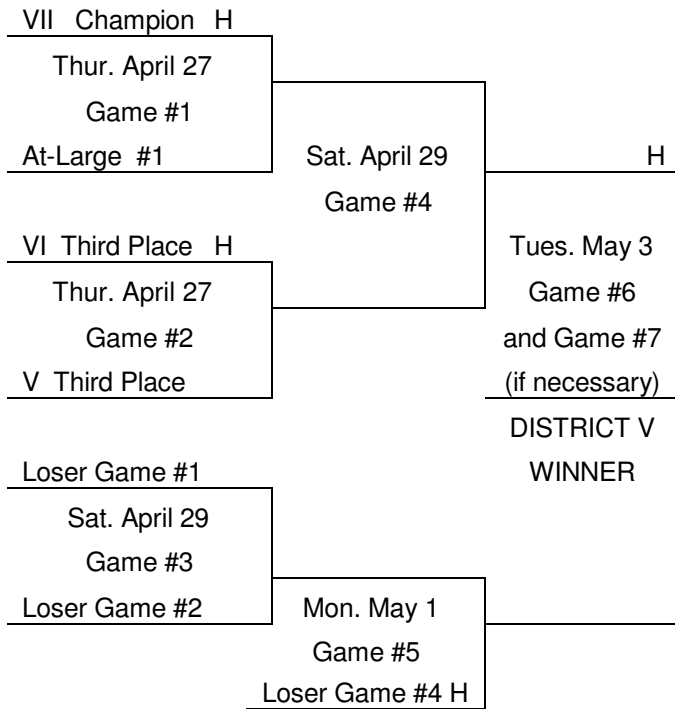
The Higher Region Finish Team will host in game 1, 2, 3, 4, 5.

If two teams finish in the same position in the region, the bracket will determine the host.

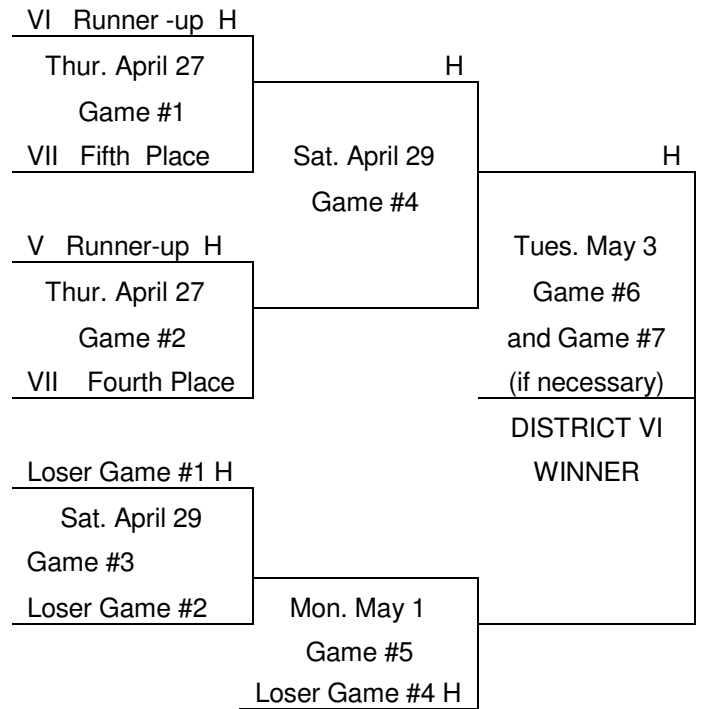
Game 6 will be hosted by the undefeated team. If Game 7 is played, it will be at the site of Game 6, but a coin toss will determine the home team

2017 DISTRICT SOFTBALL TOURNAMENTS – CLASS AAAAA

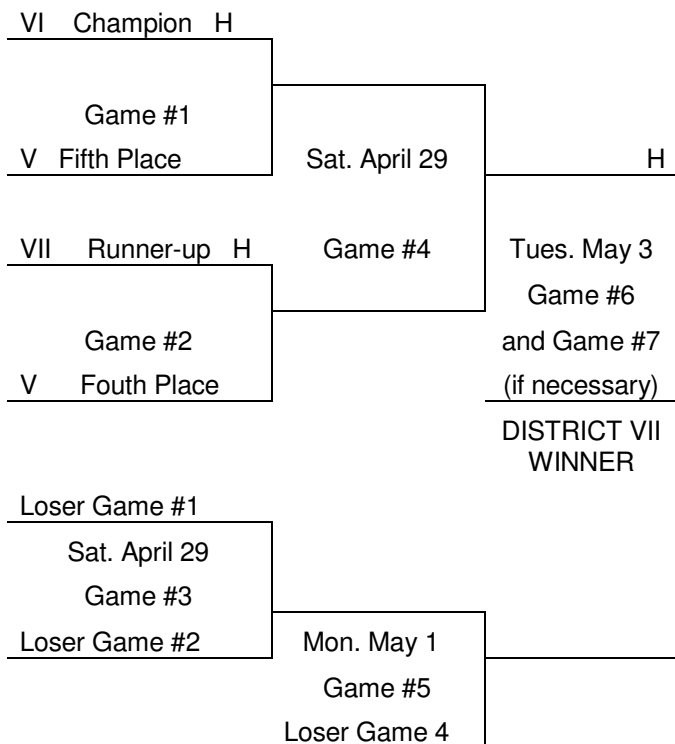
District V



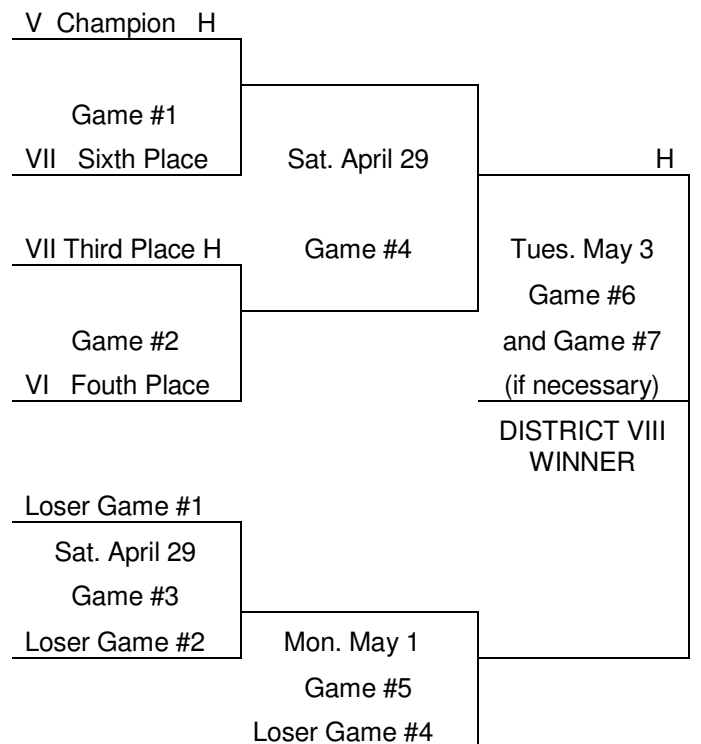
District VI



District VII



District VIII



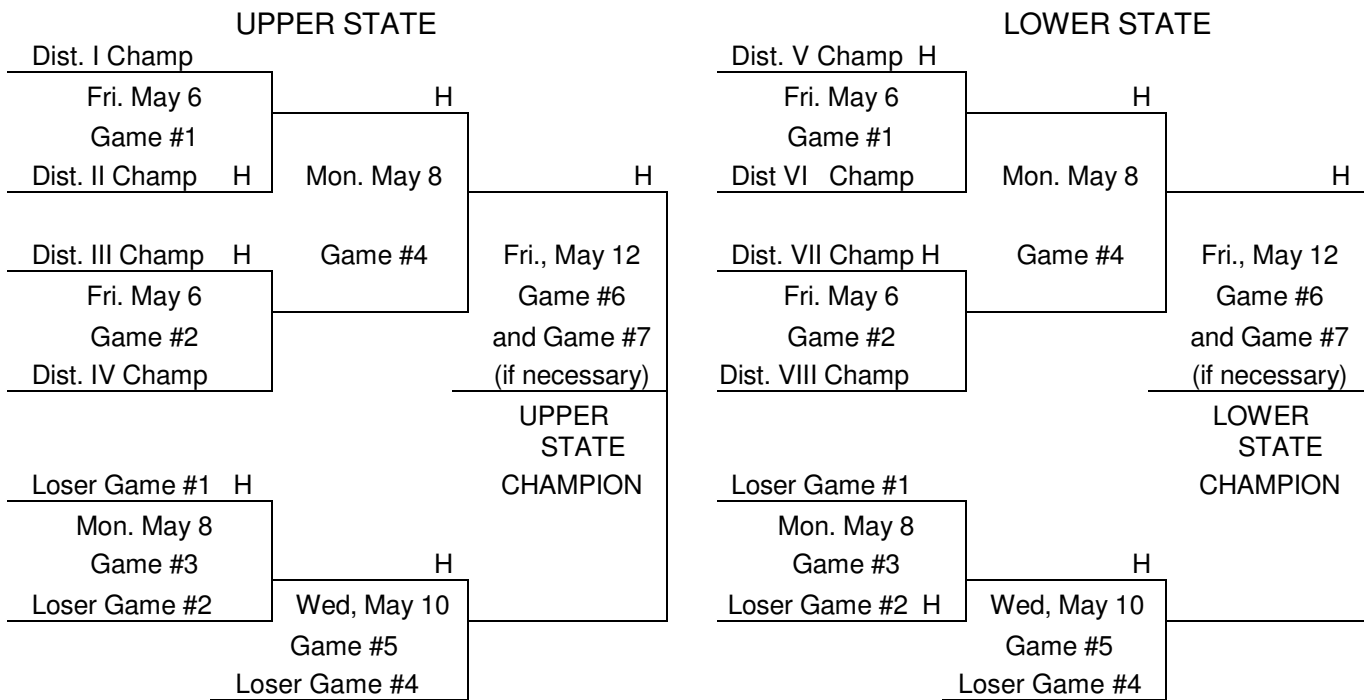
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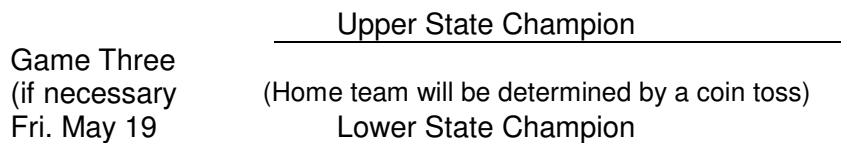
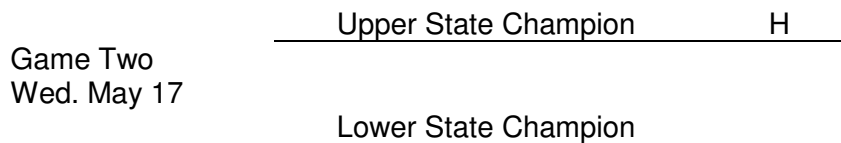
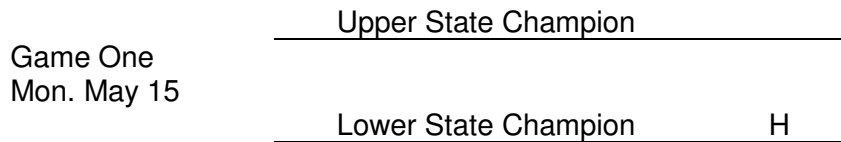
2017 UPPER AND LOWER STATE SOFTBALL TOURNAMENTS CLASS AAAAA



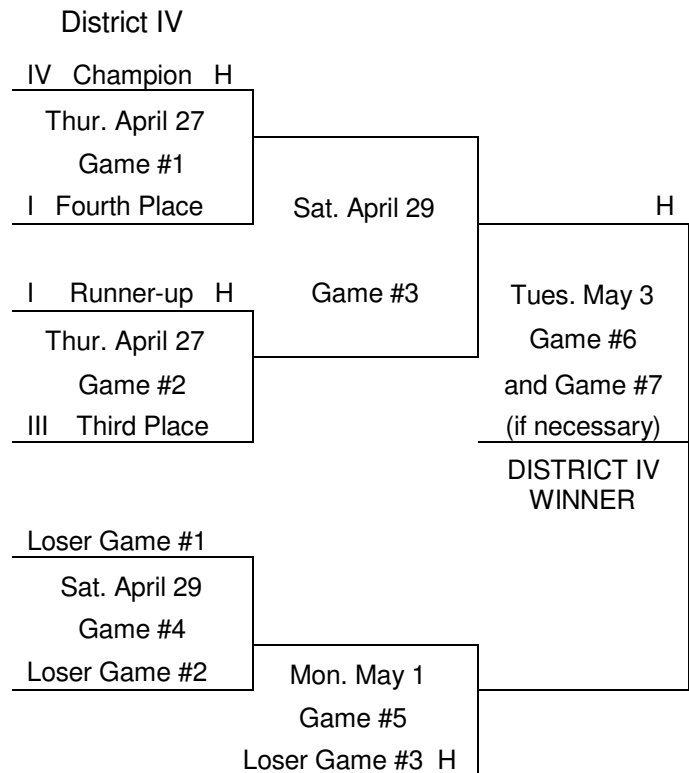
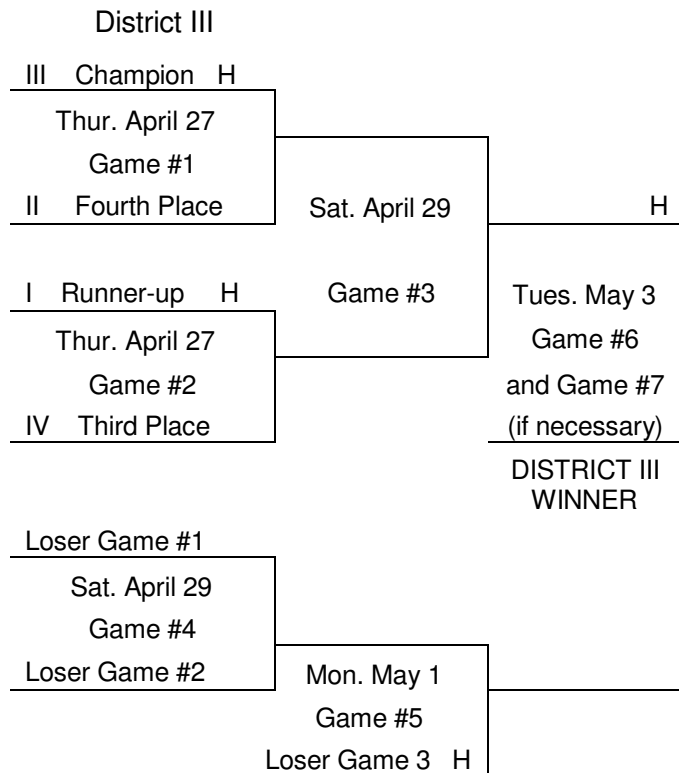
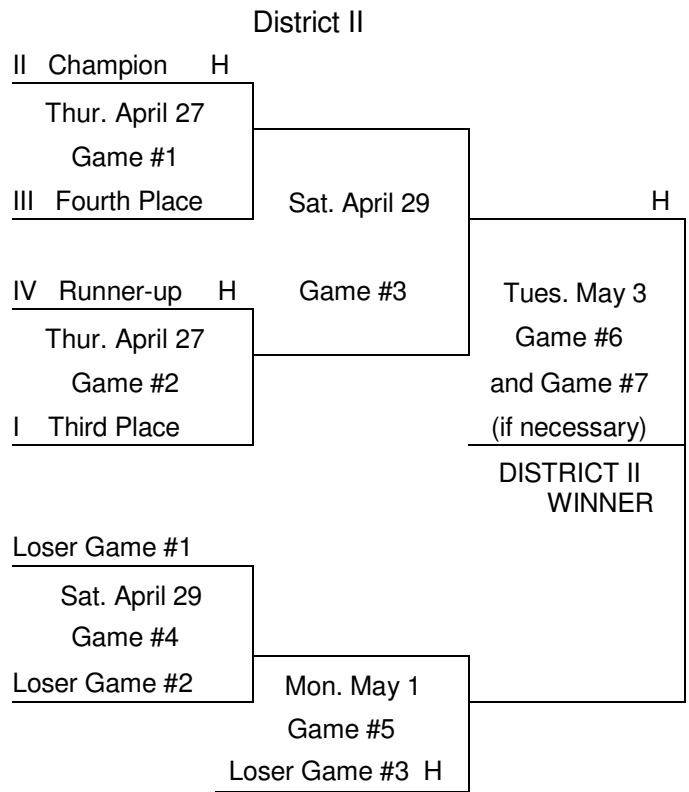
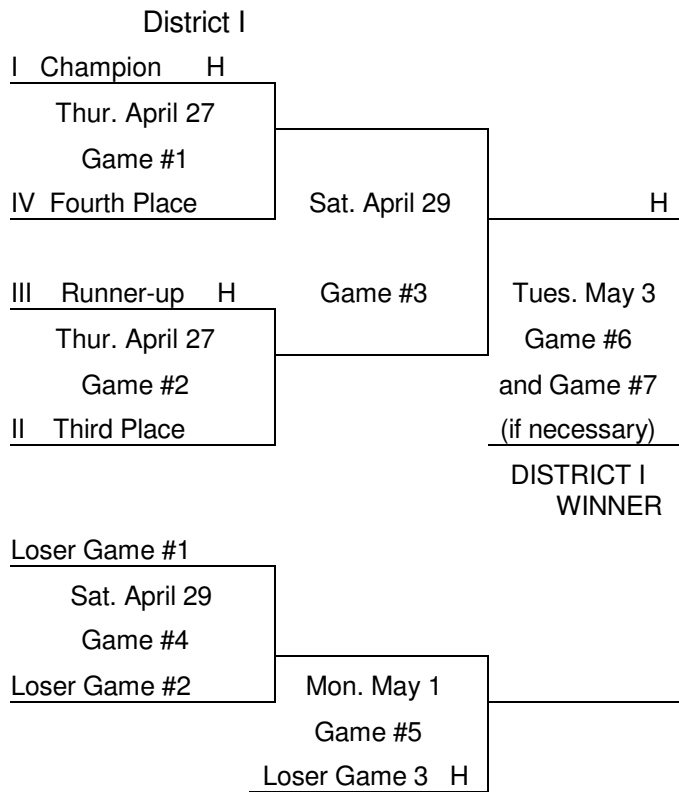
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket. If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AAAAA Softball State Series



