

Clarendon School District Three

MAY

LUNCH MENU

2017



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1-May	2-May	3-May	4-May	5-May
Choose One Entrée	Chick Filet on WG Bun BBQ Rib on WG Bun	Chicken & Dumplings BBQ Pork	Mexican Beef Taco Beef & Bean Burrito	Asian Chicken Chicken Tender	Pepperoni Pizza Teriyaki Beef Dippers
Choose At Least Two Or More From This Group. One MUST Be 1/2 Cup Fruit/Vegetable	French Fries Sliced Carrots Pork & Beans (legumes) Dipped Fruit & Fruit Juice Choice of Milk	Steamed Turnip Greens Mixed Vegetables WG Biscuit Dipped & Fresh Fruit Choice of Milk	Shredded Lettuce & Cheese Steamed Corn Salsa Sour Cream Taco Sauce Fresh Fruit & Fruit Juice Choice of Milk	Yellow Rice Steamed Broccoli Mixed Vegetables Dipped & Fresh Fruit Choice of Milk	Tossed Salad Greens with Low-Fat Dressing Steamed Corn Dipped & Fresh Fruit Choice of Milk
	8-May	9-May	10-May	11-May	12-May
Choose One Entrée	Chic Filet on WG Bun Corndogs	Sheppards Pie BBQ Pork on WG Bun	Pepperoni Pizza Chicken Quesadilla	Asian Chicken Teriyaki Beef Dippers	
Choose At Least Two Or More From This Group. One MUST Be 1/2 Cup Fruit/Vegetable	French Fries Fresh Broccoli Pork & Beans (legumes) Fresh Fruit & Fruit Juice Choice of Milk	Green Beans Fried Squash Dipped & Fresh Fruit Choice of Milk	Tossed Salad Greens with Low-Fat Dressing Whole Kernel Corn Dipped & Fresh Fruit Choice of Milk	Yellow Rice Vegetable Blend Celery Stick with Dip Fresh Fruit & Fruit Juice Choice of Milk	MANAGERS CHOICE
	15-May	16-May	17-May	18-May	19-May
Choose On Entrée	Cheeseburger on WG Bun Grilled Chicken on WG Bun	Hamburger Steak in Gravy Chicken Bites	Spaghetti with Meat Sauce BBQ Rib on WG Bun	Asian Chicken Chicken Rings	Hotdog on WG Bun W/Chili Corndog
Choose At Least Two Or More From This Group. One MUST Be 1/2 Cup Fruit/Vegetable	French Fries Green Beans Pork & Beans (legumes) Dipped & Fresh Fruit Choice of Milk	Mashed Potatoes Garden Peas Baby Carrots Whole Grain Roll Dipped & Fresh Fruit Choice of Milk	Tossed Salad Greens with Low-Fat Dressing Mixed Vegetables Dipped & Fresh Fruit Choice of Milk	Yellow Rice Fresh Sautéed Vegetables Baby Carrots Fresh Fruit & Fruit Juice Choice of Milk	French Fries Cole Slaw Pork & Beans (legumes) Dipped & Fresh Fruit Choice of Milk
	22-May	23-May	24-May	25-May	26-May
Choose One Entrée	Baked Chic Filet on WG Bun BBQ Pork on WG Bun	Chicken & Rice Pilaf Chicken Alfredo	Roasted Chicken BBQ Rib on WG Bun	MANAGERS CHOICE	Pepperoni Pizza Chicken Quesadilla
Choose At Least Two or More From This Group. One MUST Be 1/2 Cup Fruit/Vegetable	French Fries Veggie Bowl (let,tom,dill chip) Fresh Broccoli Fresh Fruit & Fruit Juice Choice of Milk	Steamed Broccoli Mixed Vegetables Black-Eyed Peas (legumes) Dipped & Fresh Fruit Choice of Milk	Roasted Potatoes Fresh Steamed Squash Dipped & Fresh Fruit Choice of Milk		Whole Kernel Corn Tossed Salad Greens with Low-Fat Dressing Dipped & Fresh Fruit Choice of Milk
	29-May	30-May	31-May		
Choose One Entrée	MEMORIAL DAY HOLIDAY	Asian Chicken Teriyaki Beef Dippers			
Choose At Least Two or More From This Group. One MUST Be 1/2 Cup Fruit/Vegetable		Yellow Rice Mixed Vegetables Fresh Broccoli Dipped & Fresh Fruit Choice of Milk	MANAGERS CHOICE		
			EARLY DISMISSAL		

*Daily Alternate Meal Choices:
- Chef Salads
- Baked Potato with Trimmings (upon request)*

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