2017 DISTRICT SOFTBALL TOURNAMENTS - CLASS AAAA



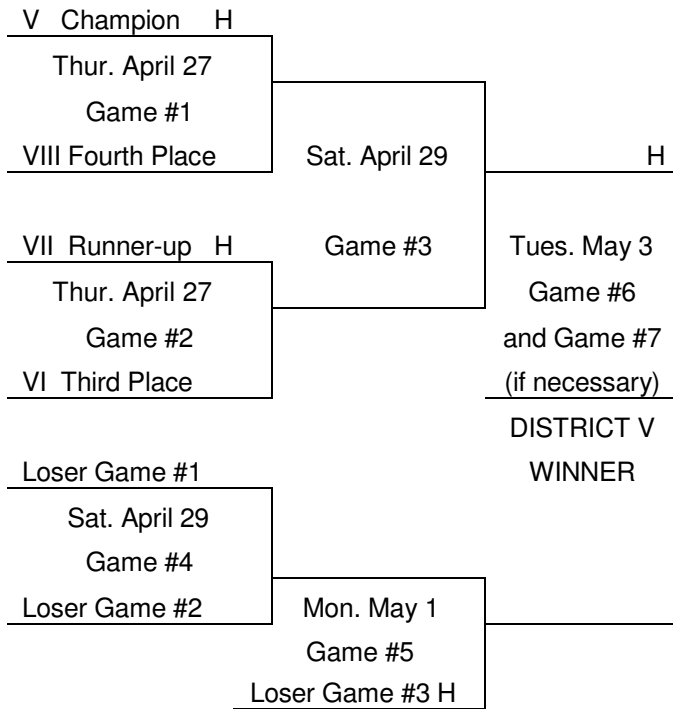
NOTES:

The high seed will host in games 1-4; Game 3 loser hosts Game 5; Game 3 winner hosts Game 6

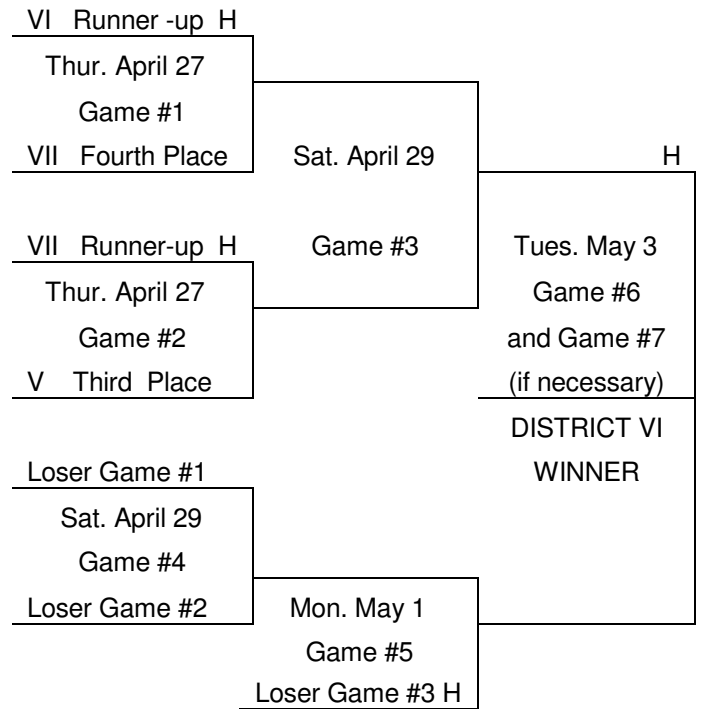
Game 7 will be played if necessary at the site of Game 6. Home team will be determined by coin toss

2017 DISTRICT SOFTBALL TOURNAMENTS – CLASS AAAA

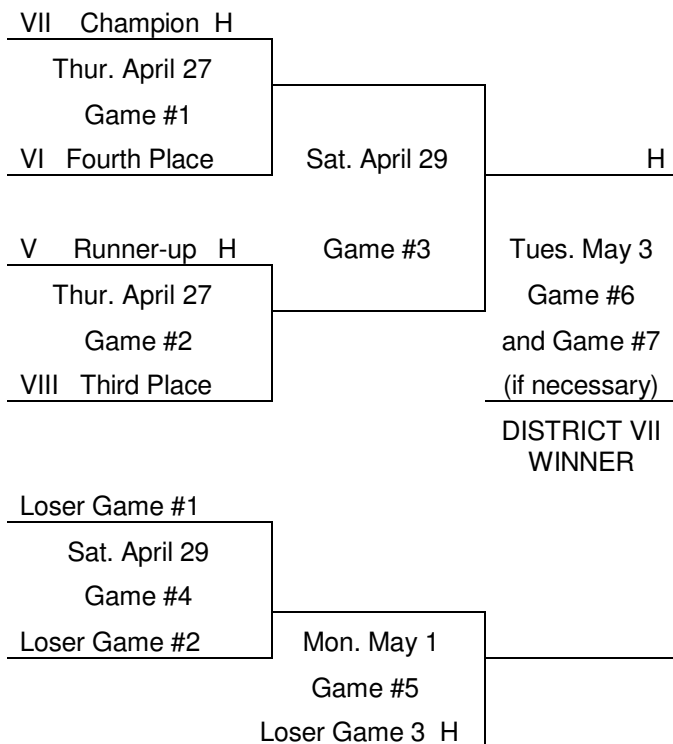
District V



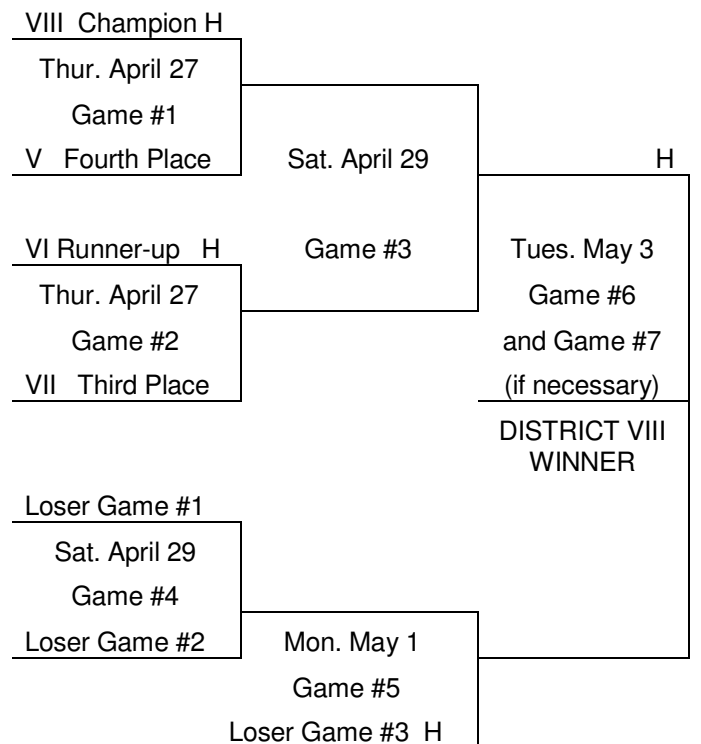
District VI



District VII



District VIII

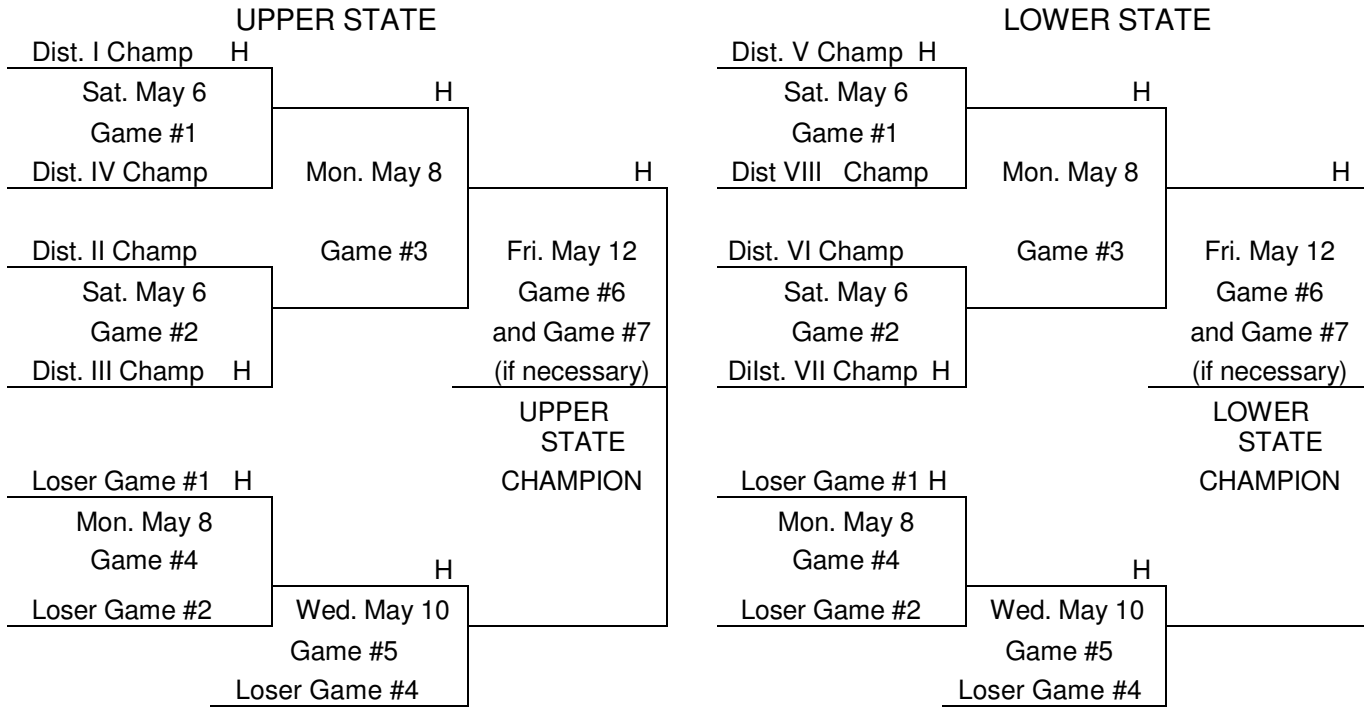


NOTES:

The high seed will host in games 1-4; Game 3 loser hosts Game 5; Game 3 winner hosts Game 6

Game 7 will be played if necessary at the site of Game 6. Home team will be determined by coin toss

2017 UPPER AND LOWER STATE SOFTBALL TOURNAMENTS CLASS AAAA



Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

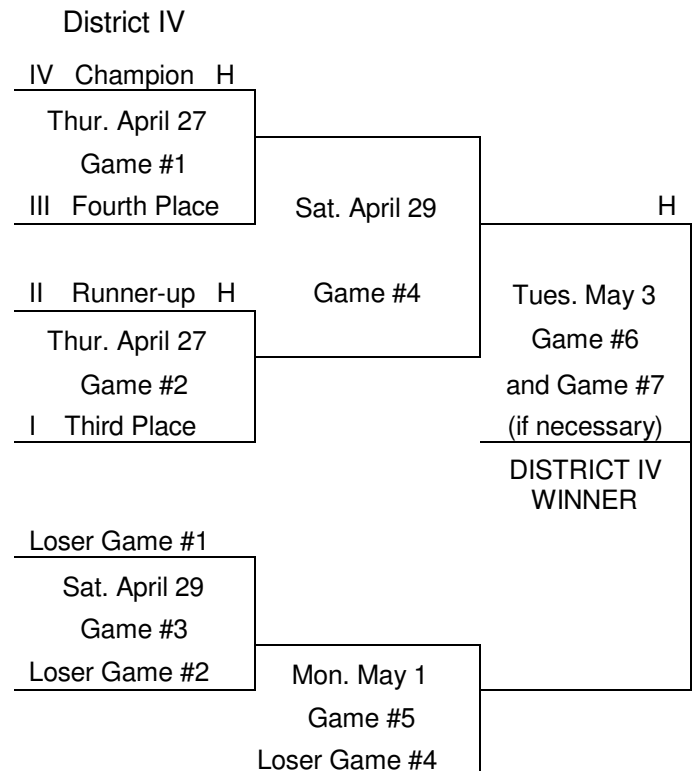
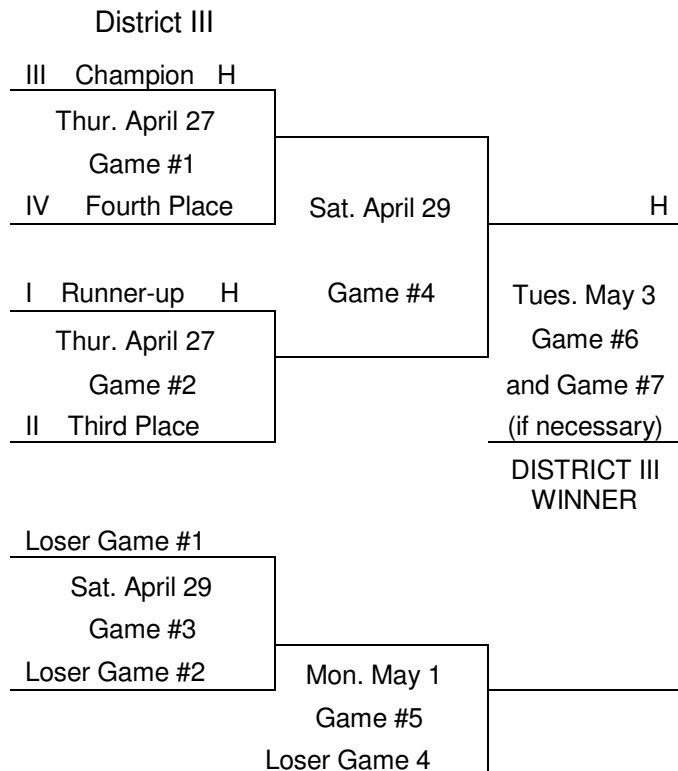
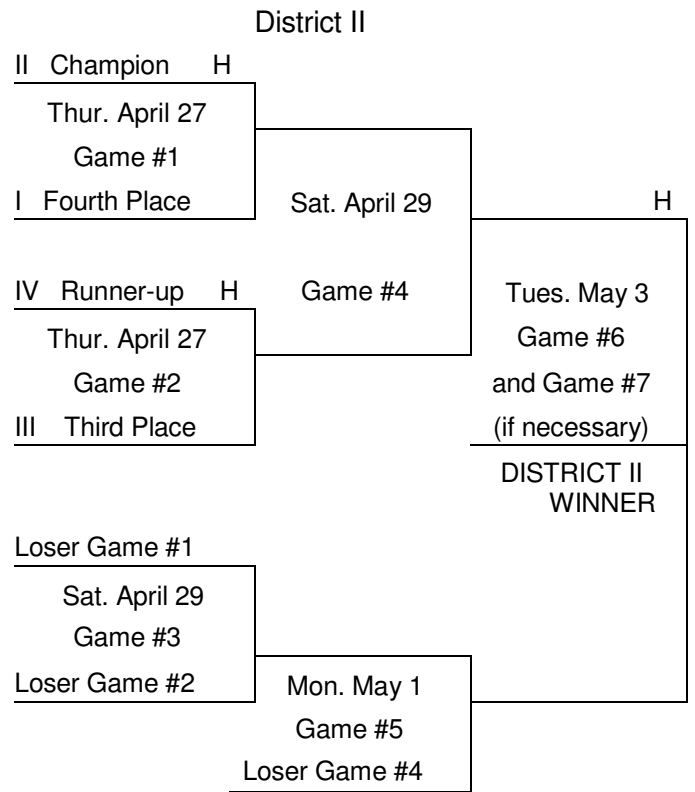
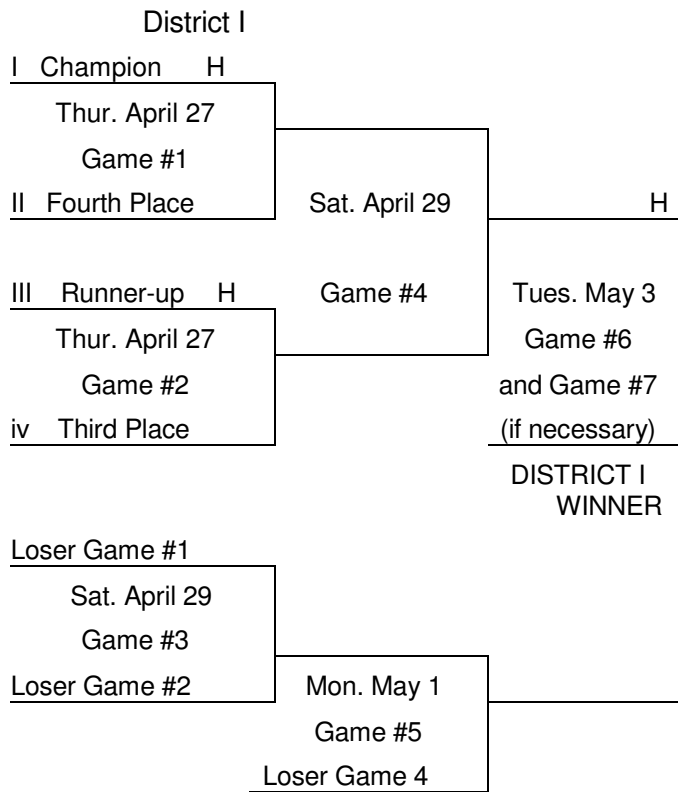
Class AAAA Softball State Series

Game One Mon. May 15	Upper State Champion
	Lower State Champion H

Game Two Wed. May 17	Upper State Champion H
	Lower State Champion

Game Three (if necessary) Fri. May 19	Upper State Champion
	(Home team will be determined by a coin toss)
	Lower State Champion

2017 DISTRICT SOFTBALL TOURNAMENTS - CLASS AAA



NOTES:

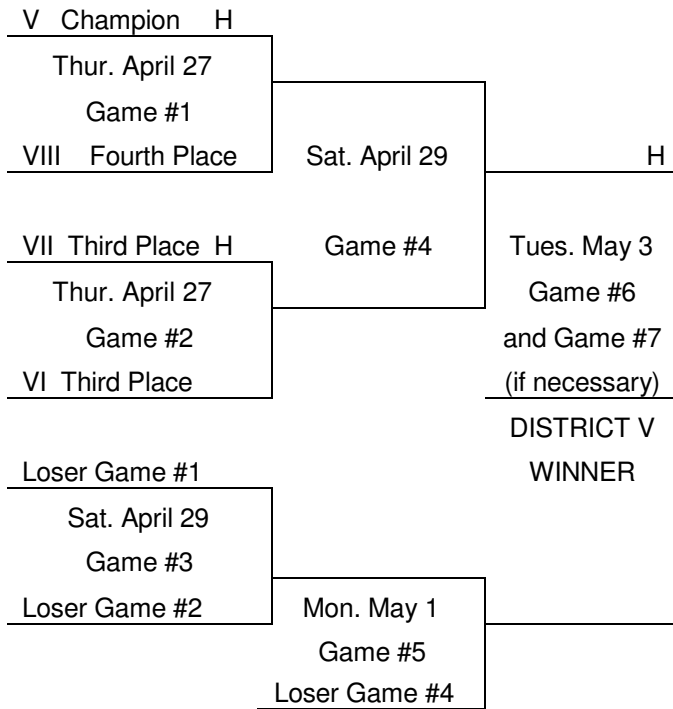
First priority for Home Site is Higher Region finish in Games 1, 2, 3, & 4.

If both teams have the same Region finish, then the predetermined bracket will determine Home Site in Games 1, 2, 3, & 4.

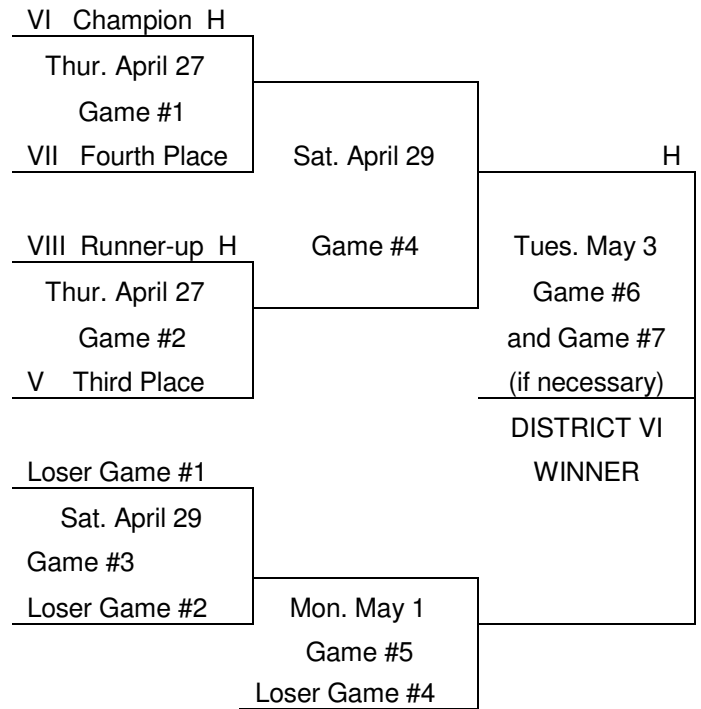
Games 5, 6, & 7 will follow the predetermined bracket regardless of Region Finish.

2017 DISTRICT SOFTBALL TOURNAMENTS – CLASS AAA

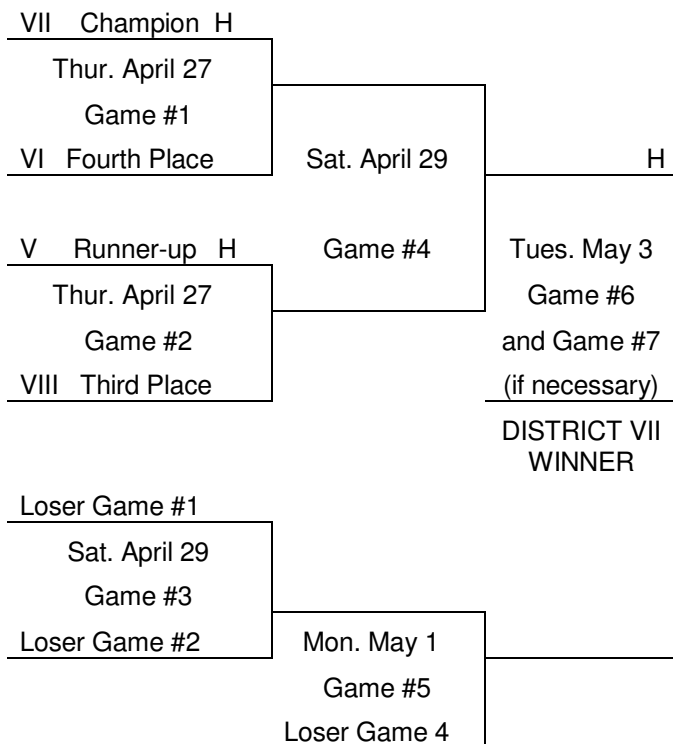
District V



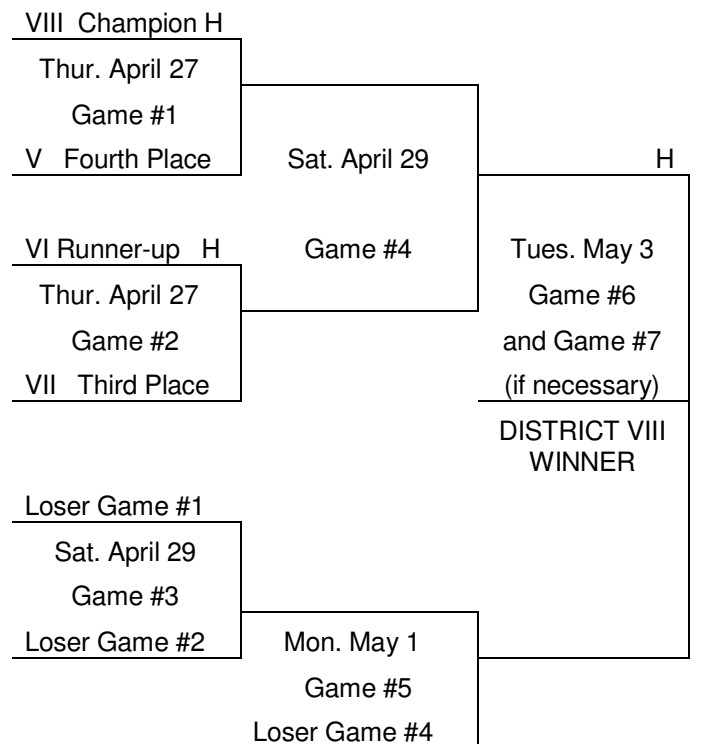
District VI



District VII



District VIII



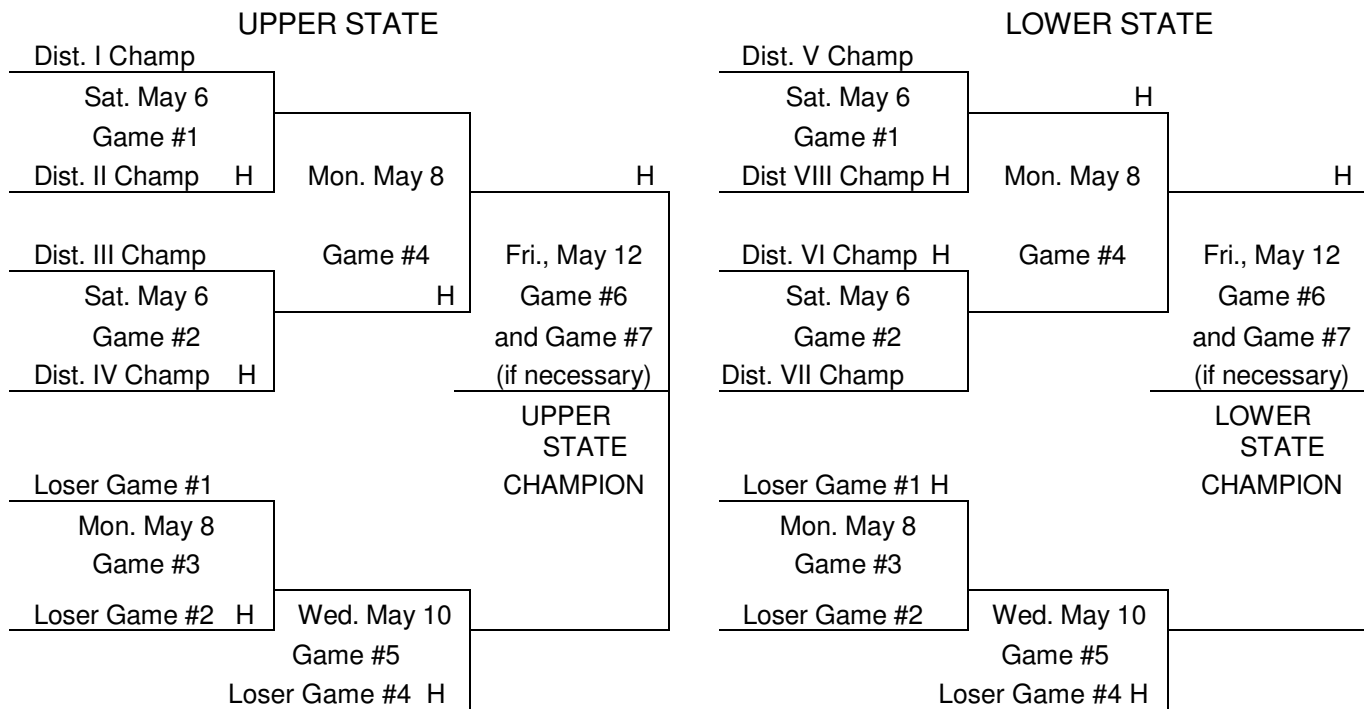
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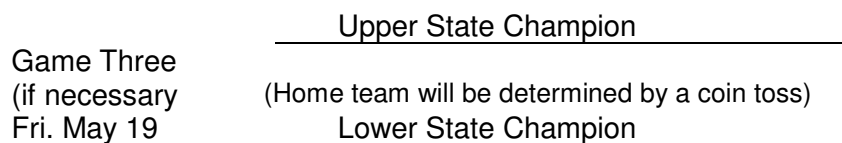
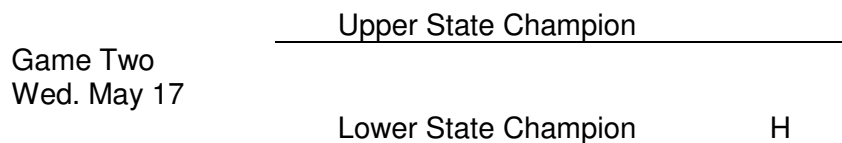
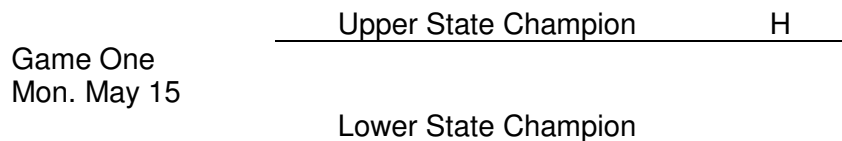
2017 UPPER AND LOWER STATE SOFTBALL TOURNAMENTS CLASS AAA



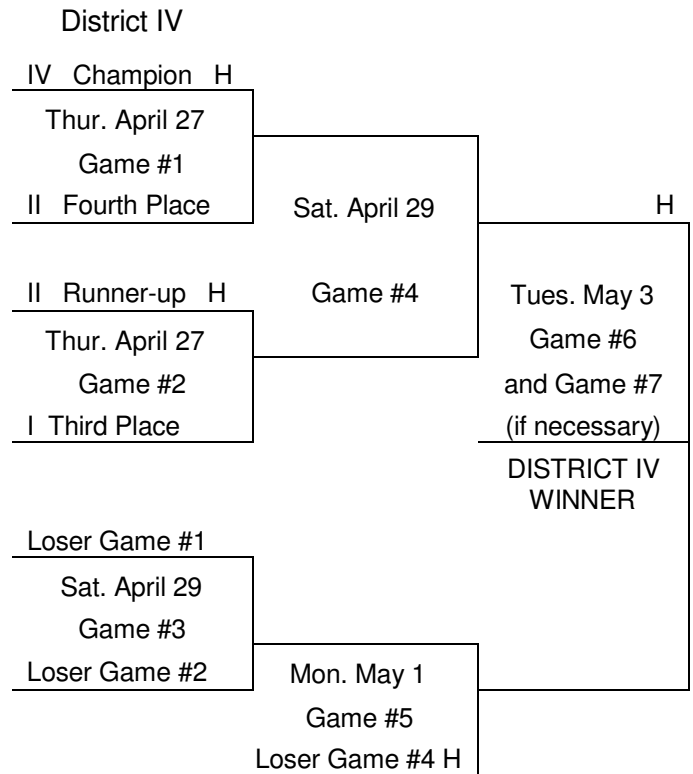
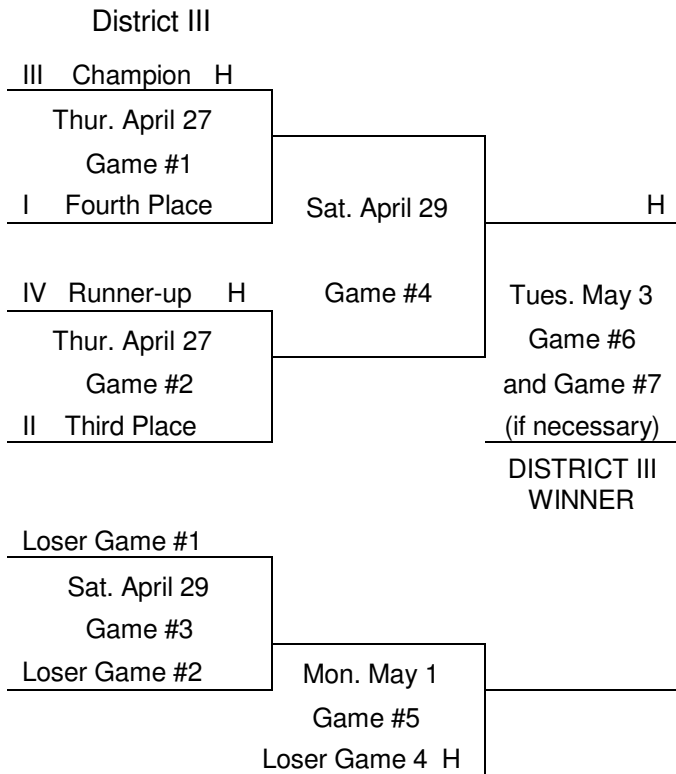
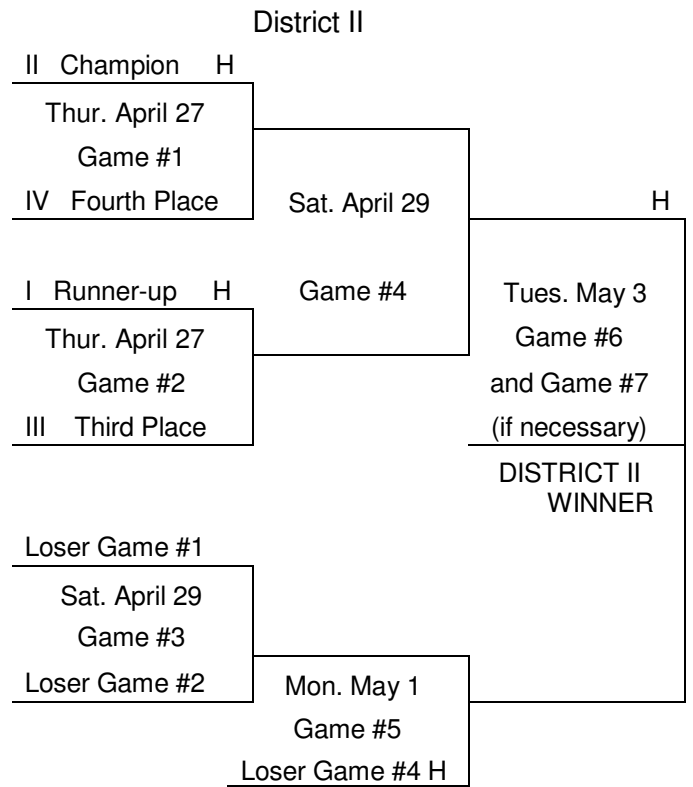
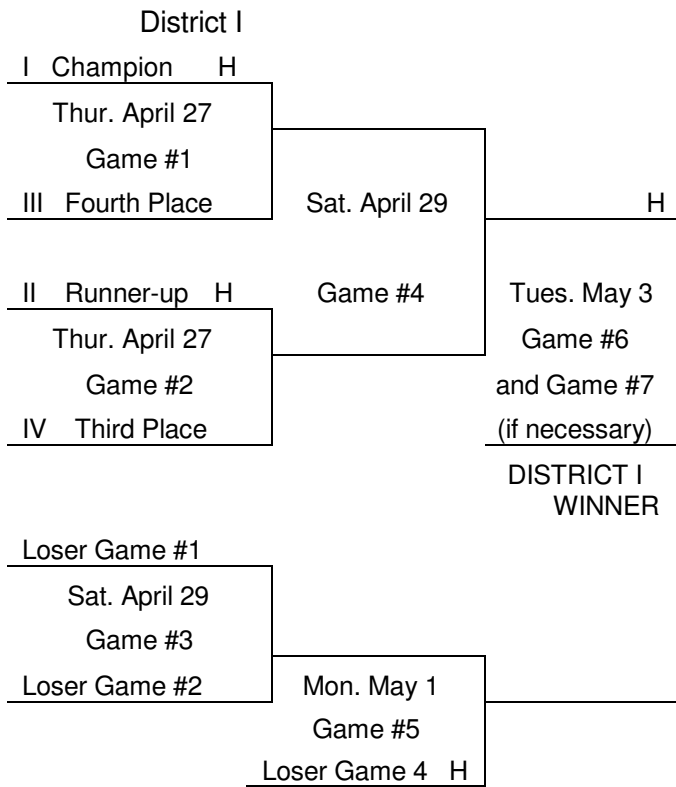
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AAA Softball State Series



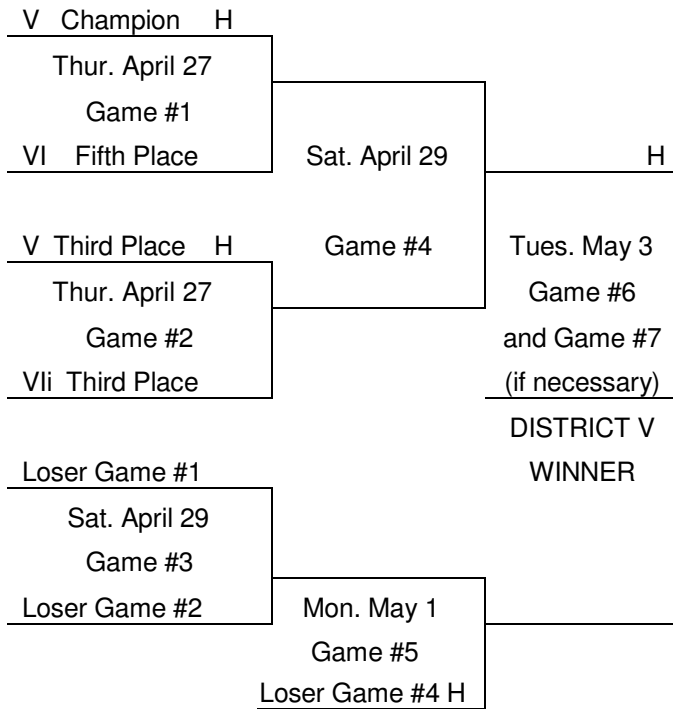
2017 DISTRICT SOFTBALL TOURNAMENTS - CLASS AA



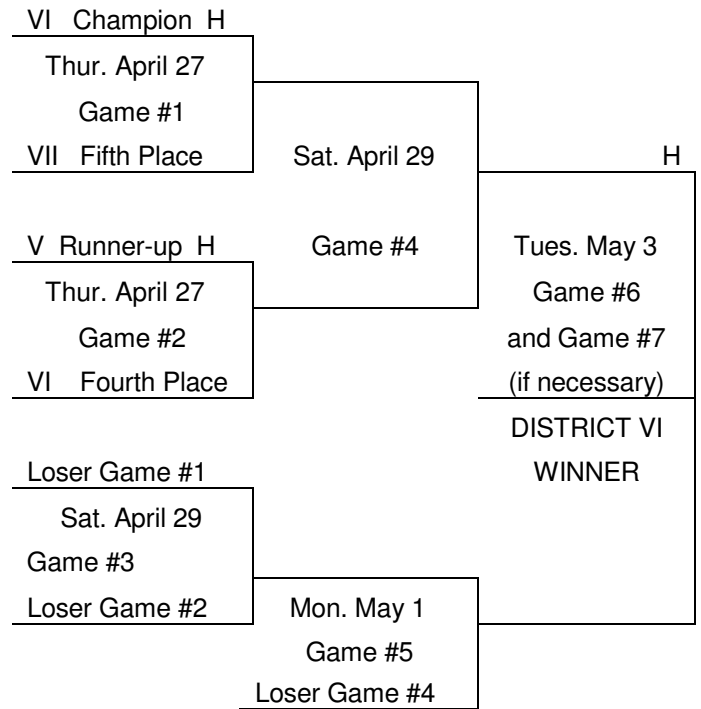
NOTES:

2017 DISTRICT SOFTBALL TOURNAMENTS – CLASS AA

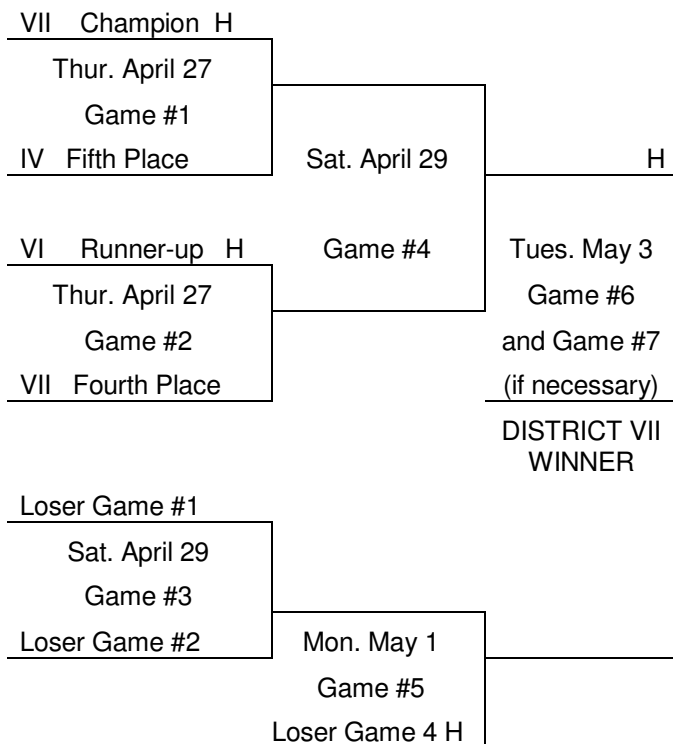
District V



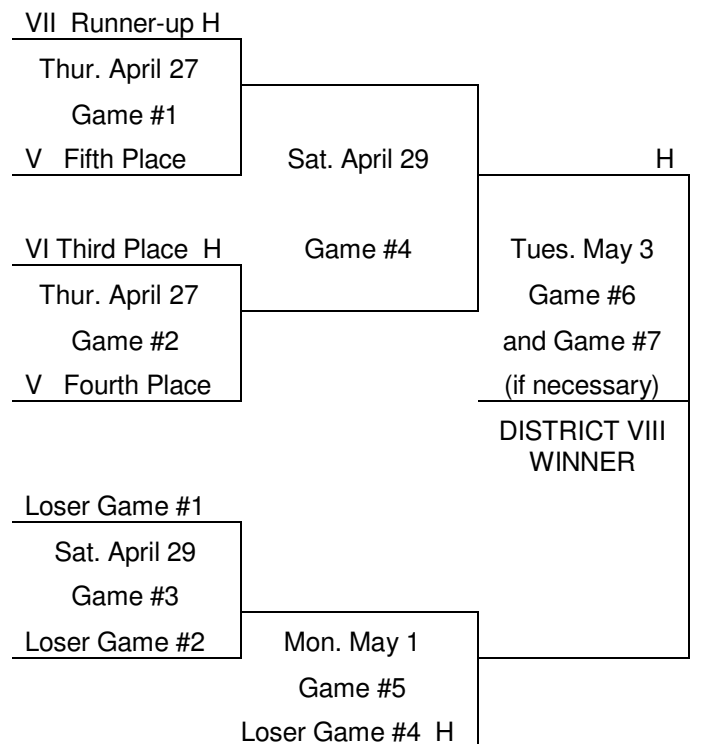
District VI



District VII

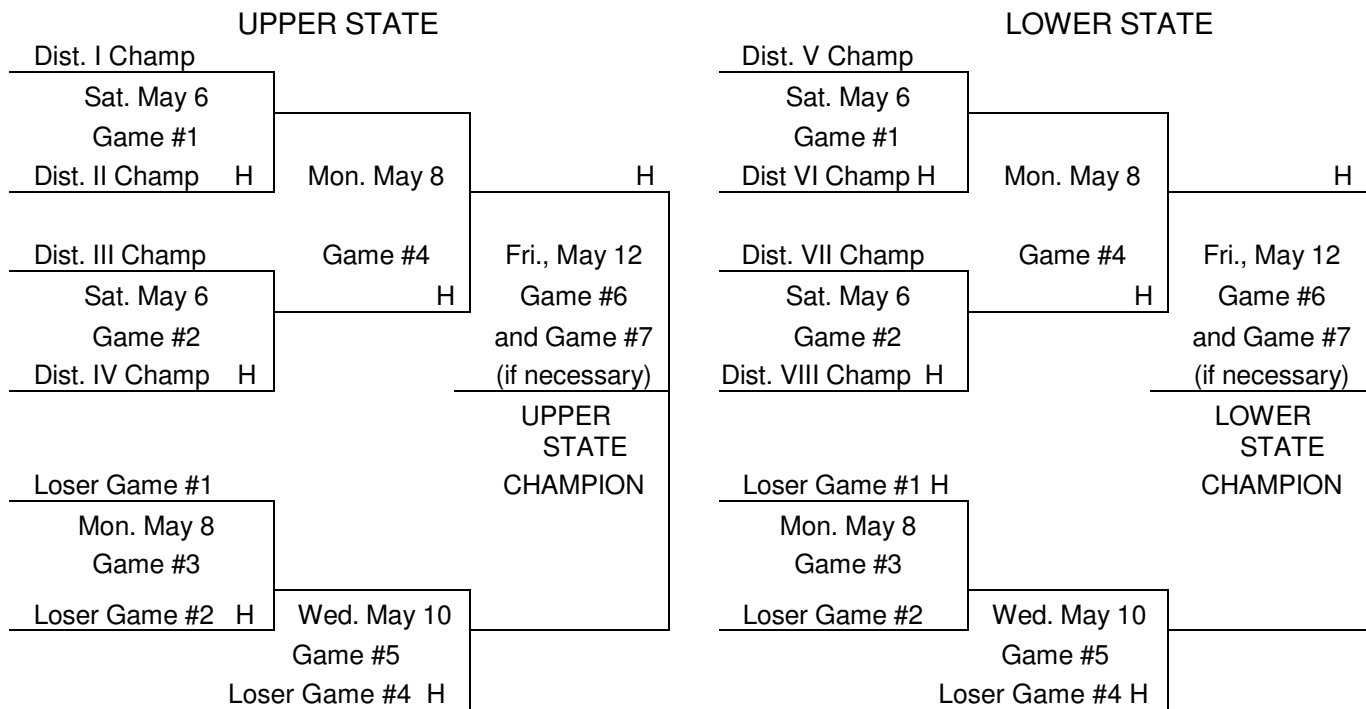


District VIII



NOTES:

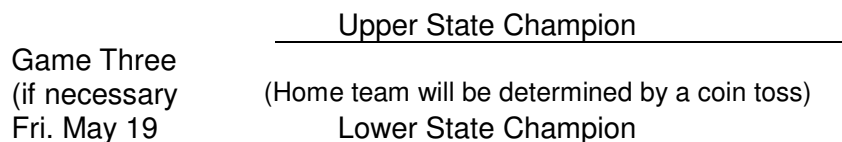
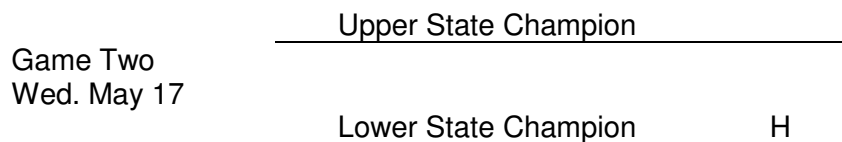
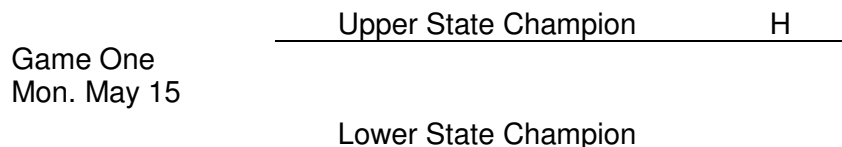
2017 UPPER AND LOWER STATE SOFTBALL TOURNAMENTS CLASS AA



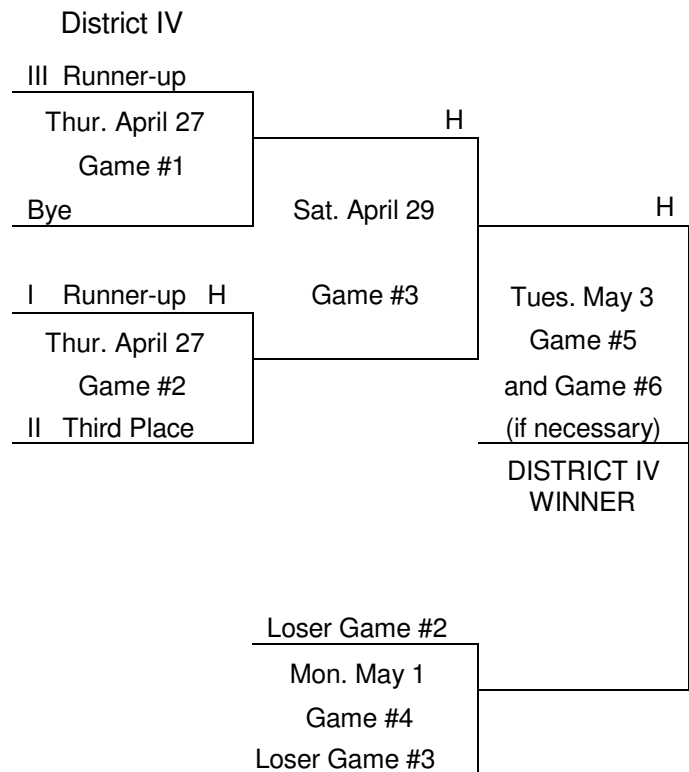
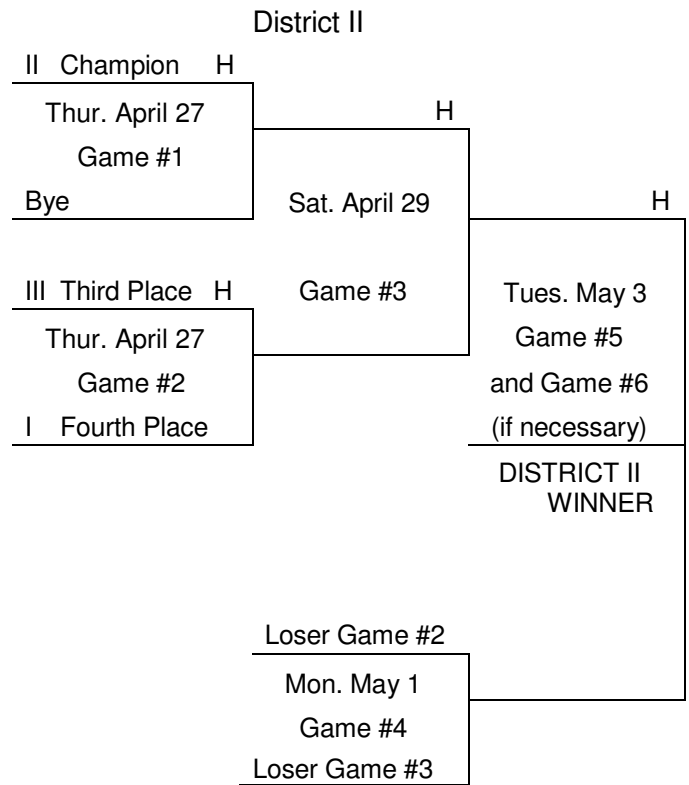
Notes:

In all Upper/Lower State tournament games, the Host school will be determined by the bracket.
If Game 7 is played, it will be at the site of Game 6, the Home team will be determined by a coin toss.

Class AA Softball State Series



2017 DISTRICT SOFTBALL TOURNAMENTS - CLASS A



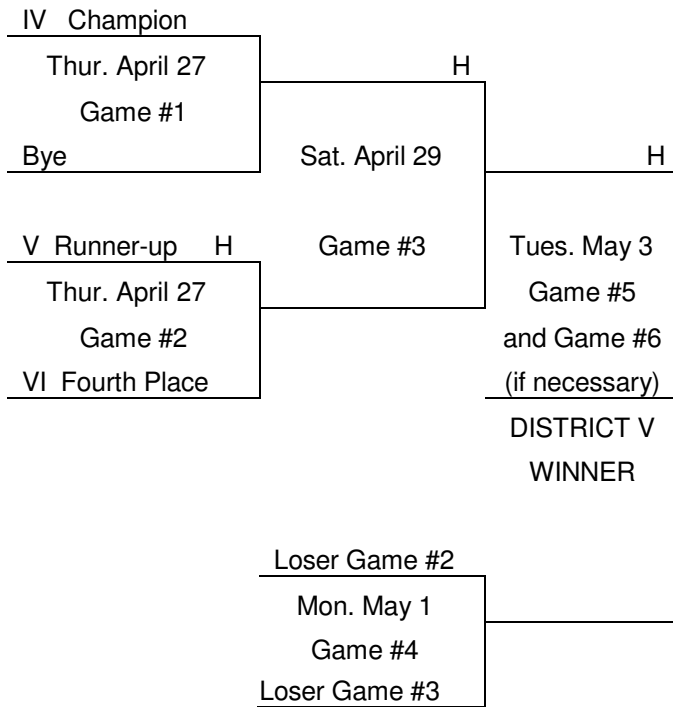
NOTES:

** Game 4 the higher seeded team will host

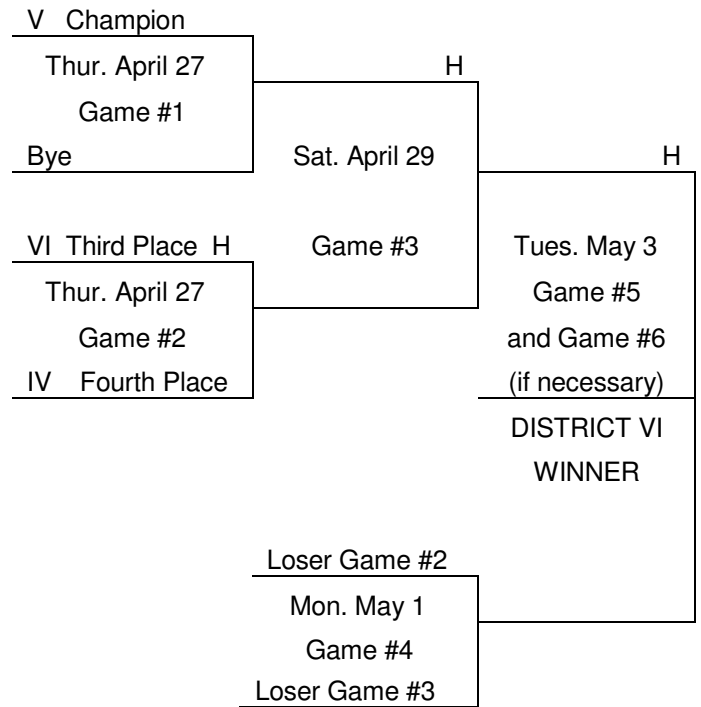
** Game 6 will be played if necessary immediately following game 5 (Flip for Home Team)

2017 DISTRICT SOFTBALL TOURNAMENTS – CLASS A

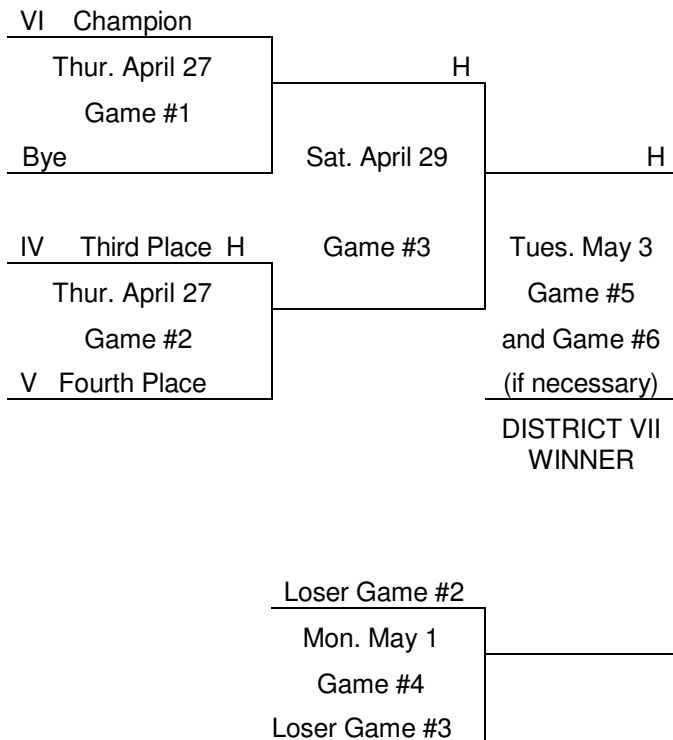
District V



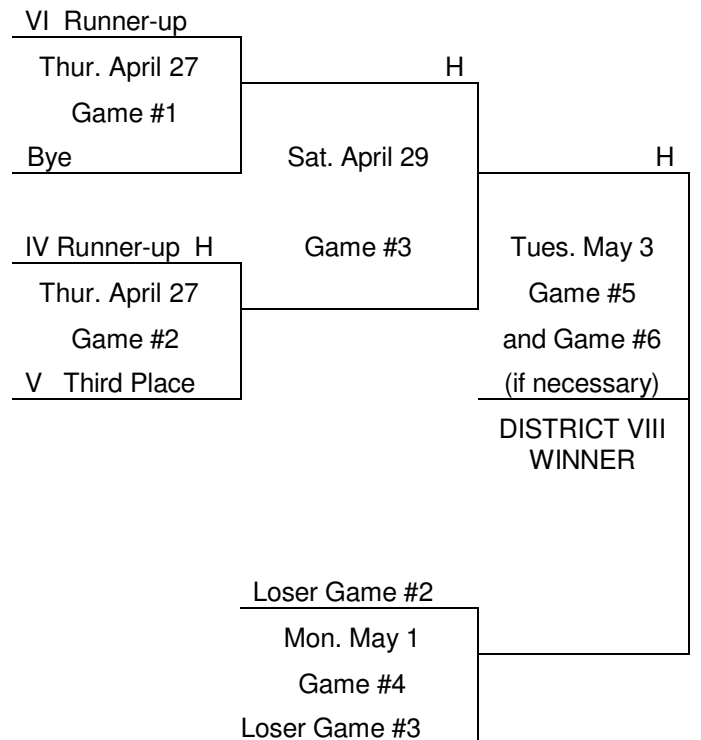
District VI



District VII



District VIII



NOTES:

** Game 4 the higher seeded team will host

** Game 6 will be played if necessary immediately following game 5 (Flip for Home Team)

BOYS AND GIRLS SOCCER

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. National Federation rules will be used in all games.
3. The head coach must attend a League sponsored rules clinic. All coaches must verify with their principal completion of the online courses "Concussion in Sports", "Heat Illness Prevention" and "Sudden Cardiac Arrest" found at www.nfhslearn.com.
4. If a school is participating in a preseason tournament more than seven days prior to its first regular season game the certificate of eligibility must be submitted before participation in this tournament.
5. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree.
6. Students will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one-hour rest between games.
7. No match may end in a tie. During the regular season there will be two full five minute overtime periods. If a tie still exists, penalty kicks by anyone on/off the field will determine the winner.
8. The girls and boys will use two full ten minute overtime periods during the play-offs. If a tie still exists, two five-minute sudden victory overtime periods will be used. If still tied, penalty kicks will determine the winner. (National Federation Soccer Rules Book.)
9. In the event a soccer game is called prior to completion of one half because of conditions, which makes it impossible to continue play, the game will be resumed from the point of interruption.
10. Schools must use officials that are certified by the League Office. Instructions for postponing or canceling games for which certified officials are booked are printed on page 152.
11. Gate receipts will be disbursed according to the financial statement in the Athletic Directors Notebook
12. The League will furnish trophies and medals to the State Champion and Runner-up in each competing class.
13. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, lacrosse, tennis and soccer. (Maximum 10 consecutive days for a tournament)

Varsity

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

JV

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

14. Refer to pages 5 & 6 for additional regulations.

SOCCER 2016-17

- June 1 – July 28, 2016.....Open Season
- Can practice
 - Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days)
 - Nothing mandatory
- July 29 – September 2, 2016Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- September 3 – October 30, 2016.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- October 31 – December 4, 2016.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- December 5 – January 14, 2017.....Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts
- January 15 – January 29, 2017Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- January 30, 2017 First Practice
- February 6, 2017 First Scrimmage
- 7 Days prior to first regular season match Eligibility Due
- February 17, 2017 First Preseason Contest Date
- February 27, 2017 First Playing Date
- April 28, 2017 Last Day to Play a Soccer Match
- April 28, 2017 Deadline to Report Qualifiers by 9:00 am (All Classes)
- May 9, 2017 Press Conference for State Finalists League Office
- May 1, 2017 Playoffs begin (All Classes)
- May 12-13, 2017..... State Finals (All Classes)
- Last Contest - May 13, 2017.....Closed Season
- **Cannot practice – cannot do any skill training**
 - Can continue to condition and strength train
 - Can coach an outside team (75% rule must apply)
 - Can use school facilities and/or equipment if coaching an outside team
- May 14 – May 31, 2017Open Season
- Can practice as much as you like
 - Nothing mandatory
 - No outside scrimmages or competition
 - No tryouts

Class AAAAA Soccer

Each upper state region shall qualify four teams to the play-offs. In lower state, Region 5 will qualify five teams, Region 6 will qualify four teams, Region 7 will qualify six teams and one At-Large team will be selected from the remaining lower state teams.

Class AAAA Soccer

All regions shall qualify four teams to the play-offs.

Class AAA Soccer

All regions shall qualify four teams to the play-offs.

Class AA Soccer

Class AA Seeding Committees will meet April 28 at 10:00 am at the League Office to

State Finals Time Frames – UPPER State will be the host for all State Final games.

<u>Division</u>	<u>Date</u>	<u>Time</u>	<u>Division</u>	<u>Date</u>	<u>Time</u>
TBA					

2017 CLASS AAAAA GIRLS SOCCER

May 1

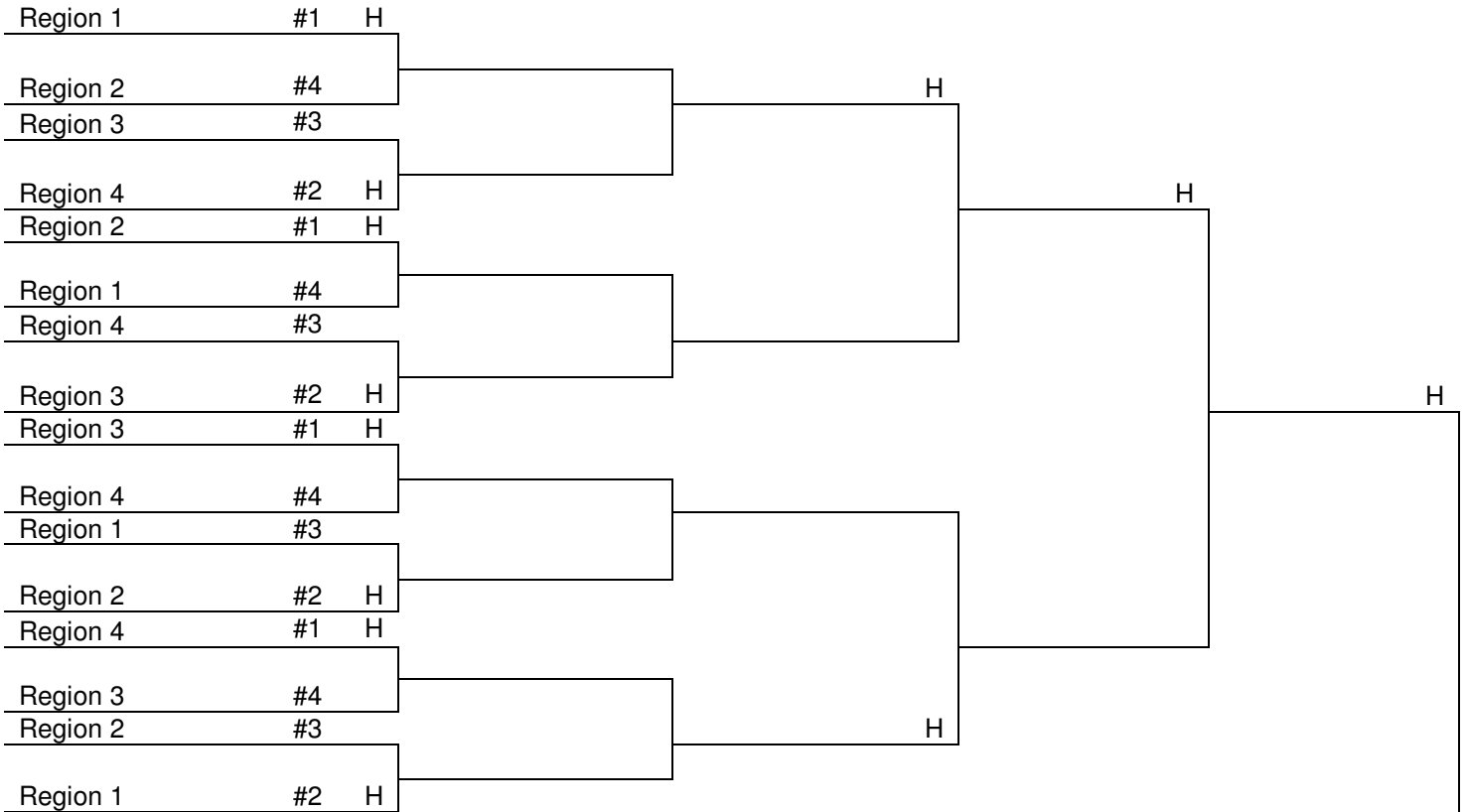
May 3

May 5

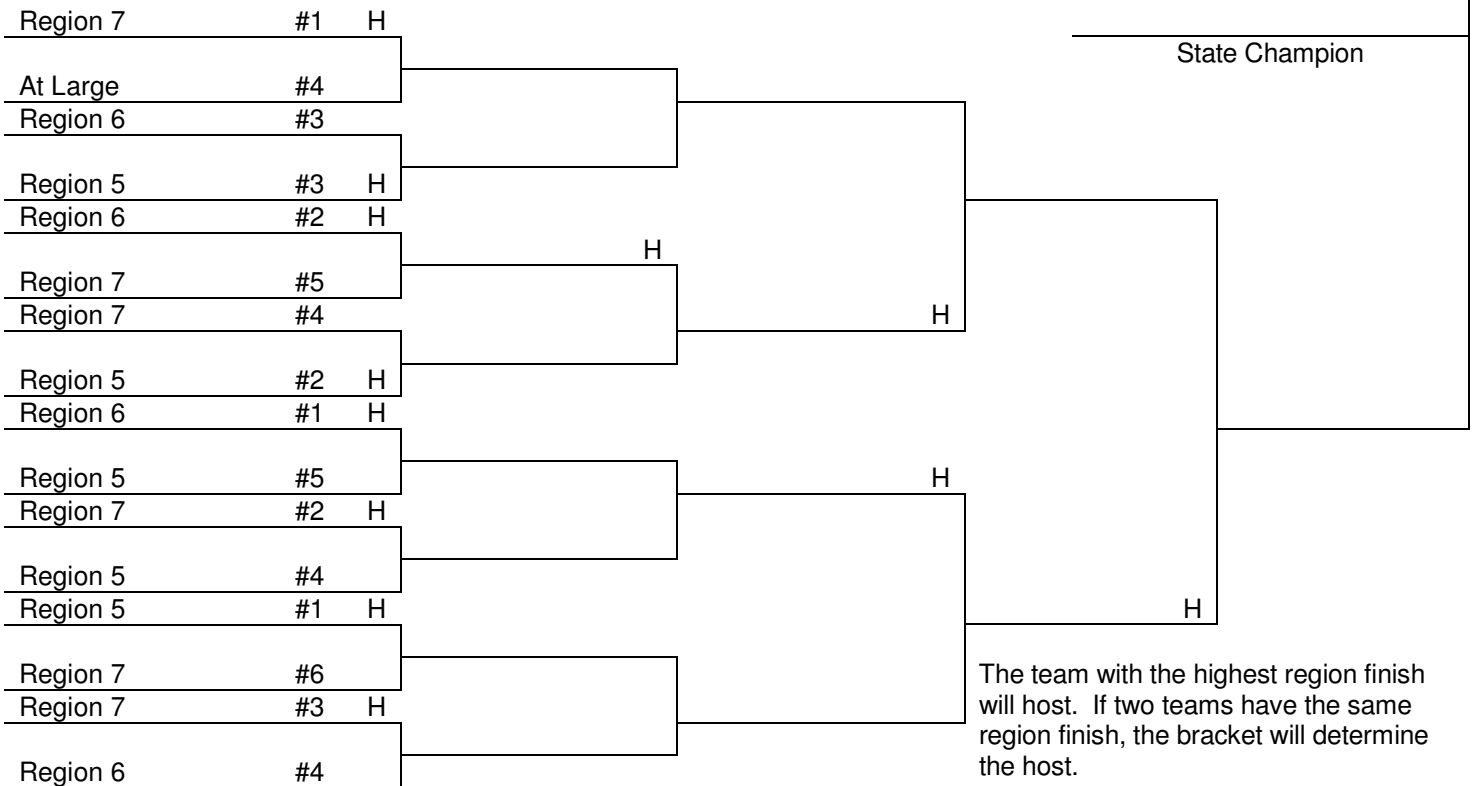
May 8

May 14
3:30 pm

UPPER STATE



LOWER STATE



2017 CLASS AAAAA BOYS SOCCER

May 2

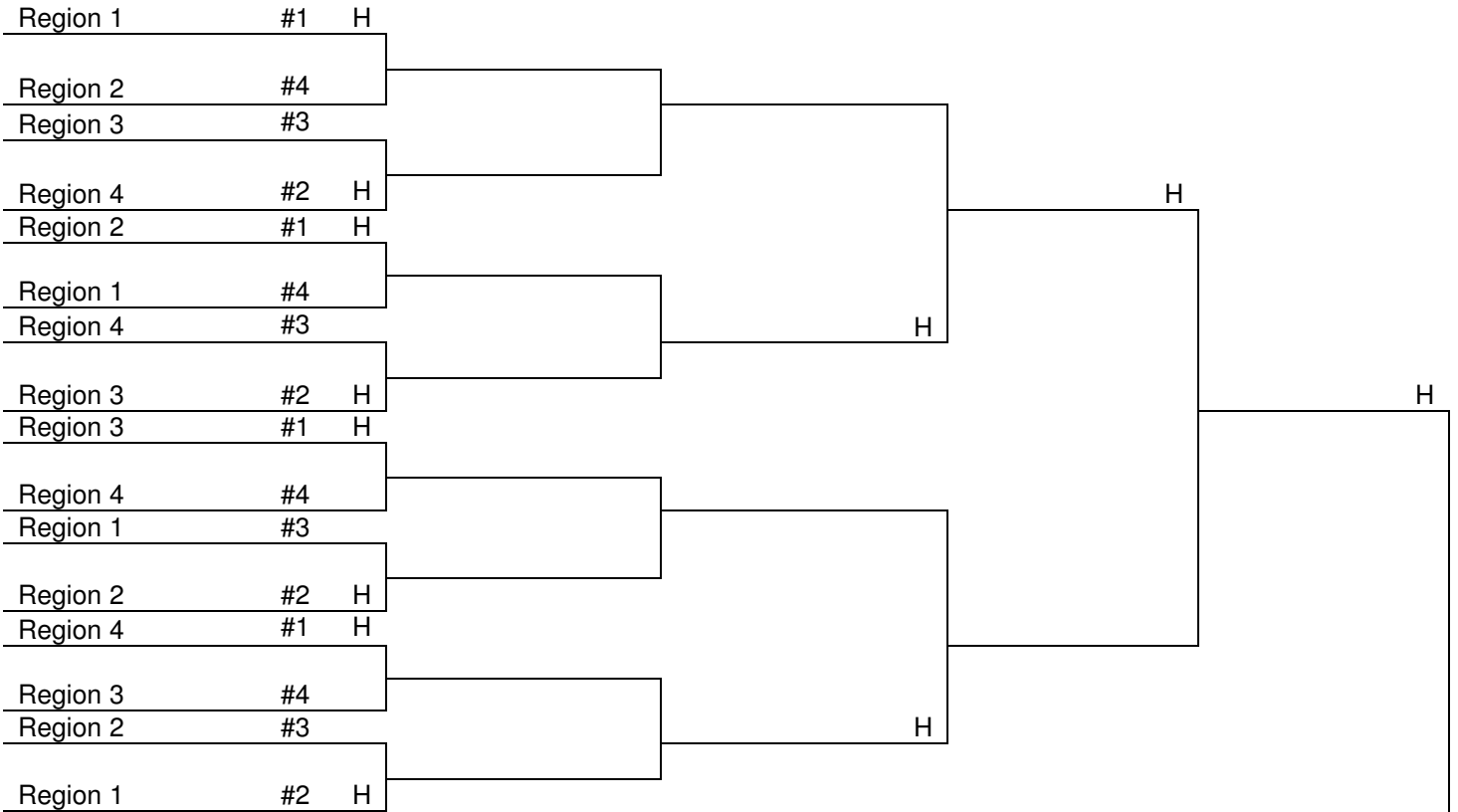
May 4

May 6

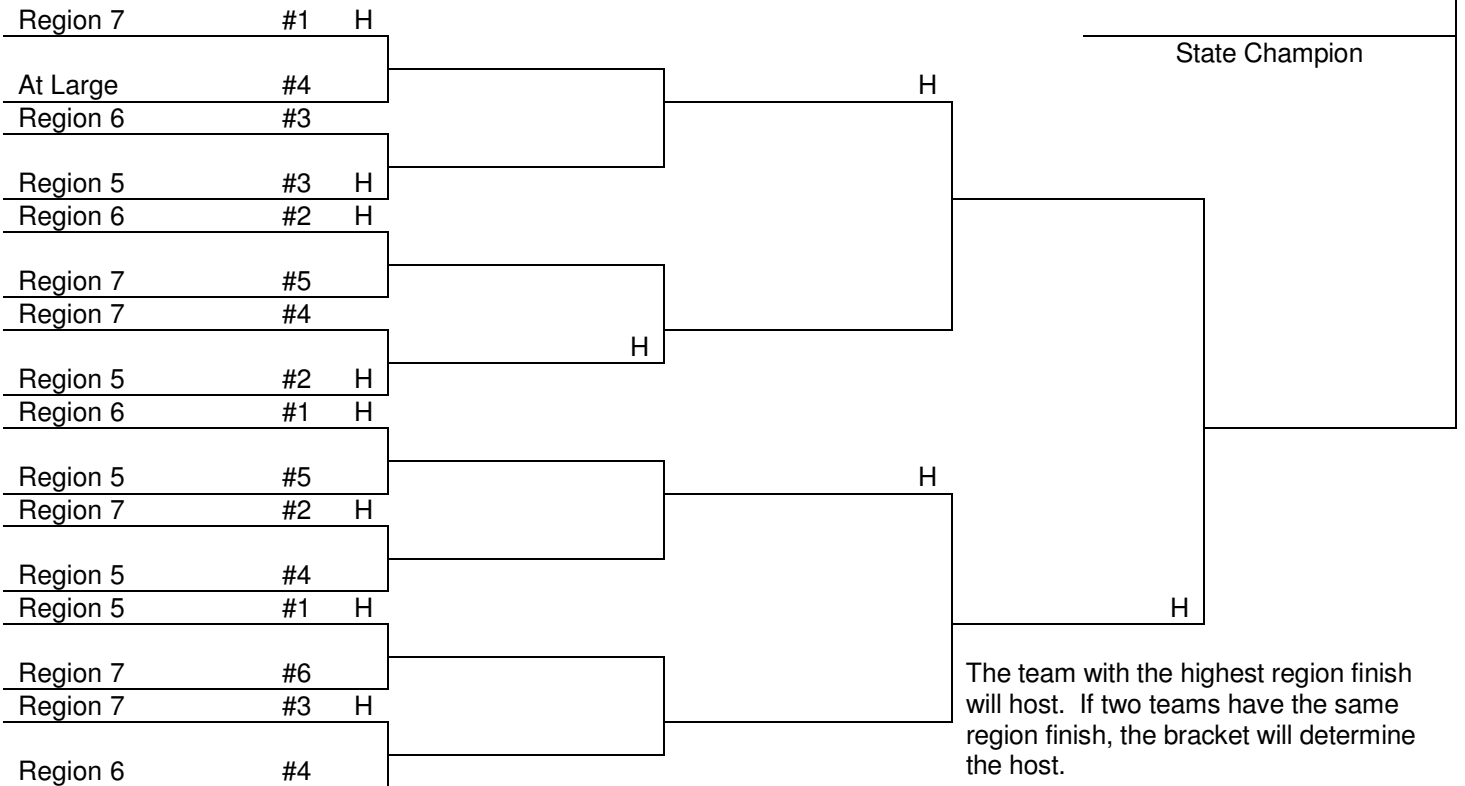
May 9

May 14
6:00 pm

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2017 CLASS AAAA SOCCER

G – May 1
B – May 2

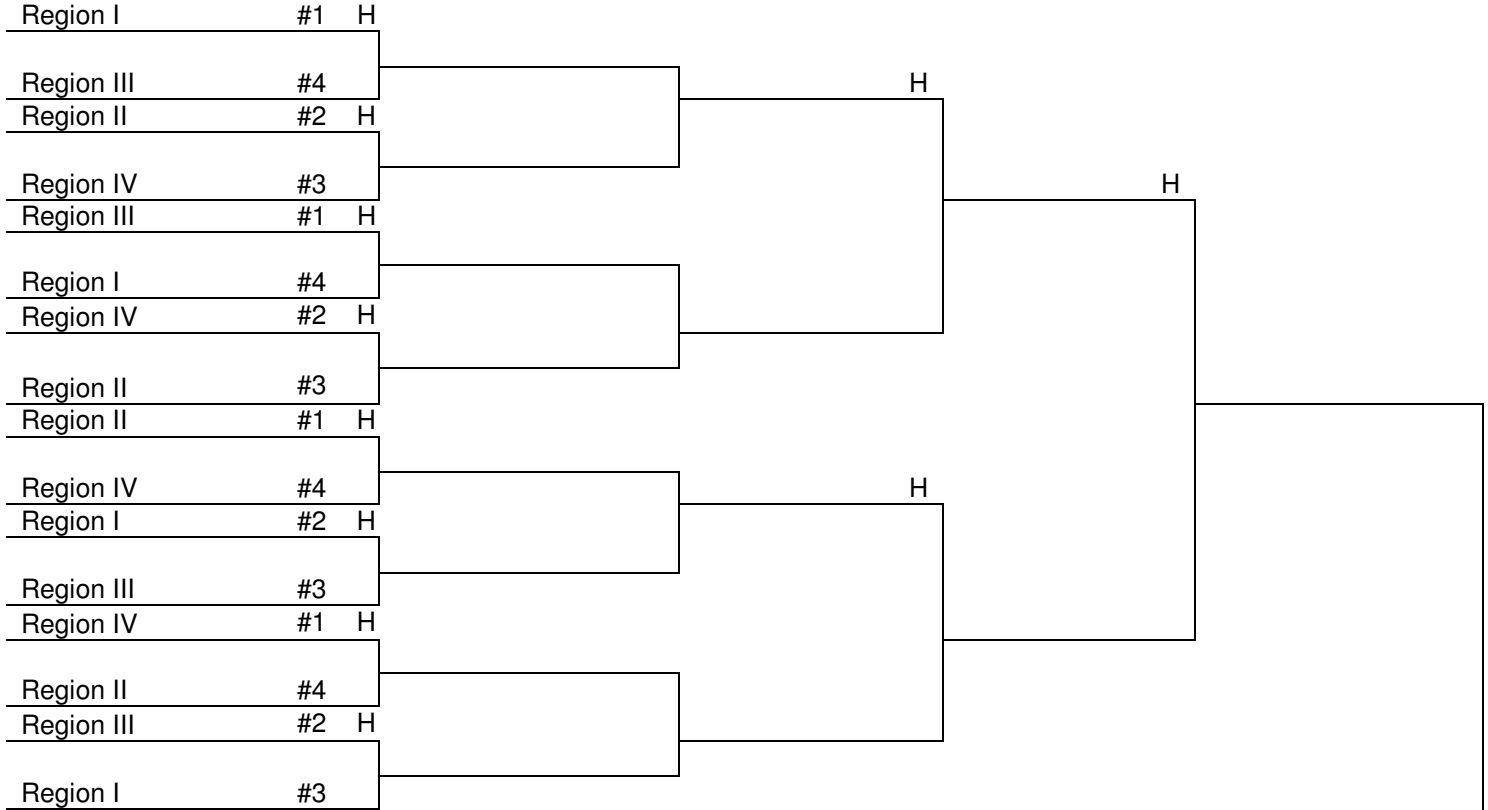
G – May 3
B – May 4

G – May 5
B – May 6

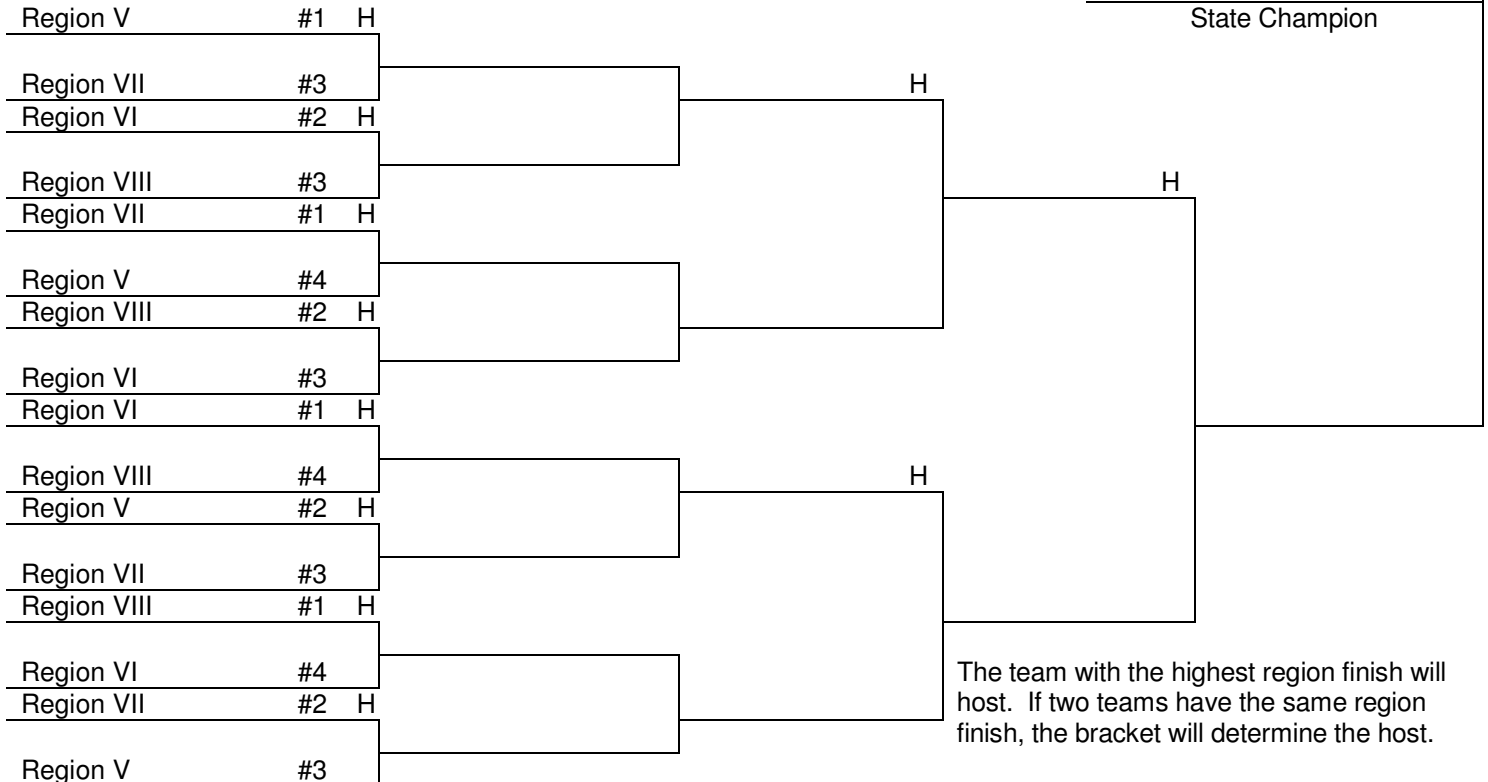
G – May 8
B – May 9

G–May 14 11:30 am
B–May 14 1:30 pm

UPPER STATE



LOWER STATE



2017 CLASS AAA SOCCER

G – May 1
B – May 2

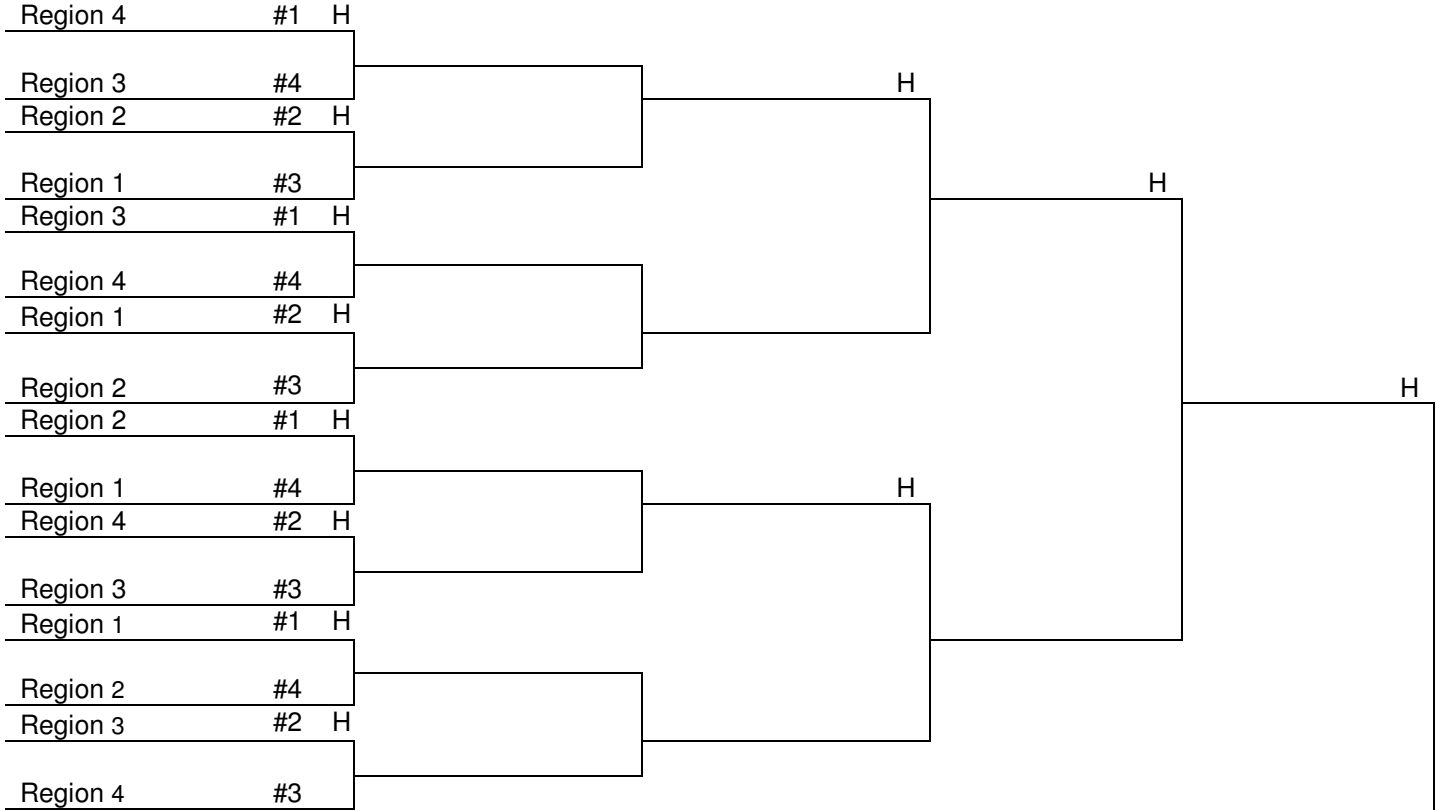
G – May 3
B – May 4

G – May 5
B – May 6

G – May 8
B – May 9

G–May 12 6:00 pm
B–May 12 8:00 pm

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the bracket will determine the host.

2017 AA SOCCER

G – May 1

G – May 3

G – May 5

G – May 8

G – May 13 2:00 pm

B – May 2

B – May 4

B – May 6

B – May 9

B – May 13 4:00 pm

UPPER STATE

1st Seed H

16th Seed

8th Seed H

9th Seed

5th Seed H

12th Seed

4th Seed H

13th Seed

3rd Seed H

14th Seed

6th Seed H

11th Seed

7th Seed H

10th Seed

2nd Seed H

15th Seed

LOWER STATE

1st Seed H

16th Seed

8th Seed H

9th Seed

5th Seed H

12th Seed

4th Seed H

13th Seed

3rd Seed H

14th Seed

6th Seed H

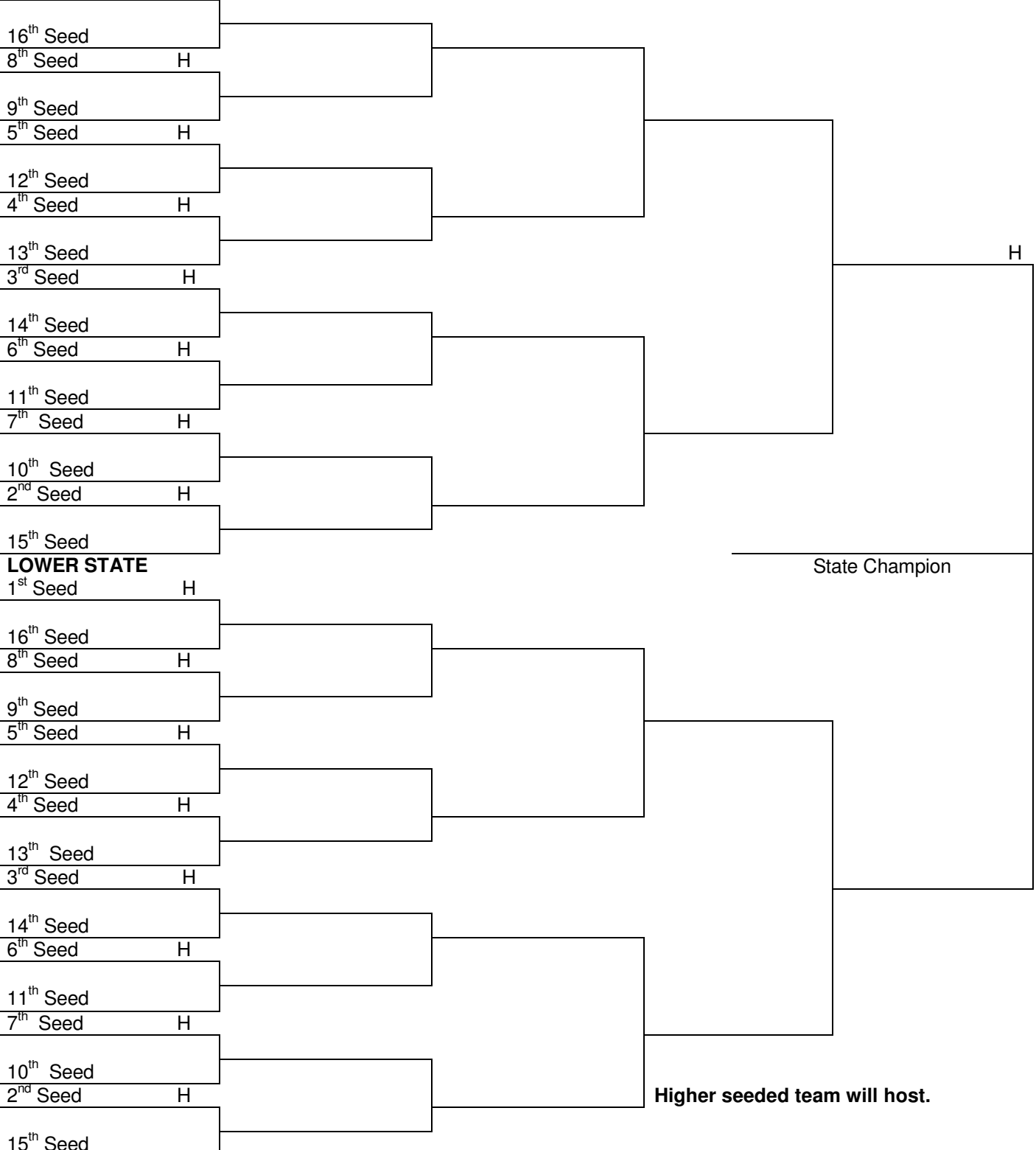
11th Seed

7th Seed H

10th Seed

2nd Seed H

15th Seed



ATHLETIC OFFICIALS ASSOCIATION

Certified officials, registered and approved by the League Office, must be used in all varsity football, volleyball, basketball, wrestling, soccer, lacrosse, competitive cheer, baseball and softball contests. If a member school travels out of state to play, officials that are registered and approved by the host school's state association must be used.

BOOKING

The booking office for football and basketball officials is located in the League Office. The problems involved in baseball, softball, volleyball, lacrosse, wrestling and soccer necessitate local booking offices for these officials. These booking offices are listed in the school directory.

All associations must abide by the disciplinary action of the Commissioner of the League. If an officials' organization accepts the schedule of a school, it must furnish officials for the full season unless otherwise notified by the Commissioner of the League. An official must report any irregular procedure of the game or any unusual conduct on the part of the crowd, coaches, school officials or students to the Commissioner.

Arrangements must be made to hold weekly or biweekly meetings and attendance must be kept. These meetings should be for the purpose of learning rules and mechanics. An official will work or attend a combined total of 12 meetings and scrimmages if the official is to receive the maximum number of points allotted to this item on the official's rating system. Before the start of the season an official shall attend a minimum of six classroom type meetings and will work a minimum of two scrimmages. After the start of the season, an official shall attend a minimum of two classroom type meetings. Credit for the remaining two meetings may be received for classroom meetings or scrimmages.

Associations will not book an official that has not been certified. The approval of the League Office may be removed and the official may be banned from officiating in high school contests in the future for violation of the above regulation.

Schools and officials should be notified at least one week prior to assignments. High school personnel will not serve as the booking officer for an association except by permission of the Executive Committee.

A copy of the officials' association's constitution, bylaws, rules and regulations, list of officers and officials must be filed in the office of the Commissioner.

A list of officials will be available by the second week in May for football, September for basketball and volleyball, November for wrestling and February for baseball, softball and soccer.

An official who fails to keep an accepted assignment shall be required to pay the school the game fee.

MEMBERSHIP DUES & FEES

The membership dues are as follows:

AAAAA	\$ 600.00
AAAA	\$ 500.00
AAA	\$ 400.00
AA.....	\$ 300.00
A.....	\$ 200.00
Middle School.....	\$ 200.00

Membership dues are due by September 16.

SCHOOL'S BOOKING FEES

The Executive Committee of the League has approved the following booking fees:

Football.....	\$ 75.00	Baseball	\$50.00
Basketball.....	\$ 75.00	Softball.....	\$50.00
Wrestling.....	\$ 50.00	Soccer.....	\$50.00
Volleyball	\$ 50.00	Cheer	\$25.00
Lacrosse.....	\$ 50.00	Sub Varsity sports.....	\$50.00

INVITATIONAL TOURNAMENT SANCTIONING FEES

The Executive Committee of the League has approved the following sanctioning fee:

Basketball.....	\$ 50.00	Softball.....	\$ 50.00
Baseball.....	\$ 50.00	Soccer.....	\$ 50.00

INSTRUCTIONS FOR CANCELING OR POSTPONING A CONTEST TO WHICH CERTIFIED OFFICIALS ARE BOOKED

If it is necessary to postpone or cancel a contest to which certified officials are booked, the home school shall:

1. Notify the officials when the contest will be rescheduled and ask if they can work the contest.
2. Notify the League Office of the rescheduled date and any officials who cannot work the contest.
3. If the contest is canceled within two weeks after being booked, the official will receive fee plus any travel.
4. If a contest is postponed and it is too late to stop the officials from traveling, mileage will be paid. The same officials will be reassigned if possible.
5. If a contest is postponed in time to stop the officials from traveling and the school fails to do so, fees and mileage will be paid.
6. Baseball and softball officials shall receive one-half fee and mileage if the game is started and terminated before it is a regulation game and full fee and travel if it is regulation. In other sports, officials are expected to return and finish a suspended contest on the rescheduled date. Only mileage will be paid. An official who cannot return will receive a fee comparable to the percentage of the contest worked. The replacement will receive mileage plus the remaining fee. The home school shall make the adjustments in fees.
7. If an official fails to keep an assignment, the official will pay the home school the game fee.

The Executive Committee has approved the following fees:

FOOTBALL OFFICIALS' FEES

CLASS	REGULAR SEASON		PLAY-OFFS			
	FIELD	ECO	QTR & SEMI		FINALS	
	FIELD	ECO	FIELD	ECO	FIELD	ECO
I	92.00	51.00	97.00	55.00	104.00	57.00
II	80.00	51.00	82.00	55.00	92.00	57.00
III	68.00	48.00	68.00	48.00	80.00	51.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00. Upon application and payment of the booking fee, a school shall be placed in the fee class set forth above according to the classification of the school in the League. The minimum fee for AAAA schools shall be Class I, AAA schools Class II and AA and A schools Class III. The selection of officials shall begin with Class I and continue through Class III.

Fees will be \$43.00 for each official for junior varsity games and \$33.00 for each official for junior high games.

BASKETBALL OFFICIALS' FEES

All varsity games use 3 officials.

Single Varsity Game	Two-Games Referee U1, U2	State Play-Off Game	Two State Play-Off Games	State Finals	Single JV Game	Two JV Games
\$55.00	\$78.00	\$62.00	\$85.00	\$78.00	\$37.00	\$55.00

Fees For Middle And Junior High Schools:

Regular Season Games.....\$34.00 for one game \$46.00 for two games.
 Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

VOLLEYBALL OFFICIALS' FEES

	First 2/3 Match	Additional 2/3 Matches	3/5 Match
Regular Season	\$31.00 (R) \$27.00 (U)	\$31.00 (R) \$27.00 (U)	\$49.00 (R) \$40.00 (U)
Upper/Lower State			\$52.00 (R) \$43.00 (U)
State Finals			\$54.00
Sub-Varsity Matches	\$31.00		\$49.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

WRESTLING OFFICIALS' FEES

Regular Season Dual Matches - \$66.00 Plus Travel

Tournament fee of \$4.75 per match plus travel (byes do not count – teams treated as full teams)

Head official fee of \$200 per day (required for tournaments using four or more mats.)

Post Season Duals: \$66.00 per official

State Final Duals: \$71.00 per official

Tournament fee of \$4.75 per match plus travel (byes do not count – number of officials negotiated)

Individual State Finals:..... \$200.00 per official

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

LACROSSE OFFICIALS' FEES

Regular Season	\$44.00 (JV)	\$51.00 (Varsity)
Combination JV & Varsity (same day).....	\$95.00	
State Play-Off Games	\$57.00	
State Finals	\$62.00	

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

SOCCER OFFICIALS' FEES

Regular Season	\$42.00 (JV)	\$47.00 (Varsity)
State Play-Off Games	\$51.00	
State Finals	\$60.00	

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

BASEBALL UMPIRES' FEES

	Plate Umpire	Base Umpire
Regular Season	\$45.00	\$40.00
State Play-Off Games	\$51.00	\$45.00
State Finals	\$56.00	\$49.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

SOFTBALL UMPIRES' FEES

	Plate Umpire	Base Umpire
Regular Season	\$44.00	\$38.00
State Play-Off Games	\$49.00	\$43.00
State Finals	\$55.00	\$49.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

COMPETITIVE CHEER JUDGES' FEES

1 - 16 teams.....	\$58.00 per judge
17 - 32 teams.....	\$80.00 per judge
33 - 48 teams.....	\$100.00 per judge
49 & up teams	\$129.00 per judge

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

UNIFORMS

All athletic officials must wear the uniform designated by the League Office as determined from each sport's officials manual.

DISCIPLINE OF OFFICIALS

Officials' associations may set rules and regulations for the discipline of its members. The Commissioner of the League may discipline athletic officials in one or more of the following manners:

A WARNING is an official notice that an inexcusable, unethical or unsportsmanlike action is a matter of record and must not happen again.

PROBATION is a more severe type of warning. An official on probation may be assigned to regularly scheduled games but he will not be assigned to a play-off or tournament game of any type.

A FINE may be levied separately or in addition to a warning, probation or suspension. It will be levied against the individual official and may range from the game fee to a maximum of \$100.00.

A SUSPENDED official may not work an interscholastic athletic contest of any kind for a member of the League or a school that is a member of another state associated with the National Federation of State High School Associations.

Any disciplinary action by any athletic officials' association or the Commissioner may be appealed to the Executive Committee of the League.

OFFICIALS' CLINICS AND EXAMINATIONS

The League will conduct clinics in football, swim, competitive cheer, volleyball, basketball, lacrosse, baseball, softball, golf, soccer, track and field, cross country, tennis and wrestling. Head coaches of these sports are required to attend one of these clinics. A testing program approved by the Executive Committee will be administered under the direction of the Commissioner.

FOOTBALL OFFICIALS' CLINIC AND EXAMINATION

The South Carolina Football Officials' Association Clinic and Exam will be held on **Saturday July 30, 2016 at River Bluff High School**. The clinic will begin at 8:30 am for officials; the rules clinic will begin at 10:15 am. The exam will be administered at 12:00 noon. A make-up clinic and exam (for officials only) will be held on August 1 at the High School League Office at 6:00 pm. July 30 is the only date on which an official may take the examination without paying the \$20.00 late fee. **August 31 is the final date on which the examination may be taken.**

Saturday	July 30, 2016	10:15 am	River Bluff High School
Tuesday	August 2, 2016	6:00 pm	Stall High School
Wednesday	August 3, 2016	6:00 pm	Mauldin High School
Thursday	August 4, 2016	6:00 pm	West Florence High School

SWIM CLINICS

It is required that all swim coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	6:00 pm	Stall High School
Wednesday	August 3, 2016	6:00 pm	Mauldin High School
Thursday	August 4, 2016	6:00 pm	West Florence High School
Tuesday	August 9, 2016	6:00 pm	South Pointe High School
Thursday	August 11, 2016	6:00 pm	High School League Office

COMPETITIVE CHEER CLINICS

It is required that all competitive cheer coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	4:30 pm	Stall High School
Wednesday	August 3, 2016	4:30 pm	Mauldin High School
Thursday	August 4, 2016	4:30 pm	West Florence High School
Wednesday	August 10, 2016	4:30 pm	High School League Office

CROSS COUNTRY CLINICS

It is required that all competitive cheer coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	6:00 pm	Stall High School
Wednesday	August 3, 2016	6:00 pm	Mauldin High School
Thursday	August 4, 2016	6:00 pm	West Florence High School
Tuesday	August 9, 2016	6:00 pm	High School League Office

VOLLEYBALL CLINICS

It is required that all volleyball officials and coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	6:00 pm	Stall High School
Wednesday	August 3, 2016	6:00 pm	Mauldin High School
Thursday	August 4, 2016	6:00 pm	West Florence High School
Wednesday	August 10, 2016	6:00 pm	High School League Office

GOLF CLINICS

It is mandatory that all tennis head coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	4:30 pm	Stall High School
Wednesday	August 3, 2016	4:30 pm	Mauldin High School
Thursday	August 4, 2016	4:30 pm	West Florence High School
Wednesday	August 24, 2016	4:30 pm	High School League Office
Wednesday	February 1, 2017 (Boys)	4:30 pm	High School League Office

TENNIS CLINICS

It is mandatory that all tennis head coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Tuesday	August 2, 2016	4:30 pm	Stall High School
Wednesday	August 3, 2016	4:30 pm	Mauldin High School
Thursday	August 4, 2016	4:30 pm	West Florence High School
Wednesday	August 24, 2016	6:00 pm	High School League Office
Wednesday	February 1, 2017 (Boys)	6:00 pm	High School League Office

BASKETBALL OFFICIALS' CLINICS AND EXAMINATION

The South Carolina Basketball Officials' Association Business Meeting and Exam will be held on **Saturday, November 12, 2015 at TBA**. The business meeting will begin at 10:30 am (Officials' registration begins at 9:45 am) and the exam will be administered at 11:30 pm. A make-up exam (for officials only) will be held on November 16 at the High School League Office at 6:00 pm. November 14 is the only date on which an official may take the examination without paying the \$25.00 late fee.

November 22 is the final date on which the examination may be taken.

SOCCER CLINICS

It is mandatory that all soccer officials and head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Tuesday	January 3, 2017	6:00 pm	Mauldin High School
Thursday	January 5, 2017	6:00 pm	South Pointe High School
Wednesday	January 11, 2017	6:00 pm	Ridgeland-Hardeeville High School
Tuesday	January 17, 2017	6:00 pm	West Florence High School
Thursday	January 19, 2017	6:00 pm	Stall High School
Monday	January 23, 2017	6:00 pm	High School League Office

BASEBALL CLINICS

It is mandatory that all baseball officials and head coaches attend one of the clinics. Dates and sites of the clinics are as follows:

Monday	January 2, 2017	6:00 pm	Mauldin High School
Wednesday	January 4, 2017	6:00 pm	South Pointe High School
Monday	January 9, 2017	6:00 pm	West Florence High School
Wednesday	January 11, 2017	6:00 pm	Ridgeland-Hardeeville High School
Wednesday	January 18, 2017	6:00 pm	Stall High School
Wednesday	January 25, 2016	6:00 pm	High School League Office

SOFTBALL CLINICS

It is mandatory that all softball officials and head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday	January 2, 2017	6:00 pm	Mauldin High School
Wednesday	January 4, 2017	6:00 pm	South Pointe High School
Monday	January 9, 2017	6:00 pm	West Florence High School
Wednesday	January 11, 2017	6:00 pm	Ridgeland-Hardeeville High School
Wednesday	January 18, 2017	6:00 pm	Stall High School
Thursday	January 26, 2017	6:00 pm	High School League Office

TRACK & FIELD CLINICS

It is mandatory that all head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday	January 2, 2017	6:00 pm	Mauldin High School
Monday	January 9, 2017	6:00 pm	West Florence High School
Wednesday	January 18, 2017	6:00 pm	Stall High School
Tuesday	January 24, 2017	6:00 pm	High School League Office

LACROSSE CLINICS

It is mandatory that all head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Thursday	January 5, 2017	6:00 pm	South Pointe High School
Tuesday	January 10, 2017	6:00 pm	Stall High School
Thursday	January 12, 2017	6:00 pm	Mauldin High School
Tuesday	January 17, 2017	6:00 pm	High School League Office

PROPOSED TIE-BREAKING SYSTEM

The following procedure may be used in breaking ties within the region for seeding purposes. Seeds will be filled one at a time.

1. Two Teams
 - a. Single-game Region Schedule: If two teams with identical region records tie, the team that defeats the other shall be declared the higher seed.
 - b. Two-game Region Schedule: If two teams split their contest, then they would proceed to Tie-Breaking Steps until the tie is broken.
2. Three or More Teams
 - a. Single-game Region Schedule: If three or more teams with identical region records tie, and one of the teams has defeated the others, that team will be seeded higher. If this does not resolve tie(s), proceed to Tie-Breaking Steps until the tie(s) are broken.
 - b. Two-game Region Schedule: If three or more teams with identical region records tie, the team that has the most wins between the tied teams against each other will be seeded highest. The team with the next-highest wins will be seeded second and so on. If this does not resolve tie(s), proceed to Tie-Breaking Steps until the tie(s) are broken.

TIE-BREAKING STEPS

Step 1. Region Point System

If three or more teams with identical region records tie, and no team has more victories than the others in games involving the tied teams, a point system based on region record only will determine the seed.

The following point value will be used in assigning points for a win within the region:

6 TEAM REGION

- 1st Place ...6 points
- 2nd Place ...5 points
- 3rd Place ...4 points
- 4th Place ...3 points
- 5th Place ...2 points
- 6th Place ...1 point

7 TEAM REGION

- 1st Place....7 points
- 2nd Place...6 points
- 3rd Place ...5 points
- 4th Place ...4 points
- 5th Place ...3 points
- 6th Place ...2 points
- 7th Place.... 1 point

NOTE: If two or more teams are tied for a region position, each team will be acknowledged as that particular seed when the point system is in use. (Example - if 2 teams are tied for 3rd place, any win against either team would be assigned 3rd place points.) As a position is decided, the following seeds would use the latest assigned points.

Step 2. Points Allowed System

- 2.1 The team that gives up fewest points in games involving the tied teams shall be seeded higher.
- 2.2 If still tied from above, the team that gives up fewest points in all region games shall be seeded higher.

NOTE: In games that are decided by "over-time procedure," the team that loses will only add 1 point to regulation final score for purposes of figuring points allowed, and not final score of over-time procedure.

Step 3. Final Resolution System

- 3.1 The higher seed will be the team whose opponents have the highest winning percentage.
- 3.2 The higher seed will be the team whose opponents have won the most games.
- 3.3 The higher seed will be the team whose opponents have scored the fewest points
- 3.4 The higher seed will be determined by a coin toss supervised by the Region Coordinator.

NOTE: This procedure shall refer to all regularly scheduled region and non-region games, excluding tournament games